

The Last Post

Keeping the Anzac Spirit Alive

CATRIONA STANDFIELD
WE PROFILE THIS AMAZING
YOUNG WOMAN

SENIORS TENNIS

DENISE SCOTT

AUSTRALIAN SURF MUSIC
WHATEVER HAPPENED TO
THE ECHOMEN?

EDUCATION
& THE ANZAC SPIRIT
GEELONG GRAMMAR
& PRINCE ALFRED COLLEGE

THE NRL,
THE AFL
& ANZAC DAY

Interviews with
JOHN BERTRAND
ROSS WILSON
RON BARASSI
FRANK HOLDEN
TENNIS AUSTRALIA CEO
STEVE WOOD

+ **STORIES FROM** GREG KELTON, BRIDIE SMITH,
MICHAEL SHORT, MURRAY WALDING, ANGELA SAURINE



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Foreword

By Her Excellency Ms Quentin Bryce, AC
Governor-General of the Commonwealth of Australia

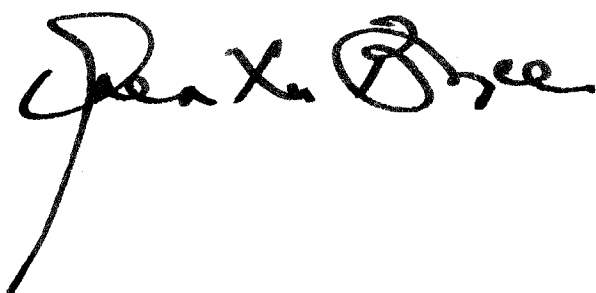
Recently I had the opportunity to mark Anzac Day with former Australian prisoners-of-war at Hellfire Pass in Thailand. Enduring harrowing and unimaginable conditions, their stories are of mates, of sacrifice and resourcefulness. As prisoners and surviving against the odds, we are indebted to their spirit, their refusal to yield and the perseverance that shaped our nation into what it is today.

Our Anzacs rewrote the Australian way of life. They epitomised the qualities that define our servicemen and women, the virtues that I see displayed each and every day by our fellow Australians; courage, good humour, a will to endure. Each contributes to a shared spirit.

Then the tragic events in Queensland, Victoria and Western Australia. After the destruction, floods, fires and cyclones, came shining examples of gracious and brave actions. Men and women who showed fortitude and selflessness. They were friends, neighbours, volunteers and emergency services personnel, confronting relentless and unprecedented conditions to rebuild and renew communities.

It was inspiring to see our citizens united during the disaster recovery efforts, including members of our Defence Force who worked tirelessly by their side during clean-up operations. As Commander-in-Chief, I praise their outstanding commitment, highlighting a tradition of contribution by Defence personnel.

Our history lives on through the lives of Australians, organisations and communities, and *The Last Post* is a precious record, and reminder, of our toughness and our compassion.



“Our history lives on through the lives on Australians, organisations and communities, and *The Last Post* is a precious record, and reminder, of our toughness and our compassion”

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NEXT EDITION :
Coming up in the Summer
edition of 'The Last Post':
a look at Remembrance Day,
Peter FitzSimons, Anne Louise
Lambert, Sculptor Peter Corlett,
Myer Family Company's Peter
Winneke and more...

From the Publisher

Greg T Ross



Private Raymond T. Ross during World War II.

I remember my twin brother and I visiting Dad in Sydney during the school holidays of '71. His office was in George Street and there he worked with a couple of other guys, putting together what I think was 'The Last Post'. I remember Dad and his mates took Craig and I up to Shoal Bay and while they were on the phones, Craig and I were out buying fresh fish being brought in along the town's beach by the local fishermen, climbing hills, swimming, winning a Newcastle radio station's competition that asked listeners to name the brothers in 'The Kinks' and spying on the late-

night army operations that were being carried out around Nelson Bay.

I know Dad continued with 'The Last Post' when he and Jan moved to Perth in '74, only this time he was working from home and it seemed harder. He always seemed to be 'waiting for cheques' that were delivered to Box 88, Scarborough WA 6019.

Back then, from memory, 'The Last Post' was a simple, state focused almanac or directory for servicemen and women, returned and serving and it was supported, in the main, by small businesses – the local butcher, football clubs, dry cleaners with some bigger businesses if Dad was lucky.

Raymond was an honest soldier who fought in Papua - Milne Bay, Buna, Shaggy Ridge and Balikpapan during World War Two. He was devastated by the violence and death that he saw nearly every day. His work on 'The Last Post' was probably the most practical way he could help those he'd fought alongside as well as the large numbers of servicemen and women generally.

When I decided to revive 'The Last Post' I wanted to keep the broad idea of recognition and appreciation of those who had served and sacrificed and continue to serve this country and her inhabitants. Within that, too, an ongoing appreciation of a democracy that allows us healthy debate and interaction that will, we must trust, lead to an ever improving model. A vital principle also in the re-birth of this magazine was to highlight and give thanks

to those Australians, individual, corporate and sporting groups etc, that show the true spirit of this country with philanthropy, a dogma of community participation, education and public spirit and who work towards a fairer Australia with respect for all. This is the true Australia and one worth promoting.

So welcome to this, the inaugural edition of a revived 'The Last Post' that includes sit-down chats with Tennis Australia CEO, Steve Wood, John Bertrand AM, Ron Barassi AM, Ross Wilson, Frank Holden and a look at UN Youth Delegate on Gender Equality Catriona Standfield, comic Denise Scott and Narelle Biedermann's 'Tears On My Pillow', the Australian writers look at nurses role in the Vietnam War. The summer edition coming out in December will include interviews with Myer Family Company's Peter Winneke, actress, psychotherapist and counsellor Anne Lambert, creative executive chef and life skill teacher, Ian Curley and others.

See you then,

Greg T Ross
Publisher, 'The Last Post'
gtrpublishing@live.com.au

Thanks...

to the following in making the revived edition of a national 'The Last Post' a reality:

Her Excellency The Governor-General of Australia, Raymond Thorsby Ross, Wendy J. Smyth, Ron Barassi, Geelong Grammar School, Anne Louise Graham-Bell and Defence Health, Australian Veterans Children's Assistance Trust, Frank Sebastian, Cecil 'Boz' Parsons, Henry Young, Prof Ron McCallum, Ray Woodforde, Samantha Clarke and Sapphire Coast Tourism, Frank Holden, NRL, Shoalhaven Heads RSL Sub-Branch, Ross Wilson, John Bertrand, Eric Wegman and Royal Brighton Yacht Club, Greg Kelton, News Ltd, NZ Tourism, Peter Winneke (Myer Family Company) Murray Walding, Sculptor Peter Corlett, Taylor Collison, Kirstie Wyatt - Wyatt Creative Design, Hampton RSL, Mark Evans and Mason Gray Strange, Steve Wood and Tennis Australia,, Yachting Australia, Australian Red Cross, Compton Primary School, Merredin Senior High School, The Australian War Memorial, Angela Saurine, Michael Short, Foundation for National Parks and Wildlife, AFL, Port Adelaide Football Club, Token Comedy Management, Kelly Fogarty, Denise Scott, United Nations, Catriona Standfield, David T. Ross, The Heart Research Institute, International Women's Development Association, Vinnies, National Film Archive, Scarborough RSL Sub-Branch, Chatswood RSL, Joy Borland, National Sports Museum, Alannah and Madeline Foundation, The Brighton Savoy, Bridie Smith, Prince Alfred College, The Travel Surf Company, Tony Tirri, Day of Difference, Babo Group, Cornwall Stodart, Tennis SA,

Tens of thousands of children enter emergency care every year.

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The Atannah and Madeline **Foundation**
Keeping children safe from violence



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ALLANAH AND MADELEINE FOUNDATION

THE ALLANAH AND MADELINE FOUNDATION IS A NATIONAL CHARITY PROTECTING CHILDREN FROM VIOLENCE AND ITS DEVASTATING IMPACT.

The Foundation was set up in memory of Allannah and Madeline Mikac, aged six and three, who were tragically killed, along with their mother and 32 others, on 28 April 1996 at the historical Port Arthur site in Tasmania.

Because of this terrible act of violence, Allannah and Madeline's father, Walter Mikac, together with Phil West and a small group of volunteers, including Gaye and John Fidler, who survived Port Arthur, worked hard to set up The Allannah and Madeline Foundation. The Foundation was launched on 30 April 1997 by the Prime Minister of Australia.

Over the past 14 years, the Foundation has grown significantly and delivers programs and initiatives to help keep children safe from violence, including:

BUDDY BAGS

developed in response to continued demands to support the many children in emergency care, Buddy Bags provide children with a backpack containing essential and personal items, all of which are brand new.

BETTER BUDDIES FRAMEWORK

a whole-school initiative designed to help create friendly and caring primary school environments, and reduce the incidence of bullying.

ESMART

developed for Australian schools to guide and support them to implement an effective whole-school system to deal with bullying and cyberbullying and other online risks.

NATIONAL CENTRE AGAINST BULLYING (NCAB)

a peak body working to advise and inform the Australian community on the issue of childhood bullying and the creation of safe schools and communities, including the issue of cybersafety.

CHILDREN AHEAD (FORMERLY THE INTENSIVE SUPPORT PROGRAM)

helps children recover from traumatic events or violent circumstances.

REFUGE THERAPEUTIC SUPPORT PROGRAM

funds group therapy including art, pet and music therapy to help children residing in refuges who are distressed or traumatised by their experience of serious violence.

CHILDREN365

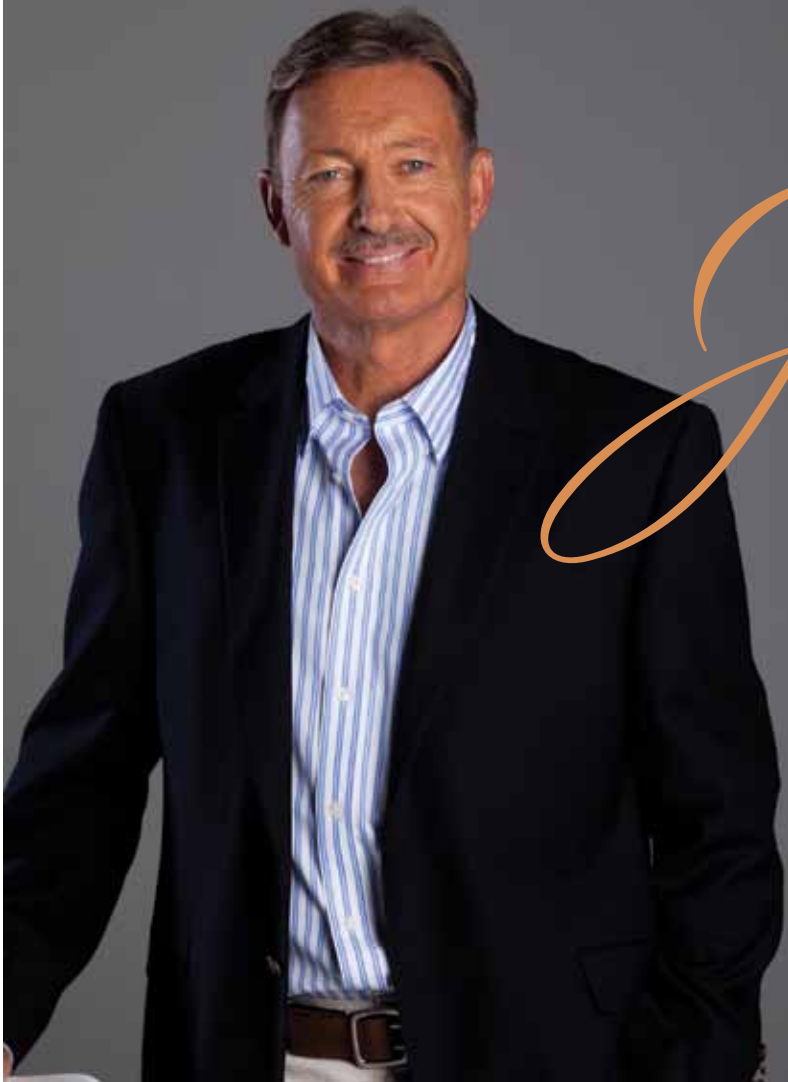
an exciting initiative that encourages Australians to celebrate children every day of the year. CEO of The Allannah and Madeline Foundation, Dr Judith Slocombe, said tens of thousands of children enter emergency care each year in Australia.

"We would actually love for there to be no need for the work we do," Dr Slocombe said. "But, while there are still children in emergency accommodation and being exposed to violence, including bullying, there is still an overwhelming need for our programs and initiatives."

"There are plenty of ways you can help, either through a cash donation, volunteering, fundraising, donating a product or service, purchasing our merchandise or attending a Foundation event. Every small contribution can make a huge difference."

"You might also consider a lasting legacy to Australia's children by making a bequest to the Foundation."

For more information visit www.amf.org.au
or call (03) 9697 0666.



A conversation with

John

John Edwin Bertrand is a well known public speaker and yachtsman from Australia, who skippered Australia II to victory in the 1983 America's Cup, ending 132 years of American supremacy. Bertrand won the bronze medal in the Finn competition at the 1976 Summer Olympics in Montreal. He is a member of the Royal Brighton Yacht Club in Melbourne and currently competes in the Etchells class boats. He has been married for many years to Rasa Bertrand, whom he met as a student in Boston, USA.

Bertrand is currently chairman of the Sport Australia Hall of Fame and the Alannah and Madeline Foundation.

John is a Member of the Order of Australia, a member of the America's Cup Hall of Fame, a winner of the Australian Sports Medal and of the Centenary Medal.

TLP: What have you been up to lately?

JB: Well, I'm very active in the philanthropy stakes and I have business activities but I'm chairman of The Alannah and Madeline Children's Foundation who look after kids who have suffered by violent crime and we're actually doing programs in about eight hundred schools around Australia and the project is called 'E-Smart' which we're going to roll out to the majority of primary and secondary schools around Australia over the next few years so there's plenty on in that space and there's been a lot of help from the Victorian and Queensland governments. I'm also chairman of The Sport Australia Hall of Fame, in fact my good friend Ron Barassi is on the board of that and our members come from all the sports around the country, started off with Sir Don Bradman twenty-seven years ago, he was our inaugural inductee and since then we've inducted five hundred legends of Australian sport and I'm also Chairman of the Australian Olympic Sailing Team selection committee for the London Olympics so there's a bit on in that space.

TLP: I was going to ask you if you get much time to relax but it sounds like that may be at a premium.

JB: Yeah, and we've just won the World Etchell Class Sailing Championships in Ireland and it's

only taken me 18 years to win that so I was very proud of that result.

TLP: And that's about, what size is the Etchell?

JB: The Etchell Class is thirty feet long. It's amateur racing before you go pro and pro is Olympic Games or America's Cup. We have a lot of the Olympic teams competing in the Etchell class and they're red-hot racing machines, that's for sure. It was August last year we won the 2010 championships, 50 teams around the world, hotly contested and it was a great thrill to win that.

TLP: Remarkable.....a word that's been associated with you since 1983 but you'd done a lot before that, you'd been to America before to get your Masters degree. You and your brother Lex got a powerboat when you were kids and you bought a parachute from an army disposal or something and used that as a sail. It must've been in your blood then... what was the feeling between you and Lex then?

JB: Well, we were right on the water. Our house was right on Port Phillip Bay at Chelsea which is a beachside suburb, south of Melbourne and our backyard was the beach and bay so we played footy in the winter and mucked about with boats in the summer. We did actually buy the parachute and my mum stitched up a square rigger sail and we used to paddle this thing furiously out into the Bay, this big, heavy,

sixteen foot clacker speedboat and about six kids either side, including myself and my brother, paddle furiously about and get about three, four hundred metres off shore, turn around, hoist the sail and sail back and we'd think we were kings of the world, we couldn't believe it.

TLP: It was in your blood anyhow, I guess, from Grandpa Thomas Pearkes who was involved in the Lipton challenges for the America's Cup. Apparently he still had a girlfriend when he was 94.

JB: He certainly did. And yes, he did definitely help to plant the seed. He, and that side of the family came from Southampton and Thomas Pearkes was Chief Engineer with Shamrock. He actually built five boats and never won the America's Cup but he did launch Lipton Tea's into America, very much on the back of the huge profile he developed as a result of challenging for the America's Cup. My grandmother used to tell me stories about the engineers from Scotland, who were considered the best engineers in the world at that stage - they used to come down and live at my great-grandfather's home, while these Shamrock's were being built and that was, like over an eight-month period. So my grandmother used to talk about these Scottish engineers in the house while the boats were being built.

Bertrand

TLP: That's an incredible excerpt of history John. Grandpa Tom used to say you could 'smell the wind'. Is that something that helps to make you such a great yachtsman?

JB: Well, I guess, you know, I've been sailing since I was about 7 and I still enjoy the sport very much, so yes. A lot of the sailing at the top level is very technical but in addition there's a lot of intuitive feel to it because you're endeavouring to understand what mother nature is doing, i.e. the wind and it's interaction with the water and if you can do that better than the opposition then you've got a good chance of doing well. There's a lot going on now in the sense of science and being part, well, Chairman of the sailing selection team for London, there's a lot put on 'backing your judgement' and we're seeing this more as we come to understand more of the human mind. For those who participate at a high level, with a lot of experience in a certain activity, then

there's a lot that you don't know that's in your brain that only comes out when you're requiring decisions to be made and, in fact, I was talking to Greg Chappell about this subject over Christmas at the Boxing Day Test and he was saying that only when he became a coach did he realise what he didn't know and, what's happening here, he was talking about some of the aspects of cricket rather than knowing it through years and years of playing it and practicing but now, he was having to talk to team members about it and the dialogue that was coming from him, he was listening to himself and he hadn't realised he had all that knowledge and we think there's a lot of stuff in the head, between the ears, the human brain, that is amazing. A magnificent computer with so much still unknown, so back to backing intuition at the highest level of sailing, there's actually a lot to that. And in the America's Cup, I wrote inside the boat, Australia II, 'As loose

as a goose' in textcolour and that was really about backing off and stop trying to force decisions and to let those decisions flow.

Within an America's Cup race, over a two-and-a-half hour period I'd probably, as skipper, be called on to make maybe a thousand decisions. To get more of those questions right than wrong is what it's about and, as a follow on from that, if you get about 70-80 per cent success rate, you would probably win the yacht race so the issue is how do you make the right decisions at the right time and a lot of it is by not forcing it and being 'loose as a goose' and backing your judgement.

