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# The Last Post

Keeping the Anzac Spirit Alive

REGIONAL MATTERS:  
SURFCOAST  
SHIRE

A DAY IN THE LIFE OF THE  
GOVERNOR-GENERAL  
ENERGISED  
BY TONY WRIGHT

SCHOOLS ACROSS  
THE NATION

Interviews with

ROB DE COSTELLA

THE JIMMY LITTLE FOUNDATION'S CEO  
BUZZ BIDSTRIP

SEX DISCRIMINATION COMMISSIONER  
ELIZABETH BRODERICK

BROADCASTER, AUTHOR AND ACADEMIC  
WALEED ALY

WHATEVER HAPPENED TO  
LUCKY STARR

EDUCATION & THE ANZAC SPIRIT  
ADELAIDE HIGH SCHOOL  
ADELAIDE SECONDARY  
SCHOOL OF ENGLISH

+ STORIES & ARTICLES FROM,  
MICHAEL SHORT, BRIDIE SMITH, MURRAY WALDING

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# Foreword

Message from Minister for  
Veteran's Affairs Warren Snowdon

“My appeal to you all is to look at what you can do and to extend a hand and welcome to these young men and women who have served with such distinction, to get to know and understand them.”

## KEEPING THE RSL IN TOUCH WITH YOUNGER VETERANS

The RSL has a history dating back almost one hundred years, and is arguably one of Australia's most respected organisations.

The service of your members while wearing the uniform accounts for some of the high esteem Australians hold for the League.

Australians recognise the enduring nature of the RSL, to look after our veterans and their families, to lend support when it is required, and to honour those who laid down their lives in the service of this nation.

I have spoken at many RSL state congresses around the country and I'm heartened to see the League's membership continue to be strong, with committed individuals.

On these occasions, I have spoken about the need for the RSL to look ahead and to engage with the younger veterans returning after service in Afghanistan and the Middle East, as well as East Timor and the Solomon Islands.

These young veterans, many of them who are still serving and will be, like those who have preceded them, in no less need of the support and camaraderie which the RSL can provide.

My appeal to you all is to look at what you can do and to extend a hand and welcome to these young men and women who have served with such distinction, to get to know and understand them.

This is not a new concept for the RSL and indeed it is familiar to the League's leadership, as it is to the broader membership.

The draw-down of troops in Afghanistan will challenge not just Defence and the Department of Veterans' Affairs (DVA), but also the RSL.

To put this challenge in perspective, the average ADF member joins at age 21 and a half. On average, they will serve for eight and a half years. In this time many will have seen multiple deployments. This will produce an influx of much younger members with very diverse needs, unlike anything in the past more than 40 years.

Defence and DVA have been working closely together to ensure all ADF members receive the support they require as they transition from service to civilian life.

As in years before, the veterans of Afghanistan, Iraq, East Timor and the other modern deployments will seek out brothers and sisters in arms for support and friendship following their service.

Supporting their needs, being able to guide them through their post-service life, to share a story or two and to care in a small part for their mental wellbeing that is the role I hope the RSL will provide these new veterans.

I know that once again the RSL will be there for these young veterans, as it has been there for close to 100 years.

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NEXT EDITION :  
In the Summer/Christmas Edition  
of The Last Post, we speak with  
Rolf Harris, Masters front man  
and musical legend Jim Keays  
and others. As well, we take an  
inside look at the concert planned  
in October at Melbourne's Palais  
Theatre for the late Darryl Cotton.

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# From the Publisher

Greg T Ross

This 'The Special Edition' of The Last Post magazine marks our first anniversary.

Each year, 'The Special Edition' will be released with a theme. This year it's tolerance, something that we should take as naturally being part of the Anzac Spirit. To highlight that we have interviews with Buzz Bidstrup, CEO of The Jimmy Little Foundation. Rob de Castella also joins us and talks about his career and how his Marathon Project and healthy living programs are improving the lot of young Australians. We also chat to Sex Discrimination Commissioner Elizabeth Broderick about positive ways to improve the lot of all Australians as well as sitting down with well-known media presenter Waleed Aly. Waleed has been a lawyer, academic and even gigged as a rock musician. And, as usual, we have stories and updates of interest to all our readers.

Appearing for the first time this issue and becoming, like 'Education and the Anzac Spirit', a regular feature, is 'Regional Matters' with a foreword from the Federal Minister, focusing on a particular region in Australia and having a look at it's people, history and attractions. This inaugural 'Regional Matters' feature takes a look at Victoria's Surfcoast Shire.

Rolf Harris now will be joining us at The Last Post for the Christmas/Summer edition with his self portrait painting as a likely cover. We thank Rolf and Pat Lake Smith very much for making the work of art available to us and we look forward to the summer issue (as well as the warmer weather) already. Also, appearing with Rolf in the summer edition will be the legendary Australian musician and former Masters frontman, Jim Keays.

Presenting itself as an intelligent option for those seeking positive news on things being done and achieved in this country as well as bringing to you the people that make these positive things happen – that's you and I, The Last Post and staff look forward to blowing out the candle on this birthday issue, knowing there will be many more candles to come. Whether the magazine – available online as well as in hard copy – is being used as an educational tool going into schools, as an historical and contemporary document or as an access page for returned service people to find points of interest or what's available to them through Government provided services, we trust you'll enjoy this 1st anniversary edition of this wonderful new Australian magazine.

Happy reading and remember to become a subscriber if you'd like to see the magazine continue to succeed. Go to [www.thelastpostmagazine.com](http://www.thelastpostmagazine.com) for a look at past issues. If you're interested in advertising with The Last Post, you'll find specs and prices at the website too. Contact details are there too so, give us a ring.

Cheers,



Greg T Ross  
Publisher, 'The Last Post'  
[gtrpublishing@live.com.au](mailto:gtrpublishing@live.com.au)



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Jose Ramos-Horta former  
President of Timor-Leste  
and Mike Kelly MP



## Parliamentary Secretary for Defence visits the United Nations in New York and US officials in Washington D.C.

The Parliamentary Secretary for Defence Dr Mike Kelly travelled to the United States from 4 – 8 June 2012 to represent Australia at the international launch of the inter agency report 'Partnering for Peace: Australia's Peacekeeping and Peacebuilding Experiences in Bougainville, Solomon Islands, and Timor Leste' at the United Nations in New York.

During his time in the United States Dr Kelly met with a number of officials from the United Nations to discuss Australia's long-standing commitment to UN peacekeeping and reform, and the Australian Government's capacity to support successful transitions in Timor Leste and Afghanistan.

"Australia has been an active contributor to United Nations peacekeeping for over 65 years and continues to support the UN through operational contributions and doctrine and training assistance," said Dr Kelly.

Whilst in New York, Dr Kelly also met with Australian Defence Force personnel serving with the United Nations Department of Peacekeeping Operations and commended them on their important contributions.

He then travelled to Washington D.C. to meet with United States officials from the Departments of Defense and State to discuss planning for transition in Afghanistan. He also took the opportunity to call on a number of key think tanks to discuss Australia's contribution to global peace and security and our enduring alliance with the US.

## MISSION AUSTRALIA SIGNS DEFENCE CHILD CARE DEAL

The Minister for Defence Science and Personnel Warren Snowdon has announced that a new contract to operate Defence Child Care Centres has been signed.

Mission Australia Early Learning Services has been contracted to manage Defence's 21 Child Care Centres from 1 July 2012, following an open tender process. Mission Australia is a national not-for-profit organisation that has a proven record within the industry for the provision of quality child care services.

"We are committed to providing quality child care for defence families," Mr Snowdon said.

"Mission Australia Early Learning Services and Defence will facilitate a smooth transition to the new contract and will work closely with the outgoing service provider, B4Kids Pty Ltd, to ensure families and staff experience minimal disruption.

"The majority of B4Kids Pty Ltd staff will not be affected by the change and will continue their great work in providing child care for defence families."

Families and staff at Defence Child Care Centres will be given the opportunity to talk to Mission Australia Early Learning Services representatives at a series of information

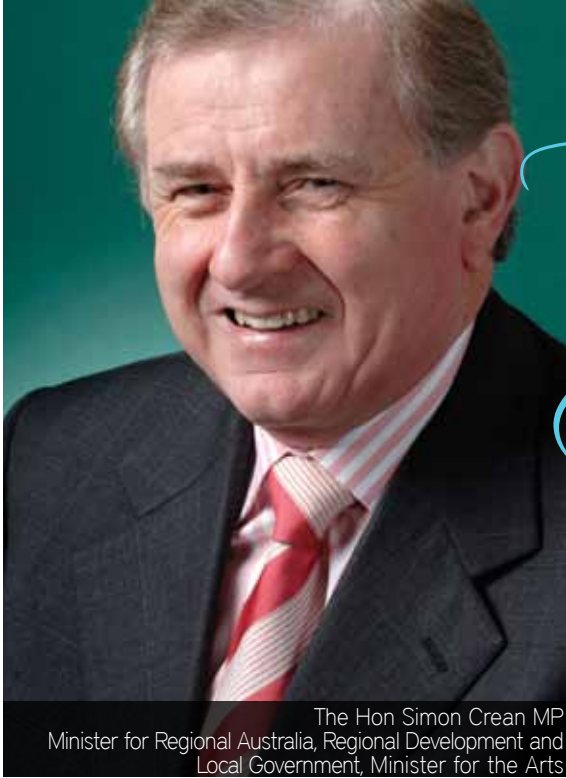
sessions being conducted during the coming weeks. In addition, Mission Australia Early Learning Services has established a helpline for families and staff seeking further information.

The helpline number to call is 1800 757 343.

Defence families seeking information about the transition to Mission Australia Early Learning Services can also contact the Defence Family Helpline on 1800 624 608 or email [DefenceFamilyHelpline@defence.gov.au](mailto:DefenceFamilyHelpline@defence.gov.au).

Up-to-date information will be available at the Defence Community Organisation website [www.defence.gov.au/dco](http://www.defence.gov.au/dco).

[www.smh.com.au](http://www.smh.com.au) BLOOMBERG



The Hon Simon Crean MP  
Minister for Regional Australia, Regional Development and  
Local Government, Minister for the Arts

# Regional Matters

Over the past few months, I have visited regions across Australia to announce grants for projects with a focus on partnership investment. These projects are connecting local priorities with strong investment partnerships. The Australian Government is supporting these investment-ready projects through the \$1 billion Regional Development Australia Fund (RDAF), distributing the proceeds of the resource boom to the regions.

RDAF is more than a regional investment program. It is a program driving cultural change, demonstrating what is possible when you prioritise, build partnerships and leverage infrastructure funding from a range of sources.

Projects funded through the first two rounds of RDAF have community buy-in, the backing of the Regional Development Australia committees and a partnership investment approach – partnerships between the three levels of government, and where appropriate, the private sector.

This issue of *The Last Post* contains a feature on *Regional Matters*, with a particular focus on the

Geelong and Surf Coast region. Through Round One of RDAF, we have invested \$10 million in stage three of the redevelopment of Geelong's Skilled Stadium and \$10 million in the new Geelong Library and Heritage Centre. These two projects are delivering social and economic dividends for the region.

The Minerals Resource Rent Tax has secured another three rounds of RDAF, so there will be more opportunities for regions to get a slice of the action.

For those that missed out in the round one or two, keep persisting. Learn from the feedback, strengthen the project and put it up again in the next round. Persistence pays dividends.

We are committed to supporting the regional Australia, because strong regions make for a strong nation.

You have to believe in the regions and their inherent capability. To nurture it, challenge it, support it and realise a region's potential.

You have to believe in the power of localism, in the knowledge and skills of local communities to decide their priorities and fashion their responses to economic, social and environmental challenges – and be prepared to work in partnership across all levels of government, the community and the private sector to create and take up the opportunities.

## REGIONAL COMMUNITIES GET ARTS FUNDING BOOST

Regional communities across Australia will be flexing their creative skills thanks to funding for arts projects as diverse as busking, street art, musical theatre and photography.

Arts Minister Simon Crean announced in late June that 86 arts and cultural activities throughout regional Australia will benefit from more than \$900,000 in funding through the Regional Arts Fund.

Mr Crean said the funding will help kick-start arts projects in South Australia, Queensland, the Northern Territory, Western Australia, Victoria and Tasmania.

"Australia has a huge wealth of creative talent in the regions. The funding announced today allows artists to work with communities to create vibrant and memorable performances and artworks," Mr Crean said.

"The Australian Government is committed to supporting creative and artistic expression in our regional communities.

"The Regional Arts Fund encourages networking and partnership building in these regional communities to enable the exchange of ideas

which is so essential to growth and creating new opportunities in the arts and culture space."

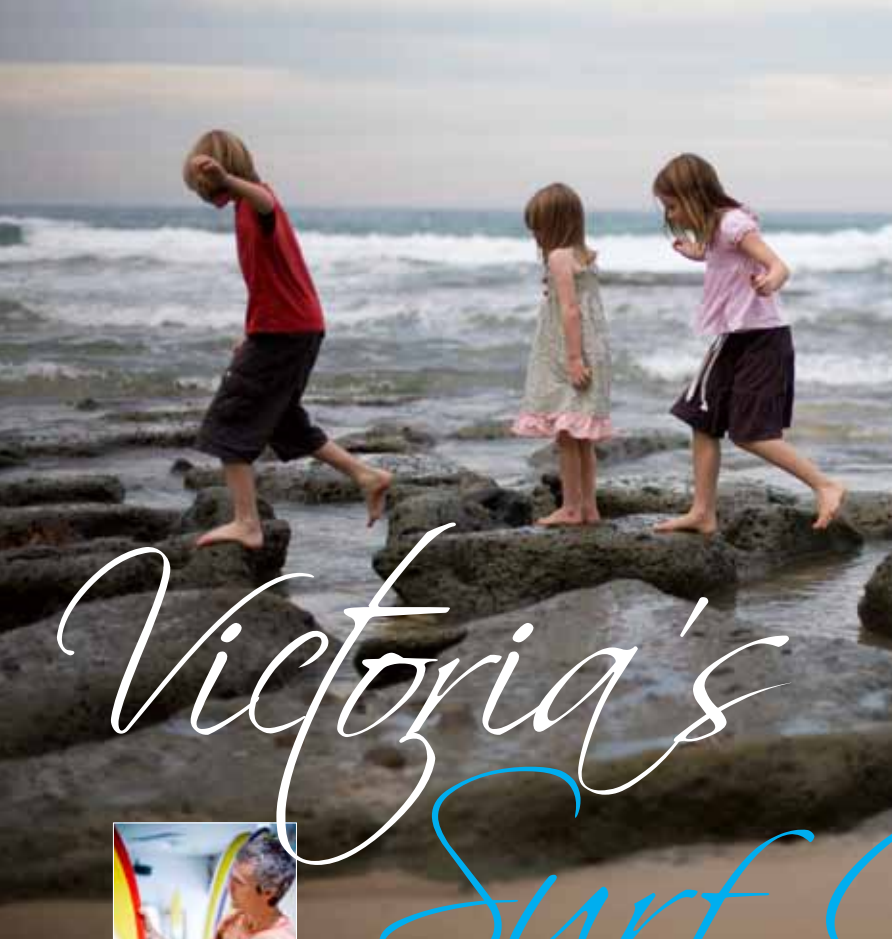
The successful applicants include:

- \$14,570 for Arts in the Long Grass (Northern Territory). One of the most disadvantaged populations in Darwin will be offered access to arts and cultural expression through the provision of arts materials and mentors which will allow members of this community access to a wide range of artistic expression.
- \$29,670 for Crush Festival 2012 – Youth Development Project (Queensland). Young people in Bundaberg will engage in a variety of street art projects such as making zines, QR interaction games, pop-up acts and busking at the 2012 Crush Festival in October.
- \$2,376 for Exploring OUR world through photography (South Australia). Local women from the Bowhill and Karoonda area will be able to participate in a two day photography workshop exploring ways to express themselves, celebrate local life, and to find beauty within the harsh environment in which they live.
- \$15,000 for Inside/Out (Victoria). A site specific performance project working with people with

a disability exploring movement, sound, light encountering space through the senses.

- \$25,000 for Staircase to the Moon (Western Australia). Theatre Kimberley will develop the story Staircase to the Moon (written by Indigenous author Bronwyn Houston) into a musical play for children by running puppetry, dance and voice workshops. The final production will be performed as part of the opening season of the newly refurbished Civic Centre Broome.
- \$2,280 for the 140th Anniversary Gala Concert (Tasmania). To commemorate 140 years of continuous service, the Latrobe Federal Band will perform a reunion Gala Concert in November 2012 featuring past and present senior and junior band members and debut a commissioned work. Funding will assist commissioning composer Graham Lloyd with travel costs and to engage Musical Director of the Latrobe Federal Band, Vivian Martin.
- The funding for each state will be provided through the local regional arts agency.
- The full list of recipients and further information on the Regional Arts Fund is available at [www.arts.gov.au/arts/regional\\_arts\\_fund](http://www.arts.gov.au/arts/regional_arts_fund)





## Touring the Great Ocean Road – Torquay to Lorne and beyond

With winter over and the mild, longer days of spring ahead, there's no better place to get back in touch with nature – and rejuvenate body and soul – than the Great Ocean Road. One of the world's most renowned travel routes, the Great Ocean Road stretches more than 180 kilometres from the surfing hotspot of Torquay to the iconic Twelve Apostles, offering a host of diverse experiences along the way.

# Victoria's Surf Coast



with its spectacular coastline, scenic rainforests and magnificent beaches, is at the start of the Great Ocean Road and is located in southwest Victoria, 20 minutes from Geelong and 75 minutes from Melbourne.

It is an area of 1556km<sup>2</sup> with some 55km of coastline and the start of the fabulous Great Ocean Road defining its southern boundary. The Great Ocean Road celebrates its 80th birthday in November this year, so come and join the locals in honouring the vision and courage of those who built it. Begun in 1919 and finished in 1932, the road is dedicated to the memory of the returned WWI soldiers and sailors who carved the route from the rugged cliffs using only picks and shovels. Prior to the road being constructed many parts of the coast were only accessible by sea, making life isolated and difficult for those who lived there. Today, the Great Ocean Road offers visitors and residents alike an easy means to appreciate the wild, natural wonders of the region.

### Torquay

The journey begins in Torquay, a town synonymous with surfing heritage and culture. Pay homage at world-renowned Bells Beach, site of the annual Rip Curl Pro, where you can watch in awe as others glide effortlessly through the pounding surf. Find the latest surf fashion, have a surf lesson with any number of local operators in the more sheltered waters or visit Surf World Museum to learn about the fascinating history of surfing in the region and see the amazing collection of boards and other memorabilia.

### Anglesea

The newly rejuvenated Surf Coast Walk is the place to stretch your legs and take in gorgeous coastal views as you continue on to the pretty coastal hamlets of Anglesea and Aireys Inlet. The Anglesea Heathland, just north of the township, superb native flowers and rare orchids bloom during spring, making it a glorious place to visit. Over a quarter of Victoria's plant species grow here, including more than 100 varieties of orchids, some of which are extremely rare.

### Aireys Inlet

At Aireys Inlet, visit Split Point Lighthouse on one of the public tours or follow the surrounding discovery trail that offers insights into the area's history as well as great views of the Eagle Rock Marine Sanctuary. In April 2007, during the 75th Anniversary of the Great Ocean Road, a special ceremony was held at the famous Great Ocean Road Memorial Arch, Eastern View to unveil "The Diggers". With one of the workers handing the other a drink, this work reflects the great Australian mateship that was not only a part of the building of the road, but which was so often on display in the First World War itself.

### Lorne

From the Arch, the Great Ocean Road winds its way past stunning coastal scenery to the major holiday town of Lorne, where the main street buzzes with activity as locals and holidaymakers hit the many shops, cafes and bars. There are many beautiful nature and beach walks and waterfalls to explore around Lorne, all just a short drive away in Great Otway National Park. Waterfalls include the 30-metre-high Erskine Falls, Henderson Falls and the Cora Lynn Cascades, or try the popular walk from the Sheoak Picnic Ground.

### Winchelsea

The historic town of Winchelsea, inland from Lorne and set on the banks of the Barwon River, is central to a robust rural community. The spirit of history is alive here in the convict-built bluestone bridge and a range of period buildings well-worth exploring.

### Twelve Apostles

It's not far from here to the region's most recognisable landmark, the Twelve Apostles, gigantic limestone stacks off the coast of Port Campbell National Park. View these wondrous formations and the sheer cliffs around them from the coastal boardwalks, or perhaps take a scenic helicopter flight to get a bird's eye view.



# MORE EXCITING NEW ACTS ANNOUNCED FOR THE FESTIVAL OF PERFORMING ARTS IN LORNE - CULTURE BY THE SEA



Excitement is building in Victoria's favourite seaside town, Lorne, as the program evolves for the 2012 Festival of Performing Arts, being held on the weekend of 7-9 September, across a variety of local venues. The town will be at fever pitch as the festival comes to town, invoking a sense of unmatched pride and community spirit.

The full line-up is a veritable wonderland of entertainers including; the inimitable Mikelangelo and the Black Sea Gentlemen, The Massive Hip Hop Choir, Captain Frodo, Tom Flanagan, The Town Bikes, Body Beautiful Street Performers and much, much more!

Adding another dimension to the eclectic program, new festival acts include:

**Abbie Cardwell & the Chicano Rockers:** A ten-piece Mexican 'Rocanrol' "explosion of foot stamping joy!" Singing in fluent Spanglish, Cardwell makes an enigmatic front-woman, with all the animation of Ann Margret in Viva Las Vegas! Backed by her mariachi outlaws, you're in for good times and - if you're lucky - a

swig of the over-sized cocktail Cardwell shakes up in 'Margarita'. Abbie comes to Lorne from the recent hit show The Voice where her dulcet tones proved an asset to the team of country legend, Keith Urban.

**The Massive Hip Hop Choir:** Australia's first hip hop choir! MASSIVE combines original rap lyrics, fresh beats, lush three part harmonies, body percussion, traditional pacific island dance and street choreography. MASSIVE is a group of young urban artists aged 18- 25yrs who identify as Tongan/Fijian, Cook Islander/Niuean, Samoan, Lebanese/Tongan Caribbean/North African, Filipino, Comoros islander/Tanzanian, English/Spanish, Indonesian and Madagascan.

**Rufino & the Coconuts:** A band of castaways and misfits hailing from the fertile rhythm-rich jungles of Haiti. Part Afro-Latin Tumbale, part Jamaican Rocksteady, part island-holiday sleaze-pop wrapped up in a wild Voodoo ritual! Rufino's blend of sounds no doubt influenced Serge Gainsbourg's Reggae recordings, Grace Jones' work at Compass point

studios as well as Lykke Li's more recent tribal pop. It's the type of cultural melting pot beloved by cannibals as a morning soup! Rufino & the Coconuts are sure to weave some magic.

Get the kids involved with Monkey Bike and their show Splash Out! Kids will join the Monkey Bike team for a celebratory sea-side themed workshop and performance where kids are given the chance to create new worlds and performances by using a colourful, hyperbolic style of dance and theatrical interaction. Kids will find their inner creativity and movement when swinging with Monkey Bike and experiencing their unique workshop and performance, inspired by the sea!

And the festival fun isn't limited to indoors. Promenade along Mountjoy Parade and keep your eyes peeled for buff exhibitionists Body Beautiful - Behold their exquisite human form, marvel at their posing prowess and revel in their pearls of wisdom.

Still the topic of hot talk is the promise of 'a show like no other', born from the masterful minds of Mikelangelo and his

Black Sea Gentlemen. With the charming crooner Mikelangelo at their helm, the Black Sea Gentlemen plunge headlong into a netherworld of intrigue and imagination. The Black Sea Gentlemen have entertained and beguiled audiences and critics throughout Australia and the UK, playing major arts festivals and theatres including the Edinburgh Fringe, Sydney Opera House and London's West End.

The show entitled Salty Sea Dogs and Skeletons of Lorne is reshaping the salty old sea tales of the age old fishing community of Lorne, redefining how the town's history is remembered for future generations.

Other new additions to the exciting program include: DJ Ken Eaval (PBS FM), DJ Blossom (resident DJ at The Famous Spiegeltent both nationally and internationally) and DJ Dr. Love. And coming out of retirement for the 'Lorne's Got Talent' Olympics the infamous Floating Cows Sinkronised Swimming team. Surf Coast locals Victoriana Gaye and her Magic Band and High & Lonesome will also be highlights of the weekend's entertainment.

Come to Lorne on September 7-9 to be swept up in the vibe! Tickets are on sale through [www.mosthtix.com.au](http://www.mosthtix.com.au) or visit [www.lovelorne.com](http://www.lovelorne.com) for details or see the attached program for a complete rundown of the weekend's events.

The Festival of Performing Arts is sponsored by Little Creatures, Yering Station, Festivals Australia, Lions Club of Lorne, Mantra Lorne, Tourism Victoria and Surf Coast Tourism.

## THE OTWAY HARVEST TRAIL

The Otway Harvest Trail is a celebration of the seasons that bestow their rich bounty on a luscious part of Victoria. The unique combination of aspect, soils, climate and farming practices of the Otway hinterland produce distinctive and exceptional flavours in our produce that cannot be found anywhere else. Join in the trail and find 26 producers, wineries, farm gates, provedores and places to see, eat and stay.

### Spring is a time of plenty and promise.

As the winter gives way to warm sunny days, see the bright patchwork of yellow canola fields appear, the farmers out mowing their grass and baling their hay and the spring lambs frolicking on a frosty morning. The first berries appear. Green shoots can be seen in the vineyards as the vines burst their buds and flowers and spring vegetables appear at farm gate stalls. New release wines can be found at cellar doors.

### Summer is all about being outdoors.

All the berry farms have opened and their sweet juicy berries are ripe for the picking. The lush emerald green of the vineyards become more distinctive as the land around slowly turns a golden brown. People clamour for outdoor tables and chairs at cafés and restaurants to soak in the warm days, mild evenings and glorious pastel sunsets. Local wines and beers go so well with the seafood, vegetables and fruits in plentiful supply. Wine lovers are welcomed at cellar doors and their curiosity is rewarded with the discovery of new wines.

### Autumn is a time of harvest.

The days become still and warm, and the crisp cool nights are perfect for sleeping. With the winter rains not far away, the wineries are busy harvesting their fruit and the vigneron hands become garnet red as they nurture the new wines through their ferment. It is also time to harvest the olives from their groves before the first frosts of winter arrive. Smell the fruity aroma of the extra virgin olive oil as it flows from the presses. The last of the berries are picked.

### Winter is a time for taking stock.

The seasons have passed and it's time to make ready for the farming year ahead. The farmers plough their fields and sow their winter crops. Vineyards, olive groves and orchards are pruned and readied for a new season. Fences are mended. The days shorten and become colder. Cattle turn their backs to the wind. Dams spent over the summer begin to refill. Root vegetables appear at the farm gate stands. It's a time for reflection and for savouring the joys of recently harvested produce. Lengthy conversations occur over bottles of wine in front of toasty log fires. Eventually the tell-tale signs of another Spring begin to appear.

We invite you to discover all this for yourself. Go to [www.otwayharvesttrail.org.au](http://www.otwayharvesttrail.org.au) to plan your adventure.



# 40 THINGS TO SEE AND DO ON THE SURF COAST

1. Go to the beach, Enjoy the sun and remember to Slip Slop Slap.
2. Walk on many of our walking trails in the Great Otway National Park .
3. Explore the 10 waterfalls in 10kms near Lorne – including the famous Erskine Falls.
4. Walk or drive to Teddy’s Look-out or admire the view from many other stopping points on the Great Ocean Road .
5. Find trash and treasure at the Lorne Op Shop.
6. Hire surf boards and wetsuits from the local surf shops or try a surf lesson from the many surf schools (it’s what we’re famous for).
7. Walk the main street shops on Lorne’s famous Mountjoy Parade.
8. Build a sand castle or play a game of beach cricket.
9. Play tennis or 9 holes of golf at the Lorne County Club, Torquay Golf Club or share the Anglesea Golf Course with its famous kangaroos.
10. Join the locals casting a line off the Lorne Pier or other great local fishing spots around Anglesea and Spring Creek in Torquay.
11. Spot a whale! Whales travel along our coast between April and October.
12. Check out the many local art galleries, public art in our towns and the work of talented local artists.
13. Explore the Otway Harvest Trail, with berry picking, olives, gourmet produce and local wineries on the coast and in the hinterland– some of the best wineries specialising in premium cool-climate wine.
14. Take photos of our lovely vistas.
15. Revisit your childhood and go rock pool rambling.
16. Receive a pampering at our day spas.
17. See the latest movies at the Lorne Cinema.
18. Find fine food with a view at some great local restaurants.
19. Speak with the friendly staff and volunteers at Surf Coast Visitor Information Centres and take advantage of their local knowledge.
20. Enjoy some excellent shopping and buy your family a present.
21. Observe local bird life and wildlife.
22. Admire the spring wildflowers around Anglesea.
23. Simply sit, relax and watch the waves roll in on around 55km of spectacular coastline.
24. Watch the moon rise over the water on Loutitt Bay.
25. Eat fish and chips on the pier or beach.
26. Try and find glow worms at the Sheoak Picnic Area.
27. Find a koala, parrots or more wildlife in the local trees of Lorne.
28. Have a splash on a sea kayak or try stand-up paddle boarding.
29. Explore the Split Point Lighthouse at Aireys Inlet, home of Round the Twist.
30. Discover a hidden beach.
31. Visit the historical hinterland towns of Deans Marsh and Winchelsea.
32. Visit Torquay – the largest surfing museum in the world and the home of Australian surfing culture!
33. Take on the Surf Coast Walk – an amazing adventure.
34. Visit Point Addis and walk through the Ironbark Basin.
35. Check out the Surf Shops at Surf City, Surf Coast Highway.
36. Have a barbecue with friends on the Torquay Foreshore.
37. Visit the surf photo galleries, restaurants and more in Bell Street, Torquay.
38. Watch the sun rise over Point Danger in Torquay and see the sun set from Point Addis – a few kilometres down the Great Ocean Road.
39. Challenge your friends to a game of tennis on the local courts.
40. Head down the Bowls Club for your own “day on the green”.

## October 2012

EVENT NAME	DETAILS	MORE INFORMATION
Anglesea Music Festival	Friday 12 – Sunday 14 October. Grassroots Music from Friday evening to Sunday evening across 3 venues: Anglesea Hotel, Sea Eyes, Youth Marquee.	<a href="http://www.angleseamusicfestival.com.au">www.angleseamusicfestival.com.au</a>
Anglesea Art and Craft Market	Saturday 13 October.	<a href="http://www.angleseamusicfestival.com.au">www.angleseamusicfestival.com.au</a>
Lorne Sculpture Exhibition	2 week exhibition on the Lorne Foreshore from Monday 15 October.	<a href="http://www.lornesculpture.com">www.lornesculpture.com</a>
Southern Exposure Surf Coast Mountain Bike Festival	A Mountain Bike team challenge in the Eumeralla Eco Park located near Anglesea. Saturday 20 October, 4pm-10pm.	<a href="http://www.surfcoast6hour.com.au">www.surfcoast6hour.com.au</a>
Anglesea Golf Club Open Week	8 day carnival of golf at the renowned Anglesea Golf Club, starting Sunday 21 October.	<a href="http://www.angleseagolfclub.com.au">www.angleseagolfclub.com.au</a>

## November 2012

EVENT NAME	DETAILS	MORE INFORMATION
Winchelsea Uniting Church Art and Photography Show	A fundraising event, where local artists display and sell their works. Globe Theatre Saturday 3 and Sunday 4 November, 10am-4pm.	<a href="http://www.surfcoastvic.gov.au">www.surfcoastvic.gov.au</a>
Deans Marsh Sheep Dog Trials	Saturday 3 and Sunday 4 November, 7am-6pm.	<a href="http://www.asdwa.org.au">www.asdwa.org.au</a>
Toast to the Coast	Saturday 3 November. More than 30 wineries will be showcasing their premium cool climate wines in a weekend of sensational wine, food, music and fun.	<a href="http://www.winegeelong.com.au">www.winegeelong.com.au</a>
Torquay Motor Show 2012	Rotary Club of Torquay Community Project - awards for all class winners, including hot rods, motor cycles, antique bicycles and outright best preserved/un-restored vehicle. Foreshore Elephant Walk Torquay, Sunday 4 November.	<a href="http://www.torquayrotary.org.au">www.torquayrotary.org.au</a>
Winchelsea Festival (inc. Australian Wool Sports Championships)	Family fun & entertainment, country skills, regional food, wine and produce, arts & crafts, and much more - all in aid of Winchelsea's Eastern Reserve Sports and Recreation Community Hub, Sunday 11 November.	<a href="http://www.winchelseafestival.org.au">www.winchelseafestival.org.au</a>
RACV 80 Years Great Ocean Road Celebration Tour	Events to be held at Torquay Golf Club on Saturday 24 November, and Eastern View and Lorne on Sunday 25 November.	<a href="mailto:info@vintagesportscarclub.org.au">info@vintagesportscarclub.org.au</a>

## December 2012

EVENT NAME	DETAILS	MORE INFORMATION
Torquay Festival	A celebration of art, culture, street parade, music, dance, workshops, treats and food. Fun for the whole family. Saturday 1 December.	<a href="http://www.surfcoastvic.gov.au">www.surfcoastvic.gov.au</a>
Anaconda Adventure Race	Adventure event involving 1.9km swim, 13 km Ocean Paddle and 11km run on Sunday 2 December	<a href="http://www.surfcoastvic.gov.au">www.surfcoastvic.gov.au</a>
Anglesea Carnival	Fun for the family at the Anglesea Carnival Reserve, Friday 21 December	<a href="http://www.surfcoastvic.gov.au">www.surfcoastvic.gov.au</a>
Falls Music and Arts Festival	New Year's Eve Music, Comedy, Markets Celebrations near Lorne, opening Friday 28 December.	<a href="http://www.fallsfestival.com.au">www.fallsfestival.com.au</a>
Rock2Ramp Swim	Anglesea is home to the famous Rock2Ramp ocean swim, a major fundraiser for the ASLSC. The swim is open to the novice and serious competitor alike. Saturday 28 December.	<a href="http://www.angleseaslsc.org.au">www.angleseaslsc.org.au</a>

## Markets and other monthly events

NAME, DATES & TIMES	DETAILS	MORE INFORMATION
Torquay Cowrie Market Third Sunday of the month, September to April, 10am-3pm.	Elephant Walk, The Esplanade, Torquay, Handmade home produced products, environmentally friendly products, promoting local artists and crafts, bands, busking, and food.	cowriemarket@yahoo.com.au
Lorne Craft and Produce Market Last Sunday of the month, 9am-1pm.	Held on the last Sunday of each month in the Ballroom at The Grand Pacific Hotel, Lorne - 9am-1pm. Sample fresh produce from the local area, handmade art and specialty crafts.	events@grandpacific.com.au
Aireys Inlet Community Market 11 November and 9 December, 9 am onwards.	Held at the local hall. The market specialises in fresh produce, locally made goodies and art and craft.	info@aireysinletmarket.com.au
Torquay Farmers Market Every Saturday all year round, 8.30am-1pm.	Located in the car park of the Torquay Central shopping centre, this is a genuine European style farmers market with great fresh food and produce from around the region. Bristol Road Torquay.	www.surfcoastvic.gov.au
Anglesea Riverbank Market Sunday 4 November 2012 Sunday 6 January 2013 Sunday 13 January 2013	Set in one of the most picturesque locations, this market is a sprawling treasure trove of eclectic stalls and stallholders. Food, fashion, tools, toys & trinkets, jewellery & books, plants & gardening good and much much more!	www.surfcoastvic.gov.au
Torquay Nightjar Market Thursday nights in January, 4pm-10pm.	Celebrating the creativity and diversity of the Surf Coast, this is a great place to unwind after a day at the beach. Meander through the stalls, sample some great food, and kick back and enjoy the quality live music on offer.	www.surfcoastvic.gov.au



®

### ASK A LOCAL – SURF COAST VISITOR INFORMATION CENTRE

For further information on travelling and accommodation referrals or travelling advice along the Great Ocean Road call

Torquay Visitor Information Centre  
1300 61 42 19  
torquayvic@surfcoastvic.gov.au

Lorne Visitor Information Centre  
1300 89 11 52  
lornevic@surfcoastvic.gov.au

Open 9am-5pm 7 days per week, our friendly volunteers and staff are happy to assist with any enquiries. Chat to them for a local call cost on or email



DISCOVER THE STORY OF AUSTRALIAN SURFING AT

# SURF WORLD TORQUAY

Open daily from 9am to 5pm  
Surf City Plaza, Beach Road, Torquay  
www.surfworld.com.au

**MUSEUM  
ADMISSION**  
Adults \$10  
Children \$6  
Families \$20

*Surf World*

Photos courtesy of Simon Pook and Brian Sutherland (www.pookphoto.com.au)

# COPPERTONE, KREEM-B-TWEENS, AND CAPPUCCINO.

by Murray Walding



It's the late Nineteen-Fifties and The Great Ocean Road is clogged with bond wood caravans as post-war Oz holiday makers and day-trippers head back to their favorite beach resort, and in Victoria, this means Lorne.

And Lorne has changed. There's something new in the main drag. It's a coffee lounge, hi-jacked from the smoky Pigalle and dumped in Mountjoy Parade. Full of beatniks, and bohemians, it's called The Arab, and it's the brainchild of three local brothers; Graham, Alistair and Robyn Smith. Down on the beach, just above the high tide mark, and smothered in cypress trees they've also opened a dance; The Wild Colonial Club, housed in a crumbling beach-front hall

The three brothers have stuffed the old hall with salt drenched Australiana, gathered the cream of the countries jazz musos, squeezed them onto a small stage under the stairs and then filled the place with kids straight from the beach, their faces flushed with post atomic-blast sunshine, their nasal passages clogged with water after days dodging dumpers on new fangled balsa boards.

Surfboard riding is their latest craze, straight from the Malibu shore by way of Hawaii. These surfniks with their blonded hair and faded shorts, and the Melbourne hip cats in their desert boots and turtle necks, are all locked in to Lorne's beach jive. They go together like the chocolate dusted over The Arab's cappuccino.

Even the Melbourne cast of West Side Story, make Lorne their summer home and the scene rotates like a kaleidoscope over the next decade

Out at the end of the bay stands The Pacific Hotel. Its lounge is known as The Jet Bar and it's unashamedly named for the jetsetters who hang out under its wide verandahs. On the roadside, E-Types and MG's jostle for car-parks with clunky station wagons, their rusting roof-racks armed with twang finned surfboards.

Back on the beach, the prime spot to be seen is in front of the surf club, where you can lean your board up against the stone wall and between sessions on the Point, Lorne's hot-dog surf spot, check out western district squatocracy, city groovers, tent dwellers and bleached beach kids, all lying soft in the sand, sticky blobs of melted Kreem-B-Tweens making pools in their collective belly buttons. The more adventurous make the half mile trek up the beach to the river mouth where the crowd and waft of Coppertone thins out. The rest parade the main street, only a Frisbee throw back from the beach.

The top line waves of The Point breed two Australian surfing champions, the archetypal 'hot local kid' Wayne Lynch, and one of the Queens of Oz surfing, Gail Couper. Both travel



the four corners of the surfing world and both return, arms laden with trophies.

And Lorne stays hip. Even when The Arab changes hands and becomes a Greek restaurant, even when the jetsetters desert The Pacific Hotel. Even The Wild Colonial Club succumbs. It stands derelict for a few years. Then, one winter night, it burns to the ground.

And come the new millenium, the Great Ocean Road is clogged with Four Wheel Drives and Beemers draped with thrusters and new longboards. They're heading to Lorne, to The Point, to their holiday apartments. If they hurry they can catch the next low tide, perhaps grab a latte in the main street. And stay hip.

A promotional graphic for "Wild on the Beach Lorne". The background is a gradient from orange at the top to pink at the bottom. On the left, there are black silhouettes of people surfing and a beach ball. The text "Wild ON THE BEACH" is written in large, bold, yellow letters, with "LORNE" in smaller yellow letters below it. To the right of the main title, there is text in white and pink: "Shop 4a Mountjoy Parade Lorne (Opposite the bridge)" and "Vintage beach art, decor, homewares, collectables and more very cool stuff for your beach pad!".

**Wild**  
**ON THE**  
**BEACH**  
**LORNE**

*Shop 4a Mountjoy Parade Lorne*  
(Opposite the bridge)

**Vintage beach art, decor,  
homewares, collectables and  
more very cool stuff for  
your beach pad!**

# NAVY CLEARANCE DIVERS STEP UP FOR THEIR MATES

Royal Australian Navy divers past and present have come together to care for members who have paid a high price in the defence of their country.



The Navy Clearance Diver Trust has been established to ensure former Divers who have been injured in the line of duty are properly cared for financially. The trust is also being made available to the families of former Navy Clearance Divers, who have passed away.

The Trust was launched earlier this year at the West Australian Maritime Museum in Fremantle. Current Navy Clearance Divers from Australian Clearance Diving Team 4 (HMAS Stirling) put on an impressive display of modern

mine detection methods, using a “disruptor” to seek out and destroy an enemy mine.

Navy Clearance Divers first saw action in the Vietnam War. They are an elite, highly skilled force, trained to diffuse explosives and in covert operations. They are currently deployed in the Middle East both on land countering improvised explosive devices in Afghanistan and at sea as Boarding Party experts in counter piracy operations.

The Trust has already attracted some high level supporters, including former Defence

Minister and current Ambassador to the USA, Hon. Kim Beazley, AC, former Chief of Navy (and Clearance Diver) Vice Admiral Russ Crane AO, CSM, RAN and author Peter FitzSimons, AM.

The Chief of Navy Vice Admiral Ray Griggs AM, CSC, RAN was pleased to support the event. “The Navy Clearance Diver Trust is a terrific initiative which I know will be supported by the entire Clearance Diver community,” Vice Admiral Griggs said.





# A BRIEF HISTORY OF THE TORQUAY RSL SUB-BRANCH

by Kevin Egan, President, TORQUAY RSL

your rsl at work

The Torquay RSL Sub-Branch was formed in 2002, after Torquay original ex-servicemens' organisation was formed in 1947 as the Torquay and District Ex-Servicemens' Club (known in the area as "The Heroes") was transposed, as there appeared to be more benefits both for a Sub-Branch and importantly, ex-service people, veterans and families. In the latter years of it's existence, TDEC was well served by Executive members, Jack Bailey and Syd Smith.

Torquay RSL

6 Walker Street  
Torquay  
VIC 3228

(03) 5261 4225

So the Torquay RSL Sub-Branch officially opened in April 2001, by the then President of RSL (Vic) HQ, State Council Mr Bruce Ruxton at the Geelong RSL.

New executive members were appointed - Kevin Egan and Peter Thomas leading the new Sub-Branch through it's early years as the Sub-Branch sold the old TDEC premises in Beales Street and with finances also from the generosity of the Estate of John Spittle, the Torquay RSL Sub-Branch built new premises at 6 Walker Street, Torquay.

The two storey building provided ideal accommodation for the Sub-Branch and for the Surfcoast Regional Veterans Centre that was formed principally by the leadership of Paul Copeland who dedicated his time to the UN Peacekeepers and Peacemakers Assn of Australia and providing DVA and any other services available to veterans in the Torquay District in an effort to ensure they received all available entitlements.

Unfortunately due to mismanagement of the Bistro area and lack of monitoring in this area from headquarters, the Sub-Branch went into considerable debt and these purpose built premises had to be sold. A huge task also for the Sub-Branch's Committee who endeavoured to recover as much finances as possible from all the furniture and fittings that were not part of the sale of the building.

Thanks to the dedicated efforts of a few members, the Sub-Branch continued to provide excellent Welfare Services through Surfcoast Regional Welfare Centre. Peter Thomas and Sally O'Toole's admin experience and skills in the Surfcoast Vet Centre were able to obtain rented premises from Barwon Health at 39A Puebla Street, Torquay, run the Veteran Centre with competent staff and provide an office for the Sub-Branch.

The Sub-Branch meanwhile have been working towards a new permanent home and thanks to offers by the Torquay Bowls Club, that possibility is proceeding well.

The Sub-Branch hope to be able to build new premises for the Surfcoast Vet Centre and the Sub-Branch onto and adjoining the western end of the existing Bowls Club building. Thanks also to GORCC CEO, Richard Davies and the State Member for South Barwon, Andrew Katos, a \$1.5million State Grant is available to ensure this project is a reality. The Sub-Branch looks forward to

working positively with the Bowls Club to have this project commencing in the next twelve months.

The Torquay Sub-Branch assists and cares for various ex-service organisations in the area including the Laurel Ladies Club (War Widows); the Seabreeze Club, for veterans and families in their retired years.

The Sub-Branch has in recent years, developed a good working relationship with our big brother, Geelong RSL Sub-Branch, thanks mainly to Rodney Meeke, particularly in the Welfare and Social areas.

A major service is also providing commemoration ceremonies for ANZAC Day and Remembrance Day Services at Point Danger, Nursing Homes and Hostels in the area including Anglesea and in the four schools in the Torquay District.

The ANZAC Day March, Dawn Service and Gunfire Breakfast is the largest outside the capital cities in Australia. Some 8,000 to 9,000 people have attended in recent years which gives the three Sub-Branch Committee members a great deal of pleasure to be so serving our local veterans, their families and the district communities.

Image courtesy of [www.petermarshallphotography.com](http://www.petermarshallphotography.com)



Image courtesy of [www.petermarshallphotography.com](http://www.petermarshallphotography.com)



your rsl at work

# Everyone is



Tuesday is the popular \$17 steak night, with the initial feedback on this price level and product being very good!

Wednesday's \$13 "Parma and Pot" night is very popular, attracting a very good range from the local community of all ages.

The club's Belmont building has just undergone major refurbishments, expanding the car-park to fit 155 cars and sprucing up and extending the front of the building.

Members will pay only \$8.50 for lunches and \$3.50 for pots of beer.

## Geelong RSL

50 Barwon Heads Road.  
Belmont, Victoria

03 5241 1766

"WE'RE HERE FOR EVERYONE,"

"YOU DON'T HAVE TO HAVE SERVED IN THE DEFENCE FORCES OR BE A SERVICE PERSONS RELATIVE, YOU'RE VERY WELCOME HERE."



# welcome at Geelong RSL.

The club also have bands every Saturday night and holds jazz nights every Sunday where you can purchase a two-course meal is just \$18. Regular meal and show nights started off on October 28, with Iconic Australian rock star Ronnie Charles in his band, Ronnie Charles and the Retro Bandits. More great acts on their way.

The Geelong RSL also features a large function room with fully-serviced bar and kitchen which

can be booked for any occasion for \$250. Half price if you support my footy team! Manager Chris Bennett says despite common misconceptions, anybody can become a member.

"We're here for everyone," he says. "You don't have to have served in the defence forces or be service persons relative, you're very welcome here."

"Every day at 6pm we honour the people that guard our freedom with a moments silence."

Chris says the most anyone pays for membership is just \$35 but non-members are also welcome to come and enjoy some of the facilities.

Come down and try us out!

*...come down and try us out!*



# Governor-General



Australia Governor-General, Ms Quentin Bryce visiting Melbourne Tuesday 16 May 2012. Photographer - Craig Abraham, Fairfax Syndication.

A WOMAN named Linda stands in the dripping dark telling Michael Bryce the dreadful circumstances of her life, sipping soup served by Quentin Bryce.

Linda has three children aged 13, seven and four. At the age of 45, she is 30 weeks pregnant. Her husband abandoned the family months ago, she says. The house was next to go. Bit by bit, she has sold everything to keep her children together.

Yesterday, she says, she sold her wedding ring. Now there's nothing left.

And here she is, on a cold night on a rain-slicked footpath in North Melbourne, waiting in a queue of night people to be fed. Linda will take nothing more than a cup of soup for herself. She fills a bag with sandwiches so that her children will have something to eat tomorrow.

"I'm from the middle class," Linda says. "I have a master's in psychology. I didn't realise people lived like this, but now I'm one of them."

She is weeping. Michael Bryce reaches out a hand to comfort her. "He's like the favourite uncle you always wish you had," Linda confides later.

A couple of metres away, Mr Bryce's wife, the Governor-General, is pouring hot soup, coffee and hot chocolate from a battery of thermoses. Cup after cup is held out to her, and she fills each. "There you are," she says. "There you are."

Their excellencies have come to the night people with the Society of St Vincent de Paul soup vans.

The vans, two of them, come every night to this street kerb by a park in North Melbourne. The hungry, the lost, the hopeful and the sometimes disoriented simply appear out of the dark, dozens of them.

# energised

by endless whirl of  
engagement with  
community

by Tony Wright

The presence of the Governor-General of Australia and her husband on this night offers a curious departure from routine. Yet many of those gathered on the footpath hardly notice. They are there for the food.

Sandwiches, hot pies, soup, coffee and - tonight - toiletries, are handed out by volunteers and the vice-regal couple.

And then, when the doors of the vans close, all those people melt away, swallowed by the night.

It is another stop along a very long road for this Governor-General.

Since her appointment on September 8, 2008, Ms Bryce has undertaken 2700 public engagements ("community engagements", she corrects). That's an average of more than two a day, every single day, more by a long stretch than any of her predecessors. The word community means much to this Governor-General. It implies connections everywhere, from women in remote outback homesteads to the night people of North Melbourne, and everyone between. Ms Bryce has set herself the task of listening to all their stories.

She is patron of no fewer than 275 organisations, from the Access Dinghy Foundation to the Young, Pregnant and Parenting Network. Mr Bryce is patron of another 32.

It doesn't stop on Australia's shores. As Commander-in-Chief of the Australian Defence Force, the Governor-General flew to Afghanistan for Anzac Day. She insisted on staying the night with the troops - her troops - the first Australian dignitary to do so. Today, she is off to East Timor for the 10th anniversary of that nation's independence.

Early this week, she visited Melbourne for three days of dawn to after-dark engagements, all of them to organisations offering succour to those who need it most. Which is why she and her husband took to the street with the Vinnies vans.

After North Melbourne, it was off to a backstreet in Fitzroy where Mr Bryce, introducing himself to the late-night hungry as "just the trainee", doled out Chiko Rolls and pies, and Ms Bryce, having emptied the hot chocolate thermos, fell into a long rambling

conversation with a fellow wearing a beard, dark glasses and sandals clinging to bare feet.

"Doesn't it exhaust you?" The Saturday Age asks late the next day, after trailing the Governor-General to and from six more engagements, each in a different suburb.

She had talked privately in the morning with mothers and young women undergoing drug and alcohol rehabilitation at the Salvation Army's Bridgehaven centre in Preston, listened to students at Collingwood Alternative School describe how the Hands-On Learning program had reignited their excitement about attending school, met elderly people at the Brotherhood of St Laurence's Coolibah Centre in Fitzroy, where for 82 years the lonely from rooming houses have found meals and social connection, attended a Women's Network luncheon, visited indigenous women and children sheltering from family violence at Elizabeth Hoffman House in Fairfield, admired the works of intellectually disabled artists at the Q ArtStudio in Kew, where she buys her Christmas gifts, and dandled babies at the Melbourne Citymission Early Childhood Development Program in Brunswick, the sun gone.

Ms Bryce, mother of five, grandmother of nine with a 10th due any day, will be 70 in December.

"Exhausts me? Oh, no, it energises me," she says.

Those years as Governor-General, she says, have changed her.

"I've learnt so much from so many people, my understanding of who we are is deeper, I've become more reflective and a little wiser," she says.

The connection with people devastated by bushfire, flood and cyclone, the correspondence with 32 families who had lost boys in Afghanistan ... these, she says, prompted profound reflection. And those people from the night in North Melbourne and Fitzroy, and all the others.

"I thought I knew a fair bit about Australia, I'd been involved in so many things during my life. But what I have learned in the last 3½ years ... in some ways, I'd just scratched the surface."

And then she is off to her next community engagement, with a stream of them yet to come.

[www.theage.com.au](http://www.theage.com.au)

I've learnt so  
much from so  
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AUSTRALIAN**



The Hon Mark Butler MP  
Minister for Mental Health & Ageing,  
Minister for Social Inclusion,  
Minister Assisting the Prime Minister on Mental Health Reform

A few minutes chatting to a son or daughter, a friend or relative, can brighten their day, and let them know that people are thinking about them.

For many, one such phone call is the daily contact by Telecross. A friendly voice calling to say 'good morning' and make sure that everything is okay.

When PricewaterhouseCoopers evaluated Telecross in NSW in 2011, an astounding 100 per cent of family members declared themselves 'very satisfied' with its service. Clients were scarcely less enthusiastic, with 97 per cent endorsing the service offered by Telecross.

Over four decades Telecross, a service first launched by the Red Cross in South Australia in 1971 and which now operates across Australia, has saved hundreds of lives and provided daily reassurance to older people and those who care for them.

Telecross is a simple solution to a challenging question: how can we help older people retain their independence, while securing their safety and wellbeing?

It's a question we want to answer. Last year the Productivity Commission's report *Caring for Older Australians* said Older Australians generally want to remain independent and stay connected and relevant to their families and communities.

Similarly, when I travelled the country for *Conversations on Ageing* to discuss aged-care reform with about 3000 of older people, in every state and territory I was told the same, staying at home and engaged in the local community was a top priority.

We understood what our seniors were telling us, and we took action.

The \$3.7 billion *Living Longer Better* aged care reforms that Prime Minister Gillard and I launched in April are about exactly that, creating a flexible, fair and sustainable system of aged care, a system that will give older Australians more choice, better control over their lives, and easier access to the services they need, where and when they need them.

Importantly, the package includes 40,000 new home care packages that will ensure more Australians are able to live at home for as long as possible with the right support.

Looking after others is an essential part of Labor philosophy, and a great Australian tradition. As Telecross continues that tradition, they remind us what we can achieve by working together.

# TELECROSS VOLUNTEERS

## A little bit of history...

Just over forty years ago, a group of homebound people in an Adelaide suburb got together to trial a “telephone club”. The idea was they would stay in regular contact by phone, with an emergency back-up to call if someone didn’t answer.

Little did they realise it at the time, but that pioneering group was a catalyst for similar programs in NSW, then Victoria and Western Australia – that were enthusiastically taken up by branch members and staff to become the national service called Telecross.

Every day of the year, trained and friendly Telecross volunteers call about 5800 people to check they are ok. This simple call makes all the difference to people living alone or recovering from illness, giving reassurance to elderly clients who want to continue living independently in their own home – and peace of mind to family and friends who may live some distance away.

An evaluation of Telecross by Price Waterhouse Coopers in 2011 reported that clients found the service gave them the confidence to live in their own home, support

to maintain their independence and a better connection to the community.

In the event of three calls going unanswered in one day, Red Cross commences an emergency activation procedure to make sure the client is okay. In the year from June 2010 to June 2011, Telecross recorded 749 emergency activations where the client was found to be ill or injured and 37 instances where the client had died.

“Volunteers are the backbone of Telecross,” says Ian Coverdale, Red Cross National Manager for Social Inclusion. “It’s their voices on the end of the line that provide reassurance to clients, and connect them to the outside world. For a number of people we call, we may be the only person they speak to that day”.

“ *... how can we help older people retain their independence, while securing their safety and wellbeing?* ”

## FOUR DECADES OF TELECROSS

Adelaide celebration, 7 June 2012

Celebrity cook Maggie Beer helped Red Cross celebrate four decades of its daily phone call service by thanking volunteers at an event in Adelaide. Maggie attended the celebration in her role as Commonwealth Bank Ambassador. The bank, also celebrating a milestone in 2012 with its Centenary, announced its commitment of \$100,000 to Red Cross and 100 volunteers to support the Telecross service.

Guest speakers included the Federal Minister for Mental Health and Ageing and Social Inclusion Mark Butler and South Australian Minister for Communities and Social Inclusion Ian Hunter, who both highlighted their support of Telecross and acknowledged the value it adds to the lives of vulnerable people.

Despite the high-profile guests, it was the personal stories of Telecross clients and volunteers that had the biggest impact on the audience. John, a volunteer, relayed some of the humour that he shares with the clients during the calls and how enjoyable it is for him to speak with them. Eighty-six-year-old Ethel told the audience how she had had a fall one morning and couldn't get up. She didn't panic because she knew her Telecross call was due in 15 minutes and that the volunteer would be able to arrange for help.

The overwhelming message to come out of the event was how important it is to Telecross clients to hear a friendly voice on the end of the phone every day, and how the simple gesture

helps them maintain their independence and provides reassurance that someone is looking out for them.

## ADELAIDE CARLSON – THE FIRST WA CLIENT

Thanks to detailed archival records and a history written by Telecross coordinator Sheryl Foster, we know that Adelaide (Adeline) Carlson was the very first Telecross client in Western Australia.

The West Australian ran a story about "Addie" and her volunteer caller Muriel Vinden dated March 7, 1985. It's a touching example of the special bond between them even though they had never met before the story was published.

Under the headline *Daily call service her lifeline*, 91-year-old client Adelaide Carlson talks about her hobbies of darts and crocheting, and how much she looks forward to her evening chat (as was common in those days).

Muriel is quoted as saying: "I could tell by talking to her that (Addie) is a happy, chirpy sort of person."

## TELECROSS VOLUNTEERS SAVE THE DAY

As Red Cross workers Claudia and Bindhya found one day, Telecross can also save a life.

Bindhya was working as a volunteer administrator and answered the phone.

"It was about 3pm and I was sitting on my desk when I picked up the call," recalls Bindhya. The Telecross service usually operates with volunteers calling their clients, making sure

that the people who use the service are ok. It is unusual to receive a call from a person who needs help.

"The caller sounded like he wasn't well, he was struggling to breathe. I said, 'Are you alright?' and he said: 'I think I'm having a heart attack'. I was stunned. I knew I shouldn't panic. I told him to take a deep breath and I called for Claudia. She got his address and then the phone went silent. All day I was really worried about this person," she remembers.

Volunteers are trained by Red Cross and receive ongoing support for the valuable work that they do. Claudia and Bindhya knew to remain calm, respond quickly and call an ambulance.

"It's a wonderful program," says Bindhya. "I have never heard of a program like this that makes calls everyday – people know that someone is there to look after them. This is a good program to prevent incidents."

Bindhya says that volunteers come from all walks of life but are often older people, who feel that they'd like to offer some support to people in isolated situations. For many clients, having regular, friendly social contact can become an important part of each day.