TLP: The human mind is capable of many great things and your ability to relate to the ocean is perhaps greater.....while most would have those things within, it's really a matter of letting them come out.

JB: That's correct. If you train in a particular area and become very good at it then there's a lot more knowledge and that's the thing. I often say to people, 'if you want to become good at something, you need to become passionate about it'. I've never seen a world champion that's not passionate about what they do, literally thinking about it seven by twenty-four, whether it's in sport or business or life, it's amazing the amount of knowledge that's gained by passion for something.

TLP: I know that you were feeling very good as a group back in '83 after winning the Louis Vuitton Cup that gave you the right to challenge

" I OFTEN SAY TO PEOPLE, 'IF YOU WANT TO BECOME GOOD AT SOMETHING, YOU NEED TO BECOME PASSIONATE ABOUT IT'. I'VE NEVER SEEN A WORLD CHAMPION THAT'S NOT PASSIONATE ABOUT WHAT THEY DO, WHETHER IT'S IN SPORT OR BUSINESS OR LIFE, IT'S AMAZING THE AMOUNT OF KNOWLEDGE THAT'S GAINED BY PASSION FOR SOMETHING."



"OH, I DO THAT (RELAXING) PRETTY WELL WHEREVER OR JUST WALKING IN THE PARK WITH RASA, MY WIFE OF 41 YEARS THIS YEAR AND OUR TWO LITTLE JACK RUSSELL'S, JUST TAKE IT ALL IN, AND DOWN THE BEACH WITH THE DOGS. YOU KNOW, WALKING IS A TREMENDOUS OUTLET, THERE'S NO QUESTION ABOUT THAT, IT'S VERY IMPORTANT, VERY GOOD FOR THE SOUL..."

for the Cup but I was reading how Australia II was a bit bouncy in the choppy waters and that was one of the things you had to contend with, and there must have been a lot happening there but, going into it were you all 'loose as a goose'?

JB: Well, absolutely not at different stages. That's why it was important to keep reminding myself and the team. The pressure on the organisation was immense. You can never practice for all the things you might go through during the America's Cup. It's just so different. There's 500 helicopters in the air for a start. You can't communicate one metre in front to your tactical navigator for example....you can't hear yourself....you can't communicate, there's so much noise. Having several thousand spectator boats, no boats less than 100 foot long, churning up the ocean so that it's like a washing machine, you know the whole environment is so different. I'd been involved in two previous America's Cups so I'd seen it before but not to the intensity we were subject too. So it was a matter of us getting the state of mind right. A mind game as well as a physical and technical game.

TLP: Did you have a feeling, before the races got underway that this was the moment?

JB: "What I knew is that we'd put a huge amount of effort into the project and we were going to be highly competitive and beyond that you just have to give it your best shot. Did I feel that this was going to be the moment. I must say, not particularly although I was comfortable that we'd worked in as wide range of areas, which was going to set us up to be highly competitive. And that's all you need. My feeling at that stage of the game is that if we could go in with a 50-50 per cent chance, we'd take that every time, knowing how hard it was to win, otherwise the American's wouldn't have successfully defended it for 132 years of fierce competition.

TLP: Apparently you're going up The Whitsundays in August next year with 'Once were worriers' with Ron Barassi, is that right?

JB: Yes, well, Ron wanted to celebrate his 70th birthday 5 years ago so he asked myself and a few other mates whether we'd like to go and do something out of the ordinary and we put our heads together and the next thing you know we had 19 blokes did it, with Ron's leadership. Included in that was Brigadier Rick Burr who was, before that was head of SAS troops in Iraq and Afghanistan, so we had some very interesting people in that group, so basically

every two years the concept is as a group, to try and do something different and after doing Kokoda the idea was to ride mountain bikes through Mongolia. We did that two and a half years ago. We did 400 kilometres along goat tracks and up to 8,000 feet and god-knows-what, hyperthermia, the whole thing, it was full-on. It was actually a bit much but we all survived so it's okay and a couple of months ago we river rafted down the snowy river. We didn't see one human, outside of our own group, for five days. The next event, we're going to compete in the Hamilton Island Race Week Event 2012 and we've been able to gain access to a Volvo 60, one of the around-the-world, ocean racing boats. We'll have 14 of the Once Were Worriers on the boat. I've got to teach these buggers how to sail and not kill themselves in the process which may be a bit of a problem but it's going to be great fun.

TLP: Some of the Once Were Worriers haven't been sailing before?

JB: Well, they all think they can win of course but this is Dad's Army, so that's not going to happen. Have some not sailed before? Most of them haven't sailed. They can all swim, or I assume they can, so that's all part of the fun.

TLP: Wonderful, hah. The Alannah and

TLP: You do so much work, with your profile, at sailing and for others.....what part of you get's time or when do you get time to sit back and relax with a cold beer and take it all in?

JB: Oh, I do that pretty well wherever or just walking in the park with Rasa, my wife of 41 years this year and our two little Jack Russell's, just take it all in, and down the beach with the dogs. You know, walking is a tremendous outlet, there's no question about that, it's very important, very good for the soul...we've got three and a half grandchildren, two of those grandkids are in London with our oldest son and our other son, and our middle son are back here in Melbourne with our grandson Leo, 20 months so Ras and I look after Leo a day a week and all that stuff and it's just fantastic to see your bloodlines being involved in the evolution of the next generation. It's just fantastic and all of that's important in the balance of life.

TLP: Yes, well balance is very important and it will keep you young. You're involvement in sailing, for example, has been a blessing not only for yourself but for this nation.....and I guess, all ocean lovers.

JB: Yes, well, I often say to people that, as regards the ocean goes, you're there by

YOU CAN NEVER PRACTICE FOR ALL THE THINGS YOU MIGHT GO THROUGH DURING THE AMERICA'S CUP. IT'S JUST SO DIFFERENT. THERE'S 500 HELICOPTERS IN THE AIR FOR A START. YOU CAN'T COMMUNICATE ONE METRE IN FRONT TO YOUR TACTICAL NAVIGATOR FOR EXAMPLE..... YOU CAN'T HEAR YOURSELF.....YOU CAN'T COMMUNICATE, THERE'S SO MUCH NOISE.

Madeline Foundation John, what percentage of involvement does that take up for you, during your working week?

JB: The reality is it takes about a day a week and it's growing very quickly. I was in Queensland only last week meeting with the Minister for Education and yesterday I met with the Victorian Minister for Education in regard to rolling out the whole thing for schools so there's quite a lot going on in that space so that takes a fair amount of my time. Pretty active, yeah and preparing for the next sailing regatta, which is the Victorian State Championships down at Royal Brighton Yacht Club, give that a crack.

invitation only and what I'm saying there is that as long as you respect the elements then you can navigate and enjoy the environment to it's totality but if one doesn't respect the ocean, then you can get into trouble but it's a real privilege.

TLP: Well, yeah that's it in a nutshell I guess and it's that respect that has led you to great things, not only on the ocean but in other ways as well. May your work with the Alannah and Madeline continue.

JB: All the best to you and to the magazine.



Royal Brighton Yacht Club

In a premier location alongside Brighton Pier on picturesque Port Phillip, Royal Brighton Yacht Club is one of Melbourne's first Clubs, with a proud history stretching back to its establishment in 1875. The Club is firmly dedicated to promoting the sport of sailing with active programs in racing, cruising, women's, youth and junior sailing. From absolute beginners to experienced sailors, or if you merely wish to enjoy the Club's hospitality and facilities on a social basis, you are welcome at Royal Brighton Yacht Club.



Visitors welcome - Ph: 9592 3092



The Sailors' Club

Come Sailing

THE BRIGHTON SAVOY

"I had nothing to lose: A life of ups and downs"

A new book by Des Lee

A Brighton businessman has told of his family's extraordinary survival of the Holocaust in his new biography.

Savoy Hotel owner Des Lee launched his book, *I had nothing to lose: A life of ups and downs*, before 200 guests at the Savoy on Sunday.

Born in 1933 in Hungary, Mr Lee was among the thousands of Holocaust survivors whose testimonies were recorded for Steven Spielberg's *Survivors of the Shoah Visual History Foundation*.

Nearly 52,000 interviewees from 56 countries were videotaped as a testimony to their survival of the Holocaust.

And six months ago Mr Lee decided to record his experiences on paper.

"I know it's not safe to rely on technology so I decided to write a book about my life which will be around forever," he said.

"I wanted something that can be passed down to my family from generation to generation."

In his book Mr Lee tells of the family's experiences as slave labourers on an Austrian estate, and their struggles to survive in Strasshof and Theresienstadt concentration camps.

He and surviving family members emigrated to Australia in 1956.

"It is a biography of my life and the combined bravery, initiative and hard work that helped me and my family survive," Mr Lee said.

He dedicated the book to relatives who died during the war.

His book was launched by former Governor of Victoria Sir James Gobbo.

"IT IS A BIOGRAPHY OF MY LIFE AND THE COMBINED BRAVERY, INITIATIVE AND HARD WORK THAT HELPED ME AND MY FAMILY SURVIVE".

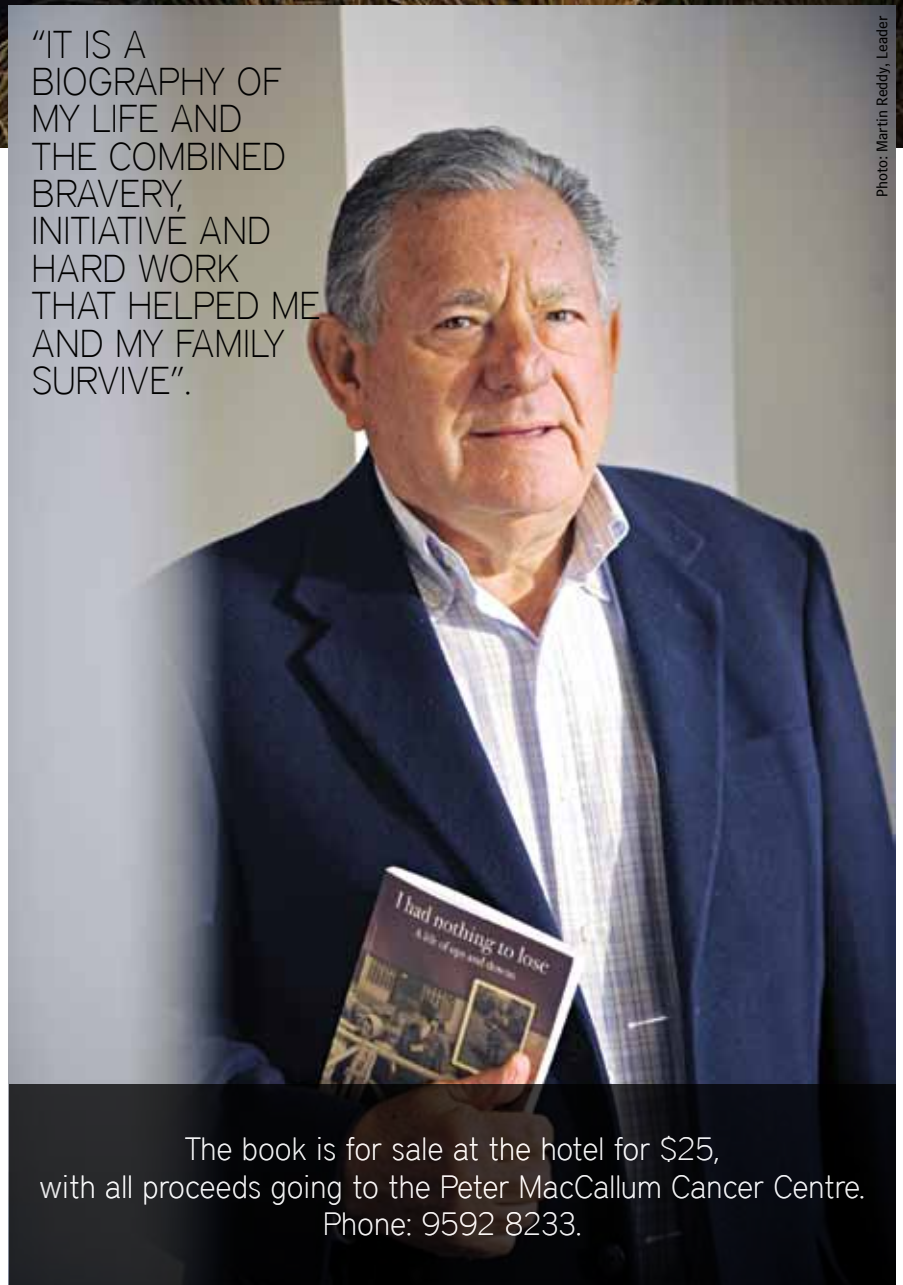


Photo: Martin Reddy, Leader

The book is for sale at the hotel for \$25, with all proceeds going to the Peter MacCallum Cancer Centre. Phone: 9592 8233.

AUSTRALIAN VETERANS' CHILDREN ASSISTANCE TRUST



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2012 SCHOLARSHIPS, BURSARIES & GRANTS THE 2012 APPLICATIONS OPEN ON 18 AUGUST, 2011.

The Australian Veterans' Children Assistance Trust (AVCAT) gives financial assistance to help selected children & grandchildren of the Australian Ex-Service Community with the costs of tertiary education. Selection is of the most deserving candidates of merit, who, without our help, would be unable to start or complete studies without financial difficulty. Applicants are considered for all schemes for which they are eligible.

Long Tan Bursary:

The largest scheme is the Long Tan Bursary funded by the Australian Government. Each year there are 50 new bursaries valued at \$9,000 each, which is paid at \$3,000 per year for three years. To be eligible you must be: the child of an Australian Vietnam Veteran, be resident in Australia, be enrolled or planning to enrol in a full-time undergraduate, tertiary course of one or more academic years duration by attendance in Australia.

Other Scholarships:

The other national schemes are the AVCAT Bursary, the RSL Scholarship, Vietnam Veterans' Peacekeepers and Peacemakers Scholarship, Legacy Australia Scholarship and the George Quinsey Scholarship – which directly pays tuition fees for economics, commerce and accountancy studies.

There are also regional scholarships. In NSW, there is the Brisbane Water Legacy Scholarship covering Gosford/Wyong NSW and the NSW TPI Association Scholarship. In SA, the VVAA also offers a Scholarship. There are also some private donors offering scholarships to NSW resident applicants.

Schemes vary between \$3,000 and \$5,000 per year each. Some are restricted to location of residence or studies. Most require operational service in Vietnam but others are broader in eligibility criteria. In addition to the above there is one grant per year to assist a handicapped eligible veteran's child or grandchild with special extra costs of transition to tertiary studies or employment.



To apply you must be:

- Within the means test, i.e. eligible on assets and income grounds for the Youth Allowance benefit for full-time education.
- Enrolled, or planning to enrol in a full-time course of tertiary education in Australia by attendance at a university, TAFE or college. The course must be of one or more academic years in length and should be at undergraduate level (some exceptions).
- The child or grandchild of a person who has operational service with the Australian Navy, Army or Air Force, or three or more year's continuous full-time service as a member of the Australian Defence Force.
- Under the age of 25 when applying, unless exceptional circumstances related to veteran's service exist.

One application form covers all the scholarships.

To receive an application form, register your interest on 1800 620 361, or by email: avcat@dva.gov.au or download from our website at: www.avcat.org.au

Applications close on 31 October, 2011

AVCAT PO Box K978, Haymarket, NSW 1240

P: 02 9213 7999 F: 02 9213 7307 E: avcat@dva.gov.au W: www.avcat.org.au

ANZAC DAY HONOURS TO SCHOOLS ACROSS THE NATION

A South Australian primary school and a West Australian high school have been awarded top honours in this year's Anzac Day Schools' Awards, announced in July by the Minister for Veterans' Affairs, Warren Snowdon.

The annual Anzac Day Schools' Awards encourage students to learn about Australia's wartime history and develop relationships with their local veteran and current serving communities.

Mr Snowdon said this year 18 winners across the country shared in \$20,000 of prize money, funded by the Australian Government's Saluting their Service commemorations program.

"This year's entries showed exceptional commitment to commemorating the service and sacrifice of Australia's veterans and current serving members.

"It is great to see the effort, thought and planning that schools have put in to

remembering our wartime history and ensuring the commemorations of the Anzacs live on," he said.

"I congratulate the national winners, Compton Primary School from South Australia and Merredin Senior High School from Western Australia, who showed outstanding initiative in their commemorations," Mr Snowdon said.

Compton Primary School students captured the history of their town by developing a Trail of Honour commemorating 67 local Second World War veterans. The school held a special service which was well attended by students, families and the wider Mount Gambier community.

Merredin Senior High School students conducted an exceptional research project on former Australian Prisoners of War (POWs). Students studied POWs, including some from their local area, and created an excellent display to tell their stories.

"I strongly encourage all Australian primary and secondary schools to consider sharing how they commemorate and learn about Australia's wartime history and enter the Anzac Day Schools' Awards in 2012. The sharing of our veterans' stories is becoming increasingly important as we look towards the Centenary of the First World War from 2014 to 2018.

"Congratulations to those who entered this year's competition and I challenge you to think about what you can do next year to increase your learning and build on the relationships with your local veteran and current serving communities," Mr Snowdon said.

Editors note: A full list of all secondary and primary school winners is attached, more information on the Anzac Day Schools' Awards can be found at www.dva.gov.au.

Compton Primary School



Compton Primary School submitted a whole school entry for the second time in three years to the annual Commonwealth Anzac Day Schools' Awards. The first entry in 2009 saw them winning the SA State Award for primary schools and this year they went one better, winning not only our State Award but the National Award as well. The Anzac Project was supported not only by school community members but also from the wider community and especially members from the Mount Gambier RSL, Grant District Council, DECS Regional Office, RSL Pipe Band, The Army Reserves and families of World War 2 personnel listed on the Honour Board in the Compton Soldier's Memorial Hall

Merredin Senior High School



Merredin Senior High School has been declared both the WA and National winners of the Secondary School category of the ANZAC Day Schools Awards for their exceptional research project on former Australian Prisoners of War (POWs). Year 10 students, under the guidance of their English teacher, Mrs Julie Tiller, conducted a research project on POWs, some from the local region, and created scrapbooks which were then presented to the families of the POWs at the school's annual ANZAC Day service. The Year 10s hosted the service, presenting speeches and poems that commemorated Australia's wartime history.