## TELEPHONE SKILLS A PLUS FOR YOUNG VOLUNTEER SARAH

One of Telecross' youngest volunteers is 18-year-old Sarah Coshan. She has a family connection with Red Cross through her aunt, Barb Coshan,

FROM LEFT TO RIGHT: Hon Mark Butler MP, federal Minister for Social Inclusion; Adrienne Smith, Regional General Manager South Australia, Commonwealth Bank; Sue Vardon, Chair of Advisory Board, Australian Red Cross South Australia; Maggie Beer AM (former Senior Citizen of the Year 2010); SA's Hon Ian Hunter MLC, State Minister for Communities and Social Inclusion; Kerry Symons, Head of Community Programs, Australian Red Cross





who is team leader for Social Inclusion programs in Victoria (Telecross is one of the programs).

Barb says of Sarah's involvement: "I found out she was volunteering when we got together last Christmas - I am so proud of her for wanting to help older people who need a check-in call."

Sarah was recruited through Mt Gambier Telecross coordinator Ruth Cameron, who needed more volunteers and thought the local high school students might be interested.

"I went to Ruth's presentation to the year 11 and 12 students and Telecross appealed to me because it was a way I could help people and fit it into my study and work schedule," Sarah says.

"I would recommend volunteering to people my age not only as a way to help the elderly, but also because it's been a great help with learning telephone skills and developing a good phone manner."

Sarah is spending her gap year working at her former school, Tenison Woods College, as a trainee administration assistant.

"It can be hard to volunteer when you're being pulled in so many different directions by work and study, but being a volunteer has really benefited me and made me a more confident person."

## FOLLOWING HIS NEIGHBOURS' EXAMPLE

When John Francis retired as a Telstra construction manager he decided to give something back in memory of two "wonderful, caring neighbours" who kept an eye on his mother when she was alive.



The church in Glenelg where some volunteers meet to make their Telecross calls

John volunteers for both Meals on Wheels and Telecross (his wife Mary is a life member of her Meals on Wheels branch). Last year he took over as a base coordinator for his branch of 46 clients in the Adelaide suburbs.

John likes to joke with his clients, many of whom are well into their 90s, he says.

And his oldest client keeps him on his toes: "Our oldest client is 99 and still drives," says John. "She says she'll keep going as long as her car does."

The last word must surely go to Red Cross' very own archivist Moira Drew, who more than

anyone spent hours meticulously researching the history of Telecross in every State and Territory.

Asked to describe what she took away from the experience, Moira says: "What comes out more than anything in what I've read are the relationships formed between Red Cross volunteer and client."

Telecross operates around Australia offering flexible volunteer arrangements, which can vary in each State and Territory. To learn more about becoming a Red Cross volunteer or client or to make a donation to support Red Cross programs like Telecross contact 1800 811 700 or visit [www.redcross.org.au](http://www.redcross.org.au)

Maggie Beer enjoying morning tea with some dedicated Telecross volunteers





(From Left to Right):  
Mr Colin Watt OAM DFM;  
Mr Bill Denny AM, Director,  
Veterans SA; Mr Angas Hughes;  
Mr David Mattingley DFC;  
Mr Don Looker; Mr Kingsley  
Pryor DFC; SQNLDR David  
Leicester DFC & Bar OAM and  
the Hon Jack Snelling MP, State  
Minister for Veterans' Affairs

# BOMBER COMMAND VETERANS HONoured

On Wednesday, 1 August, 2012 South Australia's Bomber Command veterans were honoured when the State Minister for Veterans' Affairs, the Hon Jack Snelling MP hosted a morning tea in the Combined Ex-Services Mess, Torrens Training Depot.

The morning tea for 90 people was attended by 25 of the State's Bomber Command and other WWII veterans, their families and representatives of the service and ex-service communities.

A number of the Bomber Command veterans present had recently returned from the United Kingdom where memorial dedications were held to commemorate the contribution of Bomber Command in the Second World War.

The highlight was the 28 June dedication ceremony for the very impressive Bomber Command Memorial at Green Park, London, which was unveiled by Her Majesty Queen Elizabeth II. The ceremony was attended by more than 5,000 people, including several hundred Bomber Command veterans from around the world, various government representatives and other members of the Royal family.

## AN EXTRACT OF THE SPEECH DELIVERED BY MINISTER SNELLING:



*I would like to begin by welcoming our guests of honour, the men of Bomber Command, who served this country so valiantly during World War II.*

*I would also like to welcome all the other ex-servicemen and women who have joined us this morning, especially those who suffered as Prisoners of War – we have two veterans of Bomber Command who ended the war as prisoners of the Germans and two veterans of the war closer to home who became prisoners of the Japanese.*

*I would suggest that such a distinguished group of veterans has not been brought together for many years.*

*Some of our Bomber Command representatives have recently returned*

*from the UK where they witnessed the unveiling of the Bomber Command Memorial at Green Park by Her Majesty the Queen.*

*That Memorial remembers the 55,573 members of Bomber Command who died during World War II.*

*This staggering figure represents a 44.4% death rate, while a further 8,403 airmen were wounded in action and 9,838 became prisoners of war. The extraordinary dangers to airmen are laid bare when you consider that of a sample of 100.*

- 55 were killed on operations or died as a result of wounds;
- 3 were injured on operations;
- 12 were taken Prisoner of War; &
- 3 were shot down and evaded capture.

*That leaves a mere 27 who survived their tour of duty unscathed.*

*These statistics remind us of how lucky we are to have you among us today.*

*When I think of your service, and that of your brothers who were taken prisoner of war and who are with us today, four words come to mind.*

*These simple words say much to me about the totality of military service – and especially about your particular war time experience.*

*The words are 'choice', 'opportunity', 'fate' and 'courage' – they are simple words – not all that emotive, but they are the very hallmarks of your service.*



# Government of South Australia

## Veterans SA

### REGISTER OF ABORIGINAL VETERANS OF SOUTH AUSTRALIA

#### A call for information on Aboriginal men and women who have served in the Navy, Army and Air Force of Australia.

Aboriginal Australians have served in every conflict in which Australia has been involved from the Boer War to Afghanistan. The large majority of this service was rendered despite bans on enlistment and many Aboriginals had to deny their Aboriginality in order to enlist. As a result, the record of Aboriginal men and women who served is woefully inadequate.

Thus many Aboriginal Australians have been inadvertently excluded from our greatest story - the ANZAC story - and all that it has come to stand for. A project is underway to rectify this inequity before the Centenary of ANZAC in 2015.

A Register of Aboriginal Veterans of South Australia (RAVSA) is being established.

A team of Aboriginal and non-Aboriginal veterans, supported by the Council of Aboriginal Elders of South Australia, the Returned & Services League, Reconciliation SA and Veterans SA, are creating a document that will, for the first time, allow full identification of the significant contribution of Aboriginal South Australians in the defence of Australia.

If you know of an Aboriginal South Australian who served in peace or war you are invited to contact Veterans SA.

Any piece of information, no matter how insignificant, will be of value.

#### Please contact Veterans SA via:

Email: [veteranssa@sa.gov.au](mailto:veteranssa@sa.gov.au)

Post: GPO Box 2264, ADELAIDE S.A. 5001

Tel: (08) 8226 8552

*In the very beginning your decision as young men to serve our nation was simply a question of altruistic 'choice'.*

*You were not obliged to enlist or serve.*

*The very core of your contribution sprang from a conscious, informed 'choice' to offer your life in the service of your country and your countrymen. The second word is 'opportunity' or, for some of our former Prisoner of war guests here today, I might use the word 'fate'.*

*What I want to alert you to is the fact that having chosen to serve, then either by 'choice' or 'fate', you all found yourself in a most extraordinary situation, in which you clearly knew, you could very likely lose your life.*

*As a member of Bomber Command you chose a career path in the services that was going to bring you into the teeth of battle.*

*As a prisoner of war 'fate' dealt you a different hand, but one that was no less dangerous or praiseworthy.*

*My final word is 'courage'.*

*To me that is the overarching characteristic that applies to you all.*

*Whether as a member of Bomber Command, where you faced death on a daily basis, or whether you were a prisoner*

*of the Germans or Japanese, where your existence was subject to the whim of your captors, the one thing you have all shown is your exceptional courage.*

*Your courage and contribution to our nation did not cease in 1945 but still lives on in every way some 67 years later.*

*I recall the quote:*

*"If I have seen further, it is by standing on the shoulders of giants."*

*You are the giants of our lifetime and your courage and sacrifice has allowed subsequent generations to see further and to make the most of the opportunities you have helped deliver.*

*We are privileged to have you here today.*

*Thank you for your service and your contribution to our nation.*

*We are forever grateful and we will never forget.*



South Australian Bomber Command Veteran SQNLDR David Leicester DFC & Bar OAM meeting Her Majesty Queen Elizabeth II. Image sourced from Department of Defence.



# A TRAIL OF REMEMBRANCE

Gallipoli looms large in our nation's story, so large that it overshadows in our public understanding, the triumph and tragedy of Australia's extraordinary wartime service on the Western Front in France and Belgium.

Almost 300,000 Australians served on the Western Front between April 1916 and November 1918. More than 46,000 Australians lost their lives, more than 100,000 were wounded and countless others incurred less visible scars. Yet Fromelles, Pozières, Bullecourt, Passchendaele, Villers-Bretonneux, Mt St Quentin and the other great battles where Australians fought in France and Belgium, are known to relatively few.

More Australians were died on the Western Front than in all other Australian campaigns and conflicts of the 20th century combined. For a nation of less than five million, the losses

touched almost every community and most of its families.

The Australian Remembrance Trail along the Western Front is an Australian Government initiative aimed at improving our understanding and appreciation of the achievements and sacrifices of Australians in the main theatre of the First World War. The Trail Project has seen the Office of Australian War Graves working in partnership with local communities and regional authorities in France and Belgium to establish improved visitor facilities at former Australian First World War battlefields.

This approach to commemorating Australian efforts on the Western Front recognises and builds on the significant local efforts of French and Belgian villages, over almost a century, to honour the memory of the Diggers.

The Project is assisting to improve existing museum facilities and interpretive displays and, at a number of sites, establishing new visitor facilities. Once completed the Australian Remembrance Trail will link a series of sites stretching along the former Western Front, from Villers-Bretonneux, south of the Somme River, right up to the Belgian battlefields around Ypres.

The first element of the Trail, the Jean and Denise Letaille Museum – Bullecourt 1917, was officially reopened on Anzac Day 2012. The Museum recently underwent a major redevelopment in order to accommodate contemporary displays and modern exhibition features. Yet the structural features of the original Letaille family barn and stable remain, along with the unique collection of weapons, machinery and other relics left behind in fields around Bullecourt by Australian, British and

Jean and Denise Letaille Museum before renovations



# ALONG THE WESTERN FRONT

German soldiers. A new Fromelles museum, adjacent to the Fromelles (Pheasant Wood) Military Cemetery will commence construction in August 2012.

All elements of the Australian Remembrance Trail will be completed in time for the Centenary of the First World War. The Project will also provide for a range of digital resources which in time will become a virtual visitor's centre. More information about the Project is available at [www.dva.gov.au/art.htm](http://www.dva.gov.au/art.htm)

Jean and Denise Letaille Museum after renovations



Jean and Denise Letaille Museum after renovations



Jean and Denise Letaille Museum after renovations





# VIETNAM

THE COMPLETE STORY OF THE AUSTRALIAN WAR

**BRUCE DAVIES**  
WITH GARY MCKAY

# Q&A

## with VIETNAM author Bruce Davies

1. How old were you when you went to Vietnam? What was your perspective of the war back then? Has this changed over time?

I was 21 when I first served in South Vietnam with 1RAR. The battalion was the first Australian battalion to serve in Vietnam (1965) and it was assigned under the operational control of the 173rd Airborne Brigade (Separate). We were based at Bien Hoa, a large airbase to the north of Saigon. I distinctly recall the Gulf of Tonkin incidents that happened in 1964 (an attack against the USS Maddox - a later attack against the USS Turner Joy proved to be false) with some trepidation because I felt a war against China might also break out. I sailed to Vietnam aboard HMAS Sydney (a converted aircraft carrier) on its first sailing (May 1965), and looking back now those few days at sea with associated lectures and talks about the war established a belief in my mind that the intervention by the US and Australia was a correct decision. My perspective has not changed. Although, my thinking about how the war was fought has changed - it became an almost unmanageable bureaucracy.

2. Did you have a keen sense of history back then, or has this interest developed?

No, I probably had a schoolboy vision of worldly affairs. I left school at an early age and the world remained a dark and far away place. I suppose, there was always a sense of adventurous travel in my mind to go to these distant and unknown places. (I know, the old joke - Join the Army, Travel to exotic locations and meet interesting people and kill them!)

3. Do you think your time as a soldier has influenced your method of writing history?

Yes. I tend to view reports and tales very carefully and make an effort to analyse the information in detail to decide if an incident is firstly believable and then to understand how it may have influenced a battle or other decisions. I believe that my three years of service in Vietnam give me a solid background to dissect and write about the war. I know what I'm writing about.

4. Why were you compelled to write Vietnam? Is it time that the Australian consciousness about the war was challenged?

The concept for Vietnam was discussed prior to me joining the writing team. When I was appointed to write the story, it was my intention to open our senses to the wider war in South Vietnam and its impact upon world affairs. To make an attempt to go beyond a blood and guts manual about Australian soldiers in the jungle fighting the dreaded Viet Cong. To seek out information on what the enemy was doing at the time, what were their objectives, what did the South Vietnamese think, where did the Australian efforts fit in the overall conduct of the war, were the Australian efforts more sound than the plans of the Americans, to show that within the war there were many types of warfare being fought - it was not all Malayan style counter-insurgency. I want to entice readers to go beyond a one-dimensional Australian point of view.

WITHIN THE WAR THERE WERE MANY TYPES OF WARFARE BEING FOUGHT - IT WAS NOT ALL MALAYAN STYLE COUNTER-INSURGENCY. I WANT TO ENTICE READERS TO GO BEYOND A ONE-DIMENSIONAL AUSTRALIAN POINT OF VIEW.



Australian Government

**VVCS – Veterans and Veterans Families  
Counselling Service**

## Supporting Australia's peacekeepers, peacemakers, veterans and their families

VVCS provides counselling and group programs to veterans, peacekeepers, partners, widows, sons and daughters and eligible ADF personnel and F-111 Fuel Tank Maintenance workers and their immediate family members. VVCS is a specialised, free and confidential Australia-wide service.

VVCS can provide you with:

- Individual, couple and family counselling
- Case management services
- After-hours crisis telephone counselling service via Veterans Line
- Group programs for common mental health issues (e.g. anxiety, depression, sleep and anger)
- Psycho-educational programs for couples, including a residential lifestyle management program
- Health promotion programs including Heart Health – a 52 week supervised exercise and health education program offered in group and correspondence formats
- The Stepping Out Program, a 2-day 'transition' program for ADF members and their partners preparing to leave the military
- Changing the Mix, a self-paced alcohol reduction correspondence program
- Operation Life Workshops
- Information, education and self-help resources
- Referral to other services.

VVCS counsellors can assist you to work through stress, lifestyle, relationship or family problems, and emotional or psychological concerns associated with your military service.

If you need support, would like more information about us or if you know someone who does, please give us a call or visit our website.

**1800 011 046\***

**[www.dva.gov.au/health/vvcs](http://www.dva.gov.au/health/vvcs)**

\* Free local call. Calls from mobile and pay phones may incur charges.

# VVCS



**Veterans and Veterans Families Counselling Service**

**A service founded by Vietnam veterans**



# KOKODA

## BEYOND THE LEGEND



Bringing together military historians from Britain, the United States and Australia, this conference will reassess the principal battles fought in Papua in 1942 and discuss the campaign from both Allied and Japanese perspectives.

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# WHO IS LOOKING AFTER YOUR SUPERANNUATION?

By Simon Guiliano  
Senior Adviser,  
Segue Financial Services  
[www.segue.com.au](http://www.segue.com.au)

We are living in difficult times.

The first ripples of the global financial crisis were felt in August 2007 and here we are, almost 5 years on and the world is still in a state of flux. While it has affected many areas of the global economy, the common ground we all share is the prolonged impact it has had on our superannuation balances.

These difficult times drive home the need to take an active interest in where your superannuation is invested, how it is performing and how much you are paying in fees. Because for most of us, along with our home, superannuation will be our single biggest investment when we retire it deserves much more attention than most of us give it.

It is important to remember that in large industry or retail superannuation funds, the trustee of the fund is someone you have never met, and is controlling not only your retirement savings, but also those of potentially hundreds of thousands of other people. Decisions they make are for the greater good, even if that potentially means you personally don't benefit.

There is so much more to superannuation than simply investments. It is a vehicle to build wealth for the future in a tax effective manner, taking advantage of all of the features a superannuation fund has to offer can provide untold benefits in the long run.

So, how can you take advantage of all of these benefits?

Well, one of the key ways is to take over control of your superannuation. After all, it is your money (remember though, access, typically is not until age 55). And the best way to take control is via a Self Managed Super Fund (SMSF).

Latest statistics show that there are over 442,000 Self Managed Super Funds across Australia, and in the five years to 30 June 2011, SMSFs were the fastest growing sector of the Australian superannuation industry. So what is it about SMSFs that has driven this popularity?

## Control

It makes sense to take a much more active interest in the decision making processes around your retirement nest egg. In a SMSF, you control your own strategy- how you invest your money and where, who you seek for advice, who you choose to administer the fund (and the fees you pay) amongst other things. You can also time tax events (such as asset sales) to your Fund's (and your) advantage.

## Choice

While many retail superannuation funds do offer a wide choice of investments, there are still restrictions. Within a SMSF you can invest in shares, managed funds, term deposits, real property, derivatives, collectibles, agricultural investments...the list goes on. Many people have their preconceived ideas about which investments are better than others and a SMSF enables you to invest accordingly.

## Purchase Assets From Members

We know that superannuation provides generous taxation concessions. For those who have accrued significant assets outside of superannuation, it can be a very tax inefficient way to accumulate wealth. A SMSF has the ability to acquire particular assets from members, including listed shares, managed funds, commercial property and in-house assets- housing them in a low tax environment.

## Real Property

A SMSF can own physical property assets and lease them to third parties (i.e. rental properties, both commercial and residential). In addition, a SMSF can own a commercial property and lease it back to your own business, providing advantages such as using superannuation money to purchase the property and being able to make tax deductible rental payments in your business which contribute towards your own retirement. In addition, if you sell the property when your fund is paying a pension, Capital Gains Tax can be completely eliminated.

## Gearing

A SMSF can also borrow to purchase assets such as property or shares. This can be an effective way to boost your retirement savings in a tax effective environment.

## A Family Fund

An SMSF is allowed up to four members; many families pool their superannuation balances in the one SMSF that can enable the purchase of larger assets (such as property), which would not be possible individually, as well as consolidation of fees.

SMSFs provide a level of flexibility in passing on assets to beneficiaries on death. This can be particularly valuable with blended families where complications often exist with wealth transfer.

In addition, strategies available through an SMSF can enable better transfer of wealth from parents to their children in an extremely tax effective manner.

## Flexibility in Retirement

A SMSF allows the member the flexibility to structure pension income streams and lump sums in the best way. This can prove valuable when selling superannuation assets (and therefore minimizing tax) as well as improving eligibility for government benefits such as the Service and Age Pension.

## Insurance

You have a wide choice of insurers via a Self Managed Super Fund, as well as policy types that can suit you and your family. You also have more flexibility as to how insurance proceeds can be paid out to beneficiaries on death or disability.

As you can see, there are many features of SMSFs that are not shared with retail or industry super funds. But they certainly are not for everyone. It is important to get sound advice to ensure that you work within the relevant rules and optimise the opportunities and strategies a SMSF allows. While they do require more time and effort, the results are very rewarding for you and your future beneficiaries. In a time of dwindling returns and great uncertainty, a SMSF is certainly worth considering for your superannuation needs.

# ARE YOU MISSING OUT ON THE VALUABLE BENEFITS YOU CAN HAVE WITH YOUR OWN SELF MANAGED SUPERANNUATION FUND?

## Are you missing out on –

1. Sophisticated strategies that are customised to you?
2. Flexibility, portability, active management of tax positions and efficient technology?
3. Independent advice and recommendation not tied to or owned by a fund manager?
4. Active and individual management of your money?
5. Transparency and control?
6. Integrated and co-ordinated management of investment, stock selection, asset allocation, asset protection, super fund administration, accounting, taxation, succession planning; philanthropy, legal?
7. Do you know that your plans are still O.K. given the current market uncertainty?
8. Are you taken back to basics every year to ensure that everything is O.K., that you are on the right track and all the right boxes have been ticked?



### \*Richard and Susie's story...

Richard aged 59 and Susie aged 60 have three children, Mark (34), Jenny (31) and Chris (23).

Richard & Susie have a Self Managed Superannuation Fund (commonly referred to as a Family Superannuation Fund) with combined member balances of \$1.8 million. Richard's balance is \$1,200,000 (\$300,000 tax-free component); Susie's balance - \$600,000 (\$200,000 tax-free component)

The fund is invested across a variety of assets including cash, shares and property. The current unrealised capital gain in the fund is \$800,000. Tax payable if they both died today is approximately \$275,000.

With some strategic planning and drawing on some of the advantages a Self Managed Super Fund with an up to date Deed has to offer, Segue can reduce the tax to approximately \$15,000, **a tax saving of approx \$260,000**. That's only the start. With strategic planning and some 'fancy footwork' contributions tax may be reduced, even eliminated on children's contributions in the future.

\*Names have been changed to protect privacy



If you are looking for self managed superannuation specialists who are independent of products and privately owned call **Simon or Joy on 95091599** for an obligation free meeting.

*“doing nothing can end up costing you in lost opportunities”*

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# Australian War Memorial WHAT'S IN STORE

**N**estled within the industrial suburb of Mitchell is a huge purpose-built shed. Within its walls are to be found some of Australia's national treasures.

The Treloar Technology Centre is the Australian War Memorial's conservation facility and storage hub.

Once a year its doors are opened to the public to reveal a vast array of aircraft, rockets, vehicles, tanks, artillery, and equipment used by – or against – Australians in war for over a century.

Come and see the Large Technology Object workshops, where conservators preserve these

intriguing items, and talk to them about their latest projects, such as the conservation of a Hudson Bomber and a rare Japanese Ha-Go tank.

Curators will also be on hand to reveal the stories behind this amazing collection, including latest acquisitions, such as an Iroquois helicopter and a Sabre fighter jet.

With a sausage sizzle, precision drill team, and activities for the kids, Big Things in Store is a great day out for the whole family.



# RE AT TRELOAR?

**Sunday 16 September** (10 am - 3 pm)




Australian War Memorial Technology Centre

8 Callan Street, Mitchell ACT

*Entry by gold-coin donation*



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# The good news about poverty? Together

## Is there any good news about poverty?

Yes. We can do something about it. If you want to make a difference you can. Poverty is preventable and we can alleviate its effect by supporting people- children, families, job seekers and the aged, to build better lives. Social change that makes life easier for everyone does happen when caring people get involved.

To make a difference, join up with a reputable charitable welfare organisation, such as the Brotherhood of St Laurence, today. Founded by an Anglican Minister Father Gerald Tucker, the Brotherhood helps anyone in need regardless of their age, race, personal history, mental and physical health or sexuality. Likewise our supporters come from many different socioeconomic backgrounds, religious and political affiliations, and every area of human endeavour.

The best first step to help disadvantaged people is to get informed. Right now, you can read these 'Frequently Asked Questions'. There are more on our website ([www.bsl.org.au](http://www.bsl.org.au))

## Why do people get in so much trouble they need help?

Many people and families are faced with difficult circumstances. They may have chronic health problems, language barriers, learning difficulties, a disrupted education or less competitive job skills. Often they have lived in short-term housing for years. Many people who are 'down on their luck' have survived abuse. For others life has dealt an unexpected blow that has derailed them.

## How does the Brotherhood help people?

We aim to prevent poverty, as well as to alleviate it and both outcomes can happen at once. For instance programs such as 'Saver Plus' teach people on low-incomes how to budget and save, with a focus on helping them to support their children's education. Our early years programs give parents the skills to build their child's literacy and numeracy skills and support them as they make the move to school. Both these programs address current problems as well as providing benefits down the generations.

## Does work like the Brotherhood's create welfare dependency?

No, just the opposite! When a person participates in a Brotherhood program things are required from them: commitment, the readiness to make an effort, signs that they are taking control. Our aims are to help people gain the skills to help themselves and to ensure society provides opportunities.

## Does the Brotherhood make it too easy for people to ask for help?

Too easy? Many people have to wait. All of our resources are limited so we have to prioritise one person's needs over another. One man slept in his car for a year, reluctant to ask for help, because he thought other people needed our help more. The Brotherhood genuinely needs more help from caring individuals and families so we can respond quickly to those who are desperately in need.

## Where does the Brotherhood work?

The Brotherhood's head office is in Victoria and with partner agencies we deliver services in over 100 communities across Australia. There are increasing levels of disadvantage to be found in the outer suburbs and remote and rural areas.



## I'm Tyler and I help.

I'm Tyler and I've been volunteering at the Brotherhood's Grovedale (Geelong) store for over a year. I love it! I wanted to help other people. Last year while op-shopping, I visited the store to buy a video and I met the store's manager who offered me the chance to help out in the used videos and DVD section. I love watching movies and one of the best parts of this job is taking home second hand DVDs and videos to check them out before they go on display. I've learnt a lot: dealing with money, serving customers, and using EFTPOS. My confidence has grown and the staff are supportive; I help them and they help me.

Tyler is a keen volunteer at the Brotherhood's community store in Grovedale, Geelong.

Rosemary and Tony of Frankston appreciate the Brotherhood's support of carers.



# we can make a difference

## What can I do next?

That is easy. Give. You can give monetary donations or your time as a volunteer. You can shop at our op-shops or on our online bookstore ([www.brotherhoodbooks.com.au](http://www.brotherhoodbooks.com.au)) – the proceeds help the disadvantaged. You can donate second hand goods or make 'gifts-in-kind' (giving new items from a business you are associated with). And while you are giving, do. You could initiate a fundraising and awareness activity at your workplace or social club.

To work out how you yourself can best get involved, talk to us on the phone. Visit our website and Facebook page. Arrange to meet us and tour a service. So you see there is good news about poverty.

We can make a difference together.



Phuong and her daughter Sarah enjoy reading together often now, having participated in HIPPPY (Home Interaction Program for Parents and Youngsters).



Volunteer Matt has made a friend in Deng though the Homework Centre in Fitzroy.



Chris, a volunteer from Grocon helps a jobseeker at the Brotherhood's Centre for Work and Learning.

## Contact us

Brotherhood of St Laurence  
67 Brunswick Street, Fitzroy VIC 3065

PHONE: 03 9483 1301 or 1300 DONATE (1300 366 283)  
EMAIL: [donate@bsl.org.au](mailto:donate@bsl.org.au)  
FACEBOOK: [www.facebook.com/BrotherhoodofStLaurence](http://www.facebook.com/BrotherhoodofStLaurence)  
TWITTER: [@brotherhoodinfo](https://twitter.com/brotherhoodinfo)  
WEBSITE: [www.bsl.org.au](http://www.bsl.org.au)

Wendy's participation in the Saver Plus Program gave her the skills she needed to save for a computer for her daughter Jessie.

Verity graduated from the Community VCAL program (Victorian Certificate of Applied Education) and then enrolled in a Diploma of Nursing.



# David Scott AO, 23.01.1925 to 22.04.2012



David Scott had a global concern for disadvantaged people. He became the founding director of Community Aid Abroad (now Oxfam) in 1962 and would play a significant role in lives of the East Timorese.

Champion of the poor and disadvantaged. Returned serviceman. Conservationist. Editor.

You have experienced the difference his life made. Now meet the man, an Australian hero and giant of social justice.

David belonged to a compassionate family, but his childhood saw hardship. Born on his father's soldier settlement near Holbrook New South Wales, the family was forced to move in the depression and would continue to move for

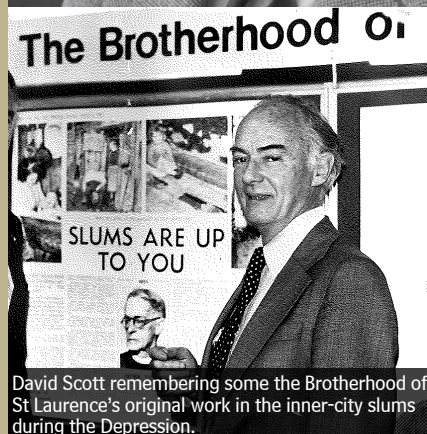
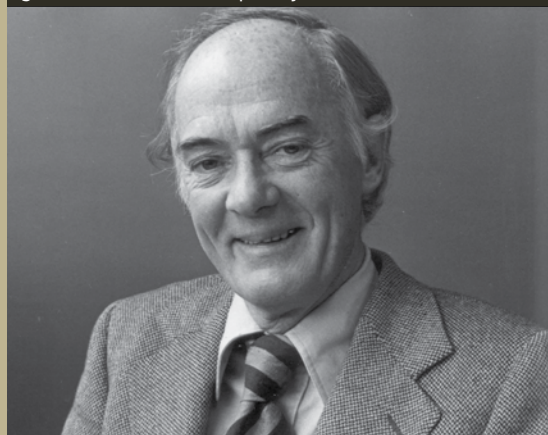
financial reasons over many years. David left school early and at 18 began service on the HMAS Arunta. There he saw the horrors of war including the largest battle of naval history in Leyte Gulf.

David returned to champion Australia's most disadvantaged people and social policies that prevented poverty. As the director of the Brotherhood of St Laurence he showed robust leadership. He chaired the Australian Council of Social Services, and founded the magazine Australian Society. David was the first Victorian Commissioner for the Environment.

His long-term leadership of Community Aid Abroad (now Oxfam) was critical to many and it related to his pivotal work in East Timor. Said colleague Richard Tranter, 'Social and political movements are never a matter of one individual, but there are times when the role of one person is critical. Without his central role in organising practical and political support for the Fretilin external representatives immediately following the invasion, it is far less likely that the people of Timor Leste would have eventually gained their freedom'.

Of his own life David Scott said, 'I was 13 when I decided what I wanted to do. It was to travel and have adventures, be of some use to other people, and have a family. These ideas came out of the values and attitudes of parents, people I liked and admired, and ...the world of books. Life worked out pretty much as I hoped.'

David Scott, while Executive Director of the Brotherhood of St Laurence from 1969 to 1980, made the organisation even more vigorous in its fight for an Australia free of poverty.



David Scott remembering some the Brotherhood of St Laurence's original work in the inner-city slums during the Depression.

## DEFENCE SIGNS \$1.3 BILLION HEALTH SERVICES CONTRACT

Minister for Defence Science and Personnel, Warren Snowdon, has announced a new \$1.3 billion contract between Defence and Medibank Health Solutions (MHS), to provide health care services to ADF personnel across Australia. The MHS agreement is for an initial four year term.

MHS won the contract after a competitive tender process and will deliver a broad range of services, including on-base health support, pathology, imaging and radiology and a 24-hour ADF national health hotline.

"Defence's highest priority is the health and well being of its personnel. Under this contract, our servicemen and women will continue to receive the highest quality health care services. The agreement will support Defence's goal of seamless health care from point of injury to recovery," Mr Snowdon said.

There will be no change to health care entitlements for ADF personnel.

"This contract with MHS will also assist Defence to streamline the delivery of health services, and optimise current services through the adoption of new innovations and technology."

Medibank Health Solutions has a proven record for providing high quality, innovative

and cost-effective health care services to the community, to business and to government at a national level for over 35 years.

"The Australian Government is committed to ensuring support for our ADF members is seamless, particularly during the transition from active service into the veterans community," Mr Snowdon said.

The current health services contracts have been extended to November 2012. MHS and Defence will facilitate a smooth transition to the new contract and will work closely with the outgoing service providers, to ensure no disruption to services for ADF personnel.

Transition of contracted health services began in early July and will be completed by 5 November 2012.

There will be no change to health care on deployment with ADF health professionals to continue providing these services.



# SCHOLARSHIPS

## FOR THE CHILDREN AND GRANDCHILDREN OF EX-SERVICE MEN AND WOMEN

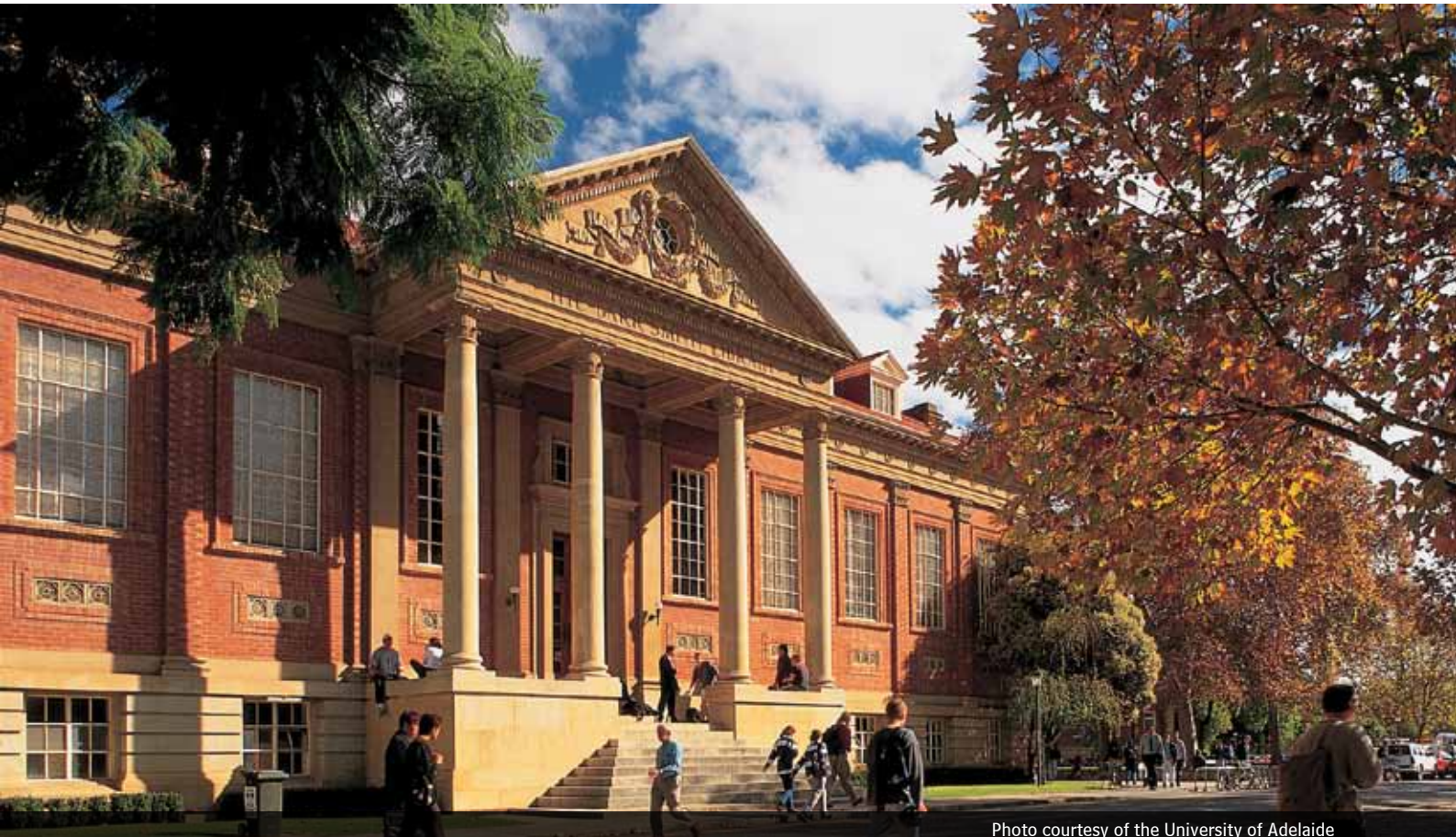


Photo courtesy of the University of Adelaide

The Australian Veteran's Children Assistance Trust is a not-for-profit organisation. AVCAT administers scholarships to help children and grandchildren of the Australian ex-service community with the costs of full-time tertiary education. The most deserving candidates are selected on merit and who, without our help, would be unable to start or complete studies without financial difficulty.

**For more information or to apply, contact  
AVCAT**

**T 02 9213 7999 or 1800 620 361 (voicemail)**

**E [avcat@dva.gov.au](mailto:avcat@dva.gov.au)**

**“THE LONG TAN  
BURSARY WAS  
INVALUABLE HELP,  
IT ALLOWED ME TO  
CONCENTRATE  
FULLY ON  
BECOMING THE  
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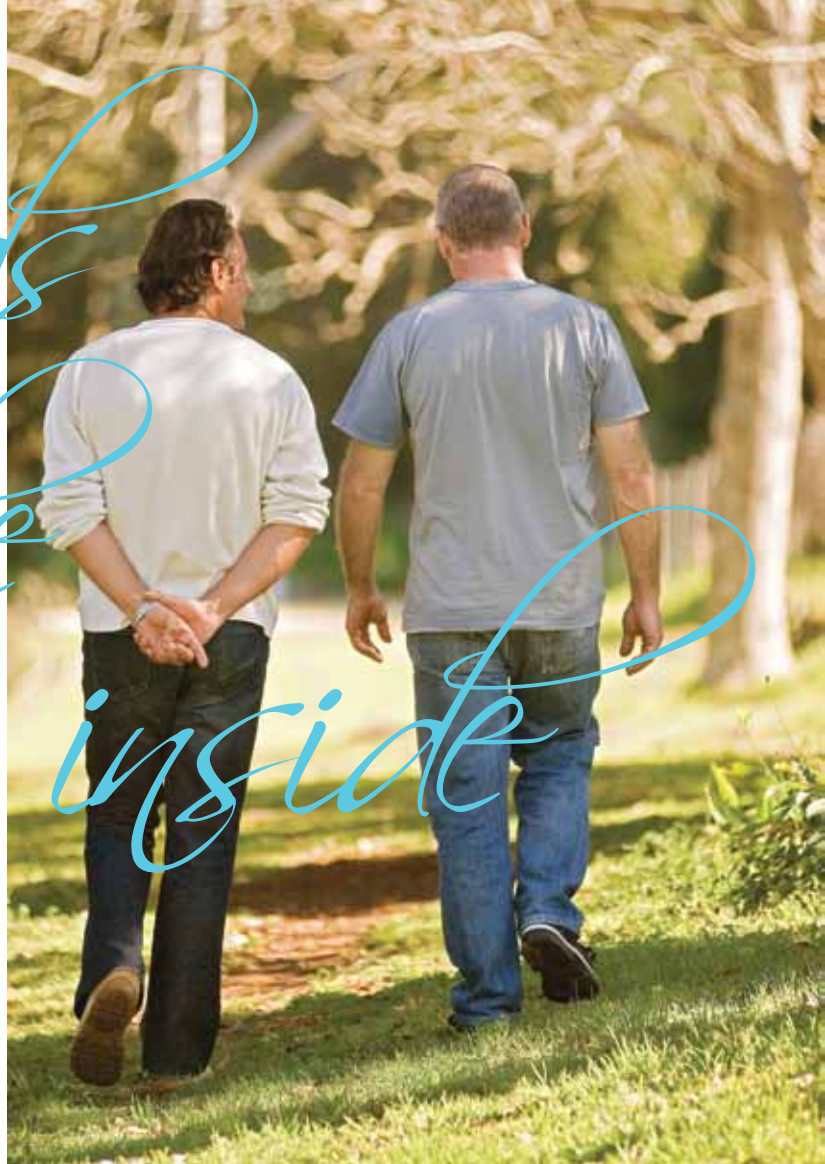
## HELPING CHILDREN TO A BETTER FUTURE



AUSTRALIAN VETERANS'  
CHILDREN ASSISTANCE TRUST

# Diamonds on the

# inside



In a world that seems to be increasingly moving toward an ‘i’ state with less and less regard for each other and the communities in which we live, Anglicare Australia and its network members are working hard to build communities of resilience; of hope; and of justice.

Our core belief is that every individual has inherent value and can offer something valuable of themselves to the communities where they live and take something equally valuable in return. It’s what we say to politicians when we talk to them about the policies that they’re making; it underpins research like that undertaken by Anglicare member Benetas in Melbourne who looked at respect between generations; it drives the work of Anglicare Tasmania as it seeks to engage the voice of its clients in all aspects of the work it does; and at places like The Buttery, tucked away on the north coast of New South Wales, where it motivates workers to engage with those struggling with alcohol and other drug dependencies and help them rediscover their own worth, helping guide them in how they can share that worth with others. We also share this belief, when we can, with the wider community at events like the St Luke’s co-sponsored Bendigo Executive and Director Sleepout (BEDS).

Benetas’ research shows that respect is a major component of quality of life for older people. It found that there are particular ways older people believe respect should be shown. Most notably, a person taking the time to listen - genuinely - and to show respect through valuing the contribution of the older



person. One particular finding was that there are different ways to show respect; and these differ again across generations. Young people, it says, see respect as being equal to and not subordinate to older people and the greatest way they feel they can show respect is by interacting as an equal. The research shows that there is a divide between how the generations

display respectful behaviours but also that there is an opportunity to meet in the middle.

As demonstrated by the research from Benetas, respect can be shown in many ways. One way that Anglicare Tasmania shows respect and values the people who use its services is by engaging with them in a way that tells them their voice will be heard and

# ANGLICARE

*in every Community* AUSTRALIA



that what they have to say is important. Embarking on an organisation-wide Consumer Engagement Strategy, Anglicare Tasmania has sought to include client voices in the planning and delivery of services and client driven research to better understand how clients want to receive support. If changes are going to be made in their lives, who better to be the driver of that change than the clients themselves?

At The Buttery all residents complete their own journey of recovery supported by a network of people who believe in the self worth of each of them. David's story is compelling as it shows just how rewarding believing in people and what they can achieve really is. Facing court proceedings after a lifetime of drug and alcohol misuse, David had hit the bottom. Working through the program at The Buttery, David began to see his own self worth particularly when one day he looked in the mirror and saw himself as he never had before. From that day, David never looked back and ten years on he has completed his Masters in Social Work and volunteers at many of the local youth organisations. David knows – because he has seen the worst of himself – the value of the best of himself and so takes great joy in giving back to

the community that believed so fully in his worth even when he didn't.

Belief in the value of those people making up our communities is at the core of what Anglicare Australia network members do. The commitment to this belief often goes unheralded as staff and clients work together quietly to change circumstances and change lives. But every now and then the wider community gets to share in the belief we hold in the form of public awareness raising events. One recently held by a partnership between St Luke's Anglicare, Strategem Community Foundation and many local businesses in Bendigo saw executive directors and managers sleeping out in the cold for one night, and talking with young people and service providers, to help increase understanding and raise money for young people who face sleeping rough every night. It takes commitment to a cause to sleep out in the cold in the middle of winter to help others see the merit in supporting it.

It's activities like these that show people who are experiencing the very toughest of circumstances that they are not the total sum of their disadvantage but rather so much more.

In fact, they are worthy and worthwhile of our respect, of our effort and of our understanding. If you would like further information on any of these services or the Anglicare Australia network in general please contact us on 02 6230 1775 or at [anglicare@anglicare.asn.au](mailto:anglicare@anglicare.asn.au).

All pictures and content have been published with the permission of Benetas, Anglicare Tasmania, The Buttery and St Luke's; Anglicare Australia would like to acknowledge their contribution.

Show your support by donating to Anglicare Australia or any of its network members by visiting

[www.anglicare.asn.au](http://www.anglicare.asn.au)





A conversation with

# Waleed Aly

Waleed Aly is a broadcaster, author, academic, rock musician and former AFL mascot. His social and political commentary has produced an award-winning book and multiple literary short-listings, and appears in newspapers such as *The Guardian*, *The Australian*, *The Sunday Times of India*, *The Australian Financial Review*, *The Sydney Morning Herald* and *The Age*. He is the author, most recently, of *What's Right? The Future of Conservatism in Australia* (Quarterly Essay 37). His debut book, *People Like Us: How arrogance is dividing Islam and the West* (Picador, 2007), was shortlisted for several awards including the Queensland Premier's Literary Awards and for Best Newcomer at the 2008 Australian Book Industry Awards.

Waleed Aly is the host of *Big Ideas* on ABC1 and News 24, and has frequently hosted *ABC News Breakfast* and *774 ABC Melbourne Mornings*. Waleed is currently a lecturer in politics at Monash University, working in their Global Terrorism Research Centre.

In 2005, Waleed was made a White Ribbon Day Ambassador for the United Nations' International Day for the Elimination of Violence Against Women, and was named one of *The Bulletin* magazine's 'Smart 100' in 2007. He was also an invited participant to the Prime Minister's 2020 Summit in 2008 and in 2011 he was named Victoria's Local Hero in the Australian of the Year Awards.

"....WE NEED TO RELAX. FOR A COUNTRY THAT'S DOING REALLY, REALLY WELL AND THAT PRIDES ITSELF ON BEING INFORMAL, WE'RE ACTUALLY VERY UPTIGHT".

The Last Post: Thanks very much for joining us at The Last Post magazine Waleed.

Waleed Aly: My pleasure.

TLP: Australia 2012, what are the good points and some things that could be improved upon?

WA: A massive question. Overwhelmingly Australia's a successful society. That's true economically and that's true socially and Australia's managed the changes that come from globalization reasonably smoothly. We've managed a level of immigration that's pretty high in relation to our population. Except maybe the United States and maybe Canada, partly because it's a young country an adaptable country and a reasonably open country, it's well suited to the times and because of that we've managed not to be blown too far off course by any of the currents of globalization. That's really going to challenge most countries around the world, I'd say. As far as things that could be improved, I'd say, is our ability to recognise that success. Australians are, by world standards, fairly well off and even relative to Australians in the past, Australians today are relatively well off but we don't feel as though we're well off. We do have lots of moments of angst really about how we are going to manage our diverse society without realizing that by and large, we're doing pretty well. We have this capacity to work ourselves into a lather about things that are not problems and make them problems and that I think, is a real issue, particularly if you consider, in areas of multiculturalism in media reporting and commentary and people generally within society start talking and hyper-ventilating about Australian society being under threat because of waves of migration and that sort of rhetoric is damaging in and of itself. It creates a perception within certain sectors of society that is damaging and it doesn't need to be true to be damaging but it divides people socially and starts tearing at the social fabric and that can be dangerous. The problem is, I think, that a whole lot of that rhetoric is imported from Europe which is a very different place with very different problems. We don't seem to be prepared to acknowledge that these are problems that we don't have.

TLP: Why do you think that is when the records show that migrants, by and large have settled in, and contributed well, to Australian society?

WA: I'm not sure that we universally do cherish the contributions of people from other societies. It's true at a certain level of society but it's not necessarily true of everybody. Particularly where you have some sectors of society that are experiencing some kind of dislocation and that can get back to the difficulties caused by globalization because as an economy grows and changes it's structure, certain sectors survive better than others. Certain people win and certain people lose and we should acknowledge that there will be losers, even in a society that's handling it as well as ours and that happens with social change. Those sorts of people are often looking for scapegoats, not necessarily a conscious decision but if you talk to them about the range of food available in Australia, for example, that doesn't necessarily change that sense of feeling that something is amiss or that they are in a worse position than they were and that for them, Australia was a lot better place before the last wave of migrants. We do need to realise that there are pockets that are genuinely concerned about it and that those attitudes come with genuine prejudice. We can't wish them away. They are there, although I think they are in less measure than they are in other parts of the world. That doesn't make it any less concerning or any less real.

TLP: Is the way to be found through something as simple as migrants or those from migrant backgrounds playing sport?

WA: It certainly helps but I think in some sports it's going to be more effective than in others and in some sport there's more opportunity than in others. I know it's something that's concerning Cricket Australia at the moment, it's level of multicultural engagement. The Sheffield Shield competition is very narrow, culturally. The Australian Test team is almost as narrow culturally. If it wasn't for the presence of Usman Khawaja on the fringes of the Test team, there is a big lack of cultural diversity there. And it's reflected in the Stands. If you look at a cricket crowd at a one-day match or at a Test, it's a very narrow section of society. In a country that has one of the biggest Sri Lankan population's in the world as well as Indian and Pakistani, to find that not reflected in cricket, for example, says that something strange is going on. I think Rugby League has exhibited quite a large

"...WE'VE (AUSTRALIA) MANAGED NOT TO BE BLOWN TOO FAR OFF COURSE BY ANY OF THE CURRENTS OF GLOBALIZATION. THAT'S REALLY GOING TO CHALLENGE MOST COUNTRIES AROUND THE WORLD, I'D SAY. AS FAR AS THINGS THAT COULD BE IMPROVED, I'D SAY, IS OUR ABILITY TO RECOGNISE THAT SUCCESS."

degree of cultural diversity, particularly with the contribution of islander communities as well as indigenous players. There is a lot of that cultural diversity in League but it's still locked in by class, in that it's a blue-collar game.

TLP: When I was younger, playing cricket in Melbourne, we used to organise social matches with the Pakistani's. A lot of them played cricket. Where do these people go, then? We don't see them at a state of national level, so what do they do with their talent?

WA: That's a really interesting question. I used to play cricket quite seriously and one day we came up against this Sri Lankan guy who absolutely tore us apart and we were just wondering where he came from. I mean, he was playing at a standard that was clearly very serious and it turned out that basically, he was playing in his spare time in a league that the Sri Lankan community was running at the time. So they weren't going through the mainstream system, they were setting up their own competition and they were playing there. Now, that's starting to change, I've been told, there are more juniors coming through from these communities that are playing mainstream cricket. When I was playing representative cricket at a junior level, it was a fair while ago, I think what's happened, or what had happened is that these communities were still playing the game they just weren't really interested in plugging into the mainstream game, for whatever reason. It may have been that it wasn't a comfortable place for them to be, they didn't like the cultural settings of cricket clubs. They may have felt that it was a much easier, fun thing to do, to play within their own community. So, they're there and playing cricket and enjoying it but just doing it in a different forum and Cricket Australia, I think, is recognising that that has to change. As far as the financial angle goes, if this group of people do not become represented in mainstream cricket then you're losing a whole base of fans there and I'm not sure it can survive without that.

TLP: I suppose another way of 'slotting in', so to speak would be through music and, of course, commercial radio still has a very anglo-saxon feel and sound to it. I know you're a musician. Where did that come from?

AW: Well, it really came from my brother. At a young age I became quite excited about guitar driven music. So in Grade 1, I was listening to my brother playing 'Queen's Greatest Hits' and

I was blown away by it. 'Bohemian Rhapsody' was my favourite song. I got into it from there and all the music I grew up liking was guitar driven and I learnt guitar and stuck with it. Along the way I played saxophone as well and started studying music theory so that's what it was. Me picking it up from my brother. Where he picked it up from, I don't know, from school probably. He was 10 years older than me.

TLP: Is it a great release for you?

AW: I didn't really think of it as release, it was just something I could get immersed in. The more you do it, the more serious you take it. It became something I had to do.

TLP: You had a group, Robot Child. Are they still going?

AW: Oh yeah. We've just finished recording an album. We're in the process of mixing it and we've played some shows in Sydney not too long ago. So, yeah, we're still going. It's a very talented group and it's a lot of fun and it's an original band, we write our own stuff which is also something that's really rewarding.

TLP: You don't do Pink Floyd covers?

WA: Oh (laughing), yeah, we still do some of them. But I think there comes a time for every musician where they want to write and play and sing their own things. I don't know any musician who doesn't like to do that.

WA: You were a prefect at Wesley?

TLP: Yes, it's amazing. I was only there for two years but I crammed a lot in. Year 11 and 12. Along the way opportunity after opportunity got thrown my way and I took them all and figured out how I was going to make them work. I ended up being a prefect in Year 12 but through music, got involved in drama. Drama school was putting on musicals and I did musicals in years 11 and 12 and ended up going on a performing arts tour that went pretty much around the world at the end of Year 12. At the same time I was playing cricket in the first 11 and ended up going on a cricket tour to England, studying too, crammed a lot in. A very profound experience, probably the two most formative years in my life really. I look back at what I did in those two years and what I've done since and it can all be traced back to that time, I reckon.

TLP: Australia at the moment, the left and right seem to have merged and it's become a bit of a quagmire. What's happened?

WA: I think the big change was back in the eighties. The Hawke-Keating Governments

were and are acknowledged as great reformist governments but reformed through liberalising the economy, really. You saw the Labor Party embarking on quite liberal reforms and, whatever the arguments are about how necessary that was or how good they were, I think one thing that falls out from that is that it meant Labor politics was changed forever. The old arguments about Labor v Capital became redundant and that had been the traditional, or part of it, divide. At the same time, the way social politics has progressed over the last few has been in a more liberal direction and that has traditionally been associated with the left. There's not so much consensus on every policy now but a consensus on broad policy of becoming liberal socially and liberal economically. There are always attempts to restrain that from various parts of the political spectrum but really, there's very little challenge to that over the broad spectrum so that the meaning of left and right, I actually think they lost their meaning a long, long time ago. So the gap between the two parties actually shrunk and it's probably true everywhere. As there's less and less philosophical grounds for dispute, politics becomes more petty and personal because there's nothing really left worth fighting about.

TLP: Has the media become confused?

WA: Well, they tend to follow news day to day and not through great sweeps of history. It's not built into the DNA of news media to analyse daily events through the prism of decades. It does happen at times with an opinion or essay but, generally speaking, that's not the grammar, if you like of the news media, so that they don't become engaged with the philosophical questions and more in the realm of academia and commentary. News media does follow politics a bit like a game. It's a lot better than it is in America but that's the nature of a half hour news bulletin and that probably goes back to the advent of television. Now, with the advent of the internet, you don't really have a situation that's built around reflection of political matters.

TLP: All the best with Richmond football club mate and this summer, with the cricket and also with your music. Finally, have you got a message for Australia in 2012?

WA: I don't have anything particularly profound except that we need to relax. For a country that's doing really, really well and that prides itself on being informal, we're actually very uptight.

An interview with



# Rob de Castella

Rob de Castella, 'Deek' as he is affectionately known, put marathon running on the map during his athletics career. His amazing runs in the 1980's encouraged many people to watch or participate in marathon races. He was rightly internationally acclaimed as the number one marathon runner in the World in the 1980's.

Rob began running at age eleven and was an outstanding schoolboy athlete at Melbourne's Xavier College where he was fortunate to have as a teacher, 1962 Commonwealth Games representative Pat Clohessy. Pat and Rob became a close knit and successful unit as coach and athlete, a partnership that endured throughout his career.

Rob became Director of the Australian Institute of Sport in 1990, a position he held until 1995. As of 2008, he continues to live and work in Canberra and remains a passionate advocate for athletics and marathon running in particular.

TLP: Thanks for joining us at The Last Post.  
Rob de Castella: Thanks very much Greg, it's a pleasure.

TLP: What have you been up to lately?

RdC: Flat out. I think I'm busier now than I've ever been. Even busier than when I was running 240, 250 kays a week. I've still got a children's health and fitness program that we run through Primary schools. We screen Primary school children, identify children who are at physical risk of lifestyle related illness and then we run an after school program with those kids. These are kids who are overweight or underweight, kids that have very poor cardio-respiratory fitness or very poor motor skills and coordination. It originated through the epidemic of childhood obesity but now it's extended out to try and ensure that young children are developing the basic fitness and fundamental motor skills that they need to be inclined and to enjoy a healthy, active life. Each year we screen about two and half to three thousand kids through the ACT Primary schools in conjunction with the Government. We also run HELP which is Healthy Eating and Exercise and Living Program. That's delivered to about 250 of the highest risk kids through the screening process. That's an after-school program that runs for about eight weeks and we've seen great results working with those kids. Obviously our Indigenous running program is getting bigger and bigger. We took eleven indigenous runners who'd never been running before we met them and in nine months we took

them to New York and they all ran and finished the New York marathon. We've just collected our squad for 2012 and the New York marathon is on in November each year so we work with these young men and women aged between 18 and 30 and they come from all around Australia, some very, very remote communities. We teach them about health and fitness and use running as a way to instill personal pride and dignity and work with them to have that flow into other areas of their life. I've also got a small business that produces health foods, Deeks Health Foods which really focuses on people who have auto-immune diseases. We produce all grain and gluten-free foods. So that's a commercial business that I have with the other things I do, the indigenous Marathon Project and the Smart Start for Kids, non for profit programs.

TLP: All coming from a good place there Rob and personal pride, that starts from an early age and if you can help the kids get healthy and fit from an early age, then they're on the way to becoming productive, positive adults, I guess.

RdC: That's exactly right. There's a very close relationship between self-confidence, emotional well-being and physical health and fitness and what we find is that a lot of these high risk kids that we screen through Smart Start are also the kids that have problems paying attention in class and that flows onto other social problems whether it's insecurity and they become very shy and withdrawn or whether they go the other way and tend to become bullies and try to become either emotionally or physically dominant over their peers. We really do believe that physical activity and exercise is absolutely paramount to developing a healthy mind and body and there are many ways to get these high risk kids onto that and make it a lot of fun and also educational. It can short circuit the downward spiral that a lot of them would continue to be in so we're trying to get these children at a young age from say, 6 to 11 and try and change them before they go onto high school because once they leave Primary school, High school is much more intimidating environment where there is a

Rob and 2011 IMP member Nadine Hunt during the 2011 National Selection Tour. Nadine is now works full-time for IMP as a Project Officer.

"THERE'S A VERY CLOSE RELATIONSHIP BETWEEN SELF-CONFIDENCE, EMOTIONAL WELL-BEING AND PHYSICAL HEALTH AND FITNESS...."



“WE TOOK ELEVEN INDIGENOUS RUNNERS WHO’D NEVER BEEN RUNNING BEFORE WE MET THEM AND IN NINE MONTHS WE TOOK THEM TO NEW YORK AND THEY ALL RAN AND FINISHED THE NEW YORK MARATHON”.