Mrs Tiller has a long history of success with this venture, having embedded the ANZAC Day Schools Awards into her English teaching program for Year 10 students over many years. The school was recipient of the 2006 WA Secondary School category, the 2008 WA Secondary School category and the national recipient of the 'Best local history research undertaken by students' in both 2008 and 2010.



EDUCATION & the

Anzac Spirit

With the ANZAC tradition closely linked to the history of both Australia and New Zealand, respected educational campuses in both countries, instill into students a degree of gratitude for the sacrifice made by those that have served their country.

The Last Post looks at the relevancy of the Anzac Spirit in developing an understanding of what it means to be an Australian and the legacy that remains.

In times of peace the gratitude is channelled into enacting positive community spirit and philanthropy designed to benefit all.

In this edition The Last Post takes a look at Victoria's Geelong Grammar and South Australia's Prince Alfred College and their programs designed to keep the Anzac Spirit Alive.

Prince Alfred College

Honouring Service

Adelaide's Prince Alfred College takes great pride in the service of its past students, and actively ensures current students commemorate the service of Australian men and women. The College is particularly proud of its relationship with the Ex Prisoners of War Association of South Australia, and of its recently named ANZAC Hall.

A Proud Tradition of Service

Prince Alfred College was established in 1869 and service to the nation and society has always been a strong aspect of the school's ethos, and nowhere is this more clearly demonstrated than in the service of Old Scholars in war time. Sixty Old Scholars served in the Boer War (2 killed), 870 in World War One (117 killed) and 1200 in World War Two (120 killed). Old Scholars also served in Malaya, Korea, Vietnam, the Solomon Island, Timor and Afghanistan.

The College is proud of the service of all its Old Scholars, and counts amongst them Hugo Throssell VC, two sailors lost on HMAS Sydney, official war artist Sir Ivor Hele OBE, and the commander of Australian forces in Vietnam Lt.Gen. Sir Donald Dunstan, AC, KBE, CB.

ANZAC Hall

ANZAC Hall is the heart of the College and contains honour rolls commemorating the service of past students in the Boer War, World War Two and post World War Two conflicts. New honour rolls have been recently installed in the foyer of the hall, which was refurbished and named ANZAC Hall in 2010. Honour rolls for World War One are housed in a beautiful Memorial Library constructed in the 1920s as the feature of the World War One Memorial Building.

ANZAC Hall is where students gather to commemorate ANZAC Day and Remembrance Day.

CLOCKWISE from below left: Steve Gower welcomes students to the Australian War Memorial; Students lay a wreath on the Tomb of the Unknown Soldier; Isabella and Tim Hobbs remember their great-grandfather, POW doctor Dr Alan Hobbs; Flowers and books are left in commemoration. PREVIOUS PAGE: Ned Young plays the Last Post



PRINCE ALFRED COLLEGE IS COMMITTED TO WORKING WITH STUDENTS AND THE VETERAN COMMUNITY TO ENSURE THEIR SERVICE IS RECOGNISED AND THE SPIRIT OF ANZAC LIVES ON.

A Very Special Relationship

The College cherishes its links with the Ex POW. Association of SA, whose monument takes pride of place in the garden of the Eric Freak Memorial Chapel. For more than a decade the school has hosted the Association's annual service on VP Day and students work with the Association and the school chaplain to present a meaningful and dignified service of remembrance. Preparatory students also welcome Association members to a service on Remembrance Day.

This link is tangible for students and Association members and their families alike, and is very special in the life of the school. The Ex POW. Association now provides history prizes throughout the school, and its members place books on the memorial stone for inclusion in the College library.

Generations to come will be aware of the story of Australians in captivity through the memories of Princes students who joined with veterans at the annual service, or who value the prize they were awarded through the Association's generosity.

Commemoration

Students participate in a service on Remembrance Day and learning activities take place as close as possible to ANZAC Day given it falls in school holidays. Year 7 students visit the Australian War Memorial, where they are hosted by the Director Maj-Gen Steve Gower AO, AO (Mil), an old scholar of the College.

Students also have access to the Bill Bunday Collection of books documenting the POW experience. Bill Bunday was Captain of the School in his final year and died during the infamous Sandakan Death March.

Over the years students of the College have been the beneficiaries of the support provided by Legacy and old scholars have served the organisation in many capacities. Recently, Brigadier Mex Lemon AM was the SA State President, and Vice Admiral Ian Knox AC is a Legatee in Sydney and works with widows in the Mosman/Lane Cove area.

Prince Alfred College is committed to working with students and the veteran community to ensure their service is recognised and the spirit of ANZAC lives on.



GENERATIONS TO COME WILL BE AWARE OF THE STORY OF AUSTRALIANS IN CAPTIVITY THROUGH THE MEMORIES OF PRINCES STUDENTS WHO JOINED WITH VETERANS AT THE ANNUAL SERVICE, OR WHO VALUE THE PRIZE THEY WERE AWARDED THROUGH THE ASSOCIATION'S GENEROSITY.



Remembering George Hamilton Lamb

Geelong Grammar School is committed to spending over a million dollars to restore the School's War Memorial Cloisters which commemorate the 246 former students and staff who lost their lives in the service of our country. Among those honoured is George Hamilton Lamb, who spent five years as Headmaster of Geelong Grammar Preparatory School before entering the Victorian Parliament.

Lamb joined the second AIF in 1940, aged 40, leaving behind an ailing wife, three young children and a seat in parliament. Lieutenant Lamb died in captivity in 1943, sick and in miserable conditions on the notorious Burma Railway. We honour his bravery, dedication and sacrifice in the War Memorial Cloisters; a sacred place where silence prevails.

Designed by influential Australian architect Harold Desbrowe Annear, the cloisters are in need of major restoration work and the School is committed to reminding future generations of the sacrifice of their forefathers – we will remember them.

If you would like to help please contact Tony Bretherton, Executive Director Geelong Grammar Foundation 03 5273 9254 or tbretherton@ggs.vic.edu.au

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(Yrs 10 – 12) Corio

TIMBERTOP®
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A decorated Bomber Captain flying Whitleys, a former student and teacher at Geelong Grammar, Boz is still flying at 92 but it's for pleasure now.

Boz signed up in 1940 and began training as a pilot. His training took him from Australia to Canada and Scotland and England.

Back in Australia, Boz flew Royal Australian Air Force Liberator reconnaissance and bombing runs over New Guinea and Indonesia to try and stop the advancing Japanese.

With nearly 2000 hours of military hours flying after the war ended he did the outback Northern Territory animal run before marrying and settling down as a farmer, father and later teacher at the school he had been a student, Geelong Grammar.

Boz's history is the subject of a biography, 'Boz: Aviator, Farmer, Schoolmaster' which was launched at his Alma Mater, written by former Geelong Grammar colleague and former Mentone Grammar headmaster, Neville Clark.

Boz, who puts his longevity down to 'good genes; no broken bones, just enjoyed life', shows there's plenty more chapters to go.

The Last Post caught up with Boz recently and listened as he expanded on warfare, it's legacy and his gratitude to Geelong Grammar.

The Last Post: Where did you get the nickname 'Boz' from?

Boz: I'm the last of six children. My father died when I was four or five. I was christened Cecil Edgar, as he was and I was always known as Boz and my mother never knew where it came from. My father was a great fan of Dickens and I learnt from a friend, who told me playing golf one day that it comes from a connection you get from reading the preface to Dickens' 'The Pickwick Papers'. When I went into the airforce, not knowing anyone when I went it, I thought it was a bit silly being known as Boz and on top of that it makes it a bit hard filling in your initials. So, during my airforce days I was

always known as Cecil. But, back in my Geelong Grammar days, everybody knew me as Boz.

TLP: You were a decorated bomber captain during the war. Are you still flying?

Boz: Only just. I'm thinking of giving up my flying licence at the end of this month, strangely enough.

TLP: What has it meant for you to have served in the war as you did and what came out of that for you?

Boz: I intended to be a commercial pilot after the war but I went back into the airforce but in the technical branch but that didn't suit me. So I eventually got out of that and went flying again but that was when everything had settled down and we had a bit of money!

THE LAST POST CAUGHT UP WITH BOZ RECENTLY AND LISTENED AS HE EXPANDED ON WARFARE, IT'S LEGACY AND HIS GRATITUDE TO GEELONG GRAMMAR

"I WOULD SAY THAT THE THING THEY SHOULD ALL AIM FOR IS TO BE POSITIVE ABOUT LIFE. IT'S A MARVELLOUS COUNTRY WE LIVE IN. WE'RE VERY FORTUNATE TO LIVE IN AUSTRALIA. THEY SHOULD GIVE WHAT THEY CAN TO HELP OTHERS, THAT'S MY VIEW. IT'S A LEGACY WE HAVE AND FROM THAT, GOOD THINGS COME...

... I THINK THE WHOLE ETHOS OF THE SCHOOL HAS BEEN TIED TO SERVICE. YOU'RE FORTUNATE TO BE THERE FOR A START AND YOU SHOULD DO WHATEVER YOU CAN TO HELP YOUR FELLOW MAN."

TLP: Your history with Geelong Grammar Boz, both as a student and teacher. How important has Geelong Grammar been in your life?

Boz: Complete importance. I've had a very long time association with the school. I was there as a boy. I didn't return on a full-time basis until I was 43. That was to teach. From 1927 through to '36 as a boy and then back there in 1962 to teach and was there in that role until 1980. Then I had a part-time job there as Secretary of The Old Boys until 1988. Yes, a very long association.

TLP: A fine school and history with students, the War Memorial Cloisters and, well, a proud history.

Boz: A unique situation for me for when I went back in 1962, I found I was teaching the children of people I was at school with. It's all there in my book, 'Boz: Aviator, Farmer, Schoolmaster.

TLP: What has been the most satisfying?

Boz: Schoolmaster. Association with young people is marvellous. If you were to ask me if there's been a change amongst young people, I

think they're terrific. There's some wonderful material coming through and I'm full of admiration for what they've got to put up with. There's a lot of stress and a lot of distractions that weren't there before. There's climate change, the constant threat of an unstable economy....I don't know how they handle it, Facebook, Twitter.

TLP: Your advice to students and younger people in general.....

Boz: I would say that the thing they should all aim for is to be positive about life. It's a marvellous country we live in. We're very fortunate to live in Australia. They should give what they can to help others, that's my view. It's a legacy we have and from that, good things come.

TLP: With Geelong Grammar and the War Memorial Cloisters, there is the constant reminder of that legacy.

Boz: I think the whole ethos of the school has been tied to service. You're fortunate to be there for a start and you should do whatever you can to help your fellow man.

Boz's biography, written by Neville Clark, 'Boz: Aviator, Farmer, Schoolmaster' is on sale at Geelong Grammar and online.



Challenge Yourself Go Outward Bound

There is a saying at Outward Bound – “once an Outward Bounder, always an Outward Bounder.” We know that Outward Bound is a life changing experience and that lifelong friendships form on course.

When the value of an Outward Bound program is questioned, the most common information requested is what value it has to a young person’s education and career prospects. We generally respond to this narrow measure of success by explaining the rewards of a holistic experience that will develop emotional intelligence for example, a key tool for success in all areas of our lives; whether it is personal or professional. An ideal education is orientated towards developing our physical, psychological, mental, spiritual and creative well-being. A holistic and developmental conception of education implies that education will be a lifelong experience. To live is to continually develop our capacities.

The famous educator and founder of Gordonstoun School, Kurt Hahn established Outward Bound in 1941 with the aim of helping adolescents and young adults to learn more about themselves, their strengths, their weaknesses and their potential, as individuals and as contributing members of society. Hahn also established the Duke of Edinburgh scheme, the International Baccalaureate, the United World College, and the Round Square schools.

Outward Bound is now the world’s largest professional, independent, not-for-profit organisation engaged in personal development and experiential education in the outdoors. Outward Bound has since spread to more than 55 schools in over 35 countries. Nearly two million people worldwide have completed an Outward Bound course. In Australia alone there are about 300,000 Alumni.

Outward Bound is a process of active learning. Programs are based on experiential education, or learning by doing and reflecting. This method enhances the long-term effect of the Outward Bound experience by encouraging participation at a challenging level, and reflecting on personal and group achievements. Courses involve activities that have a powerful influence on the participants as they learn in an environment, or “a place apart”, that allows them to deal with the consequences of their own actions.

Outward Bound courses are not boot camps, they are adventures for the body and mind and each course is facilitated by certified instructors who care and believe in a person’s true potential. Outward Bound helps develop survival skills – not just for the bush, but for the challenges we face in our everyday lives. Dealing with uncertainty, coping with change, relating with other people and believing in yourself are all essential skills for life.

Outward Bound Australia conducted three public access courses for youth, adults and families in northern NSW during the 2011 winter school holidays and will be running more

For further details and more courses later in the year, please visit:
www.outwardbound.org.au

TESTIMONIALS:

“If you like physical activity, personal challenge, and growing as a person, you will reap rich rewards from an Outward Bound course. I strongly recommend it.” Trevor Liddell, 34 (Pinnacle Alumni)

“Go for it, it’s a great experience that you will love and remember. Plus it’s a great bonding experience with your family member.” Tyler, 15 (Family Alumni)

“I had the best time! I made some great friends and I was left with more self-confidence by overcoming physical and mental challenges.” Darren, 16 (Navigator Alumni)

“I found the course amazing. I would recommend this to anyone who wants to find, and push their comfort zone and limits, and for people who love the outdoors and a challenge. The course opens your eye’s to things you never even considered in the fast society we live in. It is something that you will never forget, and will turn to it in hard times.” Jack Ashford-Giles, 17 (Navigator Alumni)

“I loved the opportunity to have spent 7 days with my son, doing adventurous activities in a beautiful environment.” Serge, 46 (Family Alumni)

“Outward Bound has been the significant influential growth experience of my life. It has shown me my strengths and values in a constructive, supportive manner, given me the confidence to slay my dragon and the strength to walk confidently in the world.” Bruce Reidy, 52 (Pinnacle Alumni)

“I never thought I could do anything like this. The furthest I’ve ever walked is to the bus stop.” Harley Moxham, 16 (Navigator Alumni)

“It was physically challenging, exhilarating, rewarding and humbling. I would certainly recommend.” Graeme, 48 (Family Alumni)



A Conversation with



Steve Woods

CEO
Tennis Australia

Appointed by Tennis Australia in 2005 as its new Chief Executive Officer, former ATP Professional and top Victorian state tennis player Steve Woods takes on the responsibilities of day-to-day administration of one of Australia's most successful sports.

As CEO of Tennis Australia Steve has grown the company from a turnover of \$80 million in excess of \$140 million, with reserves of \$28 million with 190 staff.

Steve took time out recently for a chat with 'The Last Post'.

TLP: With tennis being such an integral part of this country's history, where is Tennis Australia sitting at the moment?

S.W. We've got a huge history of tennis heritage in this country and we were very successful last century particularly in Davis Cup and with Grand Slam champions and the world's developed very quickly in professional tennis since the Open era came along and we've had a lot of focus on getting our business in great shape that can then invest in the participation programs that will drive the sport and it's been part of the focus I've had as CEO over the last few years is to really make, particularly the Australian Open, highly successful and the proceeds we earn from that in a successful way, can be invested back into the sport.

TLP: Are you happy with the progress being made thus far, I mean the Australian Open is one of the great events. Is that down to you, I mean, how has that happened?

S.W. I like to think that over the last six Australian Open's that I've been in charge of, we've been able to double in size commercially the value that we create there and off the back of that we're able to invest back into the sport and the secret behind that is to put on a high quality event that attracts people from all around the world to come and visit and to take that broadcast product throughout the world and it's value has driven the broadcast rights and the associated uplift in the sponsorships that support the Australian Open. That's where a lot of the growth is and on the back of all that we've found the Victorian Government has stepped up and gone ahead to refresh the facilities we have here and we're underway for the redevelopment that will take us through to and for the future.

TLP: Government assistance is integral Steve and I think one of the great things about the Open is the respect that it generates amongst the top players of the world. Both male and women players speak very highly of the Australian Open. The crowds too. How have the crowds been going in regards to the event?

S.W. Fantastic, in terms of the growth we've had, not only commercially, which has effectively been doubled over the last five years but the crowds continue to be part of the Open, the one just finished, in January we had 651,000. The year before 653,000 and that's been significant growth on the years

before that were around 500,000 so we're very pleased with the support we're getting from the Australian community to come along to this fantastic event but just as pleasing, and growing from that, is the stature of the tournament amongst the players and the stakeholders of world tennis and they rank us as their most preferred and their favourite tournament in the world to come and play at because we provide an environment for the players that is second to none and we have a relaxed atmosphere on-site. There's a number of reasons for that alongside the running of the event.....it's summer, school holidays, everybody's pretty happy and that translates to a great experience for the players. As a result, it's their favourite tournament. As a matter of fact, we've been called 'The Happy Slam', the happiest of all the Grand Slams and we have a reputation for world class service for looking after, not only the players but our fans as well.

TLP: While the eyes of the sporting world and the public are on the Open for those two weeks each year, there's a lot going on behind the scenes that people may not be aware of, for instance your involvement with Evonne Cawley-Goolagong's indigenous program. How's that going?

S.W. Yes, we were very fortunate, receiving a visit from Minister Abib early in the tournament and we were able to show one of the programs Evonne's been running over the last few years with indigenous kids we were hosting at the Australian Open at that time and we had put a plan together to get deeper involvement with the indigenous community and fortunately the Minister was able to support that and came back at the end of the second week of the grand slam and together we made a joint announcement about the Federal Government supporting an indigenous program for the next three years to the tune of over a million dollars support for that. We're very pleased with that and it's one of the first programs we've had supported by the Federal Government for a while.

TLP: Yes, great and a wide-ranging program with wide-ranging possibilities existing with indigenous kids that are able to play the game. With tennis a big part of this country's culture, with the weather, the open spaces and our pride in the achievements of our great players, is there a chance of Australia regaining its position at the top or near the top of tennis, worldwide?

S.W. I think the position we held in our halcyon days back in the 50's, 60's, 70's when a handful of country's played tennis, those days are a long way behind us and it'll be a challenge for us to get back to that level again. There's over 203 countries playing tennis now, 35 million tennis players in the world competing for grand slam glory and it's a much different place with much less space than it was when tennis was primarily just a Commonwealth sport. Now it's akin to competing on the

global stage amongst the superpowers. To be successful we have to punch above our weight in a highly competitive landscape and do the best we can with 22 million people to draw from. To draw from that sporting pool is a challenge because there's a lot of sports, particularly on the male side, that takes talent away from tennis. A mighty challenge to get back to having, say, five or six players in the top ten, which is what we had in the golden era of Australian tennis.

TLP: A bigger game now?

S.W. A much bigger game now. Some would argue it's the second largest sport in the world now, behind soccer. That comes of course from having men and women on the centre stage and that's something a lot of other sports can't offer. On a global scale you've got people playing socially, competitively and professionally. Last year Serbia, a country that almost didn't exist tennis-wise ten years ago, won the Davis Cup. So that globalization of the sport is something we have to deal with here at Tennis Australia. So, to get that golden era back and I guess, what was really a conveyor belt of champions, yes, that's part of the challenge we have here.

TLP: And how is tennis being focused to bring that about?

S.W. Our focus now is squarely on participation, particularly for young kids between 7 and 12 with our modified equipment program which is called hotshots. In the last year we've registered 220,000 kids in that program and we see that as the key to the future for us. We need to get everyone but particularly the kids who are seeking access to tennis, we need to give them the opportunity to play tennis and that's what the hotshots program is about. We'll soon be introducing cardio-tennis which is an aerobics and fitness program. We have to drive the participation levels of the sport as hard as we can and that's our strategy going forward. We've worked well at getting everything else right and to have the places to play to accommodate this participation drive and we feel now we've got the facilities right with infrastructure in the major capital cities, the redevelopment of Melbourne Park here and the new tennis centre in Brisbane, an upgrade to the main tennis centre in Tasmania, an upgrade to the multi-purpose centre in Perth. This is all good for ticket sales and so now it comes down to participation and finding talent at the grass roots level. Most studies show that if you haven't got involved in tennis in some meaningful way before the age of fifteen, the chances are they'll never pick-up the game in any serious way so we know we have to get that interest and commitment from and for the kids between the ages of 7 to 12.

TLP: Yes, I mean we do have a great number of people playing this great game at all sorts of levels and ages but we need to get them at that young age. On the opposite end, I think Mark

Woodforde's dad is still playing at 80 plus. The passion is there.

S.W. Yep, I mean it's something that you can carry through life and as there's both men and women playing, it's got the social aspect there as well and that brings community's together and I think that's something that may be lacking in society today. The social fabric of the community has been challenged with economic and relationship stresses and I'm hopeful that tennis can play a role in reinforcing the social benefits in the community that can last a lifetime. It's a universal sport, played with the same rules around the globe, men and women, day or night and with a small footprint, comparatively speaking, with other sports. The example of Mr. Woodforde there is hopefully an example of the benefits that can last a lifetime.

TLP: Yes, community spirit is an empowering commodity. There's an article in this inaugural edition of 'The Last Post' from Fairfax writer Michael Short on the value of just that. Tennis would seem an excellent and healthy way of going about achieving things not only for yourself but for the community.

S.W. Absolutely, it's been known to deliver exactly that community spirit in years gone by. In the golden years, the tennis club was the hub of a lot of activity, entertainment, playing and a place to go and to be seen. That was the case for a lot of people back then and it still goes on but things have change a lot since then. Now, there's almost a fight for leisure time and how that's to be spent is a challenge for all sports, not just tennis. The key is that people are looking for, in this internet fuelled world, a sense of belonging, a sense of community.....

TLP: A realness?

S.W. Yes, exactly, a realness and something that's got a history and is meaningful and is not a computer or video game. I think more and more people are heading back to that as a legitimate way to spend their leisure time.

TLP: What about you Steve, do you get a chance, these days to get out and have a hit?

S.W. Yes, I try to get out as much as I can. My office is right in the heart of Rod Laver Arena and surrounded by tennis courts. You'd think I'd be playing every day. I get out there once or twice a month.....nowhere near enough. I've just got some new racquets and gave them a go on the weekend and, boy, I found the ability to hit the ball and deliver spin is greater than ever before, you know, with the wooden racquets, and it's a whole lot more fun than before.

TLP: The way it should be, particularly at my level! I might drop in and have a game with you and that's one you can put down as a win!

S.W. I'd look forward to that, I'm always up for a win.

ANYONE FOR TENNIS?

A 2010 Tennis Australia Participation Study found that most people from the age of 45+ play tennis for the social benefits of interaction and fitness.



“The Last Post’ sought out three Australians who fit into that category and asked them about motivation, fitness, the benefits of social interaction and why there’s no such thing as a generation gap for intelligent Australians.

Frank Sebastyan: Frank is 67, a male model & a musician in his band for several decades. He travels frequently and owns a Harley Davidson that he likes to get onto when he’s got the time.

TLP: Welcome to The Last Post Frank. How important is exercise for you and the benefits that come from it?

Frank Sebastyan: It’s always been very important to me and it’s something I’ve become more passionate about as I grow older. I do think it helps not only your physical self but your attitude in life. I think life is attitudinal and staying fit and healthy is a big part of it. I’m always doing things.

TLP: Where you into tennis from a young age?

Frank: I played a little at school but no, not really, I didn’t get into it until my late twenties. I didn’t have much training or coaching so I call myself a scrubber, I started just hitting the ball with friends until I got a little better and joined the Tranmere Tennis Club. We won a premiership. It was great. To win a premiership at any level of any sport, I mean, it mightn’t sound much but it was an exhilarating experience, a wonderful thing. I got hooked

on it and I kept playing two, three times a week.....loving it. It’s one of my passions.

TLP: As far as keeping active goes, you also do a few other things, like modelling?

Frank: Um, someone’s been talking to you haven’t they? I call it a hobby career because it’s something I’ve only got into after selling my business and retiring. I’m assigned to the Tanya Powell Agency. I get regular work from them and I feel so humbled by it because some people don’t want to work as they grow older but I’m 67 now and I’m a regular model on the catwalk. And I get photographic work. Yeah, humbled and thrilled. I reckon there’s a lot of truth in the ‘If you stop, you drop’. I also do film work, as an extra in movies. I’ve been in two movies. That’s a great experience too. Exciting.

TLP: You’re a musician too?

Frank: You have been doing your homework. Yep, I’ve got a six-piece rock ‘n roll band. This year, we’re celebrating 49 years together. Our first gig was at The Arkaba Hotel. We were the second group to perform there in 1964. With a few changes in membership we’ve kept performing ever since. I love it. I don’t play an instrument, I’m the front-man, the entertainer, the singer. It’s another outlet and another thing that keeps me going. Having things to do in life is very, very important.

TLP: Any more you get up to?

Frank: Well, I go to the gym. Three days a week, mostly lifting weights. I used to run, 45 kilometres a week but with my hip, I had to stop doing that. I would encourage everybody to, if they don’t have an interest, to take up something that requires a bit a work-out. Brisk walking is good, I don’t mean window-shopping walking but something that gets the blood moving. I encourage everybody to keep active and fit because it helps you in life and with your attitude.

Henry Young: Henry is 87 a former fighter pilot, a member here & Memorial Drive, 3 years ago he had a hip replacement & 2 knee replacements within 7 weeks of each other. He was back playing within 3 months. Henry plays 3 to 4 times a week & is currently ranked 7 in singles & 4 in doubles in Australia in his 85+ age category.

TLP: Good morning Henry Young and what an appropriate surname. How important is physical activity and the benefits that come from it?

Henry Young: Very important, particularly as you get older. It’s very easy to just sit on the sidelines and watch the world go by and it’s an opportunity that we should all take up, to stay active. I’ve always been competitive. Football, tennis throughout my life. Tennis is wonderful in regards to competition. Staying active has so many benefits and the more you do it, the more you realise that.

... WELL, YOU KNOW.....WHAT I LIKE ABOUT IT IS THE MORE YOU GET OUT THERE, PARTICULARLY IN TENNIS I THINK, THE MORE YOU GET INVOLVED WITH YOUNG PEOPLE AND THEY'RE GREAT. IT HELPS KEEP YOU YOUNG. IF YOU'RE WITH YOUNGER PEOPLE AND YOU KEEP PLAYING WITH THEM THEY FORGET YOUR AGE AND THAT LEAVES YOU FEELING GOOD. I HAVE A WONDERFUL LIFE AND I'M THANKFUL TO HAVE AN ATTITUDE THAT KEEPS ME PLAYING AND ACTIVE.

TLP: What's your involvement with Tennis SA?

Henry: There's two levels. I play at Memorial Drive, the tennis club. In the last few years I've played Seniors. The Seniors is more competitive while the Club is more social. I'm rated around 7 in the singles in Australia but at my age, all you have to do is to stick around. So, yes, I'm going up in the rankings. Number 5 in doubles which I enjoy very much. We have tournaments and National Championships during the year but it's a very big part of my life now. It keeps me off the streets.

TLP: Knee and hip replacements hasn't stopped you.

Henry: Modern medicine is great, isn't it. Twenty years ago I could've had an excuse for sitting on the sidelines but it all worked out well and I was back on the courts.

TLP: A fighter pilot too?

Henry: Yes, I was a pilot during the war with the Royal Navy and then I was back on the land for twelve months after the war. Then I rejoined and we went off to England to pick up the Sydney. I had two wonderful years on the Sydney.

TLP: We salute you for your service and pay homage to that by living positive lives and adapting an attitude that is similar to yours.

Henry: Life is to be enjoyed and as long as you keep active after you "retire" you are doing the right thing. I see so many people just give it away as they get older and.....

TLP: If you stop, you drop?

Henry: Yes, well, you know.....what I like about it is the more you get out there, particularly in tennis I think, the more you get involved with young people and they're great. It helps keep you young. If you're with younger people and you keep playing with them they

forget your age and that leaves you feeling good. I have a wonderful life and I'm thankful to have an attitude that keeps me playing and active.

Ray Woodforde: Ray is 75 and the father of Mark Woodforde, a professional tennis coach & current member of the Australian Tennis Seniors 75+ team to compete in the World Seniors Tennis Champs in Turkey last Oct & also again next Oct. Wimbledon Doubles Champion. Ray is currently ranked 7 in singles & 5 in doubles in Australia Ray Woodforde is 75, the father of tennis player Mark and a professional tennis coach and member of the Australian Seniors (75+).

TLP: Welcome to The Last Post Ray. It's a cold morning. What'd you do to keep warm?

Ray Woodforde: Some mornings we do but most mornings around half-past nine it's off to the gym. I do that three times a week. An hour and a half up the gym and do some weight training and loosening up. Then home and go out and have a hit. I try and keep pretty fit.

TLP: How does staying active help you in life?

Ray: I think the outlook is something you get from your environment. I mean, being out and mixing with people and enjoying life in general makes a big difference. I don't just do tennis. Apart from the gym I do a bit of fishing and I've got a little dog who I take walking a couple of times a day. In general, being active is important instead of just staying home watching television all day long.

TLP: You're a tennis coach as well?

Ray: Yes, I am. It helps in many ways too, mixing with people of all ages. I became a professional coach 23, 24 years of age and I'm still a fully qualified professional coach and I've still got a couple of people I help out and there's some areas I go to and help out the kids

from schools but....., yep, I'm on the move a lot of the time.

TLP: Now of course, also for you, you're part of the National Seniors team and you actually competed in the team in the World Seniors Championships in Turkey last year.

Ray: Yes, I have been fortunate. I've been in the team four times and this year in October, we're off to Turkey again so that'll be five times and we went to New Zealand so, yes, very fortunate and we've won the World Championship and what a great, great honour and effort, the team itself and the camaraderie and the result? Excellent.

TLP: These are all side benefits of staying active.....if you're lucky it gives you the chance to travel.....

Ray: So true. In tennis seniors we've got the state title in November which is always good. I think they're trying to organise a new one in the Barossa in August. In the bigger states they run them more often and in Europe, a lot more so it's a catching thing.

TLP: The social benefits, mixing with people of all ages.....another good thing.

Ray: It is enjoyable but yeah, tennis players at our age, once we've had a game of tennis we're ready to sit down and relax for a while (laughs). I've just been to a tournament up in Queensland to play there and there were four of us and we had a great time, going out for a drink and dining but always in bed by a reasonable hour! Then it's up and at them again. You do get the chance to mix and talk with people from different parts and areas and many nationalities as well. It is very socially satisfying. My wife Judy plays and enjoys the environment and friendship. The number of elderly people playing and enjoying tennis is growing at a great rate...



Good for mind, body and soul
OPPOSITE: Ray Woodforde in action
LEFT: Henry Young 87, left and Frank Sebastyan 67, right, still playing, and enjoying their tennis.





Catriona Standfield

UN Women Australia's Youth Delegate to the Commission on the Status of Women, Catriona Standfield, is 23 years old and lives in Adelaide, South Australia. She is completing a double degree in Arts and Development Studies and a Diploma of Languages at the University of Adelaide.

Catriona is passionate about promoting the leadership and empowerment of young people, especially young women. She currently serves as the International Year of Youth Coordinator for the United Nations Youth Association of Australia. Prior to this, she served as President of the South Australian division. Catriona is also a founding member and Secretary of the Young UN Women Australia Adelaide Committee.

Catriona is also a keen advocate for nuclear non-proliferation and disarmament. In 2008, she was selected as a winner in the global Students for a Nuclear Weapons-Free World competition, held by the World Federation of United Nations Associations. Since then, she has worked to raise awareness of the issue in her local community and has joined the Advisory Board of the International Campaign to Abolish Nuclear Weapons (Australia).

In recognition of her work, Catriona was awarded the St Vincent de Paul Society's Louise de Marillac Award for Social Justice, and has been nominated for the 2010 Premier's Young Achiever of the Year. She has also been recognised by her university for academic excellence.

As UN Women Australia's Youth Delegate to the Commission on the Status of Women, Catriona hopes to promote young women's leadership, provide ways in which young people's voices can be heard at the CSW, and showcase the valuable contribution that Australia's young people make in all areas of our society.

AS UN WOMEN AUSTRALIA'S YOUTH DELEGATE TO THE COMMISSION ON THE STATUS OF WOMEN, CATRIONA HOPES TO PROMOTE YOUNG WOMEN'S LEADERSHIP, PROVIDE WAYS IN WHICH YOUNG PEOPLE'S VOICES CAN BE HEARD AT THE CSW, AND SHOWCASE THE VALUABLE CONTRIBUTION THAT AUSTRALIA'S YOUNG PEOPLE MAKE IN ALL AREAS OF OUR SOCIETY.

About UN Women

UN Women is the UN's premier body dedicated to advancing women's rights and achieving gender equality. It provides financial and technical assistance to innovative programs and strategies that foster women's empowerment. UN Women works on the premise that it is the fundamental right of every woman to live a life free from discrimination and violence, and that gender equality is essential to achieving development and to building just societies. UN Women Australia is one of 17 National Committees worldwide.

About the Youth Delegate Program

UN Women Australia has started focusing on ways to increase the leadership capacity of young women. The Youth Delegate program, which sends a young person to the Commission on the Status of Women in New York for several weeks, is a central part of these efforts.

The Commission on the Status of Women ("the Commission") is the principal global policy-making body dedicated exclusively to gender equality and the advancement of women. It brings Member States together each year at UN Headquarters in New York to evaluate progress on gender equality, identify challenges, set global standards and formulate concrete policies to promote gender equality and advancement of women worldwide.

Attending the Commission will enable the Youth Delegate to participate in international discussions, negotiations and decision-making and understand how global governance works in action.

Prior to departure for New York, the Youth Delegate will meet with relevant community stakeholders to promote the role and to learn about key issues facing women in Australia.

The Youth Delegate will join the UN Women Australia delegation to the Commission, and will play an active role in the Australian delegation that is made up of NGO representatives and government officials.

The Youth Delegate will have the opportunity to present a side-event hosted by UN Women Australia on young women and leadership showcasing some of the programs in Australia and in our region.

In addition to participating in the formal sessions and NGO side-events during CSW, the Youth Delegate will have the opportunity to organise meetings with key UN related organisations, including UN Women, UNDP and UN Youth.

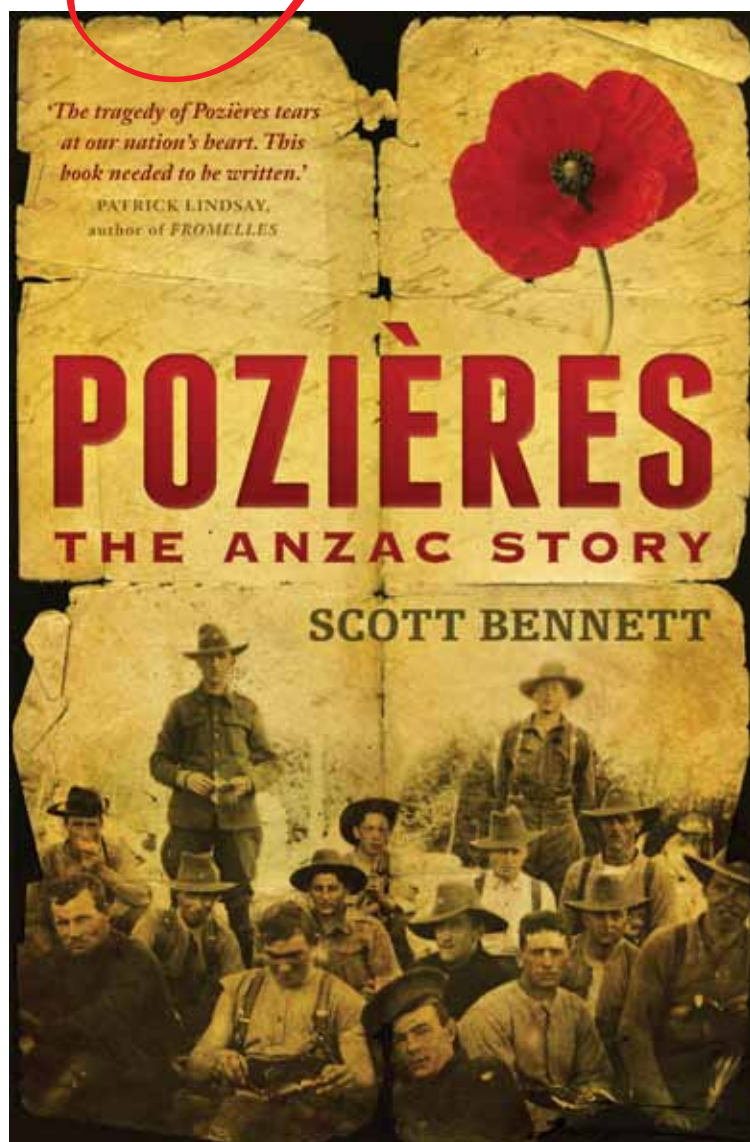
Throughout her time in New York, the Youth Delegate will publish regular blogs through the UN Women Australia website to ensure that her experiences are shared with other young people in Australia. Through the interactive forum available on our website, interested young people will be able to ask the Youth Delegate questions in real time, during the Commission.