Rob with the 2010 IMP team after they all finished the 2010 New York Marathon: Caleb Hart, Joseph Davies, Juan Darwin, Charlie Maher and Rob De Castella, November 2010

lot more pressures and obviously the girls and boys are going through physical maturity as well so that adds another level of complexity to their lives. We want to give them a sense of physical confidence and then work with them and their families to have that go into other areas of their lives. Healthy and happy individuals in society. It's the same with the indigenous program as well. We have this massive disconnect and disparity between the health of non-indigenous and indigenous Australians. We work in communities like Alice Springs where Alice Springs is the largest dialysis centre in the world per head of population so there's more people on dialysis machines in Alice Springs than anywhere else in the world. Obviously most of them are indigenous Australians so we're spending a lot of time up in the Alice and more remote areas working with young men and women and getting an appreciation of the challenges they go through on a daily basis. Two of the runners we worked with last year both have friends who suicided and another one had a friend who was killed in a motor vehicle accident. That's only out of a group of eleven so it's a pretty challenging situation but we believe that something as simple, yet powerful as running can help. Even if you go out for a 3, a 5 kilometre run, you come back and you feel good about yourself, this sense of personal contribution and accomplishment and you can only begin to imagine, anyone that's run a marathon, when you cross the finish line, what it's like. A lot of these kids don't know that distance running is a sport or even what a marathon is, let alone that it's 42 kilometres. When you take them to New York, from not knowing anything about the event to a city like New York, from their red-dust communities and towns to the streets of New York, Times Square. Wow. And to put them in this race, the NY marathon is the biggest in the world, there's 48,000 runners, 2 and a half million spectators on the course. For them to go from such a small, isolated community to such a city and event helps to give them a realization that the world's an amazing place and if you're prepared to do even simple things like put one foot in front of the other on a daily basis, to do some training,

there's an amazing wealth of opportunities out there and things that you can experience. TLP: Sometimes simple things are the best and it does give you a feeling that anything is possible, I guess. RdC: It does and there's been a lot of books released that chronicle man's development and running is one of the things that set's us apart. Our ability to run long distances has set our species apart. They say that man is the best long distance runner of any animal and that it's our ability to run over long distances that has allowed us to become such great hunters and gatherers and for hundreds of thousands of years that's what mankind did and that allowed us to get the very important protein and nutrition that we needed to evolve. It's something we're very good at and it resonates with us so it's a great opportunity to help and support and encourage these young indigenous men and women. The other side is the hope that one day we may be able to find an indigenous running champion. The distance events are dominated by the Africans and we know that indigenous athletes have had enormous success on the football field in all the codes and in men and women's basketball but we've never had an endurance athlete. One of the girls we've had had been struggling to run 3 kilometres and by the time she went to New York she completed the 42 kilometres at a good pace. Wonderful. TLP: With the life expectancy of non-indigenous Australians along with our general health, we owe it to take the indigenous Australians with us and not leave them behind. RdC: Absolutely. I think it really goes both ways too, Greg. We can learn a tremendous amount from indigenous Australia. There's a realization that the technological world that we have created for ourselves may not always be good for our health. Up until white man came here, the native Australians were still operating as basic hunters and gatherers and there are aspects of that culture that are good for mind and body. Our mental and physical health can be put at risk by some of the things that we've built up around us in the 21st century. I'm learning a lot Greg and it's been a privilege to work with indigenous Australians over the last three, four years because it's teaching



Rob with 2010 athlete Joseph Davies at the finish of the New York Marathon, November 2010



2011 IMP squad member Jamie Wunungmurra with Rob at the Boston Marathon, April 2012

me so much about the fundamental values and principles that I think are imperative to our own health and well-being. Some of these sometimes get lost in our quest for the latest plasma television along with the other technology that we've created and convinced ourselves that we need. We need not distance ourselves from these tools and culture of comfort. We must challenge ourselves and only through that can we grow. TLP: Was running something that you felt good about, from an early age? RdC: Well, back when I went to school it wasn't a matter of whether you did sport, it was compulsory. I tried cricket and football and gravitated towards running. It was a case of finding a connection with running and it became a personal thing, getting together with my mates and going for a run after school. The personal satisfaction of bettering my times was something good also. I became more committed and grew through that. For over 1000 days I went without a day off. I was constantly pushing the boundaries to get myself into a position to run marathons. You don't need to go to that extent but it was a great period for me and I look back very satisfied. I feel very privileged to have done what I've done. Coming from a health and science background, I now want to pass that on. TLP: Thanks Rob, it's been a pleasure and all he best for this years Nw York Marathon. RdC: Thank you so much Greg

# The sound of

INGRID Scheffer is getting used to the limelight. Just back from Paris, where she received the L’Oreal-UNESCO Women in Science award as the Asia-Pacific laureate, Professor Scheffer feels that, finally, her 20-year career is emerging from the shadows.

A paediatric neurologist, she is just one of many women working in the sciences who is frustrated her work doesn’t always get the credit it deserves. This has an impact on her profile, which isn’t as prominent as it would be were she a man.

As recently as two years ago during an interview for a fellowship, one female professor on the panel implied Scheffer’s work was primarily that of her colleague - her former PhD supervisor, now her “partner in scientific discovery” Samuel Berkovic - rather than her own.

The interview took place in Australia - where Scheffer feels the “shadow effect” on her career has been much more pronounced than it has in the rest of the world.

“It’s partly because Sam is so exceptional but partly because people have assumed my thinking has been his thinking, not my own,” she says.

The assumption was made despite the fact that her work has significantly changed the way epilepsy is researched and treated. Now working at Melbourne University and the Florey Neuroscience Institutes’ Melbourne Brain Centre at Austin Health, Scheffer was a key member of a team that discovered the first gene linked to epilepsy, a mutation that causes violent seizures during sleep.

The 1995 discovery changed conventional thinking on a disease that affects 2 per cent of the Australian population. For the first time there was proof that the condition could also

Female scientists in Australia do not get the recognition, funding or careers they deserve. But serious steps are being taken to change that. Bridie Smith reports.

have a genetic base, rather than solely being attributed to trauma or a tumour.

Since then, Scheffer and Berkovic have worked with their molecular genetics collaborators and discovered 14 of the 24 genes linked to epilepsy. It’s a partnership which has been incredibly productive and satisfying.

“We both feel that by working together, the sum of our output is far greater than either of us alone,” she says.

But the job interview illustrated that the collaboration she enjoys so much is not always seen in the right light. It served as a reminder that sometimes shadows fall where they shouldn’t.

“There is still a glass ceiling for women in science in Australia. More than 50 per cent of PhD students are women and more than 50 per cent of medical students are women. And yet when you get to professorial level, it’s fewer than 10 per cent,” she says.

A 2010 survey of more than 1000 female scientists and engineers by the Association of Professional Engineers, Scientists and Managers Australia found almost a quarter expected to have left their profession within five years. The most common reasons included pay inequity and lack of flexible working conditions.

But change is afoot. In the past 12 months the scientific community has made a concerted effort to address the issues faced by women, in an attempt to ensure they get their fair share of the spotlight.

Following a summit organised by Science and Technology Australia in Canberra last April, some of the nation’s top research institutes, academies and funding bodies pledged to make motherhood and scientific research more compatible.

And next month, a federal parliamentary group for friends of women in science, maths and engineering will be launched by Nobel laureate Elizabeth Blackburn to promote policies that encourage women to enter and stay in scientific careers.

Australia’s largest employer of scientific researchers, the CSIRO, has increased the number of Payne-Scott awards and also opened the award to early-career researchers. Named in honour of gifted CSIRO scientist Ruby Payne-

Scott - a pioneer radio physicist and advocate for women’s rights in the 1940s - the award of up to \$35,000 supports women returning to work following the birth of a child.

Until November 1966, the Australian public service required married women to resign, so Payne-Scott had kept her 1944 marriage secret. But her pregnancy bump was harder to disguise, and by 1951 her research career was over.

As head of the CSIRO’s Virtual Nanoscience Laboratory in Parkville since 2009, Dr Amanda Barnard is one of today’s torch-bearers. She is one of only a few women to head a lab.

CSIRO figures show that outside of scientific roles, women dominate: they make up 85 per cent of administration staff and 55 per cent of general services staff. However, just 12 per cent of senior specialists are women and just over a quarter of general management and executive roles are held by women.

Barnard says that while representation of women at the CSIRO is steadily increasing - and in some cases has more than doubled in the past 15 years - there is still a long way to go to reach equality. “Momentum is going in the right direction but it’s not happening fast enough.”

For example, she often finds she is the only female keynote speaker at overseas conferences - partly because women find it hard to travel when they have families.

Indeed, having children is widely acknowledged as the biggest interruption to a female scientist’s career. Motherhood often coincides with the completion of PhD study and the start of serious science - a vital time when reputations need to be established in order to attract funding for independent postdoctoral research.

After a decade of tertiary study, New Zealand eco-physiologist Dr Zoe Hilton gained her doctorate in 2010.

“I’m 34, but I feel like I am just beginning,” she says. “You put a huge chunk of your life into studying and then you’re considered a baby scientist because you’re just starting.”

But by their 30s, these baby scientists are often thinking about having babies of their own. “You’ve spent years of your life working really hard and you don’t want to stop there but then you’re at that age when you want to have kids,” Hilton says. “It’s really tough.”



# Breaking glass

The pull of home doesn't vanish once children are at school either. Walter and Eliza Hall breast cancer researcher and mother of two Professor Jane Visvader says leaving for overseas conferences doesn't get any easier.

Visvader was this week inducted as a fellow of the Australian Academy of Science. Of the 21 new fellows, four are women. They will take their place alongside 34 other women, representing just over 8 per cent of fellows at the academy.

While this is still a small fraction of the overall number of fellows, the academy's first elected female president, Professor Suzanne Cory, says it represents a dramatic improvement.

During the 1950s, 1960s and 1970s, there was just one woman elected each decade. By the 2000s, there were 20. The academy's diversification committee is also charged with boosting under-represented groups, including women and young researchers.

"There is a big drop in numbers when women reach their early 30s, when they are making difficult decisions about having a family and keeping careers going. That's the period that we have to focus on," Cory says.

However, she believes developing a career is easier than it used to be, thanks in part to a growing number of fellowships designed to support and encourage women to combine work and motherhood.

One of the fellowships - introduced by Walter and Eliza Hall Institute director Doug Hilton - carries her name. The \$1.25 million, five-year Cory Fellowship is awarded to new women laboratory heads. It is one of a range of measures to retain female scientists that Professor Hilton introduced after taking over from Professor Cory in 2009.

Others include a \$15,000 childcare subsidy for postdoctoral researchers and funding for women to employ research technicians to continue their work while on maternity leave. Faculty meetings are no longer scheduled after 5pm, there is a lactation room available at the Parkville institute and a plan for a childcare centre has also been developed.

HILTON says the multi-pronged approach reflects the complexity of the problem. But he says there are no quick-fix solutions. Two of the 21 professors at the institute are women - and it's not a ratio that is going to show dramatic improvement any time soon because the

medical research community has seen little progress in the area in the past 40 years.

"It's not possible to wave a magic wand at the highest level, when the problem is occurring 10 or 15 years earlier," he says.

However, in addition to the measures introduced to make motherhood and research more compatible, Hilton argues wider cultural change is required in a sector where it is so often a case of publish or perish. He says instead of the emphasis being on the quantity of journal publications or citations, it should be about quality.

While this sounds simple enough, the idea represents a significant cultural shift. In the legal sector, it would be akin to getting rid of billable hours as a measure of productivity and potential. "Surely it's about the quality of ideas and the influence of the papers," he says. "If we can be more sophisticated about the way we judge academics, this will also benefit women."

Also at play, Scheffer and Hilton agree, are the different ways women present themselves professionally. It's a point which does rely on generalisations, but Hilton says there is truth in it.

"Women are much less willing to objectively appraise their own capacity," he says. "I've seen women unwilling to put their hand up for senior roles because they are only 90 per cent prepared for it. But you get men who will give it a go even though they are only 10 per cent prepared for it."

This reluctance to back their work means women are not putting themselves forward for senior roles, and they are also under-represented in applications for awards and grants.

In one year, of the nominees for the most prestigious science prizes in Australia, the Prime Minister's Prizes for Science, only 10 per cent were women. According to a spokesperson, the proportion of women science researchers awarded one of the prizes is highest in the prizes catering for early to mid-career researchers.

At the Australian Research Council, acting chief executive Leanne Harvey says women compete well with men for funding - when they apply. "There are exceptional female researchers out there, just as there are male. The problem is fewer women researchers apply," she says.

It is a similar story at the National Health and Medical Research Council, where of the 96 grant applications received last year - 75 of them were led by men. Of the 55 successful

grants awarded last year, nine had a female chief investigator.

Chief executive Professor Warwick Anderson says it is a trend the council is keen to address. "Otherwise you are really throwing away so much talent in research," he says. "And to crack the health problems in the country, you really need the brightest people."

However, he says keeping women in science requires teamwork, particularly between the funding bodies and the researcher's employer - be it a hospital, institute or university.

If workplaces can provide or subsidise childcare and offer family-friendly environments, women are more likely to continue working during their child-rearing years - which in turn will mean a deeper pool of senior researchers applying for grants.

Last year, the NHMRC committed to considering work done in any five-year period rather than just the previous five-year period when assessing grant applications from researchers with interrupted careers. Similarly the ARC now takes into account the impact career interruptions such as the birth of a child have on research output.

The Australian Academy of Technological Sciences and Engineering is also on board. From this year, a third of new fellows elected each year must be women. Currently, women make up 6.5 per cent of the academy's 800 fellows.

Vice-president Susan Pond says that while it will take years to achieve gender balance in such a male-dominated sector, it is an important start. "Failing to foster the careers of the women who qualify in applied science, engineering and technology leads to a waste of valuable talent and adds to the well-documented skills shortages in these fields in Australia," she says.

Science and Technology Australia, the peak body representing more than 68,000 scientists Australia-wide, has welcomed the measures. But chief executive Anna-Maria Arabia agrees change will take time to rid the sector of the shadow effect.

"It is a bit of a catch-22 situation," she says. "If women aren't progressing through their careers, then they are not getting to senior positions to be able to become fellows or chief investigators and therefore it's harder to find them. Over time though, I think it will change."

Bridie Smith is science and technology reporter.

[www.smh.com.au](http://www.smh.com.au)

# THE SHED ONLINE

[www.theshedonline.org.au](http://www.theshedonline.org.au)



A Handy

place to meet

For men enjoying their retirement, maintaining good mental health is as important as staying physically healthy.

Research shows men often find it difficult to talk with others about mental health problems like depression or anxiety. In recognition of this, beyondblue, The Movember Foundation and the Australian Men's Shed Association have developed a website that is an online virtual shed community.

The Shed Online, developed in November 2010, is a website for men where they are encouraged to talk about depression, anxiety and other health issues in a safe space.

beyondblue CEO Kate Carnell AO said that just like the physical men's sheds, The Shed Online is a place for men to socialise, pick up a project and share advice.

"The Shed Online aims to foster a sense of community and build men's social networks, particularly for those in retirement who could be missing the companionship of work colleagues, feeling unsupported or isolated after leaving the structure and networks of employment," she said.

"One of the real successes of The Shed Online has been giving people the opportunity

to connect. Men find out they often share the same joys and struggles, and they help each other just by talking about things."

Ms Carnell said in addition to being a place for men to interact with other men, The Shed Online also provides men with information on DIY, gardening, cooking, hobbies and health.

"You are never too old to learn how to use new technology, in fact, more than 35 per cent of members of The Shed Online are more than 65 years old," she said.

Since its launch in December 2010, The Shed Online has made considerable progress.

Statistics show that The Shed Online is already the largest shed community in Australia with over 220,000 hits by over 5,000 members who have made 9,500 posts since its launch.

Ms Carnell said it is in the discussion forums that you can see the real success of this initiative.

"Men can discuss topics as varied as 'roasting chicken for one' to 'jokes, jests and funnies' to 'prostate cancer' and 'depression'.

"From reading the posts in the forums, you will see that The Shed Online community is vibrant and supportive. New members are welcomed by others in the community and give each other advice on any matter or issue, be it shed-related or life-related."

To find out more about The Shed Online or join in the discussion, visit [www.theshedonline.org.au](http://www.theshedonline.org.au)



The Shed Online is your 'virtual' shed. It's a place where thousands of men like you meet to share advice and pick up a project.

It's free, so join up and join in today at [www.theshedonline.com.au](http://www.theshedonline.com.au)



With the ANZAC Centenary 2014-2018 approaching, Australians will look back and reflect on our role in past wars and conflicts. There are many significant items belonging to families and organisations that are poignant reminders of the invaluable contributions that so many Australians made.



## THE BIBLE

Purchased by Alex Nichols for his best chum Len Harrison in Colombo when on his way to the trenches in 1918. Owner – Private client

This bible belonged to my Grandfather, Len Harrison.

He didn't go to war until very late because, according to my Mother, his mother didn't want him to go and his eyesight wasn't so good.

But by 1918, late in the war, when they were less fussy and his mother relented, he joined up.

After training in Australia he travelled with his best chum, Alex Nichols by boat to England, stopping in Colombo on the way where Alex bought Len the bible. Len carried the bible with him throughout his short time at the war and he kept it as a treasured possession until his death in the 1960's

He was initially in England and then fought with the Australian Division of the Field of Engineers as a Sapper at the front in northern France, for 3 months, from September 1918 until surrender in November 1918.

As he was so late to go, he was one of the last to come home – working for a year in England before he was demobbed in late 1919.

His is not an exceptional story of particular bravery or courage but an ordinary story of an ordinary Australian.

A newspaper clipping with the announcement of my mothers wedding was found inside the bible.

The bible was treated with Artlab cleaning and carrying out repairs where the pages were torn. The newspaper clipping was encapsulated with repairs carried out on the leather cover and a box made for storage



## TINDALE UNIFORM AND TINDALES MEDALS

Owned by Tindales relatives on loan to SAM

Norman Tindale, famous South Australian Anthropologist

Born 1900 Died 1993.

His parents were in the Salvation Army. His family moved to Japan in 1907 for 8 years where his father was responsible for accounting for the Salvation Army in Japan.

Whilst a child Norman was chosen as an English speaking companion for Prince Konoe who came from a household close to the Imperial Household. Konoe eventually became Prime Minister of Japan during World War 2 and committed suicide shortly after being indicted as a war criminal in December 1945.

Tinny, as he was fondly known, starting working at SAM in 1919 as an Entomological Assistant.

One of his first assignments was an Entomological Assistant and on a field trip to Groote Eyindt in the Gulf of Carpentaria, his daughter wrote that "he went there as an entomologist and returned as an anthropologist.

While working at SAM he gained a Science degree.

He became deeply interested in the study of Australian Aborigines and was well known for the thoroughness and accuracy of his research.

Later in his career he was involved with many Universities in the United States but continued his study of Australian Aborigines.

He joined the RAAF in 1942. He worked with the Allied intelligence during the war and his knowledge of Japan from his childhood and his research skills were of great value. He was a senior figure involved in translating and interpreting information found on the

engine plates from captured Japanese aircraft. His analysis of these plates provided critical information on the production and location of aircraft factories in Japan and this knowledge was used to inform the strategic bombing policy of the allied troops and the destruction of these factories remained a key objective during the war.

After the war he left the RAAF and continued his Anthropological studies and eventually moved to the United States in the 1960's.

He was very close to the Aboriginal Elder Milerum (Clarence Long), who's picture appears in the front of the Raukkan church on the Australian \$50 note, this image from a photograph taken of Milerum by Tindale.

The uniform was treated by being carefully surface cleaned, solvent cleansed with repairs being done on areas damaged by insect holes. The medals were restored with polishing and packed in a box for long term storage. The uniform and medals will go on display later in the year.



## HAREFIELD FLAG

Owner: The Harefield flag is owned by the Adelaide High School.

The Harefield Flag, as it is known, is a large and very battered Union Jack, belonging to the Adelaide High School. The story behind the flag is fascinating. During World War 1 many Australian soldiers were stationed near Harefield, north of London. They worshipped at the local church and wounded soldiers were treated at the Harefield hospital.

The flag, which belonged to the local school, was draped over Australian soldiers' coffins when they were taken from the hospital to the Australian cemetery, within the Harefield churchyard.

During this time the Adelaide High School community also sent relief parcels to Harefield. After the war the Harefield School presented the Union Jack to the Schools Patriotic Fund who in turn presented it to Adelaide High School as a token of thanks. The much loved flag has belonged to the school ever since.

Adelaide High School later sent Harefield an Australian flag, which they still have. To this day, the children of Harefield continue to tend the graves of the Australian soldiers buried in the Australian section of the cemetery. The village celebrates Anzac Day each year by raising the Australian flag at the churchyard and placing flowers on the soldiers graves.

Links between the school and the Harefield community continue and students from Adelaide High School are hoping to visit Harefield as part of a proposed trip to the Western Front in 2015 to celebrate the centenary of Anzac Day.

The flag was wet-cleaned, lined, dyed, sewn and rolled out in an acid-free box for storage. After treatment the flag will be strong enough to be displayed, though not for long periods.



## KANGAROO WITH JOEY MASCOT

Owner: Private client

An Artlab client bought in this very interesting object for conservation treatment. The Kangaroo with Joey mascot belonged to the clients grandfather. Her Grandfather, Captain E F Pflaum, trained initially in England as a pilot and flew in France during World War 1. He later returned to England to train other pilots with the Australian Flying Corps. Captain Pflaum flew biplanes such as the Avro 504K and Sopwith Camel, and adorned the top of the fuselage of these aircraft with the Kangaroo and Joey mascot, which also doubled as a fuel cap.

When the mascot came to Artlab it was in three pieces with the tail and an ear detached. There had also been an attempted repair to the proper left leg. The attempt had failed and there was a lot of old adhesive smeared around the break.

## Conserve your War Memorabilia

These items, whether humble or heroic are often in need of care and conservation. Artlab Australia can assist you with conservation advice and treatments to preserve your war memorabilia.

- Bibles, books, documents and prints
- Flags and pennants
- Honour boards
- Medals
- Memorabilia
- Monuments and statues
- Memorials and grave sites
- Paintings
- Plaques
- Photographs
- Souvenirs
- Uniforms

Please contact ARTLAB to discuss your conservation enquiry and our expert conservators will be available to talk with you

### ARTLAB AUSTRALIA

PHONE: 08 8207 7520  
 EMAIL: [artlab@dpc.sa.gov.au](mailto:artlab@dpc.sa.gov.au)  
 WEBSITE: [www.artlabaustralia.com.au](http://www.artlabaustralia.com.au)

If organisations, museums, historical societies are considering a conservation and collection management plan for their war memorabilia and require assistance with funding, the ANZAC DAY COMMEMORATION FUND makes available grants of up to \$8,000 to organisations or individuals for projects aimed at educating the community about the significance of ANZAC Day and commemorating our nation's military heritage. Application forms and guidelines papers may be downloaded from our website at [www.premcab.sa.gov.au/dpc/community\\_anzac.html](http://www.premcab.sa.gov.au/dpc/community_anzac.html)

A stainless steel dowel was used to reattach the tail. The ear was adhered back on to the head and the excess adhesive over the proper left leg was removed. A small amount of in-painting was undertaken on areas of paint loss to integrate surfaces.

## JOSEPH THORSBY ROSS – GRAVESITE

(Grandfather of The Last Post's Publishing Editor, Greg T Ross)

Artlab's Projects conservation section can develop and facilitate a treatment plan for gravesites, monuments, sculptures and memorials. Artlab have completed treatment on gravesites in the past. With the gravesite of Joseph Ross as an example, Artlab can consult with the client on how to preserve this gravesite from further deterioration.

Joe was born in 1895 and joined the 10th Infantry Battalion when it was formed at Morphettville within weeks of the start of the war.

The South Australian 10th was part of the 3rd Brigade which was the covering force during the ANZAC landings and were first ashore at 0430 hours. The Battalion remained at Gallipoli until the evacuation in December 1915.

The 10th spent the rest of the War in bitter trench warfare in France and Belgium before returning to Australia in 1919.

Joe was wounded ("Compression of the spine – Severe") in France and spent some time in a hospital in the UK before returning to the front. He was also hospitalised with Mumps.

The 10th Battalion lost 1015 killed and 2136 wounded during it's time abroad.

Upon his return Joe worked for the South Australian Railways and in the early 1920's married the sister (May Carrig) of his best mate from the battalion (Andrew Carrig) who also survived the war.

Joe and May had four children – Raymond, my Dad, was the eldest. Joe Jnr and John followed. Between Ray and Joe a daughter, Edna was born. She died of SIDS before her first birthday.

Joe died in Adelaide in 1941 from a brain tumor at the age of 45.

Shortly after Joe's death, my father Raymond Thorsby Ross joined the South Australian 2/10th Infantry Battalion in Milne Bay, New Guinea. He served with them at Buna-Gona, Shaggy Ridge and Balikpapan. He contracted TB toward the end of WW2 and lost a lung. He died (and was buried) in Perth, WA aged 60 in 1983.



# Let's chat about



By Dr Yvonne Luxford  
CEO, Palliative  
Care Australia

Where do you want to die? Have you given the idea any thought? Have you chatted with your family or doctor about it? Would you trust them to carry out your wishes? These are some of the questions Palliative Care Australia recently put to the Australian public.

I wonder if your immediate answer was that you would prefer to die at home? Three quarters of people completely agree with you. In fact, 88% would choose to stay at home if they could be certain that their loved ones were well served with health and other care options. Of course, staying at home will not suit every person or family, and some may like to be at home until close to the end and then transfer to a hospice or another appropriate facility.

I wonder if you would also answer that you would be comfortable talking about this and your end of life care with your partner or spouse, children and health professional? No surprises there either, and nor would you surprise me if you said that you were confident that your family will follow your wishes.

What would surprise me is if you have actually told anyone those wishes and prepared an advance care plan.

Let's face it, for most Australians the idea of talking about our own mortality is very confronting and not something we particularly want to do. Most of the time we are happy to leave any discussions about the end of life until we get there - we seem to take for granted that everything will 'be OK.' But is care at the end of life something that should be left to chance?

Quality end of life care is realised when it meets the person's needs and respects their care preferences - including any religious or cultural requirements. Everybody should be

able to take control of decisions which affect their care, such as where they would like to be cared for and who they would like to have with them. We know that when asked, Australians have some pretty firm ideas and preferences when it comes to end of life. But we're not telling anyone.

There is a simple solution. Advance care planning is a process which allows people to think ahead and talk about the kind of care they want at the end of their lives, and appoint a substitute decision maker for situations where they might not have the capacity to make decisions for themselves. Advance care planning makes it much easier to care for a person according to what they want and it also removes the pressure of decision making from family and loved ones, at what is often a very difficult time.

If it's so simple, why do so few Australians have an advance care plan? To start with, most people (78% in our survey) don't know what one is.

We need to raise awareness of the value of advance care planning and ensure that GPs, nurses and aged care facility staff all encourage people to have these conversations.

We also need to develop consistent national legislation and terminology to make it easier for everyone to understand and use advance care plans, and to include them in new eHealth records so information is shared with the health professionals who will be making decisions about your care.

But on a personal level, you can make a difference right now. Just thinking about your end of life wishes isn't enough; you need to record the decisions you make about how you would like to be cared for, preferably in an advance care plan, and share this with your loved ones and health professionals. Appoint a substitute decision maker and make sure they are fully aware of your wishes.

Starting the conversation now will mean that you really will be able to have confidence that your wishes will be followed, it will relieve stress on your loved ones, and will ultimately lead to better quality care at the end of life.

For more information about palliative care and advance care planning, visit [www.palliativecare.org.au](http://www.palliativecare.org.au)

**STARTING THE CONVERSATION NOW WILL MEAN THAT YOU REALLY WILL BE ABLE TO HAVE CONFIDENCE THAT YOUR WISHES WILL BE FOLLOWED, IT WILL RELIEVE STRESS ON YOUR LOVED ONES, AND WILL ULTIMATELY LEAD TO BETTER QUALITY CARE AT THE END OF LIFE.**

"The most important talk we had"

Some things are too important to be left unsaid...

Let's chat about dying



Palliative  
Care  
Australia



[www.palliativecare.org.au](http://www.palliativecare.org.au)

Funded by the Australian Government Department of Health and Ageing

## DR ROGER HUNT ON PALLIATIVE CARE

DR ROGER HUNT  
(BM BS GDPH FACHPM MD)

- Current Clinical Leader- Respecting Patient Choices Program, The Queen Elizabeth Hospital (TQEH)
- Current Clinical Leader—Respecting Patient Choices Program, The Queen Elizabeth Hospital (TQEH)
- Current Director of Western Palliative Care Service—TQEH & Health Services
- Extensive experience assisting patients complete Medical Power of Attorney/ Anticipatory Direction forms and ensuring that hospitals abide by them
- Former Senior Consultant, Southern Adelaide Palliative Services
- Longest serving palliative care specialist physician in South Australia

Palliative care specialist and Head of Western Adelaide Palliative Care, Dr Roger Hunt, who has been working in this field since 1984, says Australia is in a good position when it comes to looking after patients and their loved one's during this sensitive period.

"Palliative care has changed a lot since I started", he says, "the range of medications has expanded and better therapeutic options and procedures have come along and procedures have come along that allow us to be more interventionist than we were in the early days. Emotions and the range of family reactions remain similar". Having recently visited the United States, Dr Hunt believes we are very fortunate to have a health system that can treat everyone without fearing medical bankruptcy. "There are great advantages here", he says.

Dr Hunt, who started working in a hospital hospice, found his work was appreciated and this encouraged him to continue in that area. "It's quite rewarding to be able to help people through a very dramatic and often difficult time", says Roger, "and this guiding them through the terrain makes it a bit easier" he said.

Like all in the field of palliative care, confronting others mortality makes one confront their own and to appreciate the



preciousness of life and encourages all of us to make the most of our time.