Upon returning home, the Youth Delegate will share her experiences with UN Women Australia and Young UN Women Australia Chapters and other community stakeholders, and participate in some post-CSW events which UN Women Australia holds each year to inform a broader public about the outcomes of the Commission. The Youth Delegate will also write a formal report on her experience at the Commission that will be shared online on the UN Women Australia website.

The Youth Delegate will work with UN Women Australia to profile the role within the community and the media, and encourage other countries to work to ensure young women are given leadership opportunities.

Pozières

The Anzac Story - a new book by Scott Bennett



'A CLEAR, FRESH VIEW OF AN EPIC BATTLE, PRESENTING CONCLUSIONS THAT WILL CHALLENGE MANY READERS'
DR PETER STANLEY,
AUTHOR OF MEN OF MONT ST QUENTIN

In 1916, one million men fought in the first battle of the Somme. Victory hinged on their ability to capture a small village called Pozières, perched on the highest ridge of the battlefield. After five attempts to seize it, the British called in the Anzacs to complete this seemingly impossible task.

At midnight on 23 July 1916, thousands of Australians stormed and took Pozières. Forty-five days later they were relieved, having suffered 23,000 casualties to gain a few miles of barren, lunar landscape. Despite the toll, the capture of Pozières was heralded as a stunning tactical victory. Yet for the exhausted survivors, the war-weary public, and the families of the dead and maimed, victory came at such terrible cost it seemed indistinguishable from defeat.

This account tells the stories of those men who fought at Pozières. Drawing on their letters and diaries, it reveals a battlefield drenched in chaos, suffering, and fear. Bennett sheds light on the story behind the official history, showing how commanders struggled with a war conducted on an unprecedented scale and how the survivors witnessed appalling human tragedy to return home as heroes but, too often, shattered men.

While Gallipoli has entered the national mythology, Pozières has received less attention. This superb book recreates the experiences of those men who fought in one of the largest and most devastating battles of the Great War.

www.scribepublications.com.au/book/pozières

'Scribe Publications and GTR Publishing give you the chance to win a free copy of Scott Bennett's 'Pozières - The Anzac Story'.

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Pozières

remains one of the most haunting names in Australian military history. The famous First World War battle saw Australia lose 23,000 soldiers killed or wounded over a six week period in July and August 1916.

As in so many other places during the twentieth century, the movie camera was there.

As in so many other places during the twentieth century, the movie camera was there. Fascinating film of the battle can now be seen

on the National Film and Sound Archive's *australianscreen online* (aso.gov.au).

australianscreen online features more than 4000 moving image clips from over 1500 feature films, documentaries, television programs, newsreels, animations, home movies and sound recordings. With learning resources prepared in collaboration with Education Services Australia, the website is accessed throughout the world by over 700,000 visitors per year.

The audiovisual material is sourced from the collections of the NFA and other institutions, including the National Archives of Australia, the ABC, SBS and the Australian Institute of Aboriginal and Torres Strait Islander Studies.

The Pozières footage is published in collaboration with the Australian War Memorial. Accompanying the footage, to help researchers and teachers, are curator's notes written by Paul Byrnes, senior curator with *australianscreen online* and film critic and journalist for The Sydney Morning Herald.



FASCINATING FILM OF THE BATTLE CAN NOW BE SEEN ON THE NATIONAL FILM AND SOUND ARCHIVE'S... AUSTRALIANSCREEN ONLINE FEATURES MORE THAN 4000 MOVING IMAGE CLIPS FROM OVER 1500 FEATURE FILMS, DOCUMENTARIES, TELEVISION PROGRAMS, NEWSREELS, ANIMATIONS, HOME MOVIES AND SOUND RECORDINGS.

Paul, who has researched the First World War extensively, says that there is a fascinating story behind the Pozieres footage. There are two versions of the film currently in existence. The original footage was filmed by British cameramen working under the direction of the Australian war correspondent, Charles Bean. In 1917 in London Bean cut together the film and wrote titles explaining the images for Australians. Later on he was incensed to find that his version had been lost and the original footage reassembled by Sir William Jury, a prominent film businessman in London. Bean found the film inferior and nonsensical and in January 1918, he tried to collect the elements of his lost film for reassembly at a later date. The Australian War Memorial holds two versions, one of which appears to be the Jury version, and another which may be the reconstruction by Bean.

Clips from both versions are viewable on aso.gov.au. Paul Byrnes says that both films are remarkable because they show us the battlefield in and around Pozieres while the Australians were fighting – in stark contrast to how the battlefield looks today.

Paul believes that further preservation work and research into these films could answer some of the mysteries that still remain. He says that the films are a different kind of memorial, akin to the Anzac parks and Avenues of Remembrance.

PICTURES, BELOW AND OPPOSITE: Frame grabs from the historic Pozieres footage. Courtesy of the Australian War Memorial & the NFSA.



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How We Should Pay our Anzac Respects

by Greg Kelton

Mobile exhibitions travelling across Australia and a restaging of the first convoy carrying Australian and New Zealand troops to Europe have been recommended as key ways to commemorate the 100th anniversary of Gallipoli.

The refurbishment of memorials, cenotaphs, honour rolls and avenues of honour as well as a Boer War Memorial and a Peacekeeping Memorial have also been proposed.

Another key recommendation is for the establishment of an Anzac Centre – probably at the Australian National University in Canberra – to facilitate studies of peace, conflict and war.

A report prepared by a national commission on how Australia should celebrate the Anzac tradition between 2014 and 2018 was recently released in Canberra.

The commission members were former Prime Ministers Malcolm Fraser and Bob Hawke, retired army major Matina Jewell, Kylie Russell whose husband Andrew was killed in Afghanistan in 2002, retired Rear Admiral Ken Doolan and Warren Brown, cartoonist, broadcaster and Gallipoli celebrations host since 2006.

The commission's report says the Anzac Centenary will encompass all wars, conflicts and peacekeeping operations in which Australians have been involved. "It is designed as an overarching program of commemoration that will include all Australians," it says.

"In the course of this five-year journey of commemoration, Australians will be able to reflect on our past and acknowledge the sacrifices and hardships of our ancestors.

"It is anticipated that this will help Australians understand who we are as a nation and then begin to look to the future, to what the next 100 years may bring."

The commission received more than 600 submissions containing 1500 ideas about the commemoration including from Turkey, Papua New Guinea and the UK.

It says that if the recommendations are accepted by the Government, they aim to ensure the centenary is marked "in an appropriate and respectful manner".

The commission has also suggested programs which might be adopted in the future including school-based programs such as "Adopt a Digger" which would entail interviewing or researching a serviceman or woman and sharing stories with classmates.

Prime Minister Julia Gillard said the report was an important step towards the most significant anniversary for Australia since the 2001 Centenary of Federation.

Thanks to News Ltd

All Together Now

Dr Peter Cock believes the answer to many of society's ills is greater community spirit, writes The Zone's Michael Short.

Media organisations spend precious time and money polling voters. This implies people care a lot about politicians' personal popularity.

But surely it is democracy per se, we value. Surely it is the substance, not the form, that truly concerns us. Surely we are interested in so much more than this week's performance perceptions of Julia and Tony, of Wayne and Julie and the crossbench cowboys.

Well, perhaps not. North Africa and the Middle East are convulsing with desire for the freedoms, rights and responsibilities many of us appear to take for granted.

Perhaps we ought to abandon, or at least reduce, the Canberra bloodlust, not withstanding it's perverse entertainment quotient. Sociologist and environmentalist Dr Peter Cock argues, with the benefit of decades of experience, that apathy is debasing our democracy.

"We're so pious and arrogant at our democracy. But in a sense we've also given up on it. We've stopped engaging in it. Part of it is because we've lost learning citizenship at a grass-roots level.

"We need to have aspirations for a better society. We in the West tend to think we've made it and we've arrived. Well, we haven't arrived."

Peter Cock believes we are withering socially and culturally, cut off from community and without the traditional support of family and tribe. We need, he exhorts with a veteran warrior's wisdom, to have more power at the community and neighbourhood level.

"We are social beings. We come out of a tribal village heritage. That's part of who we are and that's what grows us. It has also oppressed us. I think we've gone to the other extreme – individualism. That deprives us of the support and meaning that comes from being in a community.

"About 20 per cent of households are only one person; the nuclear family has shrunk and become increasingly unstable, broken up. We haven't got the social and intimate support in our personal environments we used to have and that we need. And all the substitutes that we've drawn on – the materialism – are not a substitute for that.

"The question of what's the cause of our social ills in terms of drug addiction, suicide,

mental illness – much of it comes back to the loss of community."

Cock wants us to revitalise and reclaim democracy by seeking, initially, greater control over our local environments. It's all about citizenship, and the rights and responsibilities that underpin it.

The point is for us to not just create neighbourhoods and communities that are more supportive. The bigger idea driving Cock is to use that as the foundation for greater participation in government. And that does not mean undermining government. He envisions a partnership with our professional politicians to allow us an ongoing voice in decisions about spending and taxing and regulation and resources.

"Why do people have to be dragged to the polls? It's because they're not dumb. They know they don't have much of a say. They have a vote every three years and that's all. If we're going to get past apathy and reactivate, you've got to give people real power and the only way to give people real power is to have real say over real issues."

Cock is urging people to work, initially, with their local governments to seek extra control over neighbourhood resources.

"But how are we going to facilitate that? I think it begins with local governments being prepared to say, Righto, we'll give you some power over things.

"Even if it's for five years – we'll give you management of street flows. You can use your rates and taxes to set up a park or run a childcare centre or something like community shares. Or grow a community garden, so long as people have a substantial reason to interact and know their neighbours and engage with their neighbours and take account of each other."

Peter Cock has spent much of his life on such issues. Almost four decades ago he undertook what has been his hardest challenge: setting up a sustainable "intentional" co-operative community of about 240 hectares on top of a hill near Healesville. It's called Moora Moora (mooramooraa.org.au) and the public can visit on the first Sunday afternoon of every month.

The Short family visited it after a school trip left one of my children impressed and even inspired. It has about 30 houses and generates much of its own food and energy. The children attend local schools each day while most adults head off to regular jobs.

It's impressive because it appears to work well and has been around for so long. It shows there are ways we can build on the progress that has brought us much material wealth but

perhaps not so much inner richness.

"A lot of people who come to Moora Moora come for the sake of their kids because they know living in a community is going to be great for their kids' socialisation. It is tremendous in terms of growing strong children who can mix it with society."

The thing that has him excited today is the potential of technology to facilitate, even supercharge participation. The internet can provide a missing piece of the structure Cock envisions. As well as being a powerful resource at the street level – it can alert people to growing risks and impending natural disaster – the web is the tool that can allow us direct input to the public policy process. It can be the thing that reinvigorates those jaded by being limited to a vote once every three or four years.

"I'm not just interested in the local street. It's important to regenerate at that level. But how do we bring life back into democracy or citizenship so that people really feel capable and desirous of engaging in looking after our society, looking after the planet?"

"The citizens are locked out – you get asked to vote every three years and that's it. With the internet, people can vote for other things... But we don't get to vote on how much we spend on defence, or how much we get to spend on the environment or whether we have a climate tax or whatever." Such things happen, for example, in California and Switzerland.

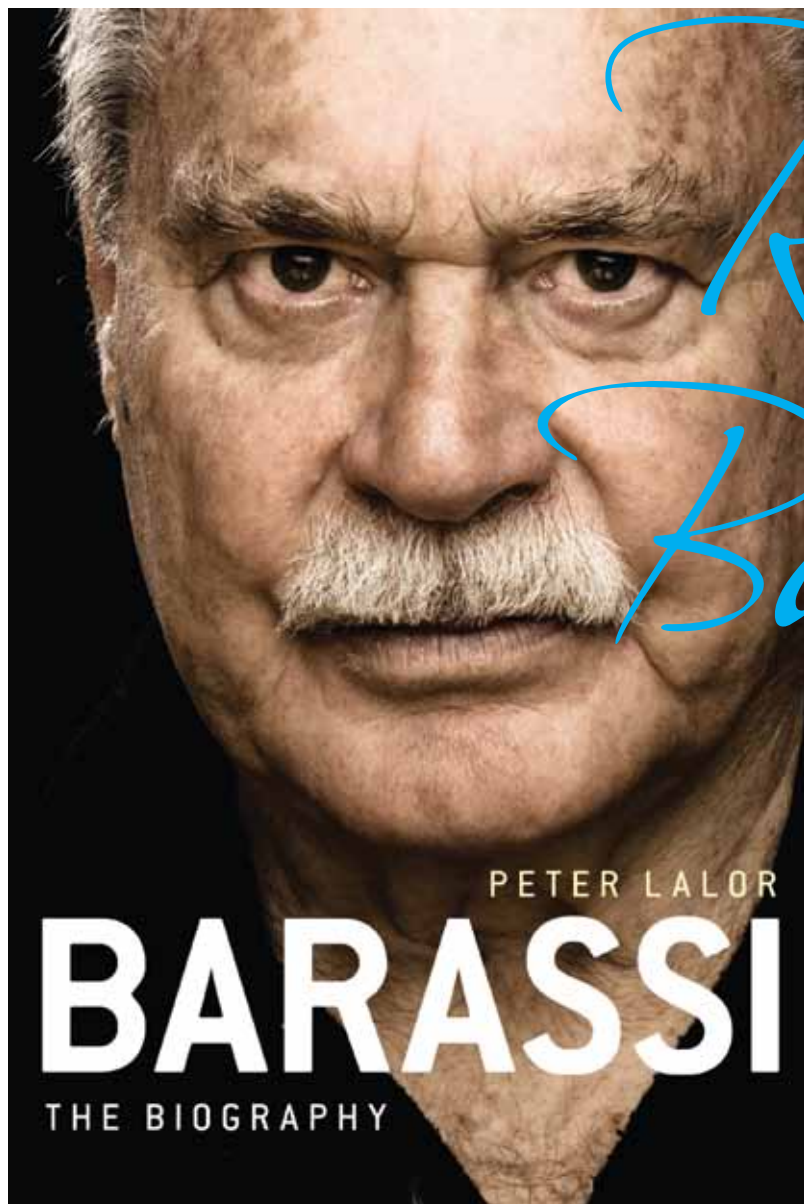
We should cherish our system, it's stability and all the effort that has gone into it's evolution. Peter Cock is right: we should not be apathetic; we should use our freedom to build on our opportunity and relative privilege. Paying taxes does not equal participation.

Many people might find what he's advocating confronting. After all, many would claim to believe their neighbourhood is good and strong and linked into the best things available for children and families. But perhaps those of us who think things are OK might pause and consider whether that is really so. Anyway, how might we make it even better?

"By directly participating we deepen our understanding of citizenship. It's not easy living in a community but it's more meaningful than a lot of other things"

"The Zone is about the free market for ideas. It presents arguments for moving from what is the case to what ought to be the case. It is as much about the thinkers as it is about their thoughts. Across media, public policy, philosophy, philanthropy, design, business, culture and more, it seeks to bring fresh visions into public debate."

Thanks to Fairfax www.theage.com.au/opinion/the-zone



A conversation with

Ron Barassi

A former Australian Rules footballer and coach, Barassi's name is synonymous with Australian football. He received All-Australian honours in 1956, '58 and '61. Barassi was made a Member of the Order of Australia in 1978 and Victorian of the Year in 2009. In 1996 he became an inaugural inductee in the Australian Football Hall of Fame. For his 70th birthday he did a trek of the Kokoda trail and he continues to take an active interest in politics and the environment.

The Best Player in the Under-17 International Rules Series is awarded the Ron Barassi Medal.

TLP: Welcome Ron to The Last Post. Just a general question. Has Australia changed and to what degree since you started being a public figure or playing football?

RB: Fortunately, not too much. I'm a bit worried about the future. I think the last two generations, therefore my generation and the next one are to blame for anything that's going wrong. In my opinion, young people seem to have less respect. They seem to listen less and appear as if it's 'hey, hey, look at me'. It's not everyone of course as there are a lot of good young people, just as there were before but there seems to be a lack of discipline at schools now and there's been a lack of focus on that. Maybe it's the fact that mum and dad are out working. This may be why Australia is one of the wealthiest countries because we work hard and we're very proud of that and should be but there is a downside. As a grandfather, I think it's affected the kids. I think the future can be very, very good if we keep an eye on these things.

TLP: Do you think, discipline being an integral part of a person's upbringing that kids need to and want to know where the

boundaries are and if we don't provide that we're letting them down?

RB: It's easier if there are boundaries, a lot easier. But there are many challenges now that kids are expected to deal with, take drugs for example. Some say we've been too soft on that. I'm very big on appropriate punishment and this should be the case with drug dealers. Some people say to me, when I've raised this point, 'Hey Ron, but you used to have a couple of hotels, didn't you?' and that's a good point, however alcohol's been around since time began. We could be stricter there, also with the professional criminals, the one's that live and profit by crime.

TLP: I know that with the structure of your life there are and have been things you have to do and whilst you mightn't like doing them, if they're for the betterment of not only yourself but the team, or on a social level, society, then they have to be done.

RB: You're probably alluding to training sometimes when you don't feel like it. That's when you have to draw on your own self-discipline and will-power and actually do it because you know you have to. Luckily for me,

I enjoyed most of the hard work associated with that area of sport. It has its own rewards.

TLP: Did you enjoy it from the start Ron, because you had a mentor in someone like Norm Smith. Is it important for kids to have a mentor?