Dr Hunt, who appreciates he might not always have been headed towards medicine, acknowledges that it's "a pretty good fit". How to help others and to have access to "brilliant knowledge" of the human body, is very pleasing says the longest serving palliative care specialist in South Australia.

In addition to the scientific aspects there is also the humanities and, according to Dr Hunt, the "ability to work with people" is so important in medicine".

Dr Hunt regularly travels around Australia and overseas to attend conferences to keep updated and to network.

# Tolerance. Acceptance. Equality. Respect.

These are all values denied to Aboriginal and Torres Strait Islander people for much of Australia's history. Nonetheless, Indigenous Australians have served in the armed forces in every conflict from the Boer War through Afghanistan. They have also served during peacetime, in reserve units and as members of special guerrilla and scouting units.

Serving in the armed forces has proved a mostly positive experience for Indigenous Australians. Those veterans who served in combat especially have consistently testified to sentiments of mateship breaking down barriers, challenging racial prejudice and creating lifelong friendships based on mutual respect. Aboriginal and Torres Strait Islander veterans have regularly asserted that bullets do not discriminate, and as such non-Indigenous and Indigenous soldiers, sailors and pilots have always worked together to protect each other in battle.

Despite generally being treated better in the Australian military than in civilian life, the service experience has not always been carefree for Indigenous personnel. Many ex-servicemen and women have testified to experiencing racial taunts at various stages of their military careers. Most Indigenous ex-service personnel report these as isolated incidents, but they were still episodes that could have lingering mental and emotional impacts. Until recent years there were few channels through which Indigenous personnel could challenge discrimination; it was not until the 1990s that the Australian Defence Force adopted specific policies against racial vilification.

Another challenge that has confronted Aboriginal and Torres Strait Islander ex-servicemen and women has been the return to civilian Australia. Veterans of the First and Second World Wars especially had hoped that their loyal service would be rewarded with citizenship rights and respect. Yet Indigenous veterans were denied access to soldier settlement schemes and RSLs. Veterans of the First World War did not have the right to vote in most states. Restrictions on movement, wages, marriage and almost every other aspect of life applied to Aboriginal and Torres Strait Islander



Portrait of an Aboriginal serviceman, Private Walter Christopher (Chris) George Saunders. A native of Warmambool, Vic. Photo courtesy of the Australian War Memorial, P00889.012



Informal portrait of Aboriginal serviceman, Private Samuel Alexandra Peacock (Sam) Lovett and his niece, Aircraftwoman Alice Lovett, an Aboriginal servicewoman, standing on a Melbourne street. Photo courtesy of the Australian War Memorial, P01651.003

veterans. Being a veteran could not even protect Aboriginal people from having their children forcibly removed by state authorities.

Australian society has come a long way in its acceptance of Aboriginal and Torres Strait Islander people and cultures. Throughout the process the ADF and its predecessors have played a key role facilitating the education and employment of Indigenous Australians and challenging racial discrimination. Indigenous servicemen and women continue their longstanding service tradition – challenging stereotypes, empowering Indigenous communities and nobly defending Australia.





## **ABORIGINAL AND TORRES STRAIT ISLANDER** **SERVICEMEN AND SERVICEWOMEN**

Are you a current service person or an ex-serviceman or ex-servicewoman of Aboriginal or Torres Strait Islander descent? If so, we would like to speak to you as part of a new project documenting the experiences of Indigenous service personnel and veterans both in the armed forces and civilian life.

If you would be interested in participating in this project or would like more information, please contact:

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NGURRUNDE AKATYE

DIMIRWARET NINTILA

LISTEN LEARN UNDERSTAND TEACH



# THE JIMMY LITTLE FOUNDATION

## A chat with

Early 60's – Jimmy Little archives



TLP: Hi Buzz and welcome to The Last Post. Buzz Bidstrup: A pleasure Greg.

TLP: Buzz, you're well known over the years, musically having been in The Angels and Gang Gajang and a successful session musician. Not as many people might know about your work with the Jimmy Little Foundation. What is it that you actually do there?

BB: I'm the CEO of the Foundation and in that role I'm in charge of keeping the thing going. I have a team of people around me who do our work out in the field, which I also do a fair bit of work there too. Really, it has been, up until Jimmy's passing, it was working with him, making sure his wishes for the Foundation were being realised. That's now been passed on to his daughter and she and I are in constant contact working on new and wonderful ways that we can continue the good work.

TLP: Had you felt, when you first met Jimmy..... how did that come about?

BB: I was originally employed by Festival Records, or introduced to Jimmy by Festival through Mark Callaghan, who was the singer for Gang Gajang, which is a band I was in with him. He rang me up and said, "We're putting out this record by Jimmy Little" and I went, "Wow", you know and it was

being produced by Brendan Gallagher and that was like, "Wow" again because Brendan wasn't known as a country producer and then, when I heard the record, when I heard 'Messenger', it really grabbed me. I thought that it was really a very special record. So, I was initially engaged to look after his bookings and a bit of PR for that record and of course that record took off like wildfire and it really restarted Jimmy's musical career. I moved on from being a booker and agent to being a manager and musical director. Then when Jimmy's kidney failure happened I helped through all of that and then set up the Foundation on his wishes.

TLP: What's the message of the Jimmy Little Foundation?

BB: Well, it's very simple. It's about having a healthier future for indigenous Australians. That's what we're out to achieve. We use our influence to lobby Government's and other organisations and partner up with other people who do great things in regard to indigenous health. We put a focus on that and to advocate where we can, to do our programs where we support people, we're doing a 'Return to Country' program which takes renal patients from Alice Springs back to their homes just for a few days respite and for finding the finance for a mobile renal bus. That is now operating in the Northern Territory, based in Alice Springs. Also, to setting up the 'Thumbs Up' program.

TLP: The 'Thumbs Up' program is interesting. A bit more about that?

BB: the 'Thumbs Up' program came about from watching young kids come out of stores, laden down with bottles of fizzy drink, chips and pies. Pretty bad food, you know. And a lot of this stuff was branded with cartoon characters and I kept thinking, wouldn't it be good if there was a brand that we could use for indigenous kids that the kids and adults would recognise and I was pondering this and while this was going on, a little kid, about 7, walks up to Uncle Jimmy and went, "You're on the Wiggles". And

Jimmy said "Yeah", and starts singing to the kid, "Mornington Ride" that he'd done on The Wiggles. This was in a community with people in their 50's an 60's that recognised and knew Jimmy from the old days. And I thought, there's the guy, look no further. There was someone, I thought who can get to kids and to people who are 70 years old. That was really the genesis of 'Thumbs Up' and that's the brand. "Uncle Jimmy says thumbs up to good tucker". And our motto is – "Good tucker, long life". It's a preventative measure that is aimed fairly and squarely at kids but it also brings in the rest of the community. So, we put the signage on the stores, on the fruit and vegetables and water and good tucker. We then go to the schools and do a little workshop with the kids and write songs with them about eating good food and drinking water and a healthy lifestyle. We connect up other people in the community who are doing good things, Red Cross and Fred Hollows Foundation and the other organisations like Anglicare and we connect them up in a way that supports what they're doing and gives a sense of a whole-of-community approach. Sometimes it can be quite fragmented so anything to help there is a good thing. Too often, and we'll say, "in the past", people have been off doing their own thing and they don't talk to the other guy. So we encourage that too, people talking with each other about these good things. That's the 'Thumbs Up' program and we also have a very important part of that which is the website, [www.thumbsup.org.au](http://www.thumbsup.org.au) and that is a place where teachers can go to get resources and it's being used by over 150 teachers in the Northern Territory at the moment. I've been talking to Federal and State Education to get it adopted but it's already part of the curriculum in the Northern Territory just on the fact that it's being used. Go to the site and have a look, teachers.

TLP: Health and education are tied in so tightly Buzz, how optimistic are you about the



Jimmy Little in Milingimbi,  
Photo by Sophie Howarth

# Buzz Bidstrup

education of indigenous kids, leading to that better health?

BB: It's a very simple thing. You can't be healthy unless you educate and you can't educate unless you're healthy. That's the cycle and or efforts are based around that to get a unified approach to preventative health education. At the moment you could say it's a bit ad hoc and we can do better. So, yeah, there's work to be done there.

TLP: The Indigenous Doctors Association. Helping out?

BB: Yes, the Indigenous Doctors Association are very important to us and Jimmy was a Patron for them. We're in touch with them all the time because they are out in the field.

TLP: To take advantage of the cultural history, we want indigenous people to live longer and that's tied in with what you're doing, to make the input greater?

BB: Absolutely. I guess the thing can also be that, some people in the capital cities, perhaps the one's that haven't yet travelled to remote places in the outback of our country, they may not fully understand. Sometimes I can go out to a community and I can be the oldest guy there. I'm 60. That's surely not right. That the people of the world's oldest living civilization are living in such conditions. Of course, it has been described as worse than third world.

TLP: And what would you say to Australians about the Jimmy Little Foundation and ways to help?

BB: Firstly Greg, I would encourage all Australians to have a look at [www.jlff.org.au](http://www.jlff.org.au) the main website

and the "Thumbs Up" website that we spoke of earlier. Get a feel for what we're doing, there's some beautiful videos there of songs we've written with the kids about healthy food. If you want to help, there's ways that you can donate through the website. Lots of good people have contacted me and offered their help in lots of different ways. There are people with different skills that they're keen to offer. I urge everybody to have a look at that and have a think about the kids, because they're the future.

TLP: A magnificent website with a list of supporters, all good people. Thanks so much for your time Buzz. Your work in the music industry has been a great thing for cultural Australia and now your work with the Jimmy Little Foundation. On behalf of all Australians. BB: I'm honoured to been chosen and to have had the opportunity to know Jimmy and to spend such time with the man and I've learnt from him, so much. He taught me so much, just talking out on the road. I was a white, middle class kid from Adelaide. I had a gold pass. Everywhere I went with Jimmy Little, I met the right people and learnt a lot of wisdom. And for us to remember that with the premature death of these oldest Australians, we lose so much. There is so much history there and that too, is about education. There's a whole raft of things here that go to the heart of the matter. There is so much for people, both black and white, to learn if they just open their ears and eyes. Publications like yours are able to shine a light on this.



Early 60's - Jimmy Little archives

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# EDUCATION & the

# ANZAC Spirit

Nothing is more Australian than the concept of the 'fair go'.

That's why the Gillard Government is determined to raise education standards and reduce the gaps between student achievement.

We want all children to have the same opportunities, regardless of where they live, what school they go to, or what their parents earn.

Whilst our education results are still generally pretty good, worryingly over the last decade the performance of Australian students in international assessments has declined.

This is especially the case in comparison with some of our Asian neighbours, including Korea, Japan, Singapore and the Chinese cities of Hong Kong and Shanghai. And critically, children who are learning in schools in low socioeconomic communities are falling behind kids from schools in high socioeconomic communities.

We need to improve the way we invest in our schools to help Australian students achieve better, which is why we commissioned David Gonski AC and a panel of experts to conduct the first review of school funding in nearly 40 years.

The review recommends a new way of allocating funding based on a benchmark of what it costs to educate a student across public, Catholic and independent schools.

Extra resources would be available for students and schools that need it most, including schools with kids from poorer backgrounds, Indigenous students, students with disability, lower English proficiency, remote schools and small schools.

This is about making sure no school misses out on getting a world-class education.

That's why we're working to have legislation for a new school funding system introduced into Parliament this year and to have it in place by 2014.

It's also why we have more than doubled investment in education to more than \$65 billion, which is already providing more money for teacher quality training in literacy and numeracy and bringing schools into the 21st

century by putting computers in classrooms for kids from Year 9–12. This will make schools better places to learn, teach and work, with new facilities and state-of-the-art technologies.

Because we know the key to a great education is great teachers, we're improving teacher quality by developing National Professional Standards for Teachers that set benchmarks for the accreditation of initial teacher education programs, nationally consistent registration and national certification for highly accomplished and lead teachers.

In the previous edition of *The Last Post* I wrote about the Australian Curriculum, which will remove inconsistencies in the way school subjects are taught across different states and territories.

I recently announced that every Australian student will now study the arts from their first year of school under the new national arts curriculum, which was released on 9 July for public consultation.

This is great news for the future of our creative industries, which have been valued at \$30 billion and provide significant employment opportunities.

The arts is one of the three new learning area to be developed for the National Curriculum, to add to the four core subjects of English, maths, science and history.

One dimension of the ANZAC legacy is that our national identity has been shaped by those who bravely made the ultimate sacrifice for the country. In understanding and reflecting on this legacy, all Australians have a responsibility to ensure that young Australians have the high level of skills to reach their full potential and make a valuable contribution to our national way of life.

This Government is focused on making every school a great school, so that every child can reach their full potential and make valuable contributions to our society while looking confidently towards the future.



The Hon Peter Garrett AM MP  
Minister for School Education



Minister Garrett receives a painting made by the children of SDN Milperra Children's Education and Care Centre from 4-year-old Asha during a visit to open the centre on 1 August.



Minister Garrett unveils a plaque to open SDN Milperra Children's Education and Care Centre on 1 August with (R-L) Centre Director Melissa Cama; SDN President and Board Member Susan Salter; and SDN CEO Ginie Udy.

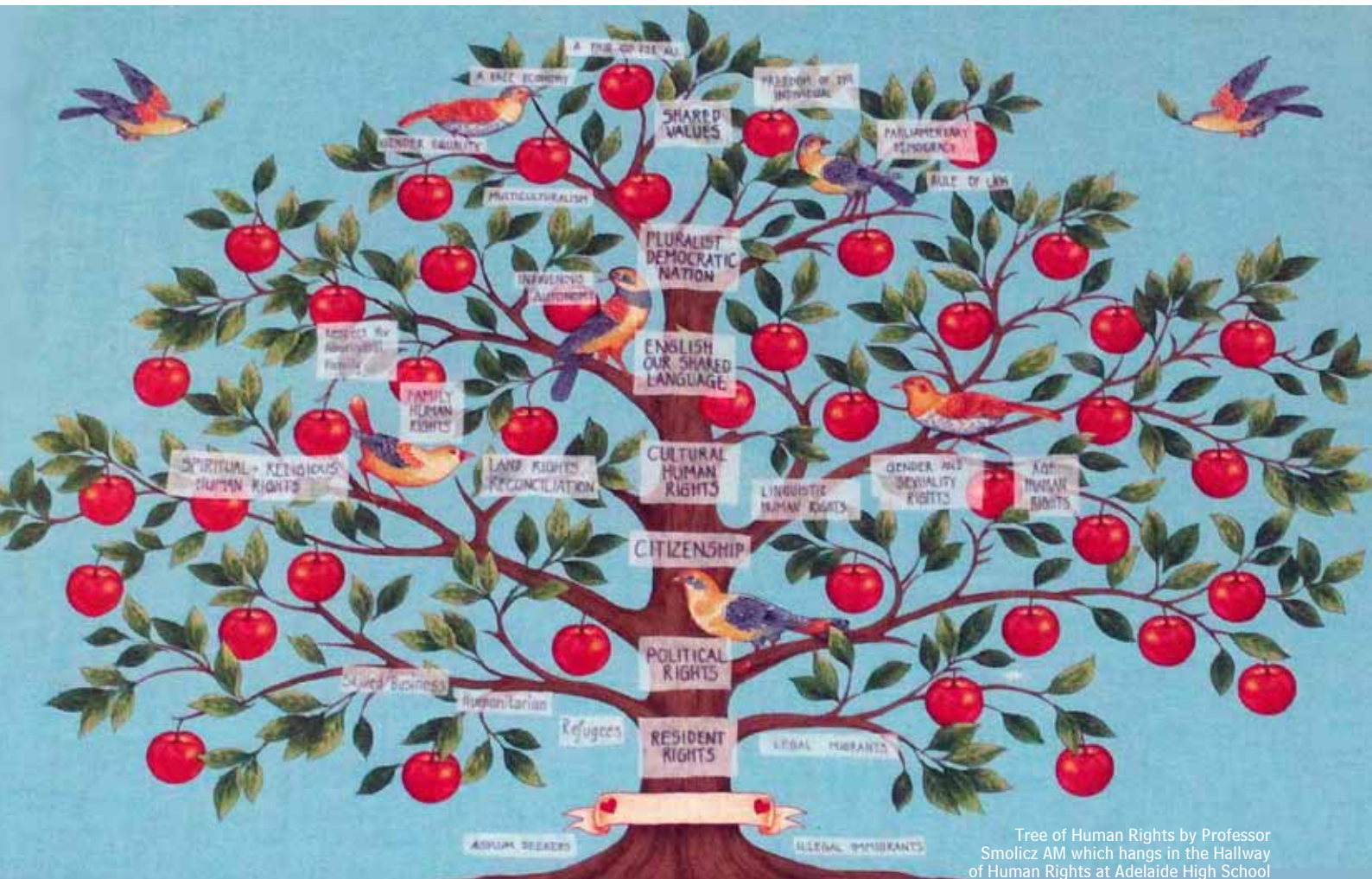


Minister Garrett meets Bernadette Compton, mother of 19-month-old Ti-Alee at the SDN Milperra Children's Education and Care Centre, which he opened on 1 August.



Minister Garrett cuts the SDN cake to share with staff, children and parents at the opening of SDN Milperra Children's Education and Care Centre on 1 August.

# ADELAIDE HIGH SCHOOL'S FOCUS ON CITIZENSHIP AND HUMAN RIGHTS INITIATIVES

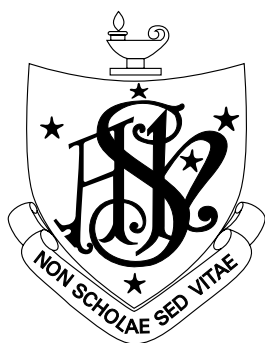


Tree of Human Rights by Professor Smolicz AM which hangs in the Hallway of Human Rights at Adelaide High School

Adelaide High School has a rich and culturally diverse community, with its 1260 students coming from over 60 different cultural backgrounds. To add to the richness of the school, we also have a Centre for the Hearing Impaired which caters for up to 20 students with a hearing impairment. The cultural diversity, both within Australia and the school community, is reflected in the range of curriculum programs and resources which are employed to actively promote international understanding, intercultural and global awareness. The United Nations Universal Declaration of Human Rights underpins the curriculum and directs the work of many student-led initiatives, both within the school and in the wider community. Students are taught to understand, value and celebrate cultural diversity and citizenship responsibilities.

The Vision and Priorities Statement and the school motto - *Non scholae sed vitae: Not only for school but for life* - are the guiding principles of an education at Adelaide High School. Part of the school's Vision is to *build on our linguistic and cultural diversity by offering a wide range of active learning opportunities connecting our school with local, national and international communities*, and the school also has a priority of maintaining a *safe and welcoming environment based on respect*. As such, Adelaide High School has a strong commitment to global education, respect for all, and civics and citizenship responsibilities.

Civics and Citizenship education takes many forms at Adelaide High School, with students developing knowledge, skills, attitudes, beliefs and values which enable them to effectively



develop a number of skills including community mindedness, respect, responsibility and inclusion. Our aim is to encourage students to move beyond tolerance to embrace diversity in all its facets.

In 2003, following the development of the Student Representative Council Manifesto 2000 which celebrates diversity, the Student Leadership Forum developed a school Reconciliation Statement which was ratified

of universal human rights through painting, special ceremonies and visual displays. The Tree of Human Rights by Professor Jerzy "George" Smolicz AM, who was the leader of the Multicultural Education Committee (MEC) and had a strong relationship with Adelaide High School in the area of the human rights, is a treasured artefact in the Hallway of Human Rights and hangs there proudly as a reminder that we are all connected by our humanity and



Student Representative Council members in the Hallway of Human Rights on Open Night

participate in community and leadership activities locally, nationally and globally. Through numerous programs, the school provides leadership training and opportunities for students in all year levels, and students are actively encouraged to participate in decision making forums and to gain experience as leaders. Through the work of student leadership groups such as the Prefects, Student Representative Council, Interact, Peer Leaders and House Captains, the activities undertaken by students in the Active8 Youth Leadership course, and the work of students in community projects such as Adopt-a-Grave, Ecovision and Adopt-a-Train-Station, students are able to engage with society, gain an understanding of the importance of their role within both their immediate and the global community, and

## "NON SCHOLAE SED VITAE": NOT ONLY FOR SCHOOL BUT FOR LIFE

by the school community. Concurrently, the Indigenous students of the school designed and painted a mural which symbolises Adelaide High School as a pathway to various walks of life. This work and other student leadership initiatives were celebrated by the official opening of the Hallway of Human Rights in late 2003. The Hallway of Human Rights stands today as a constant reminder of the student commitment to the United Nations Universal Declaration of Human Rights and is a specially designated space where students symbolically make commitment to the idea

hence our universal human rights.

The school takes great pride in the work it undertakes in the area of human rights, with a number of curriculum programs and student-led initiatives reaching out locally and beyond Australia to the global community. The day-to-day respect which is shown throughout to those of differing nationalities and creeds, the many acts of compassion and charity which occur each year, and the spirit of understanding which pervades the whole school are all testimony to the living of the ideal.



Student Leaders celebrate Harmony Day in 2012

The student leadership groups, coordinated by the Student Leadership Forum, have been active in promoting international and intercultural awareness through a number of activities, including Harmony Day, National Sorry Day and Reconciliation Week, World Refugee Day and Peace One Day, and in raising funds for organisations such as World Vision, Uniting Care, the Cancer Council, the “Build a School” project in India, Amnesty International and “Médecins Sans Frontières”.

Students also present workshops to student and adult audiences on human rights issues. Every year student leaders represent the school at the MEC Conference and present the school’s human rights work and set a model for other schools to follow. Student Leaders have conducted professional development for teachers across the state on human rights issues, highlighting a range of materials in human rights education, some of which have been developed by students, thus influencing both the content and the delivery of the curriculum at Adelaide High and elsewhere.

In 2011, the school was finally able to action its longstanding dream of holding a Multicultural Convention to share the school’s passion for human rights and showcase the work of our school’s community to other schools. The Convention, supported by funding provided by MEC, saw presentations from a number of different organisations and the Year 12 Society and Culture class. The Convention ran over two days and involved more than four hundred students in the school. The theme of the Convention was based on the United Nations 8 Millennium Development Goals, and each of the workshops addressed one of these goals.

This year, the Student Leadership group successfully applied for a MEC grant to facilitate their work in human rights education. Their major focus was promoting literacy as a fundamental human right. In September, student leaders will head to Raukkan Aboriginal School on the lands of the Ngarrindjeri people near the Coorong as part of their “Lend a Hand” project. Student inspired stories of cultural journeys will be shared and children’s books, both created and donated, will be read so that each community comes to respect the importance of literacy in our lives. Student leaders will revisit Raukkan later in the year and it is hoped that these visits will be the beginning of a close relationship between the two schools.

The ongoing work of Adelaide High School in the area of human rights has been acknowledged by the National Committee on Human Rights Education who presented Adelaide High School a Citizen of Humanity Award in 2005. This Award was in recognition of the commitment made by the Adelaide High School community to Human Rights Education.

As well as their work in the area of human rights, students have also been involved in a number of programs which give them the opportunity to connect with individuals and groups within the local and global community and to make a real difference to their world.



Students maintaining graves in the West Terrace Cemetery

In 2011, the Adopt-a-Grave program began with the historic West Terrace Cemetery near the school, and the aim of this program is to involve students in helping to maintain the graves at the Cemetery. After an induction process, students go to the Cemetery after school to help restore and maintain the graves. Improvements to the graves due to the students’ work are clearly evident.

The improvements at the Mile End Train Station, adjacent to Adelaide High School, are also clearly evident after 3 years of work by students from the Active8 Youth Leadership classes, with the assistance of local artist John Whitney. Through the Adopt-a-Train-Station program, students have painted murals on various areas of the station including in the underpass, on the water tanks and on the shelters on the platforms.

In a partnership which began in 2010 with Trees For Life and the Adelaide City Council, the Ecovision Club has planted hundreds of trees and shrubs along the northern boundary of the school. Students have been involved in sowing native seeds in tubes, thinning then planting out the seedlings, and maintenance of the planted area. The group will undertake the planting of another 500 seedlings on July 27 as part of National Tree Day and Schools Tree Day.

### Peer Leader Program

The work of the Year 11 Peer Leaders in outlining the cultural diversity of the school population, explaining the United Nations Universal Declaration of Human Rights and presenting the school’s anti-harassment program to the incoming Year 8 students,



Anti-harassment poster developed following the Peer Leader-run Anti-Harassment Program

underpins our Priority to have a safe and welcoming environment based on respect. In response to their learning from the Peer Leader program, and in conjunction with the National Day of Action Against Bullying and Violence held early in the year, the Year 8 students created anti-harassment posters signifying their commitment to a safe and harmonious environment locally and globally. In presenting their poster, one group said, “No matter where we are from, what colour we are or what religion we are, everybody is the same; we are all equally important. We can all work together to make the world a place where bullying and harassment stops now.”

### Centre for Hearing Impaired

To highlight the school’s Centre for Hearing Impaired, and in line with our commitment to inclusion, Year 8 students participate in introductory Auslan sessions as part of their transition from primary school to secondary school. Auslan classes are also held each week for interested staff and students. The Deaf students have taken on a leadership role during these sessions, mentoring the participants while developing their leadership skills. These classes assist staff and students to communicate with Deaf or Hearing Impaired people within the school and wider community. As part of the Extended Curriculum Group, an initiative of a number of local schools, Adelaide High School has been running an Auslan course for staff and students in other schools since 2008. A Signing Choir has also recently begun rehearsals with a view to performing at formal school assemblies later in the year.

### International Understanding Assembly

The annual International Understandings Assembly, traditionally held just before Easter, is a formal and very moving occasion where members of the school community reflect upon their own identity and experiences and their learning about others in the global community. This assembly is a celebration of the way we work together and make connections with many languages and cultures.



At this assembly, students, guest speakers and performers share something about their life, their culture and their language, highlighting their part in the rich tapestry that makes up Adelaide High School. In recent years we have had speakers from many cultures and walks of life; we've learnt about the Stolen Generation, about life as a Hearing Impaired person, we have been entertained by traditional singing and dancing performances from a number of cultures, and moved by the experiences of Afghani refugees as they tell of their dangerous journey from Afghanistan to Australia and the difficulties they face settling in another country.



Adelaide High School students have assisted Zonta International by compiling more than 7000 Birthing Kits

### Birthing Kits

Students, initially in the Interact Club and now from across the school, have been involved in the Zonta International Birthing Kit Project since 2005, assembling birthing kits for pregnant women in developing countries to help eliminate infant and maternal mortality rates. Zonta International, a business women's group, came up with the effective, yet inexpensive, birthing kits in the hope of providing a clean birth for women all over the world. With the help of Zonta's birthing kits, infant and maternal mortality has decreased by 25%.

Adelaide High School students have made over 7000 of the kits which have been sent to Vietnam, Papua New Guinea, Sudan and Afghanistan. As the program has developed over the years, students in the Year 12 Society and Culture classes, as well as working alongside Year 9 students, Zonta and Interact members to compile the kits, are taking on the role of promoting the program to students in the Middle School and the wider community and are actively involved in raising funds to continue this important project.



Borneo World Challenge participants digging the foundations for a greenhouse

### World Challenge to Borneo

In 2011, a group of students and two staff members participated in a World Challenge expedition to Borneo. Prior to their expedition, much time and effort was given to raising funds to support the students with their volunteer project in Borneo which was working in a home for the disabled and contributing in whatever way they were needed. They were asked to dig and set the foundation for a future greenhouse so the inhabitants could grow their own vegetables and, despite the back breaking, hard work which followed, no one complained, as everyone shared the joy of giving something back. Not only did the challengers complete the foundation, but they also assisted with other smaller tasks in the home. The home also had a list of items that were needed, as it depended strongly on donations, and the students decided that they would buy a much-needed washing machine and lots of smaller items with the funds they had raised. By embarking on this amazing journey of self discovery, Adelaide High School students developed life skills such as communication, teamwork, empathy, risk-management, negotiation, delegation and money management. Plans are already underway for a second group to undertake a World Challenge in late 2013.

### East Bali Poverty Project

In what the school hopes will become an ongoing project, last year's Prefect group raised funds to purchase desk chairs for the school children in Pengalusan, a remote village in North Eastern Bali. The purchase of the desk chairs was organised by the Bali Dynasty Resort in Kuta who support the East Bali Poverty Project, which has been assisting families in North Eastern Bali who were living in abject poverty without water, sanitation, roads, schools, health facilities and electricity. Given the Adelaide High School motto is "not only for school but for life", the principles behind the East Bali Poverty Project – "helping people to help themselves" – are similar to that of the school. Through their fundraising this year, the Prefects will be supporting the purchase of school uniforms for the children of Pengalusan, and a staff member will be visiting the village in



Student from Pengalusan, north east Bali, with a desk chair purchased with the 2011 Prefect fundraising money

September to see how Adelaide High School can further support the people of Pengalusan and the East Bali Poverty Project.

In his book *Pale Blue Dot: A Vision of the Human Future in Space*, astronomer Carl Sagan outlined his thoughts on a deeper meaning of the photograph of planet Earth taken in 1990 by the Voyager 1 spacecraft, 6 billion kilometres from Earth. In the photograph, Earth is shown as a pale blue dot against the vastness of space. Sagan said, "Our planet is a lonely speck in the great enveloping cosmic dark. In our obscurity – in all this vastness – there is no hint that help will come from elsewhere to save us from ourselves. It is up to us ... To my mind, there is perhaps no better demonstration of the folly of human conceits than this distant image of our tiny world. To me, it underscores our responsibility to deal more kindly and compassionately with one another and to preserve and cherish that pale blue dot, the only home we've ever known." At Adelaide High School, our Vision is to deal more kindly and compassionately with one another, and the curricular and co-curricular initiatives employed by the school are assisting students to develop international and intercultural understandings, learn the importance of community service and to become truly global citizens.

# ADELAIDE SECONDARY SCHOOL OF ENGLISH

Adelaide Secondary School of English is a South Australian government school that offers specialist intensive English language programs to prepare secondary aged migrant, refugee and international students newly arrived in Australia, for entry into mainstreams high schools or alternative work and study pathways.





As reflected in the school vision, the school community places a strong emphasis on the promotion of intercultural understandings. This also helps to prepare the culturally diverse student population for effective lifelong learning and participation in Australia and global society. This work is also supported by the school values: Cultural Diversity, Equity, Integrity, Respect and Responsibility. These values are incorporated in everything the school does.

The school presently has an average enrolment of between 450- 550 students between the ages of 12 and 18, from as many as 60 different countries and 70 language and cultural groups. Student numbers fluctuate significantly throughout the year because of continuous enrolment and students leaving at the end of each term on completion of their course of study. Students normally spend up to a year in the school, although those who have had disrupted or minimal schooling can spend up to 2 years. Most students will transition to mainstream government, Catholic and Independent high schools across the Adelaide metropolitan area, although a few will travel interstate, overseas or seek out work opportunities.

In 2002 the school was one of the first in South Australia to achieve Council of International Schools (CIS) accreditation and became a recognized Mind Matters school in 2010. This recognition acknowledges a whole school approach to student mental health and wellbeing.

The school has a unique, student body that is constantly changing in its cultural diversity, education and wellbeing needs. Staff provide a safe, caring and supportive learning environment whereby students receive a relevant and challenging curriculum, and an opportunity to learn about their new city and country.

# “ The school has a unique, student body that is constantly changing in its cultural diversity, education and wellbeing needs. ”

THE ADELAIDE SECONDARY SCHOOL OF ENGLISH IS AN OUTSTANDING EXAMPLE OF HOW STUDENTS FROM A WIDE RANGE OF CULTURAL, RELIGIOUS, EDUCATIONAL AND SOCIO-ECONOMIC BACKGROUNDS CAN WORK IN A POSITIVE, EXCITING AND PRODUCTIVE ENVIRONMENT TO ACHIEVE QUITE REMARKABLE PERSONAL AND EDUCATIONAL LEAPS FORWARD IN A SHORT SPACE OF TIME.

Positive student behaviour is constantly encouraged and rewarded by teachers both in the classroom and at whole school assemblies and presentations. Students are supported to take responsibility for their own learning and behaviours and to be sensitive to the rights and needs of others. Students are provided with an opportunity to be involved in the governance of the school by their participation on the Student Representative Council (SRC). Elected class representatives meet on a weekly basis and are provided with leadership training and opportunities to plan student activities. They also respond to the needs, values and choices of the student body by consulting and reporting back to their class. SRC members are encouraged to act as positive role models and mentors for other students, especially when they are new to the school.

The school welcomes and supports the involvement of community groups and agencies that receive funding for projects which target new arrivals, refugees and multi-cultural youth. These special projects occur on a regular basis and include: Dance, Hip-Hop, Cirkids and Drumming. Other sporting programs include district sports competitions in soccer and basketball and an Aussie Rules Program. There is also a Homework Centre as well as a range of lunchtime activities including Choir, Maths club, Chess and a Gardening club.

The school prepares students for participation in mainstream high schools, further education and training. English is taught through the full range of curriculum subjects including Mathematics, Science, ESL, Studies of Society and Environment (S&E), Health and Physical Education, ICT, Technical Studies, Home Economics, Horticulture and the Arts.

The Personal Learning and Wellbeing (PLW) program introduces the concepts and language for the Personal Learning Plan (PLP). These

classes are taught across all levels, integrating ESL, S&E and Health units. It also ensures that wellbeing, in particular child protection strategies are formally taught within the curriculum.

Students are assessed in English language skills on enrolment and placed into one of 4 levels accordingly (Foundation, Intermediate, Advanced or Transition.) Where possible, classes are divided into Junior or Senior according to the ages of the students. Students also follow one of three Learning Pathways depending on their previous educational experiences.

Students in Senior classes are given the opportunity to complete the Personal Learning Plan (PLP) which enables them to gain units towards their SACE. They are also eligible to receive additional SACE units for their studies of English across the curriculum. Vocational Education and Training (VET) opportunities are also offered within school. Some students complete Certificate 1 in Retail Operations or attend a variety of other VET programs including the Learner Driver course.

Class sizes are smaller than in mainstream schools to enable a more focussed approach to teaching. School Services Officers (SSOs) and Bilingual School Services Officers (BSSOs) and registered community volunteers provide 1:1 or small group support to teachers and students when requested. The school is well-resourced with teaching and learning materials that support the range of student needs. This includes information technologies with interactive whiteboards in many classrooms, 2 dedicated computer rooms and a multi-media room. Banks of lap-tops and i-Pads are also available for classroom use. A Transition process occurs at the end of the student's final term whereby they are given the opportunity to visit their chosen High School.

With Multi-cultural Youth SA (MYSA) on site, a joint-user agreement is in place whereby the school

uses their facility for classroom use during the school day and MYSA uses the school facilities (specifically the gymnasium and oval) for after-school activities. When opportunities arise, jointly planned and managed activities occur during the school day. These include a Homework Centre, Cultural Programs, End of Year activities and Refugee Week celebrations.

Sports matches and whole school sports activity days are part of the school calendar and are generally organised by the PE Learning Area Leader, SRC and nominated teachers. There is also an after school sports program on Wednesdays when students have the opportunity to be involved in interschool sports competitions

Currently the Swimming Program, ESL and subject specific excursions provide students with opportunities to experience different social and recreational activities, which are an integral part of the whole curriculum.

Families with children attending the school live in suburbs across the broader Adelaide metropolitan area with only a small percentage living in the school's local community. As most families are recently arrived from many different countries with different schooling systems, the school plays an important role in providing them with information about schooling in South Australia. It is important for them to understand that the school works in partnership with the families and that good communication between the parties is essential to the educational success of their children.

As students attend the school during the first years of their family's settlement in Australia, it is not unusual for families to move accommodation several times during their short stay at the school. The majority of parent/caregivers do not have English as their first language so, like their children, they also attend English language programs during the day and do not work. Many of them also rely on public transport. It is therefore often difficult for the parent/caregivers to be proactive in the education of their children.

The Adelaide Secondary School of English is an outstanding example of how students from a wide range of cultural, religious, educational and socio-economic backgrounds can work in a positive, exciting and productive environment to achieve quite remarkable personal and educational leaps forward in a short space of time.





# PENRITH RSL CLUB

Penrith RSL Club has been an integral part of the Penrith community, ever since its establishment in 1953. Located in the centre of Penrith, we are at the Heart of our City. Since 1953, we have grown both in size and in members, yet continue to operate under the same principles and values that were established many years ago. Penrith RSL is a Club that puts members first. We exist for our members and our community.

Penrith RSL Club prides itself on its commitment to upholding the vision and the spirit of the RSL movement. Where many clubs have moved away from the image of the RSL, Penrith RSL has strengthened its relationship, having one of the largest Sub Branch associations attached to the Club.

Anzac Day Dawn Service and Club remembrance activities are the largest in Western Sydney and continue to grow each year. To compliment our commitment to the brave men and women of the armed forces we wanted to produce an extraordinary display area for the memorabilia that has been collected and donated by our members over the years.

With so many upgrades and renovations made to the club in recent times, Neel Chand, CEO of the Club was determined to create an area where our members and guests could not only reflect and appreciate the sacrifices made by the men and women of our armed forces, but also appreciate a beautiful feature that would compliment the new and modern styling of the club.

Knowing the importance this Memorial Display would have to the Penrith community, Neel enlisted the assistance of the talented students of our local TAFE's Design Department.

After extensive research, including interviews with local ex servicemen, the students produced an amazing design,





which includes a time line of wars, pictures, memorabilia, listings of conflicts Australia has been involved in and a listing of fallen soldiers from the Penrith area.

The commanding feature of the display is an amazing piece of artwork depicting a Gallipoli diorama, which was created by local artist, Terence Plowright and had unfortunately been forgotten in the old part of the club. Now refurbished and brought to life in this beautiful display.

The Penrith RSL Memorial Display was officially opened by the Hon, Warren Snowden, Minister for Veteran Affairs with the attendance of many VIP Guests including Local, State and Federal Ministers. The TAFE students who designed the display attended the official opening and were honoured with a plaque attached to the display. Not to mention, the attendance of many of our members and their guests, to view this personal and emotive memorabilia display.

Penrith RSL Club prides itself on bringing the community together. We are one of Penrith's leading Dining and Entertainment venues. With eighteen different intra clubs, from cricket to chess, no matter what your personal tastes are, Penrith RSL Club has something for everyone.

We feature live music all weekend, with styles ranging from Rock and Party music, to Jazz and Country. We book only the highest quality of entertainers and the results can be

seen in the hundreds of happy patrons that grace our Castle Lounge each week.

Our Castle Lounge is also home to our Bingo and Raffles. Our Thursday night Spinna Winna Raffle is more than just a raffle, It's a night to meet old friends and make new ones.

Our Legends Sports Bar features our TAB, snooker tables, pool tables, darts board and our big screen TV. There is no better place to meet up with your mates and watch the footy, or play a game of pool.

We are currently undergoing renovations in the Club, to provide our members and guests with a 700 seat Star Buffet. Star Buffet, famous for their wide array of delicious dishes and

affordable prices, provides a family friendly atmosphere that compliments the Penrith RSL Club's principals of community.

Since 1953, Penrith RSL Club has thrived on putting our members and community first. The Penrith RSL Club's Memorabilia Display is an astonishing and moving testament to the service of the men and women of our armed forces and to the efforts of a community to ensure that through the building of this display, the memory of their service will live on for generations.

Whether you are a local or from out of town, Penrith RSL Club is a place that you will not forget. Come and visit us soon, Penrith RSL Club, at the Heart of our City.





A conversation with

# Elizabeth Broderick

Elizabeth Broderick was appointed for a five year term as Sex Discrimination Commissioner in September 2007. She was also the Commissioner responsible for Age Discrimination from September 2007 until July 2011.

During her term, she has been committed to improving gender equality through her advocacy in preventing violence against women and sexual harassment, improving lifetime economic security for women, balancing paid work and unpaid caring responsibilities, promoting women's representation in leadership and strengthening gender equality laws, monitoring and agencies. Elizabeth has been a key advocate for Australia's national paid parental leave scheme, and domestic violence reform. She has championed the changes to the ASX Corporate Governance Principles to increase the number of women at decision making level. She has worked with the Australian Government to strengthen gender equality laws and agencies.

Elizabeth represents Australia in the United Nations every year and has facilitated the attendance of marginalized Australian women as key advocates to address issues such as alcohol abuse and domestic violence.

TLP: Thanks for joining us here at The Last Post, Elizabeth Broderick, what have you been up to lately?

Elizabeth Broderick: Well, it's been a busy time lately. There's two main things that we've been up to. One is the treatment of Australian women throughout the military and that's across the army, air force and navy, that's been taking a lot of my time over the last twelve months. I suppose the other area is looking at what initiatives and policy responses can be put in place to support working women. That's from women who work in lower paid environments right up to those who are looking at leadership levels.

TLP: How big a role is it for you in regard to women's role in the military?

EB: It's been a very significant review and inquiry. Just to give you some sense of it, we've been to 40 military bases in the last six months and I returned earlier this year from Afghanistan, spending a period over there talking to our women and men about their experiences on the front line and actually going out to some of the forward operating bases so it has taken up a lot of my time but it is important work. We have a military of around 60,000

individuals so ensuring we have a culture that is inclusive of women is very important.

TLP: Through these meetings with troops both here and overseas, have you been able to detect a willingness to change things?

EB: I feel very positive about the change that is possible in the military. It is a very male dominated culture, particularly when you move right out to the front line, it is about the warrior culture and important to be sure we have an effective armed forces. Having said that, the enemy needs to be outside, not on the inside and those issues we're looking at are issues that will impact on women and men's effectiveness in theatre. So there are work and family issues, what they do on deployment and to ensure that the family issues are covered back at home. We're looking at the issues of career opportunity's so can men move outside the wire as easily as women and how that happens. We're looking at sexual harassment and sexual assault, so a whole range of issues that are

important to men and women in the ADF

TLP: How have you found the issue of sexual discrimination here in Australia?

EB: I try to connect as effectively as possible with women but also with men because if you look at women in work, the fact is men make the rules around work, they have access to the resources so I think if we want those rules to change, we need to work together with men to change them. And we've had some success. One is concerning the national paid parental leave, the second thing is making sure men and women are paid equally. The other thing is looking at how we can strengthen the gender equality agency to make sure it has the power and resources to do what it's designed to do.

TLP: Have you found a difference in travelling between regional attitudes and city attitudes?

EB: I think there are particular issues across regional and rural areas. I was at the United Nations earlier this year and we were talking about particular issues for rural women, where there are examples of domestic violence. For example, in metropolitan areas you may be in close proximity to a refuge. In rural areas I spoke to women who have to leave with their kids and walk 80 kilometres to the nearest refuge. Examples such as there being only on policeman in the town and he plays football with the alleged perpetrator. They're the types of issues that are quite different in



"I FEEL VERY POSITIVE ABOUT THE CHANGE THAT IS POSSIBLE IN THE MILITARY. IT IS A VERY MALE DOMINATED CULTURE, PARTICULARLY WHEN YOU MOVE RIGHT OUT TO THE FRONT LINE....THE ENEMY NEEDS TO BE OUTSIDE, NOT ON THE INSIDE .....THESE ARE ISSUES THAT WILL IMPACT ON WOMEN AND MEN'S EFFECTIVENESS IN THEATRE."

rural communities and urban communities. So we need to be aware that no one-size-fits-all approach is going to work. We need to make sure the approach is tailored to the environment.

TLP: Is it particularly relevant in indigenous communities?

EB: That's exactly right. I'm doing a lot of work with indigenous communities. In both urban areas and really remote parts of the country we're really working to support indigenous leaders. There are a lot of wonderful female indigenous leaders and we're supporting them to rebuild some of the social fabric in their communities. Some good examples of that is the work that's being done in the Fitzroy Valley. In fact those women accompanied me into the United Nations a couple of years ago to tell their story about the rebuilding of their community up there in Fitzroy.

TLP: Have you seen changes since you took the job on in '07?

EB: Yes, there's been a lot of positive changes. We've moved forward in a whole range of areas. As mentioned before, we now have a national paid parental leave and five years ago we were one of two countries that had no access to such a scheme so that's been a major development. We have seen an increase in the number of women in senior leadership levels across business and corporate Australia and again, that's a positive development. We're getting a better insight into what's going on with domestic violence and sexual harassment and we'll continue to measure that. That's a positive development that we've got the hard data there so there's many areas where there has been strengthening of legislation and some positive policy initiatives but having said that, there's still a great deal of work to be done.

TLP: I was talking with Ita Buttrose who insisted that you get a better company bottom line when you have women involved in decision making levels with these companies.

EB: That's exactly right. The research shows that where there's greater diversity at a senior level the corporate performance is much better. It just makes sense – if you're drawing your talent from 100 per cent of the talent pool rather than just 50 per cent, that's got to be better for your business. Common sense.

TLP: Back to the importance of talking with and educating those men that may feel

threatened in some way but an overt female presence?

EB: You're right. There are some men who feel threatened and the fact is that men and women's minds are so intertwined so that when one side is diminished then both sides are diminished. So it's about working with men to understand that families, for example, when families have a greater deal of economic resilience, that benefits both men and women. Of course, there's also a lot of responsibility involved with being the only breadwinner in a family. If you lose your job there's a lot of pressure that comes from that, so I think it's important that we keep the communication happening so both genders create a partnership to make a better future and create more gender equal wealth because when we do that we all benefit.

TLP: Does it come down to the art of communication?

EB: I think communication is a really important part of it but communication by itself, of course, won't be enough. What we need is action as well and that's something I'm keen to advocate, communication between different groups. Also between groups like employers and unions and civil society and Governments in a bid to get them to come together because a lot of these issues should be non-contentious. It's about lifting the whole of society and making it more equal and it's best that we know what each organisation's vested interest is and make sure we take that into account when making decisions. If we're to take our eye off the ball, it may tend to go backwards very quickly.

TLP: On a personal side, how important is it for you to feel you've made a difference?

EB: I do feel I am making a difference, just in the everyday conversations I have with people. If I can change individual's lives for the better and work with them to suggest strategies then I think, overall, I would have made a positive difference. It's those moments that are the most rewarding, rather than the large scale or even wholesale changes.

TLP: Things like more respect for motherhood so that it's not an inhibitor to progress in the workforce?

EB: That's exactly right. Smart organisations understand that mother or fatherhood, I mean, people need to engage deeply with their families as well as in paid work. Both of those are basic human rights – the right to paid work

and the right to a family life. Smart employers are realising that flexibility and programs that can be put in place will be a big step towards retaining their best talent. We shouldn't devalue motherhood. It's the most important thing that I do everyday. As a woman I have an expectation as to being a good mother but also to be in work that I enjoy and that I'll have a stable form of income.

TLP: How prevalent is age discrimination in the workforce?

EB: Yes, age discrimination is quite insidious. Research shows that from the age of 45 onwards, your age becomes one of the great unaddressed barriers to continuing in paid work. With age discrimination we're at the early stages of what needs to happen. We need to increase the awareness of it because it's hard to combat in that it is invisible. A really positive step towards that has been the appointment of a full-time Age Discrimination Commissioner, Susan Ryan. So she's taken over the work in that area and is doing a terrific job. With the increase in the number of elderly, there's no question that we have some issues to deal with there. It also presents some great opportunities and we need to see it in that light. In different cultures you see more of the extended families.

TLP: Had you felt the need to make a change from an early age?

EB: I'd thought we were on a level playing field as a young person and it wasn't until I'd had my first child that I realised that wasn't necessarily the case. At that age I was lucky enough to be in a role where I could start to try to make a difference.

TLP: Is it true that you and your twin sister went to different schools, as children?

EB: Yes, we'd always been enrolled at different schools.

TLP: Did you used to swap places with your sister sometimes?

EB: We used to swap schools, periodically, yes. I'd go to her school and she'd go to mine. Ha.

TLP: The teachers didn't notice but the classmates did?

EB: Yes, the classmates did. The teachers didn't! I remember going to her German class and I'd never spoken a word of German. The teacher didn't notice which told me her German was pretty average! Life for me now, away from work is spending as much time with family as possible. That's important in this job. It's a reasonably high stress job. You're on the road a lot. There can be hostile receptions because when you're talking about gender relations you're really going to the heart of a belief system and when you're talking to Super Hornet fighter pilots about flexible work arrangements, that's not designed to get a good response. That can be challenging!

TLP: Thanks for your time at The Last Post Elizabeth.

EB: Yes, thanks Greg. It was great to speak with you.

# Legacy...

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### Legacy's role:

Legacy is dedicated to supporting the families of deceased or incapacitated ADF, peacekeepers and humanitarian officers.

Every day, Legacy provides caring, compassionate support for these families through pension advocacy, counselling, special housing, medical, and social support. They're also committed to nurturing children's education by contributing towards school fees, books, uniforms, and recreational activities to aid their self-development and confidence.

The contemporary need for Legacy is very real. The tens of thousands of Australian Defence Force (ADF) personnel deployed over recent years, and Australia's various peace-keeping operations and commitment in the Middle East, continues to see a growing demand for Legacy's services today and well into the future.

To date, throughout Australia Legacy assists over 100,000 widows, and 1,900 children and people with a disability.

Legacy Australia has been a loyal servant to the Australian public for nearly 90 years. Guided by a promise to look after the 'missus and kids' of those who lose their lives fighting for their country, Legacy has been a constant source of support and friendship to families following the tragedies which accompany war.

As Australia celebrates another Legacy Week and remember those who gave their lives for their country, it's important to recognise the families left behind, and the struggles they're forced to overcome.

The Shoebridges are one such Australian family. Ruth Shoebridge's husband Murray served with the RAAF in Port Hedland during World War II, and was tasked with the responsibility of manning radars in hot, isolated and very harsh conditions. Like many of his comrades, Murray smoked during his time at war, a habit which later contributed to his death in 2000 following a prolonged illness.

After returning from service in World War 2, Murray and Ruth had a daughter by the name of Helen who suffers from down syndrome. Since

Murray's death in 2000, Ruth, now 82 years old, has been left with sole care of Helen, aged 52. In recent times Ruth's health has deteriorated following a stroke, and she now requires constant high-level care. While restricted by the circumstances of her own health, Ruth was deeply concerned for the welfare of her daughter. Helen has lived full-time in a residential community house since her father's health deteriorated, and has been regularly visiting her mother on weekends.

The family is coping with many difficulties, both practical and emotional, but without the ever-present support of Legacy their struggles would be much greater.

For twelve years since the death of her husband, Ruth has cherished the company of other widows who have children with a disability, and says they are a fine group of ladies who understand each other's challenges. Ruth is grateful Helen has been able to attend Legacy activities for dependents with a disability, which she says have been 'marvellous' for Helen and have helped her maintain her cheerful disposition.

Legacy's presence in the Shoebridge family's life has been a constant in good times and bad. All Ruth wants is for her daughter Helen to know she will have a healthy and happy future, and takes great comfort in the fact she can rest easy, knowing Legacy will be there for her daughter Helen when she's no longer around.

Legacy can only continue to provide counselling, special housing, medical, advocacy, social support and other essential services to over 100,000 widows, children and dependents with a disability, thanks to faithful support from their donors. If you want to help Legacy, then please make a donation today – or buy a badge for Legacy Week – and help them keep their promise to care for our veterans' families.

For more information visit [www.legacy.com.au/Donate](http://www.legacy.com.au/Donate)

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# A Letter Home

by David Campbell

I am writing, dearest mother, of a land that's like no other,  
and a lifestyle that's so far from all I've known.  
But despite my homesick yearning there is so much I am learning  
that there simply isn't time to feel alone.

Though I miss the village chatter, it no longer seems to matter  
that I've left the lanes and hedgerows well behind,  
for this country is beguiling in a sense that has me smiling  
at the sheltered way my life was once defined.

You have heard, I know, of sorrow, of a place with no tomorrow,  
of a landscape that is stark and dry and bare,  
where the wildlife is quite feral and each day is fraught with peril,  
while the people, by and large, just couldn't care.

But the tales of any nation are, in truth, exaggeration,  
and one needs to pause and try to understand  
how the past has been translated to the present now created,  
for Australia is an ancient, timeless land.

As I write, the heat is fading, and a gum tree's leaves are shading  
me from daylight's final blaze of blood-red sun.  
While the distant hills still shimmer and I wait for starlight's glimmer  
I can ponder on the life I've now begun.

I remember you beseeching me to stay at home while teaching,  
and I'm sorry that I caused you so much pain,  
but I followed other voices, and, in taking up my choices,  
I can truly say I've found so much to gain.

There is harshness in the weather, but it brings us all together...  
we unite as one to face a common foe...  
and the harmony of sharing brings a strength, a bond of caring,  
that assists us all to prosper and to grow.

In the turning of the season I can find another reason  
to renew my strength and keep my vow to stay,  
for the drought has just been broken and each patch of green's a token  
of a future that at first seemed far away.

With the dams all overflowing and a breeze at twilight blowing,  
it is possible to see some hope again.  
In the people I am meeting there is joy, a friendly greeting,  
for the lifeblood of the town flows with the rain.

But enough procrastinating, for, you see, I'm hesitating  
to explain the major reason that I write.  
All I ask is understanding, with a plea you'll not be branding  
me in haste with hurtful names, as well you might.

I have met a man, dear mother, and he's unlike any other,  
with a lifestyle that's so very far from yours.  
He is strong, yet kind and gentle, and there's something elemental  
in his knowledge of the land and nature's laws.

He was wounded in the fighting in New Guinea, and that's blighting  
quite a lot of lives as men return back here.  
There is little comprehension of the scale and true dimension  
of the horror that they went through, and the fear.

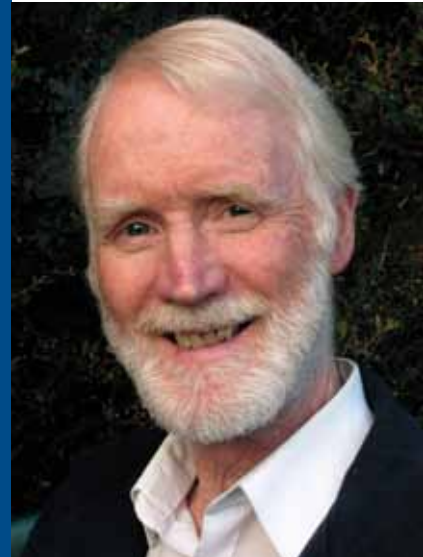
But it seems as though he's coping, and I very much am hoping  
that the two of us can overcome the past,  
for I love him very dearly and would ask that you, sincerely,  
will support us both and make our union last.

Now I have one last confession, lest you get the wrong impression,  
and I hesitate once more to set this down,  
for I really need your blessing...your dismay would be distressing...  
so I pray you'll grant a smile and not a frown.

I have searched for words quite vainly, yet must state this very plainly,  
for the man I love has skin as black as coal.  
You may think I've lost my senses, but I've banished all pretences,  
and I need him so, with all my heart and soul.

We will face discrimination with a joint determination  
that we'll do our best to prove the doubters wrong,  
for his colour has no bearing on the life that we'll be sharing,  
but we know the road ahead is hard and long.

On our path lie many dangers, and the necessary changes  
to this culture still lie decades down the track.  
We're just part of the beginning, in a battle well worth winning...  
the acceptance for all time of white and black.



David Campbell is a Melbourne writer and poet.

This poem, 'A Letter Home', won the 2008 NSW Bush Poetry Championships.





# To my son, I leave my piano. To the Salvos, I leave hope.

Include a bequest to The Salvation Army in your Will and leave behind a future for people in need. To find out more please call **1800 337 082** or visit us online at **[salvationarmy.org.au/wills](http://salvationarmy.org.au/wills)**

Please send to: The Salvation Army, GPO Box 9888, In Your Capital City.

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I have already included The Salvation Army in my Will



Maureen  
Frank

CEO, Emberin Pty Ltd



Maureen Frank is Australia's pre-eminent expert on gender diversity and women's advancement, recognised globally for her acumen, initiatives and best practices. In March 2010 she was instrumental in Telstra becoming the first Australian company to win the prestigious Catalyst Award. Headquartered in New York, Catalyst is the peak global body that champions inclusive workplaces and increased opportunities for women in business. Through her participation in PWC's Closing the Gap gender diversity program she has helped business leaders in over 150 countries marshal the resource of women and their unique talents. In May 2010, Maureen was invited by the International Biographical Centre, of Cambridge, England to be named as part of the World Who's Who of Women biographical volume.

Put simply, Maureen works at an organizational level to help men, women and their businesses become far more successful by embracing the value of gender diversity. With a legal and risk management background, she can analyse and quickly assess the risks businesses face and the strategies they need to implement, particularly in light of the new ASX Recommendations for ASX Listed companies.

At an individual level she helps people transform their lives through practical guidance, skill development and motivation. She is the founder of Emberin, Australia's premier women's empowerment and gender diversity company; and the creator of the My Mentor suite of women's advancement programs and men's gender leadership programs undertaken by thousands across Australia and India.

A former lawyer, Maureen moved to the UK in the mid-1990s where she was a major player in the fledgling mergers and acquisitions insurance industry. In 2001 she returned to Australia to create and head up Aon's local mergers and acquisitions team. Within three years, her department was the largest producer of new revenue for Aon, having cracked the hardnosed investment banking and private equity worlds in Australia.

Within Aon internationally Maureen was recognized as a standout performer. Within Australia she won a Telstra Business Woman of Year Award in 2004 and was named a BRW 'Rising Star' in 2005 – all this whilst being a single mother of twin girls, one of whom has a disability.

She is the standard bearer for a new generation of female business leaders respected by their male and female peers for achieving outstanding success whilst embracing their femininity and supporting other women. Maureen's passion for helping women achieve their personal and career goals is reflected in her book, *You Go Girlfriend*, which inspires women to believe they can achieve whatever they put their minds to. This book, first released in 2005 and now in its second edition, was an Australian best seller.

Maureen has been an expert presenter at conferences in the United States, India, South Africa and Australia. In addition she is a highly sought-after motivational speaker and VIP executive facilitator. She sits on Coca Cola Amatil's, Amcor's, Downer's and Wesfarmers Resources Diversity Councils, has been a Gender Diversity advisor to some of Australia's largest companies and donates profits from her business to the Smith Family. Emberin spans ASX 100 companies in Australia, government departments, national sporting bodies, educational institutions, a number of large global clients, and individuals.

WHATEVER HAPPENED TO...

Lucky Starr is one of the founding members of the Australian Pop Music Industry. A regular on television shows such as Bandstand and also hosted Six O'Clock Rock for one season. He also made regular appearances on Mavis Bramston, Revue 60-61

whatever happened to...