RB: It's certainly a great help and, how lucky was I? I often say, at gatherings, the best way to get a game in the AFL is to live with the coach, which I did for four years. But he was actually harder on me because he didn't want anyone pointing the finger at him about his 'little favourite Ronny'. He was very hard on me and in the same position I would have been very hard too.

TLP: Yes, well, you did have a reputation Ron and we've seen a few of the old film clips.....

RB: Oh, no, no, no, no, no! Absolutely wrong! (Hah hah)

TLP: Oh, it must've been someone else, I mean, the players seemed genuinely scared of you.....

R.B. Well, ah, I hope not. Other people have said so but they weren't there.

TLP: You lived in the bungalow out the back of the Smith's, a neat bungalow, right or was it a right royal mess?

R.B. No, no it was always perfect. (laughing) Oh, sometimes it a mess but I was only a teenager.

TLP: Talking of sticking up for things you believe in....what happened.....There was an episode in Las Vegas, a detective, a Brendan Tumulty.....is that right? He broke your nose?

R.B. That was in a game of football in New York. We were playing the Irish in New York and this big guy, the four of us met later, after the game whichI think they won actually! We'd beaten the top teams in Ireland but we couldn't beat the Irish in New York. Anyway, the four of us met later at the hospital. There were two Aussies, Hassa Mann with a broken thumb, me with the broken nose and they had a little bloke and the big bloke comes in and, as he took off his coat he's got a gun in a holster - he's a policeman you see, so we snapped to attention. But Brendon was a terrific guy and we've been friends for a long while since. What happens on the field is generally not taken off the field..... He was an Irishman in New York so imagine how much he could talk!

TLP: I was just thinking about the American thing and the Irish connection. I know you did the Jim Stynes thing....a big success. Have we tapped into the American thing with the Irish there?

R.B. Well, the Irish being the Irish, I mean wherever they are around the globe, they play their own game and they're very proud of it and good on them for that. It's a very similar game to ours except there's no tackling and it's a round ball. That's the two biggest differences. That's why we ended up playing them in our travels around the world. As far as getting players from America, the Gaelic game isn't big

and time there. Some say that's it's a waste of money. I can't agree. If nothing comes of it we will be broader inside because we've tried to grow. So, it's a good thing that we're trying to do. I believe that good things will come from it.

TLP: You would work with the understanding that it's better to try and fail than to use the possibility of failure as an excuse not to try?

R.B. I should have had you alongside me when I was giving addresses to people in the past! That's very good and that's exactly what I mean by that.

TLP: Well, you're articulate in so many ways....just ask the North Melbourne players..... talking of discipline and we were talking before and you touched on the suggestion that kids today and discipline and etc etc, when you did the Kokoda Trail, did you find that was something that brought you closer to an understanding. Did it bring you closer to an understanding of what Australian soldiers in the Second World War went through?

R.B. Yes it did. One of our group was a retired Qantas pilot whose uncle had been killed on the Kokoda Track. He brought with him letters from his uncle. His uncle was in the middle-east like my father who would have been in New Guinea too had he not been killed. Actually a lot of Aussies who'd been fighting in the Middle-East came to New Guinea so, for me there was that extra connection. The letters helped him figure out to within 300 metres where his uncle had died. We held a service there and it was very emotional. Moments like this bring home to me the stupidity of war, and the waste of young lives.....

TLP: I understand. There's an emotional barometer. .

R.B. Returned Service Men and Women are often reluctant to speak of their experiences and their part in the war. Their bond with each

looked at you in that light and did you look upon them as kids in need.

R.B. They might have thought I did but I know what you're getting at. In my view it's all about a strong club and that's why a strong club with strong ethical views on the field and off the field is essential. You'll see clubs that have a long run of success have a solid structure and their ideas and ethics are great with a culture. The most important thing for a successful football team is good off field leaders and administration. They then choose the people that go on to choose the players. It's all about good people choosing good people and that's why certain teams who don't have a good culture will find it hard to succeed.

TLP: Ron, what's it like to be an Australian, for you?

R.B. When you think about it we are so lucky. We have a lot to be thankful for. Our standard of living, the freedom, the opportunities we have. With the benefits though come responsibilities. Freedom is a legacy which people have died for. We can't take that for granted. .

TLP: So you're saying that something as good as this comes with a responsibility to be vigilant and, well, maybe just by being just a good person.

R.B. I couldn't agree more. I'm not a religious person but if you don't have rules or you're careless and focus only on yourself then you're asking for trouble. Simple as that.

TLP: Your energy and zest for living is what's made you who you are. What part do you think the loss of your father played in that?

R.B. I've got very good adaptability and I don't hold on to the idea of the past sinking me. It's nice to think about these things because it's the past and a lot of people depend on me and I depend on a lot of people who are part of

"IF YOU DON'T HAVE RULES OR YOU'RE CARELESS AND FOCUS ONLY ON YOURSELF THEN YOU'RE ASKING FOR TROUBLE. SIMPLE AS THAT"

enough there. Most of their good footballers play gridiron which offers huge money if they are successful. America would probably be the last country we could get players from because the younger players are so wrapped up in completing a university college education. After college It's much too late for them to come into a new code of football.

TLP: Is South Africa a chance?

R.B. Yes it is because they welcome anything that's not English for a start. .As a matter of fact I think the AFL are right onto South Africa as a spot to perhaps blossom our game. Of course we all know what natural athletes the black South Africans are. They're fantastic. Yes, there is quite a chance there. The AFL for some years now has spent quite a lot of money

other must be a very close and emotional one that's a reason when I thought of bringing my father's body back from Tobruk, I chose not to. I reckoned he would have preferred to have stayed there with his mates.

TLP: Do you think the Ron Barassi we know would have materialised regardless of the input from your father, limited as it was, or Norm Smith?

R.B. I do but another person in the mix of all this of course is my mother. She was fantastic and that was the reason I was connected to the Smith household. Mum was great friends with Norm and his wife Marj. I just had very good people around me.

TLP: With the importance of having a mentor or mentors, do you think your players

the living thing and a lot of these people who you might be emotional about, the dead people are looking down or in the case of my father, looking up, I don't know, he would say, ' No, no Ron, stick to what's going on today'. I don't get dragged down by any past.

TLP: What's Ron Barassi up to now?

R.B. You mentioned something this morning about the sailing and we may be going to the boat racing on the Whitsunday's with John Bertrand as captain.

TLP: If you need any extra crew let us know.

R.B. Our crew are called Once Were Worriers! We'll be on a sixty-footer. We could've been on a one-hundred footer but John said that would be boring and he wants us to have some work to do

Where there's a *will* there's a *way*

As many parts of our country start to rebuild after the recent floods, cyclones and bushfires Red Cross is reminding us all to prepare a Will.

Red Cross Donor Relations Manager Ian Williamson says "A Will is the most practical way of ensuring our final wishes are clear and the people we wish to look after are, in fact, provided for.

"We have all seen and heard in recent weeks how Red Cross has been called on to help thousands of people affected by natural disasters right across Australia.

"The scale and breadth of the floods and cyclones that battered Eastern Australia since December was truly staggering and the effects will be felt across Australia for some time.

"Our first instinct has been to help, indeed Australians have donated millions of dollars to flood appeals in Victoria and Queensland and tens of thousands volunteers have come forward to lend a hand in any way they can.

"However, we can also use that powerful, human instinct to help in another way," says Mr Williamson.

"A final gift, bequest or legacy to Red Cross can help ensure Red Cross will still be around for the next 100 years to meet the needs of the most vulnerable people in our local communities."

"One donation may not go far, but together with thousands of others Red Cross can help ensure elderly people are cared for and the vulnerable are reached by Red Cross in remote communities across Australia.

"With more than 100 million volunteers worldwide and 60,000 members and volunteers in Australia Red Cross reaches people and places like nobody else.

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Australian Red Cross works closely with Red Cross and Red Crescent partners overseas to help provide adequate water, sanitation and community health programs in the Asia-Pacific region.

Almost one billion people in the world still don't access to clean water, and two billion don't have adequate toilets.

Red Cross is now among the world's leading humanitarian providers of water, emergency accommodation and sanitation services.

Red Cross is also very active in assisting refugees and asylum seekers.

It is estimated there are 214 million migrants worldwide searching for a better life, and tens of thousands of these become victims of abuse, extortion or trafficking.

Red Cross is the international champion for the Geneva Conventions which protect the wounded, prisoners of war and civilians during periods of armed conflict.

Closer to home, Red Cross Good Start Breakfast Clubs provide breakfasts for school kids all around Australia. Good Start Breakfast Clubs provide nutritional support in a comforting environment and help encourage children to develop social and living skills.

Telecross is a Red Cross community program which provides a free reassuring daily phone call for elderly people living alone. Every day hundreds of Telecross clients are contacted by trained Red Cross volunteers to confirm they are safe and well.

You can make a donation anytime to Red Cross by going to the website at redcross.org.au, calling toll free anywhere in Australia on 1800 811 700, or by sending a cheque or money order to GPO Box 2957 Melbourne VIC 8060.

Images courtesy of Red Cross



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The Big Set.

By Murray Walding

Former teacher and surf shop owner, prominent surfer and muso, author Murray Walding (Blue Heaven - The Story of Australian Surfing, Surf-A-Rama and Plastered) writes on the benefits of having a relationship with the ocean

I wasn't even thinking about my shoulder. I was more concerned about the big set that was washing down the point at National Park. If another set like that came through while I was paddling out it was sure to drag me, and the four other guys who were about to jump off the rocks, half way down the headland. There was a brief lull and I sprint paddled around the remains of the set and out into the take-off just as another set arrived. I headed wide and watched over my shoulder as the surfers inside me got it on the head.

It was one of those moments- a set wave heading straight towards me and no-one else to get in the way. I swung the board around and pulled myself onto the deck. There was a clunk in my left shoulder, but that was nothing new. It had been clunking ever since a back pocket player from Irrewillipe had ground my face and shoulder into the coarse turf of their lumpy home ground, and that must have been around the time the Tigers won their last flag.

I dug hard for a few strokes but for some reason my left shoulder wouldn't work and

the wave smoked along without me. I cursed and swung the board back towards the takeoff as the next wave in the set thundered around the Boiling Pot. Spray and swirl were already tearing off the crest of the wave as it steamed towards me- I paddled hard and felt my shoulder clunk again. It was no longer following instructions. It went limp.

The white-water washed straight over me and dragged me ten meters closer to the rocks. I put my trust in my leg-rope and abandoned ship, only to be dragged further back and right over two muscular surfer types brimming with braggadocio and tattoos. They weren't happy, so I explained to them that I really had no intention of killing them but it was just that well, my arm sort of wasn't working all that well. They muttered a few curses in my direction and I couldn't help but notice that the milk of human kindness does not flow with any vigour when a head high set is churning across the rocks towards you. It wasn't the curses that hurt- it was the scorn in their voices. Suddenly

THE WHITE-WATER WASHED STRAIGHT OVER ME AND DRAGGED ME TEN METERS CLOSER TO THE ROCKS. I PUT MY TRUST IN MY LEG-ROPE AND ABANDONED SHIP, ONLY TO BE DRAGGED FURTHER BACK AND RIGHT OVER TWO MUSCULAR SURFIE TYPES BRIMMING WITH BRAGGADOCIO AND TATTOOS... SUDDENLY IT WASN'T ONLY MY SHOULDER THAT WAS TAKING A BATTERING, IT WAS MY EGO TOO.



SO THERE'S A LESSON HERE FOR YOU... KEEP YOURSELF AND YOUR BODY SUPPLE. GO FOR A SHORT PADDLE.. OR... SIT AND WATCH THE WAVES... LET YOUR HEAD CLEAR... AND DON'T GO HOME UNTIL IT DOES. IT WON'T TAKE AS LONG AS YOU THINK. YOU'LL BE SURPRISED AT JUST HOW MUCH THIS WILL IMPROVE YOUR DAILY ROUTINE- AND YOUR LIFE.

it wasn't only my shoulder that was taking a battering, it was my ego too.

The rest of the set washed me down the point. I could still paddle with my right arm but the left was useless. I couldn't lift it out of the water. I finally latched onto a stray wave, clambered to my feet and surfed in to the beach at Little Cove. A few days rest didn't seem to do a lot of good and a trip to the local doc left me in no doubt. Without some extensive rehab, shoulder surgery was a distinct possibility.

The rehab involved lots of tugging on a long green elastic band. What the neighbors from across the way must have thought if they'd peered through their blinds and saw me waving and sweating my way through my morning gyrations I hate to think, but I kept it up for a few months until I could paddle again. Then I had a relapse. The daily grind of the exercises wore me down and taking no notice of the continual ache in my shoulder I started off surfing again. You can guess the rest.

So this time I've been good. I stretch my arm joints into all kinds of contortions every day. I paddle gingerly around the break and save my shoulder for the times I have to sprint paddle onto a wave or out of the way of some travel weary back-packer. The pain is finally easing and I'm ready for a trip into the Indian Ocean next month to try out my shoulder in some serious surf.

So there's a lesson here for you, if you're old and our shoulders aren't what they used to be- look after them. Stretch and stretch again to keep them strong and limber. Keep yourself and your body supple. Go for a short paddle and if the waves aren't doing it for you or it all seems too energetic, go down to the beach anyway. Sit and watch the waves, or the other surfers in the water or the early morning holiday makers walking along the beach. Watch the waves a bit more- let your head clear... and don't go home until it does. It won't take as long as you think. You'll be surprised at just how much this will improve your daily routine- and your life.



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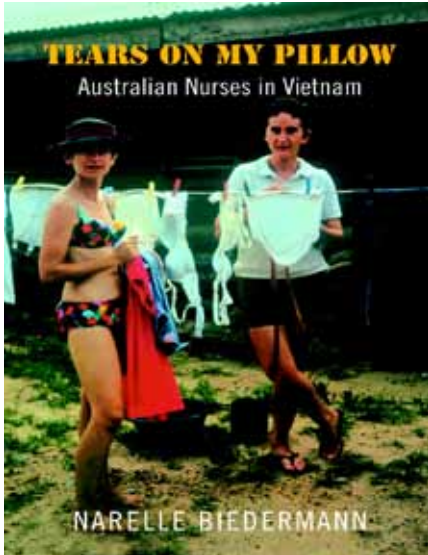
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Tears On My Pillow

Australian Nurses in Vietnam - A new book by Narelle Biedermann



Most books that look at the involvement of Australians in the Vietnam War rarely allude to the role of nurses. But war and nursing are unequivocally linked. *Tears On My Pillow* describes the experiences of nursing using the words, voices and photographs of these servicewomen. (ABC Shop)

Whenever the Australian Army has deployed on operations, it's nursing sisters have deployed with it. When the various state militia deployed to South Africa, some nursing sisters even paid their own fares to accompany the troops to provide the care that is inevitably required when soldiers go to war. Nursing sisters were an integral part of the Australian Army when it was formed on the field of battle in 1901, nursing the wounded and sick back to health in conditions which by today's standards were quite primitive indeed.

The same dedication was experienced by the Anzacs wounded at Gallipoli, both at Lemnos within the sound of battle on the peninsula and at base facilities at Alexandria and Heliopolis in Egypt. In France and Palestine during World War I and in North Africa and the Pacific in World War II, the dedicated sisters and nurses of the nursing services tended the wounded, often in appalling conditions.

"I DEDICATE THIS BOOK TO THE WONDERFUL WOMEN WHOSE STORIES ARE TOLD HERE, AND TO ALL SERVICE NURSES WHO HAVE SERVED , SUFFERED AND DIED FOR THE PROTECTION OF HUMANITY"

The nurses who deployed to Vietnam typified the make up of the Australian Army at that time. Some were veterans of service during World War II and the occupation of Japan and all the intervening campaigns in which Australia was involved. For others, it was their first experience of military operations, but for all who went there, Vietnam was an environment very different from anything they had previously experienced.

Although medical technology had improved considerably since South Africa, Vietnam provided it's own challenges to the nurses who were required to serve in conditions significantly less comfortable than those in which they had trained and from which they volunteered for military service. Yet they soldiered on, and many an Australian veteran is grateful for the dedication and care that these nurses provided. This is their story, told by them through someone who is continuing the tradition of Australian Army nursing. Not only is it a record of the service of the nurses of Vietnam, this book will add immeasurably to our understanding of nurses of the Royal Australian Army Nursing Corps and of the role they have always played. And I am sure that whatever the future may ask of the Australian

Army, the members of the Royal Australian Nursing Corps will continue to uphold those great traditions, inspired by those whose service this book records.

"I dedicate this book to the wonderful women whose stories are told here, and to all service nurses who have served , suffered and died for the protection of humanity".

Most books that look at the involvement of Australians in the Vietnam War rarely allude to the role of nurses. But war and nursing are unequivocally linked and the contribution of these women undoubtedly affected many soldiers in profound ways.

With little more than sage advice, a total of 43 Australian Army nursing sisters were sent to Vietnam between April 1967 and November 1971, undertaking tours of up to twelve months. The nurses were assigned to a military hospital in a war zone with little advanced preparation of what they'd encounter: caring

for horrifically injured soldiers straight off the battlefield, understaffed, using basic equipment and often in difficult working conditions.

Narelle Biedermann's 'Tears On My Pillow' describes the experiences of nursing in the Vietnam War using the words, voices and photographs of these servicewoman. These veterans tell tales of femininity interspersed with the reality of the military environment through their stories of trauma, distress, tears and grief that went on for many years and stories of underwear, fun and the basic things in life.. (ABC Shop)

After two years working in the Townsville General Hospital, Narelle Biedermann was commissioned as an officer in the Australian Regular Army as a member of the Royal Australian Army Nursing Corps, where she served for four years. She then became Lecturer and Director of Research in the School of Nursing Sciences at James Cook University, Townsville and stayed there until moving with her Army officer husband Tom and family to the Puckapunyal base. Her first book, 'Tears On My Pillow' – Australian Nurses In Vietnam came out of her PhD studies into the experiences of Australian Army nurses.



HARRIS GIVES US THE COLD FACTS ABOUT FINANCE

You might think of super as just 9% of your salary that you can't access. But it's important to remember - it's your money, it's just being held for you until you retire. The main idea behind superannuation is to help you build a nest egg which you then use to create an income in retirement (or semi retirement).