# Lucky Starr

In Melbourne Tonight, Sing Sing Sing, plus many other entertainment shows.

In early 1962 Lucky met songwriter Geoff Mack in an Afro-Cuban nightclub in Kings Cross. Geoff played him "I've been everywhere" and Lucky recorded it a couple of weeks later. It was released in Australia on Festival and in the USA on Dot Records. It remains an all-time favourite and received the highest accolade in the music industry, the Platinum award. "It was heady days back then as rock 'n roll here was in it's infancy and young kids would go to extremes to hear it, to see it. Roland Storm, Digby, J O'K, The Deltones, we were the first rock stars but, fame is fleeting and it's how you handle it that's important", Lucky says.

In 1963, Lucky moved to the United States and had chart success with "Poor little Jimmy Brown". During this time Lucky concentrated on the cabaret circuit and toured the world extensively for the Hilton Hotel chain. With the considerable success he had in Las Vegas Lucky was offered American residency. "America was sensational. I'd worked here with jazz vocalist Billy Eckstein and the famous Jimmy Rodgers and they sponsored me so that I got my Green Card

and started working in the US. I loved it and then of course I arrived there in L.A. and recorded 'Poor Little Jimmy Brown' at Dot Studios.

Lucky was also the first Australian performer to entertain the troops in Vietnam; in fact paying his own way there and made five subsequent trips into the war zone.

2002 and 2003 saw Lucky touring with "Long Way To The Top", an Arena Spectacular which toured Australia's capitals and regional

centres. The show featured the cream of Australia's entertainers from the 50's, 60's and 70's. Due to its popularity it became the subject of an ABC Television special. "It was ten years back and it was sensational", says Lucky, "and there's every chance it may happen again".

Lucky's style ranges from Rock & Roll, to Country through to Jazz and is in fact similar to the late great Bobby Darin.

These days his polished performing style has him working full time in the business he loves.



# WEST WANGARATTA PRIMARY SCHOOL - VIC

In 2004 I entered my school in ABC Classics Grab the Goanna competition amid doubts that our school was worthy of such a prize. To our great delight we won! We not only received a Yamaha baby grand piano, but the goodwill of a nation of Classic FM listeners. Such was the kindness that one listener donated a sizable amount of money to start a building fund for a new music room. Six years on and we got exactly that. The occasion of winning the piano stands as a landmark in our school's history. It opened a door to a new culture; a new way of seeing things, creating pride in our school and a renewed sense of achievement. It generated the inspiration needed to move the music program forward, and since then music education at Wangaratta West has never been the same.

Over the past eight years the number of students who have taken up the piano and other instruments has dramatically increased. A year on from winning the piano we held our first music recital in the old music room as a way of commemorating the birthday of our piano. Over the years the recital evening has grown into an event that celebrates how music connects us. Students perform alongside their parents, teachers, friends and other community members. The last few years have ended with a community drum circle or African dance led by our Senior Drum Group.

The school runs an extensive African drumming program with junior, intermediate and senior groups. The senior drum group, known as West Beat, perform and run drum circle workshops for local community organisations and events. In 2010 West Beat formed a partnership with the Northeast Neuro Support Group to assist adult clients in their rehabilitation for brain injury. Students are partnered with an adult client; assisting them

to participate in rhythm activities and helping them learn traditional African drumming pieces. The partnership is hugely successful, benefitting both clients and students. Recently we performed at the 7th World Congress for Neurorehabilitation and were applauded for our efforts in the use of music therapy.

Aside from weekly music lessons the school also runs two choirs and a senior percussion group. The choir program develops students' part singing and has seen them give heart-warming performances at local events, nursing homes, retirement villages, Carol's by Candlelight and the school's annual Christmas musical. Students at Wangaratta West enjoy learning music because it instils within them a

sense of belonging, cooperation and confidence as we make music together.

Reflecting on our win eight years ago I know that the piano is not just a sentimental memory. It is an ever present reminder that change can and does happen. It stands as a symbol of the status that music holds in our school and the value we place on quality music education. Music at our school crosses all social and cultural barriers. It is the thread that binds our school community together.

Celebrating the arrival of the grand piano in 2004



Celebrating the arrival of the grand piano in 2004



The school's senior African Drumming group, called West Beat, performing at Harmony Day celebrations in 2011



Heart Beat group (Neuro support drumming partnership) at the International NeuroRehabilitation conference in Melbourne in May this year.

The school's senior African Drumming group, called West Beat, performing at Harmony Day celebrations in 2011



# OECD GIVES MY SCHOOL TOP MARKS

A recent report from the OECD confirms that the Labor Government's goal of giving Australian families more information about their local school than ever before has been highly successful, thanks to the My School website.

School Education Minister Peter Garrett said the Delivering School Transparency in Australia: National reporting through My School report released late June, showed that the implementation of My School has helped

students, teachers, parents and decision-makers.

"The OECD monograph sets out the rationale behind My School, the various challenges the Government faced during its development, and how these challenges were

resolved. The report provides examples of sound policy formation and strong political leadership which other countries may choose to learn from," he said.

"This Government launched the My School website in January 2010 to ensure everyone involved in education—teachers, school leaders, parents and politicians—can see how schools and students are faring, to help us lift school performance and direct resources to where they are most needed.

"The report found that as a result of My School, we now have nationally consistent data that lets us analyse policy options and better target our funding and resources."

International research—including the OECD Programme for International Student Assessment (PISA)—shows clear accountability for school results encourages better results for school leaders, teachers and students and lets parents make informed decisions about their child's education.

## RECOGNISING ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLES WHO CHAMPIONED CHANGE

Defence has acknowledged the role Aboriginal and Torres Strait Islander peoples have played in defending Australia at a memorial service held at the Australian War Memorial last month.

The Chief of the Defence Force, General David Hurley addressed the ceremony and laid a wreath in honour of Indigenous servicemen and women, past and present.

The ceremony was part of NAIDOC week 2012 which is celebrating Aboriginal and Torres Strait Islander peoples who have championed change. One of the themes for NAIDOC 2012 is 'They dared to Challenge'.

"It is a powerful theme and what comes to my mind is a spirit of courage and determination. Both are vitally important qualities shared by all Service men and women," General Hurley said.

The Aboriginal and Torres Strait Islander peoples who entered into service in World War II are a great example of people who 'dared to challenge' in the interest of Australia.

More than 3000 Indigenous Australians enlisted during World War II. A further 150-200 served as de facto Servicemen and patrolled and performed other military duties along the north Australian coast while an additional 3000 Indigenous Australians supported the World War II defence effort as civilian labourers.

"History shows that our Indigenous Service men and women dared to challenge the system by fighting for their country in a time of great need and were among the early pioneers of a reconciliation process that continues today," General Hurley said.

"There is a long list of exemplary Service men and women who also happen to be Indigenous. We thank them for their service and welcome the next generation of Indigenous Australians who will carry on their tradition of service," General Hurley said.

Defence provides education, training and dedicated programs like the Defence Indigenous Development Program and Indigenous pre-recruitment course to assist.

Key observations of the OECD report include:

- School transparency has placed the whole community in the same position as education officials in having access to new national data.
- Policy details were based on evidence
- The Government clearly articulated the rationale for making nationally comparable school information publicly available, and promoted greater flexibility for education expenditure in return for more transparency and accountability.
- Before NAPLAN and My School there was no nationally comparable data or single source of data on all schools on which to base policy reforms and the equitable distribution of funding.

"We know parents use and appreciate My School. On launch day, the site had around 30 million page views, and since then up until late June, 4.5 million people have logged on to get information about their local school," Mr Garrett said.

"The OECD report acknowledges how important My School is in helping us respond to the recommendations of the Gonski school funding review. My School is also helping us implement other key reforms such as Rewards for School Improvement, and ensure funding for programs such as literacy and numeracy schemes goes to the schools that need it most."

Mr Garrett said My School will continue to be updated and improved over time, with information such as teacher experience and the number of students with disabilities at every school to be added to as part of site updates.

# OUT OF ABINGDON

From dappled-shade-ice-tinkling riverside afternoons to balmy twilight city rooftops and late-night jam joints, Out of Abingdon continue to make their indelible mark on the jazz and blues soundscape.

Their interpretations of the greats are as captivatingly unique as they are eminently respectful. Their originals are effortlessly spellbinding, flowing and following in the musical footsteps of the greats who inspire them: Bjork, Stevie Ray Vaughan, Nina Simone, Grant Green, Tom Waits, JJ Cale, Kenny Burrell, Joan Armatrading, Bill Withers and the incomparable Miles Davis. It's an eclectic, intoxicating fusion; and one that continues to bewitch and charm festival audiences for thousands of miles around.

Hargreaves' guitar is deft, explorative; penetrating into every nook and nuance. Fullerton is breathy, sultry and seductive; at other times innocent wisp. Theirs is an understated elegance that draws the listener in.

Out of Abingdon have just independently released their long awaited debut CD 'Journeys' after building a solid following playing hundreds of live shows over the last 3 years.

## CONTACT US

**EMAIL:**  
outofabingdon@live.com

**PHONE WARWICK:**  
0419 664 126

**PHONE TINA:**  
0410 801 797

## CAREER HIGHLIGHTS INCLUDE PERFORMANCES AT:

### 2011'S

- 'Edinburgh Fringe Festival'
- 'Noosa Jazz Festival'
- 'Gold Coast Acoustic Music Festival'
- 'Teneriffe Festival' (VIP party)
- 'Valley Jazz Festival'
- 'Ipswich Festival - Jazz, Wine & Blues'

### 2010'S

- 'Broadbeach Jazz & Food Festival'
- 'Noosa Jazz Festival'
- Brisbane Advertising & Design (BAD) Awards - Tivoli Theatre

## & VENUES INCLUDING

- Frizzantes Restaurant - London
- a monthly residency at award winning 'boroughs cafe/winebar' (over 2 years)
- Rydges Hotel South Bank
- the Waterloo Hotel
- DM Jazz Bar/Restaurant
- North Lakes Resort Golf Club
- Limes Hotel Rooftop Bar
- 'Brisbane Unplugged Gigs'
- the Point Restaurant South Bank
- Diana Plaza Hotel & Plaza Deck Bar & Bistro (weekly residency)
- Redefined Restaurant
- the Valley Markets
- Chinatown Mall
- Brisbane Convention Centre..... as well as many other venues & private & corporate functions.

## TESTIMONIALS

*'Out of Abingdon are friggin' awesome, world-class double bass, guitar and vocals'*

Shane Murray, President- Brisbane Advertising & Design Club (BAD)

*'100% recommended .. cool Jazz at it's very best'*

Pat Hall - Folk Redlands

*'the Duo last night was perfect..you could have been in New York or London..... and this style is a perfect fit..'*

Damian 'LIMES Hotel'

*'stunning and wonderful performance....absolutely wrapped with your music, yourselves and everything from volume to vibe, even the rain preferred to listen!'*

Tea C. Dietterich, Multimedia Languages & Marketing

## EDINBURGH FRINGE FESTIVAL REVUES

5/5 Stars

Wonderful music and a class act, I not only got the debut cd but will be looking out for them in future festivals. If you see the name 'out of abingdon' please go and see them you won't be disappointed.

Marc Wooten ( via Lovefringe .com )

5/5 Stars

Went to see this duo last night in The Jazz Bar and was really impressed. Superb! If you like jazz, blues, soul music you'll love this duo. Great dynamics, lots of feeling and sensitivity to their playing, I was mesmerized and could have watched them all night. Beautiful, tender, sincere and meaningful playing and vocals.

Jools ( via Lovefringe .com )

5/5 Stars

Just spent an hour drifting on a cloud of sublime jazz. Truly wonderful!

Warwick Hargreaves - Guitar / Vocals

Tina Fullerton - Double Bass / Vocals

[www.outofabingdon.com.au](http://www.outofabingdon.com.au)

[www.myspace.com/outofabingdon](http://www.myspace.com/outofabingdon)

[www.facebook.com/pages/outofabingdon](http://www.facebook.com/pages/outofabingdon)

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# FUNDING BOOST FOR VETERAN HEALTH AND WELLBEING INITIATIVES

The Minister for Veterans' Affairs, Warren Snowdon announced in July, funding for 62 projects that will benefit the health and welfare of veterans across Australia.

## REGIONAL COMMUNITIES GET ARTS FUNDING BOOST

Regional communities across Australia will be flexing their creative skills thanks to funding for arts projects as diverse as busking, street art, musical theatre and photography.

Arts Minister Simon Crean announced in late June that 86 arts and cultural activities throughout regional Australia will benefit from more than \$900,000 in funding through the Regional Arts Fund.

Mr Crean said the funding will help kick-start arts projects in South Australia, Queensland, the Northern Territory, Western Australia, Victoria and Tasmania.

"Australia has a huge wealth of creative talent in the regions. The funding announced today allows artists to work with communities to create vibrant and memorable performances and artworks," Mr Crean said.

"The Australian Government is committed to supporting creative and artistic expression in our regional communities.

"The Regional Arts Fund encourages networking and partnership building in these regional communities to enable the exchange of ideas which is so essential to growth and creating new opportunities in the arts and culture space."

The successful applicants include:

- \$14,570 for Arts in the Long Grass (Northern Territory). One of the most disadvantaged populations in Darwin will be offered access to arts and cultural expression through the provision of arts materials and mentors which will allow members of this community access to a wide range of artistic expression.
- \$29,670 for Crush Festival 2012 – Youth Development Project (Queensland). Young people in Bundaberg will engage in a variety of street art projects such as making zines, QR interaction games, pop-up acts and busking at the 2012 Crush Festival in October.
- \$2,376 for Exploring OUR world through photography (South Australia). Local women from the Bowhill and Karoonda area will be able to participate in a two day photography workshop exploring ways to express themselves, celebrate local life, and to find beauty within the harsh environment in which they live.
- \$15,000 for Inside/Out (Victoria). A site specific performance project working with people with a disability exploring movement, sound, light encountering space through the senses.
- \$25,000 for Staircase to the Moon (Western Australia). Theatre Kimberley will develop the story Staircase to the Moon (written by Indigenous author Bronwyn Houston) into a musical play for children by running puppetry, dance and voice workshops. The final production will be performed as part of the opening season of the newly refurbished Civic Centre Broome.
- \$2,280 for the 140th Anniversary Gala Concert (Tasmania). To commemorate 140 years of continuous service, the Latrobe Federal Band will perform a reunion Gala Concert in November 2012 featuring past and present senior and junior band members and debut a commissioned work. Funding will assist commissioning composer Graham Lloyd with travel costs and to engage Musical Director of the Latrobe Federal Band, Vivian Martin.
- The funding for each state will be provided through the local regional arts agency.
- The full list of recipients and further information on the Regional Arts Fund is available at [www.arts.gov.au/arts/regional\\_arts\\_fund](http://www.arts.gov.au/arts/regional_arts_fund)

Mr Snowdon said the funding is part of the Australian Government's Veteran & Community Grants program, which provides support for ex-service and community organisations.

"I am pleased to announce \$555,589 has been allocated towards 62 projects around the country that help veterans, war widows and widowers lead healthier and more fulsome lives," he said.

"This funding will assist a range of initiatives and activities, from undertaking bus trips to reduce social isolation, to purchasing equipment to produce community newsletters and enhance social activities."

Veteran & Community Grants are available to ex-service and community organisations, veteran representative groups and private organisations to support projects that aim to improve the independence and quality of life for the veteran community.

Since 2008, the Australian Government has supported more than 1,200 organisations with over \$13.6 million in funding.

"It is important that the ex-service community has access to activities and programs to give them skills to remain independent, healthy and active, particularly for the elderly living by themselves," Mr Snowdon said.

"These projects improve access to community care services, encourage social interaction and ultimately enrich the lives of Australian veterans, young and old.

"I encourage local and community organisations to apply for funding to ensure our veterans continue to engage in a healthy lifestyle."

Organisations interested in applying for funding are encouraged to visit [www.dva.gov.au/grants](http://www.dva.gov.au/grants) or contact their nearest DVA office on 133 254 (metropolitan callers) or 1800 555 254 (regional callers).

# LIVING LONGER LIVING BETTER IN THE HUNTER



Minister for Ageing Mark Butler joined local MP Jill Hall in July in Belmont to report back to the community on the Government's \$3.7 billion aged care package.



Mr Butler said the Australian Government's Living Longer Living Better aged care reform provided a comprehensive 10-year plan to reshape aged care.

"In preparing this package I held consultations with individuals, community groups and the aged care industry across Australia, including the Hunter and Central Coast regions. We listened to what you said and now we are delivering."

Local Federal MP for Shortland Jill Hall said the \$3.7 billion reforms provide a strong focus on helping people to stay in their own home as they get older.

"People want to be able to live in their own home and get the support services they need to continue having a meaningful interactive life in their community," Ms Hall said.

Mr Butler said it was also important to provide more choice and control to older people in the way services were delivered.

"We're replacing an aged care system designed a quarter of a century ago and which is now ill-equipped to meet the needs of retiring baby boomers and their parents who are living longer and healthier lives," Mr Butler said.

Other key aspects of the reform package include:

- Increase residential aged care places from 191,522 to 221,103.
- Funding of \$1.2 billion to improve the aged care workforce through a Workforce Compact.
- More funding for dementia care in the aged care network, and more support for services.
- A single gateway to all aged care services, to make them easier to access and navigate

# EVERY STUDENT BENEFITS FROM ARTS EDUCATION UNDER NEW NATIONAL CURRICULUM

Every Australian student will study the arts from their first year of school under the new national arts curriculum, which was released last month for public consultation.

School Education Minister Peter Garrett said that education will be transformed with the arts coming to centre stage.

"This will be the first time every Australian school student will be entitled to arts education from kindergarten onwards and I know the positive impacts on students will be huge," he said.

"I've been a passionate advocate of the importance of arts as part of a comprehensive, well-rounded education. Learning subject areas like music and drama inspires creativity, encourages young people to think critically, helps

develop their sense of identity and can provide great benefits for learning in other core areas.

"The value the Gillard Government places on the arts is reflected in the fact that the Arts Curriculum is the first learning area to be developed for the National Curriculum after the four core subjects of English, maths, science and history."

Speaking at the Australian Major Performing Arts Group (AMPAG) Arts in Education forum in Brisbane, Mr Garrett said the draft curriculum has been developed after close and extensive consultation with the arts community and educators across the country.

"The curriculum is divided into the five arts subjects of drama, dance, music, the visual arts, and media arts. It sets out how students from the first year of school to Year 10 will study these subjects, what they can learn and the achievement standards they will need to meet," he said.

"Each subject is developed to be appropriate for different age groups, so for example Kindergarten students will learn about dance movements by playing games.

"Students will also use the arts to learn about local, regional and global cultures, history and

traditions. There is also a strong focus on Indigenous art forms in the new curriculum."

Minister for the Arts Simon Crean said a creative nation is a more productive nation and teaching arts is vital to inspiring creativity in young people.

"Research shows an arts-rich education prepares children for better academic achievement and creative flexible thinking," Mr Crean said.

"The new national arts curriculum is an important dot to join as the Federal Government develops the first National Cultural Policy since Creative Nation more than 20 years ago.

"The National Cultural Policy will link traditional arts, creative industries, screen production, digital platforms and school education to position the arts as a driver of social and economic benefits."

Mr Garrett said the draft Arts curriculum was developed by the Australian Curriculum Assessment and Reporting Authority (ACARA), following the blueprint set out in the earlier arts 'shape paper' developed last year by Professor John O'Toole, Foundation.

# CULTURE RESCUE

by The Zone's Michael Short

THE Miles Franklin award is arguably Australia's most prestigious literary prize. It was won three times by David Ireland. His books are out of print in this nation. This seems absurd, a cultural shame, as does the fact that Miles Franklin's celebrated *My Brilliant Career* can only be bought in Australia in an American edition; it is out of print here.

*"We are readers who the writer could not have imagined. We belong ... to the unimaginable future." - Michael Heyward*

MICHAEL HEYWARD IS ON A MISSION TO BRING OUT-OF-PRINT AUSTRALIAN LITERATURE BACK INTO THE CULTURAL ETHER, WRITES MICHAEL SHORT.

Michael Heyward. Photo by Simon Schluter, Fairfax Syndication.

Ireland and Franklin are but two of many writers of stupendous Australian literature whose work is out of print in Australia.

You can't buy a new Australian copy of a lamentably large number of works that are a fundamental part of our heritage and are as fresh and enticing and engaging as they were at their creation.

The Zone's guest Michael Heyward has decided to do something about it. He is founder and publisher of Text Publishing, which is poised to release - in paperback and e-book - 30 Australian classics, many of which are at present out of print.

Each book in the series contains an introduction by a guest writer. The full list can be found here. As well as Franklin's *My Brilliant Career* and Ireland's *The Glass Canoe*, it includes Peter Corris' *The Dying Trade*, Watkin Tench's *1788*, Shane Maloney's *Stiff*, Kate Grenville's *Dark Places* and Elizabeth Harrower's *The Watch Tower*.

In explaining the project during our interview, the full transcript of which and a short video are at [theage.com.au/opinion/the-zone](http://theage.com.au/opinion/the-zone), Heyward gives a definition of what makes a book a classic.

"There is something about them that remains new, fresh, shocking, challenging, confronting and energising.

"The thing about old books that I find mysterious and interesting is that reading them now, we are readers who the writer could not have imagined.

"We belong, from the point of view of the book, to the unimaginable future, and it's when a book passes that test of moving beyond the circumstances of its publication, where people are either cheering it on or they're howling at it or whatever, and it encounters readers who have no prior interest in the book, no preconception about whether it's good or bad and different, that's when you get a really fascinating reading experience."

Australia is a nation of readers; we have long had a relatively high consumption of books per person. Paradoxically, though, we publish a relatively low number of books compared with other industrialised, rich nations.

A key reason is that Australian publishing began to emerge quite late. The industry remains dominated by European and US publishing houses.

"Our book publishing, in its modern incarnation, is not really old - it's about 30 years old, maybe going back to the '70s. Before then, there was really one great Australian company, which was Angus & Robertson.

"So we have a history of being intensely curious about things with our reading, but of our writers often having to go overseas ... to

have their books published. And what that has meant is that over time for a range of reasons we have lost track of some of the great books that have been written by Australians."

The other key explanation for the unavailability of Australian classics, as Heyward would have it, is that our universities are failing to offer enough courses in Australian literature.

The first chair in Australian Literature was created by public subscription at Sydney University in 1962. Fifty years later, there are only three such professorships in the entire nation, he says. "This goes to a question of what is the view inside cultural studies departments, as they are called now, about the primacy and the primary necessity of kids encountering the literature of their own country when they are doing their degrees.

"Kids are studying Australian books at school and then they get to university and unless they go out of their way to find these courses, they may do an arts degree and not read any Australian books at all.

"While the publishers have often not done a very good job to keep these books in print, I am mystified myself why Australian literature does not have a bigger footprint inside our universities."

Heyward's epiphany about older literary works came long ago when he discovered the writing of Watkin Tench, a lieutenant-general

who arrived with the First Fleet. He came across references to Tench in Tim Flannery's *The Future Eaters*, and finally tracked down in a library an academic hardcopy that had been published in the late 1950s, the first reprint since 1792. "I read the book and it blew me away. I thought every 15-year-old should read this book, because here is an incredibly readable, lively account of the primary encounter between European and Aboriginal culture that the British encountered, and the environment."

He contacted Flannery, who has written the introduction to the edition *Text* is about to publish, and suggested editing a version for paperback. They did, and it sold tens of thousands of copies. "Penny Hueston, my wife, was in Readings the weekend that we published the book and she came back and said, 'I couldn't get out of the bookstore because someone had bought a copy of *Watkin Tench* and he was standing in the doorway reading it and he wouldn't move.'

"There is something so distinctively modern about Tench's engagement with a place that he's trying to understand absolutely for the first time that he really showed us how we

could take older books - and there is a history of us doing this at *Text* - and present them to a readership now in ways which will really entice readers to pick them up."

The digital revolution is creating opportunities for publishers and media companies, even while it disrupts their traditional business models to the point of driving some out of business. It might be difficult for producers and distributors of content, but it is unambiguously positive for consumers. People can now buy an e-book at any time of the day or night, and *Text* is feeding this growing market by producing all but two of the 30 books in the classics series in digital form as well as paperback.

Michael Heyward and Penny Hueston launched *Text Publishing* in 1994. They have four children. When Heyward speaks of publishing, he does so almost with the same passion as when he talks of childbirth and fatherhood. Almost. The first book they published was *Maloney's Stiff*, and it has not been out of print since.

Heyward says many people he talks to about the project are astounded that so much great Australian literature is out of print.

Is there some sort of cultural cringe going on? "Cultural cringe is an extraordinarily potent phrase, because it not only identified a reflex in our culture that things had to find cultural approbation outside Australia before they could be accepted inside Australia. It's extraordinarily potent because 'cultural cringe' has, with the fame of the phrase, helped to engender the thing that it's meant to merely describe. But I think that that is a common reflex. In some ways it's an understandable reflex.

"We are a recent literature, but there is nothing in literary history that says that recent literatures are not dynamic, fully formed and as challenging as older literatures."

Heyward describes his project as ambitious, something that is about much more than his little publishing company. He is on a cultural mission, seeking to create a rightful place for works that capture our passions, our fears, and that link us to our past and can inform our future.

"These books add to our stock of available reality ... We simply won't be fully culturally alive if those books are not part of the cultural ether."

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# RINGWOOD RESERVISTS CONTINUE A TRADITION OF SERVING



In late April Parliamentary Secretary for Defence Senator David Feeny and the Member for Deakin Mike Symon MP visited the 4th Combat Engineer Regiment (4 CER) in Ringwood East.

4 CER has a long history in Ringwood East. The Regiment's lineage goes back to the 10th Combat Engineer Squadron who served in WWI. The Ringwood East Depot has been in continuous Defence use since 1956.

Ninety per cent of these Reservists live within a 20km radius of the depot, making the Regiment truly local to the eastern suburbs. There are 195 Army Reserve officers and soldiers stationed at the East Ringwood Depot as well as 14 full-time Army personnel.

Senator Feeny and Mr Symon MP were met by Brigadier Robert Marsh, Commander of 4 Brigade and Lieutenant Colonel Glen Pilbeam, Commanding Officer 4 CER.

Lieutenant Colonel Pilbeam briefed Senator Feeny and Mr Symon MP on the role of 4 CER, their rich history, connection to the community and active servicemen and women.

Recent domestic operations of 4 CER include deployment to Kinglake in the aftermath of the 2009 fires and a rotation to Shepparton in 2010 and Nathalia in 2012 after floods.

Currently the unit has one member deployed in Afghanistan, seven members deployed in Timor Leste and upcoming rotations to the Solomon Islands.

"It was great to meet the men and women of 4 CER and to be briefed on their significant contribution to the Army Reserves and ADF," said Senator Feeny.

"4 CER is a wonderful example of ordinary people in the electorate of Deakin living extraordinary lives by serving to their country through the Army Reserve," said Mr Symon MP.

The Ringwood Depot is certainly a good neighbour to the people of Ringwood, lending a helping hand to the community wherever possible.

"We often get requests from local schools and RSLs for assistance, especially around ANZAC Day. A particular highlight was the recent Maroondah Schools ANZAC Day service on held 18th May at Ringwood Soundshell. Lieutenant Green and 4 soldiers assisted with the official ceremony," said Lieutenant Colonel Pilbeam.

The Ringwood East depot is also home to 31st Army Cadet Unit and 408 (City of Melbourne Squadron), Australian Air Force Cadets. The combined strength of these cadet organisations is approximately 170, including staff and cadets.





Image courtesy of National Archives of Australia and the National Australia Day Council

## SIR Macfarlane Burnet OM AK KBE, Winner of the Nobel Prize for Medicine and the first Australian of the Year – 1960

Born in Traralgon, Victoria, Frank Macfarlane Burnet graduated from the University of Melbourne in 1923 and joined the Walter and Eliza Hall Institute of Medical Research (WEHI). His early research focussed on bacteriology but his major contributions were in virology. In 1944 he was appointed Director of WEHI and during his 21-year tenure the institute became a world leader in the study of the influenza virus and immunology.

In 1960 Burnet shared the Nobel Prize for Medicine with Peter Medawar of Britain for the discovery of acquired immunological tolerance,

which paved the way for successful human organ transplants. He was awarded the inaugural Australian of the Year award shortly after his return from the Nobel Prize ceremony in Sweden. When told of his honour, he observed: 'It does indicate that the community thinks that science is important, which pleases me.'

Burnet has embodied his experience and experimental results, not only in numerous scientific papers, but in several books which show that he is a master, not only of a clear and attractive literary style, but also of lucid exposition of complex ideas and scientific facts.

Burnet received many honours and distinctions, among which the Fellowship of the Royal Society of London (1942), where he was awarded the Royal Medal in 1947 and the Copley Medal in 1959, and where he delivered the Croonian Lecture in 1950. He holds an honorary doctorate of the University of Cambridge, and was made a Fellow of the Royal College of Surgeons in 1953. He was knighted in 1951, and in 1958 he received the Order of Merit. Burnet was appointed a Knight Commander of the Order of the British Empire in 1969.

Burnet married Edith Linda Druce in 1928. They have one son, Ian, and two daughters, Elizabeth (Mrs. Paul M. Dexter) and Deborah (Mrs. John Giddy).



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