Including it as part of your financial plans is very important for a number of reasons:

- The Age Pension may not be enough for a comfortable retirement;
- You may spend twenty years or more in retirement and your money will need to last for this time;
- Because super enjoys the benefits of compound interest and a long investment timeframe, it could be your largest asset by the time you retire;
- For most people, saving through super can be much more tax effective than saving the same amount outside super because any returns on your super is taxed at a maximum of 15%, rather than your marginal tax rate which could be as high as 46.5%. The government introduced these tax incentives to encourage people to invest in super and help self fund their retirement.

Why buy shares for your superannuation fund ?

Consistent returns over a long period of time.

Shares have been popular with super funds because they have had better returns compared to many other investments, such as bonds and cash, over a longer period of time.

Perhaps you are thinking: "why not just keep money in the bank" as there isn't much risk associated with that.

While keeping your money in a savings account seems like a safer option, the returns are almost nonexistent once you factor in inflation.

For an investment to be growing, you need capital growth, which means share price increases beyond inflation. Over the last twenty years the total return from the Australian sharemarket (capital growth + dividends) has been circa 675% !

Ease of Diversification

Diversification is simply not putting all your eggs in one basket. If you make investments in various companies across the Australian economy (mining, banking, insurance, energy, property etc), then you are more insulated from any possible downturns. Because you can buy small parcels of shares you can get greater diversification by investing in shares.

Compare this to property where a large sum of money is placed in just one investment.

Liquidity

Another benefit of investing in shares is that they are a highly liquid - you can buy and sell with ease. The liquidity in blue chip shares make it easy to find buyers and sellers to execute your transactions.

This is very important as it enables you to lock in profits quickly but also move on from stocks that may have become undesirable.

This compares favourably to selling property, where you may have only 1 or 2 interested buyers

Availability of Information

Information about companies listed on the Australian Securities Exchange, particularly blue chip shares, is just about everywhere: news on TV, newspapers and most financial websites.

You can get an up to the minute valuations of your share portfolio.

As part of listing on the Australian Securities Exchange companies must report material information to their shareholders through announcements, such as financial results, news that may affect the share price (such as acquisitions) and respond to queries relating to large movements in their share price.

This disclosure ensures share holders are kept up to date on their investment but it also enable potential investors to make informed decisions when buying and selling.

Tax Benefits

Most importantly for superfunds are the tax benefits attached in owning shares. This primarily comes in the form of franking credits.

Dividends that most blue chip Australian listed companies pay to their shareholders will have franking credits attached to them and for retired superfund investors, the credits are refunded to them as cash once they lodge their annual tax return.

In effect these franking credits improve the overall income generated from the share portfolio and for superfunds, this is paramount.

TAYLOR COLLISON FINANCE REPORT Disclaimer and Warning
Mark Harris is an Adviser at Taylor Collison Ltd.(AFSL 247083).

General Advice only. Any recommendations in this article are made without reference to its appropriateness to your investment objectives, financial situation and particular needs. Before acting on this general advice, you should discuss with your investment adviser the appropriateness to your own specific circumstances.

Ross

Ross Wilson, best known for fronting bands, Daddy Cool and Mondo Rock, has also produced albums (Skyhooks), performed solo and appeared on television as a judge on celebrity singing TV series, 'It Takes Two'.

Wilson was individually inducted into the Australian Recording Industry Association (ARIA) Hall of Fame in 1989 and again, as a member of Daddy Cool, in 2006.

Ross continues to record ('I Come in Peace') and tour. The legendary singer-songwriter and band leader who, as a kid, sang in church choirs in Hampton, has come a long way since going to see Buddy Holly.

Early on a mild summers Friday afternoon outside a cafe in Albert Park, I was having coffee when Ross Wilson arrived. After going inside to get a short black, I returned and while we made ourselves comfortable and waited for the coffee I turned on the recorder ...

TLP: In Canberra, the Australia Day concert you said something like, "this is a great country because we have three national anthems ... You went on to introduce Waltzing Matilda, Advance Australia Fair and then, without a blink, you went straight into 'Eagle Rock'. And the crowd, of all ages, loved it and knew it. Has Daddy Cool's first single and their number one hit worked it's way into the national bode that much?

R.W. Oh yeah, that's my little joke...the national anthem. I stole that from Frankie J. Holden actually 'cos he used to perform 'Eagle Rock' and he'd go, er, "now everyone all stand for the national anthem" and they'd think, okay and so they'd all stand up and he'd play 'Eagle Rock'. I like that. I wasn't arrogant enough to think of it myself but since that idea's come

along, people always have a good laugh when I say that.

TLP: I first saw you when I was fifteen and you played down the Glenelg Town Hall.....

R.W. Yeah ...

TLP: ... in Adelaide, just after Myponga?

R.W. Well, no, I thinkif my memories right the thing we did at Glenelg Town Hall was probably the first.....was part of the 'Glenelg Blues Festival' or something that our friend Alex organised and that was the very first performance of Daddy Cool.....we were like.... we later went on to do Myponga, which is like forty years ago this week. But that was the very first appearance of Daddy Cool, we were over there with this experimental band called 'The Sons Of Vegetal Mother' and Daddy Cool was like a side project from that so we had all the members there and I said to Alex, 'Could we just have a blow on this' and he went and from all the other performances we did soon after they all went nuts, so we thought we were on to something, you know.

TLP: Were you getting tired of the seriousness of 'The Sons...'?

R.W. Well, The Sons Of Vegetal Mothers was a band that was quite eccentric. You know, we sang about, we played ... rock but it wasn't hard rock in the sense of what's hard rock now.....it was very angular kinda music.....you know, we sang about food (laughing ...like brown rice (more laughing) that had this really heavy edge to it and ... it was a lot, a lot of fun but the members were from all other bands so, particularly Mike Rudd from Spectrum and

Spectrum were starting to take off so it wasn't meant to last forever and when the members from their other bands started to get a lot of work and stuff and Daddy Cool started to take over we thought, ah well, that's enough, we won't do that anymore.

TLP: Did music take off for you after seeing Jerry Lee Lewis and Buddy Holly or had it been stewing up before?

R.W. Oh yeah, well I was already in to it, that's why we went along and we nagged my Dad to go along and see Buddy Holly and The Crickets and Jerry Lee Lewis and Dad had a mate with two sons so we all trooped off together and had a good time but I was already diggin' the.....I knew who Jerry Lee Lewis was and I think I'd bought 'That'll Be The Day' by Buddy Holly and The Crickets so, we were into it but the excitement of the actual live gig ... made a big impression on me and I used to fantasise about being on the stage at Festival Hall myself and, wow, it only took about five or six years before I was. But, you know, in teenage years, everything goes real fast, it's sorta so washed up, so...there I was when I was sixteen in 'Battle Of The Bands' playing on that same stage, you know,I never imagined it was going to happen but it happened and a few years later I was headlining with Daddy Cool on the same stage so if you put the ideas out there, they do come to pass if you ...

TLP: Spot on and I suppose, we were talking about.....it's all about...well, hard work, talent and focusing on good stuff. Your enthusiasm for music, was it there since you first heard it?

" ... THEN THE R AND B THING HIT, YOU KNOW, WITH THE STONES AND THE KINKS AND MANFRED MANN AND ALL THAT SORT OF STUFF AND I THOUGHT, 'WOW, I LOVE THIS'. I WAS ALREADY INTO THE BEATLES AND THE MERSEYBEAT THING BUT I THOUGHT THIS WAS, LIKE, A LOT MORE DOWN MY ALLEY, WILDER AND I LIKED THE BLUES, YOU KNOW AND I TOOK UP PLAYING HARMONICA AND I GOT GOOD AT IT REALLY QUICKLY."

Wilson

R.W. Yeah, well ... I think what did it for me was ... ahhh, if you remember, around the early sixties, there was sort of a gap where rock music became very kind of bubblegummy, manufactured, Bobby Rydell kinda stuff and so the excitement fell away and into the gap came folk music and trad jazz, well particularly in England and also around where I lived, down in Bayside, Melbourne. So there was a lot, like local jazz dances was the place to go and, er, one of the best bands from that were The Red Onion Jazz Band, well they were our heroes because a couple of members were a few classes ahead of me at school, so we were like, 'wow, these guys are really exciting' and we started muckin' around ourselves, just me and my friends, like I was playing a bit of trumpet and that but.....then the r and b thing hit, you know, with the Stones and The Kinks and Manfred Mann and all that sort of stuff and I thought, 'Wow, I love this'. I was already into The Beatles and the Merseybeat thing but I thought this was, like, a lot more down my alley, wilder and I liked the blues, you know and I took up playing harmonica and I got good at it really quickly.

TLP: Horrie Dargy, Brod Smith and you?

R.W. There's a lot better people at playing the harmonica than me but I do have my own style. I just picked it up by ear and I was able to improvise pretty quickly because that was not an alien idea because my Dad had lots of jazz records, so the idea of like, hearing a bunch of chords and improvising came quite easily to me.....so then I fronted my first schoolboy

band and in a way we were trying to emulate our older buddies at school by having a band and played at this little church dance and i just felt I felt really comfortable on stage, I didn't have any problem with it, it was like, 'here I am, lets sing a song and get into it and play a bit of harp' and it was quite unlike my usual kinda stance which was pretty low key, at school for instance I didn't like sport much so I like, tried to get under the radar and get out of all of that, so I was falling between the cracks there and until I got into.....got onto stage and found there was an extrovert side of me that felt comfortable and that's been true ever since..... some would say, "Ross, I've never seen you play before and when I saw you on stage I couldn't believe it was the same guy" and, you know, that's good because I have my stage side but when I'm off stage I have a regular life too.

TLP: Daddy Cool had attitude.

R.W. Well, we weren't kow-towing to the audience, we were just, like, "We're in this together, let's all have a good time", and I think they picked up on that.

TLP: What was life like back in Hampton if you weren't a school kid or beach kid.

R.W. I was bit of a beachie, you know, you're trying to find your tribe, which one you belong too and I was into surfing for a while but I wasn't any good at that. I still love surfing, you know, watching surfing and the surf culture and that but I was never any good at it myself. And so, the music thing was always there on the sidelines, discussing music with people of like minds.....

TLP: What were the records you first bought?

R.W. Well, I had the singles I was slowly buying but then I started to get into the blues so, you know, particularly in the folk era which threw up all this, like blues music like Sonny Terry, Brownie McGee and then I discovered John Lee Hooker and early John Lee is extraordinary music ... and then Howlin' Wolf, you know and these guys, I thought they were from another planet, you know...just the sheer kind of rawness of it really appealed to me. So I guess that's where it all ... I started buying ... there was a place, a folk and jazz club we used to go to, hitchhike into on a Saturday night called, 'Frank Traynor's' ... upstairs, it was little, up around Little Lonsdale Street, in an old terraced building that has since been pulled down. If you went upstairs there after school, we'd go straight in after school on a Friday night or a Saturday morning ... there was this guy, Tony Standish and he had a record shop. Well, the record shop was so minimal it was like, a couple of crates with L.P's in it, you know that he'd imported and I found my first John Lee Hooker and Howlin' Wolf there and really it just took off from there ... of course, I was getting into soul music which was getting a big bash from all the Atlantic stuff was coming out and you could buy all those singles from Batman's, brand new so I'd go down and trawl through those 'cos I was very much into seeking things out and finding good sounds that appealed to me.

TLP: For an example, Side 2 of Sex, Drugs, Rock 'n Roll ... which, what, was called

'Teenage Heaven' in America or something, wasn't it?

R.W. Yeah, that's it.

TLP: Well, tracks on that ... I mean there's not many that are heard or featured on Daddy Cool's Greatest Hits or whatever and yet for me and many others, that was perhaps the best side of Daddy Cool on an album and what DC could've been ...

R.W. We were kinda stretching out a bit there and that was the influence of Sons Of Vegetal Mother, you know, there was one song there, I think, Drive-In Movie.....no, no, Love In An FJ, that was from the Sons Of Vegetal Mother repertoire and that stitched in with, the Drive-In Movie and Teen Love songs and that was influenced from Frank Zappa because I was into that and the way he sorta tied a lot of songs together and was experimental but I really enjoyed that side too and that sort of thing. It didn't go down all that well with the mainstream because we'd put out one album that was all friendly and lolly poppy and happy, happy and then we're all of a sudden, we're singing about drugs and sex ...

TLP: But you had to grow and you did.

R.W. Yeah ... it was like the 'Good Daddy Cool' and the 'Evil Daddy Cool', you know, you gotta take both sides of us but basically we were comin' from the same spot which was like, hey, have a good time, it doesn't matter what you do and also it was a social comment because all that stuff, teenage heaven ... that was true as far as I was concerned ... I remember when I was a sixteen year old up until I was around twenty-five, that's all you think about all day long ... is sex, where can I get some, how can I find it?

TLP: After they sent Elvis to the Army, a lot of that music coming out from America was ... well, dishonest because it was all so sugary and ...

R.W. Yeah, well it was the same, rock 'n roll came out of, like rockabilly and doo-wop all mashed together and it was wild and it was uncontrolled and the mainstream got upset because a lot of it was from indie record company's with regional sounds so the big record company's got hold of it and said, "yeah, well we'll work some of that too", so we'll have, like.....Pat Boone, you know singing, 'Tutti Frutti', you know, he'd get all the wild one's and turn them into something shockingly sensible, like, oh, this is acceptable now but of course the people that really knew, knew it was crap.

TLP: Is your philosophy summed up in 'Daddy Rocks Off'? You know, 'you can call it gospel soul, you can call it rock 'n roll, you can even call it jazz, I don't care what you do.....It all sounds the same to me'? That is brilliant.

R.W. Yeah, well you can call it what you like but, yeah, the whole thing about that was having grown up in a house where I listened to rock 'n roll on the radio, bought a few records, my Dad had a jazz collection, my mother was



more into classical music but she was able to explain to me what 12-bar blues was so yeah, it was like, I can hear on these jazz records where rock 'n roll came from. They got the boogie woogie piano and all that sorta stuff, to me there was no barrier there it was all, I can hear exactly where it's come from, from turn of the century ragtime to jazz to blues, it's all linked together and I can hear that in rock 'n roll so, yeah that's what I was singing about in that one.

TLP: You've continued to move forward in a music sense just by playing the field, if it's all linked maybe it's not that surprising but is your enthusiasm something that makes you still interested enough to keep doing new things, to remain relevant?

R.W. Yeah, well the thing being, if you're called a singer-songwriter, you'd better write some songs so you know, like if I just sang the same songs all the time I wouldn't be much of a singer-songwriter so people are lauding me for the songs I've written so I continue to write songs and bring out albums and I always have been pretty much an indie artist even though, like Mondo Rock came out on major labels we own our own masters, we just lease them out to people and the same is true now, my latest album, 'I Come In Peace', it's a very good piece of work, I went to Nashville to do it with excellent musicians, slaving over some songs that had been just lying around for a couple of years but it's a good body of work that says something about me 'Now' and my audience now, not '85 or '75 ... Now. So when you come to see me play I will play some Daddy Cool songs, some aren't relevant but 'Eagle Rock', 'Come Back Again', 'Hi Honey Ho', that to me is the big three!

TLP: Hi Honey Ho is one of the riff classics. Was Ian Winter with the group then?

R.W. Nah, he joined ... we cut the album and then Jerry Noone played sax and piano on that album, he decided he didn't want to come and tour so we thought, we need a five-piece so we got Ian Winter who we knew from Carson so when we got to The States we cut a couple of

tracks with him that went on to the American version of Teenage Heaven, we cut 'Teenage Blues' and 'I'll Never Smile Again' which the record label had asked us to cut because it went down well live so he's on those two tracks, um ...

TLP: It's punchy live and on record so what was that like, having him there ...

R.W. Well yeah, but we were able to play that live. We had me on guitar and Hanna on guitar so we had that double-guitar going. 'Hi Honey Ho's an interesting song because, you know, I was going, 'I wanna write another song like 'Eagle Rock' and 'Come Back Again' because they went down so well, so, what'll I do, I went ... and I actually got the idea from one of those old blues guys, Sleepy John he had this old record called 'Buddy Brown' and the opening melody is what I cop in 'Hi Honey Ho', the rest of it's mine but the riff is mine, everything's mine but I used to have that little melody going round in my head and that started the sound of it which suggest ... 'Hi Honey Ho' doesn't actually mean anything except that's a bunch of words that sounds like the lone ranger or something, you know, like 'Hi ho silver' (laughs) or something but it's Hi Honey Ho, it's about a guy pickin' a woman up on the street. So the Ho bit can be interpreted that way if you like. It's a street song about pickin' up a chick on the street and it's got some pretty raunchy lyrics, 'Shake it, squeeze it, all that sorta stuff.

TLP: It's like catching up with an old friend you haven't seen for ten years. I put on DC the other day and 'Eagle Rock' and 'Hi Honey Ho' seemed just as relevant and powerful as they did back then.

R.W. Yeah, thanks, I appreciate that. And they still go down great live. You know, 'Hi Honey' wasn't a great hit but as soon as I play that opening riff on stage people are up for it just as they are with 'Eagle Rock', they get out of their seats and start groovin' around.

TLP: And you did quite well in America. Did you play 'Eagle Rock' in Eagle Rock.

R.W. Yeah, well we went to the Eagle Rock.....a town there called Eagle Rock which is a suburb

of Los Angeles and they had their own tv. and radio there than it is and was here so we went to this tv. studio in Eagle Rock where they had this sorta Saturday morning hit parade with a dj. where people come in and dance around and we played 'Eagle Rock' and yeah, there's still an awareness of that song over there in that area that is great.

TLP: And your philosophy for the future would be to keep it happening by moving forward to things you're enthused about?

RW. Well you gotta make a living so it's a balancing act so you do what you do while keeping your integrity but it still is a battle to try and get your new material across but I've been lucky with this new album, not so much in the capital cities but everywhere else, in the networks out in the bush and up in Queensland they've been playing tracks from the album, the title track, 'I Come In Peace' and the next one, 'I Got You' is getting a really good reception so after I speak with you I'm walking around the corner to my manager and agent to scope out a regional tour so that's part of the thing, to focus where your audience is and if that's in places you haven't been before, that's where you gotta go.

"UP IN QUEENSLAND THEY'VE BEEN PLAYING TRACKS FROM THE ALBUM, THE TITLE TRACK, 'I COME IN PEACE' AND THE NEXT ONE, 'I GOT YOU' IS GETTING A REALLY GOOD RECEPTION SO AFTER I SPEAK WITH YOU I'M WALKING AROUND THE CORNER TO MY MANAGER AND AGENT TO SCOPE OUT A REGIONAL TOUR."

TLP: Ross, all the best for the up coming tour and the album, 'I Come In Peace' album which is fantastic and proof there's still fire in the belly.

Forty years after it's release, Daddy Cool's debut album, Daddy Who, Daddy Cool is finally getting its first release on CD and also as a digital album. In addition to the original tracks remastered, the Daddy Who? 40th Anniversary Edition comes with four bonus tracks which were included on the Reprise Records international pressing. The artwork comes with all of the images from the original LP cover as designed by Ross Hannaford and Ian McCausland along with new liner notes by Ross Wilson, plus some vintage images from the Daddy Cool vault.



SOME UPCOMING REGIONAL TOUR DATES

SATURDAY, SEPTEMBER 3RD, 2011 WA Divers Hotel, Broome

Cable Beach Rd, Broome 08 9193 6066

Divers Hotel 25th Birthday Weekend - Ross Wilson & The Peaceniks

FRIDAY, SEPTEMBER 9TH, 2011 QLD Mansfield Tavern

181 Wrecker Rd, Mansfield 07 3343 3111

Ross Wilson & The Peaceniks

SATURDAY, OCTOBER 22ND, 2011 VIC Caravan Music Club

Oakleigh RSL, 95-97 Drummond Street

Ross Wilson & The Peaceniks

Reserved seating \$35 / Standing

First time for RW & The Peaceniks at this happening new venue. Bookings via the club's website

SATURDAY, OCTOBER 29TH, 2011 NSW Wollongong Grange

Bluescope Field at Kembla

Rewind Festival

Ross Wilson & band at huge 80s themed music festival - mega in the UK, now in Wollongong!

FRIDAY, SEPTEMBER 16TH, 2011 SA Private Event

Adelaide, Private Event

SuperBand

Ross Wilson, Daryl Braithwaite & Joe Camilleri carve it up for big IT company

FRIDAY, NOVEMBER 4TH, 2011 VIC Private Event

Plaza Ballroom, Collins St - Private Event

Ross Wilson guesting with Plastique

THURSDAY, 26 MARCH 2015 WA Embark Fremantle

Embark Fremantle

Gallipoli Cruise 2015

That's right 2015! So far ahead that my site's calendar doesn't go that far - it stops at 2014

The cruise is being advertised on TV already so deserves a listing here too. Retrace the voyage of the original ANZAC troops from Australia to the battlefields at Gallipoli, Turkey, to arrive in time for the 100th ANZAC Day commemerations April 25th 2015.

On board entertainment to include all-Australian music from Normie Rowe, Daryl Braithwaite, John Williamson & Ross Wilson.

Charity role brings purpose to life

By Rob Lennon

Having been employed in the media for many years, I found myself at a point of wanting something more meaningful and satisfying out of life. I yearned for the chance to help make a difference.

That desire grew even stronger when I joined my local St Vincent De Paul Society around ten years ago.

Visiting people in need, I became more aware of the circumstances of disadvantaged Australians; good people who very often through no fault of their own suddenly found themselves doing it really tough.

I was particularly touched by women struggling to raise children on their own, desperately trying to make ends meet and battling to give their kids the chance of a better life. Most of the time all they needed was a show of support, in the old Australian tradition of giving a mate a bit of a 'leg up', until they got back on track.

I was deeply affected, too, by witnessing older people trying to live on the pension who just can't make ends meet. With many of them having multiple health problems and no family to help and support them, the costs of prescriptions and rent often prove to be too much.

I started to work for a prominent charity in the fundraising area but became more interested in their street-based services working with the homeless and many marginalised people living in some very depressing boarding houses, all with complex problems, a majority unwanted and unloved. When I was younger I used to wonder; 'Why don't these people just try to get a job, pull their socks up and get on with life?'

I have since learned that most of my judgements were very off the mark. So many



SO MANY OF THESE PEOPLE WERE OFTEN BORN INTO VERY DIFFICULT CIRCUMSTANCES SUCH AS THIRD GENERATION UNEMPLOYMENT AND POVERTY AND HAVE HAD VERY FEW OPPORTUNITIES TO FIND THEIR WAY OUT.

unemployment and poverty and have had very few opportunities to find their way out. It is a reality that there are good honest people to whom life has dealt some pretty tough blows.

Moving on from this job, I was fortunate enough to secure a new role managing a sizeable retirement village working with our older citizens. It was so rewarding, and the residents were so appreciative of the time and care shown by staff. Another area of great learning was trying to help the elderly maintain the dignity they so rightly deserve but that ageing can quite often take away

My experience with charity based roles then led me to a position as a Corporate Fundraiser, where I again met so many

wonderful people who support and care for the community, but again I was drawn back to front line welfare work counselling in a detox centre. This is with out doubt a real eye opener working one on one with people battling to beat drug and alcohol addictions where, if you are trusted enough, these hurt and broken people will let you know who they really are, allowing you to see past the stereotypes.

Fate stepped in again when I became ill and could not work during this period. A friend told me about a job opportunity at the St Vincent de Paul Society as a Bequest Officer and I was fortunate to get the job.

Having been a member of the Society for years by this stage, it really felt like I had returned home when I commenced work at the St Vincent de Paul Society. At this time I recognised just how valuable all the experiences I had gained from my past roles were and that they would come to help me immensely in the Bequest role.

As a Bequest Officer, I regularly visit people who are interested in making a difference and leaving a legacy by leaving a part of their will to a charity. I have had the chance to meet many kind and generous people who can't help but continue to care and support others even when they are struggling personally. Each day I come home from work feeling inspired by the many marvellous people I am privileged to meet day to day.

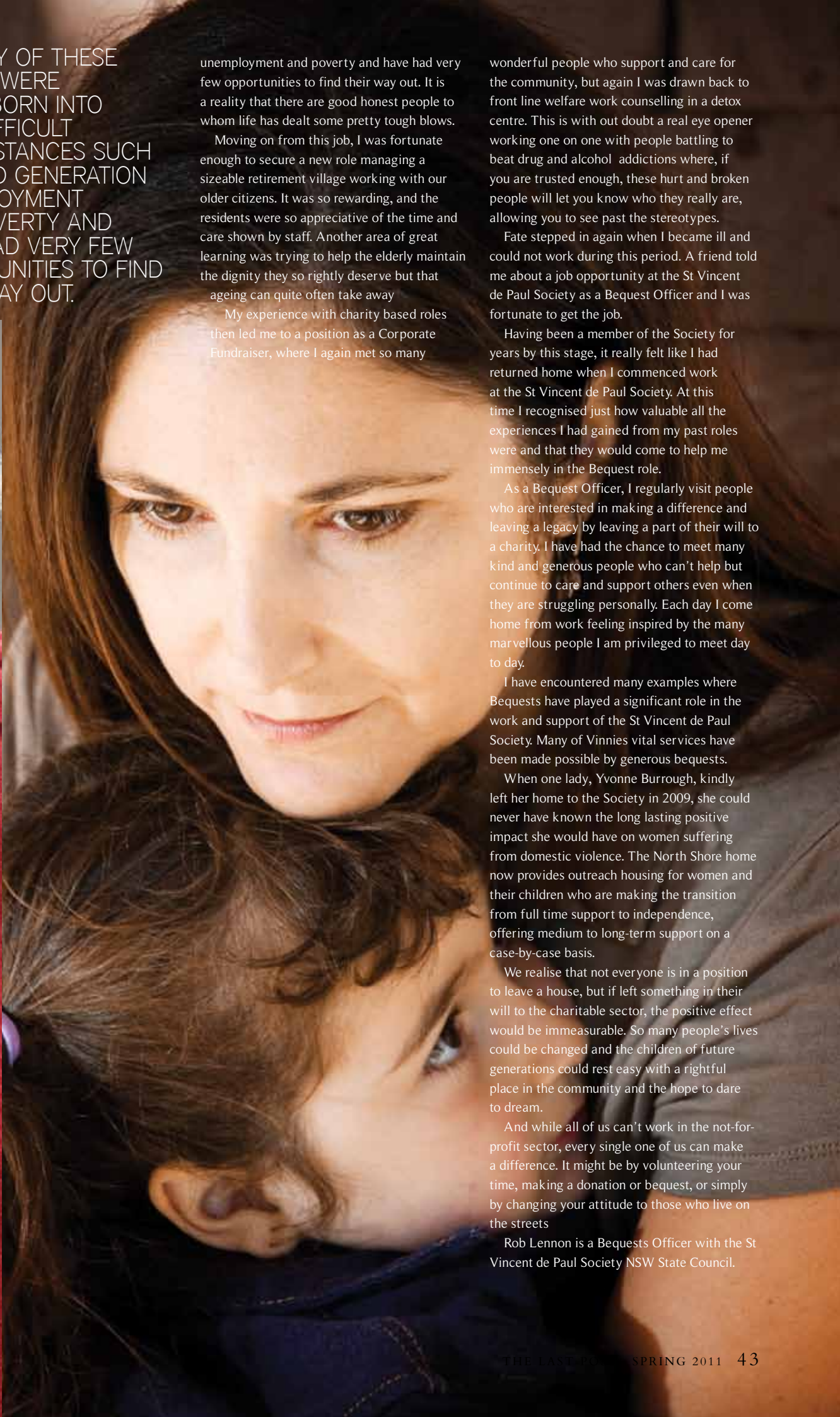
I have encountered many examples where Bequests have played a significant role in the work and support of the St Vincent de Paul Society. Many of Vinnies vital services have been made possible by generous bequests.

When one lady, Yvonne Burrough, kindly left her home to the Society in 2009, she could never have known the long lasting positive impact she would have on women suffering from domestic violence. The North Shore home now provides outreach housing for women and their children who are making the transition from full time support to independence, offering medium to long-term support on a case-by-case basis.

We realise that not everyone is in a position to leave a house, but if left something in their will to the charitable sector, the positive effect would be immeasurable. So many people's lives could be changed and the children of future generations could rest easy with a rightful place in the community and the hope to dare to dream.

And while all of us can't work in the not-for-profit sector, every single one of us can make a difference. It might be by volunteering your time, making a donation or bequest, or simply by changing your attitude to those who live on the streets

Rob Lennon is a Bequests Officer with the St Vincent de Paul Society NSW State Council.



Make the most of being in New Zealand for Rugby World Cup 2011



NEW ZEALAND FESTIVAL



With not long to go until opening match kick-off, excitement is mounting throughout New Zealand for Rugby World Cup 2011 (RWC 2011). New Zealand will be in the spotlight during the Tournament, with more than 85,000 international rugby fans expected to visit the country and an estimated viewing audience of millions.

The NZ 2011 Office is the government organisation responsible for maximising the opportunities offered by New Zealand's hosting of RWC 2011, and focuses on getting New Zealanders behind the Tournament, welcoming our international visitors and showing them a great time, and showcasing New Zealand's unique talents through the REAL New Zealand Festival, the REAL New Zealand Showcase and the NZ 2011 Business Club.

The REAL New Zealand Festival is the biggest celebration New Zealand has ever staged – it already has more than 600 events happening nationwide during the Tournament, with more being added every day. The Festival events cover all spectrums of the community – from tiny towns hosting community rugby games and

market days, to major outdoor New Zealand music concerts; fashion shows and horticultural displays to wine and food festivals, farmers' markets and tree plantings with legendary New Zealand rugby players (including Sir Colin 'Pine Tree' Meads!).

The REAL New Zealand Showcase will present the best of New Zealand business and industry to the world during Rugby World Cup 2011. Through a diverse programme of more than 200 events, the Showcase will demonstrate New Zealand's world-class products and services, innovation and new technologies. Among the Showcase programme are events such as the Rutherford Innovation Showcase, the Real New Zealand Music Tour, and Flair 2011 New Zealand Aviation Exposé.

The NZ 2011 Business Club is a key initiative of the NZ 2011 programme, and connects international business people with local hosts who have similar business interests. Anyone who's coming to New Zealand for the Rugby and would like to be hosted by a Kiwi can sign up to the Business Club online for free. Before the Tournament kicks off, they will be matched

up with like-minded local hosts, and be invited to events and activities around the country.

Being hosted by Kiwis offers international visitors an authentic, personalised experience of New Zealand, and creates a great environment for making new and enduring relationships. Hosting comes in many forms, from a Kiwi beach BBQ to an afternoon out fishing, or attending big-ticket cultural or trade event at the REAL New Zealand Festival or REAL New Zealand Showcase together.

On top of the fun and excitement of the rugby matches, the NZ 2011 Business Club, the REAL New Zealand Festival and REAL New Zealand Showcase offer international visitors plenty of opportunity to make the most of their trip by taking the long way round and experiencing a bit more of the country as they follow their favourite teams.

For more information go to:

nz2011.govt.nz/business
realnzfestival.com
realnzshowcase.com



"...IT'S IMPORTANT TO REMEMBER ONLY 1 PER CENT OF THE LAND AREA OF THE SOUTH ISLAND WAS AFFECTED BY THE EARTHQUAKE...DON'T FORGET THE OTHER 99 PER CENT..."



Much to see beyond the quake zone

While Christchurch has been ravaged by two recent earthquakes, there is plenty in Canterbury that's ready to welcome visitors back to the South Island, writes Angela Saurine.

Christchurch is largely regarded as the gateway to New Zealand's South Island, so the recent destructive earthquakes haven't just had a devastating impact on local residents but on the country's tourism industry as well.

While the city is facing an accommodation crisis after the disaster, its airport is fully operational and tourism representatives are keen to get the word out to travellers that they can still fly there.

Instead of spending the first day or two exploring Christchurch, they are encouraging people to hire a car and head straight to some of the lesser-known towns dotted around the Canterbury region.

They include the French-inspired village of Akaroa on the Banks Peninsula, about 70 minutes drive away, which is a popular destination for sailing, cruises and swimming with dolphins.

Or there is the Waipara wine region, almost 40 minutes drive, where you can swim in hot pools or book a spa treatment.

Or there is the town of Methven, just below Mt. Hutt, which is about 80 minutes drive and a well known spot for skiers in winter.

"Australians might have the view that the whole of the South Island is broken but it's very localised – it's not even the whole of Christchurch city", Christchurch and Canterbury Tourism chief executive Tim Hunter explains. "If I had a choice of where to spend my first night in New Zealand I'd love to stay in Akaroa. It has no earthquake damage."

Hunter visited Australia recently to meet airlines to discuss changing schedules so flights arrive into Christchurch earlier, giving people more time to drive to towns outside the city.

While Air New Zealand has cancelled 27 trans-Tasman flights until July – between Christchurch and Sydney, Melbourne and Coolangatta – it has agreed to reschedule many remaining services, which previously arrived late evening, to arrive in daylight hours.

The buildings in central Christchurch – many of them historic – suffered extensive damage in the shallow, 6.3 magnitude quake.

"I'm not suggesting that people go into central or eastern Christchurch because it's a war zone," Hunter says.

"It's getting better – the roads have been completely rebuilt in a few weeks.

"Aftershocks are coming and going but compared with the big quake, they're pretty minor."

Out of 33 hotels in Christchurch, only 15 are operating – the others having been damaged or in areas that are still cordoned off. Out of 110 motels, 105 are now open.

Accommodation will be at a premium this year because there are so many aid workers, engineers and consultants booking out available rooms during the recovery process.

"People aren't going to have problems getting in and out of Christchurch Airport but we can't give them that nourishing city experience," Hunter says.

But, he adds, he is optimistic about the long term future.

"It's really important that we bring that central Christchurch area back," he says. "There is an opportunity to build world-class buildings and create something quite special.

In the meantime, it's important to remember only 1 per cent of the land area of the South Island was affected by the earthquake.

"Don't forget the other 99 per cent," Hunter says.

Thanks to Escape/NewsLtd.



ANZAC DAY AND THE AFL

For Australian Football – our country’s only indigenous game – Anzac Day stands on the podium alongside Grand Final day as the pinnacle for the sport.

THE FIRST MATCH IN 1995 DREW 94,825 FANS, THE SECOND LARGEST HOME AND AWAY CROWD IN HISTORY





IT WAS SHEEDY'S VIEW THAT A BIG GAME ON ANZAC DAY COULD BOTH DRAW HUGE CROWDS AND PAY SUITABLE TRIBUTE TO THOSE WHO HAD SERVED THEIR COUNTRY

Grand Final day is the culmination of a year's worth of dreams and tears, where one side is crowned as the champion after an intense season of competition. It's a day of celebration and commiseration.

In contrast, Anzac Day is about reflection and recognition, with equal importance for the game overall. It is recognition of those who have served our country and reflection on the sacrifices they have made, that enable us to enjoy the pleasures of a day celebrating sport.

The game is a commemoration of the spirit and sacrifice which is the very essence of our great nation.

It is the AFL's view that the focus on Anzac Day has enabled many of our youth, who thankfully have no experience or understanding of war, to be able to connect with those who have served our country, to understand what they went through and to honour them.

We work extremely closely with the RSL for the production of each Anzac Day match knowing that, for many people, the clash may be their closest involvement with Anzac Day remembrance services. Before the match, a special Anzac Day service is held at the MCG. This ceremony includes the recognition of Australian War Veterans as well as a Flag Ceremony, including the playing of the Last Post and Australian National Anthem.

The modern version of the Anzac Day clash was conceived by then Essendon coach Kevin Sheedy, following a discussion with Collingwood football manager Graeme Allan.

Sheedy served two years in the army during the Vietnam war and, as a player, was part of a record-breaking match in 1977 when Richmond played Collingwood on Anzac Day. This match was the first for legendary Richmond coach Tom Hafey as the new boss at Collingwood opposed to the club where he had engineered

four premierships, and more than 90,000 flocked to the MCG to witness the occasion.

It was Sheedy's view that a big game on Anzac Day could both draw huge crowds and pay suitable tribute to those who had served their country.

A meeting was organised with officials from Essendon and Collingwood, and the then RSL President Bruce Ruxton, who was a keen Collingwood supporter. It was agreed to promote an Anzac Day match as an event to honour those who had served. The first match in 1995 drew 94,825 fans, the second largest home and away crowd in history, and the two teams have since met on each subsequent Anzac Day.

Each year, a different section of the armed services is honoured, and thanked, for their contribution to the way of life we enjoy today in Australia.



Modern football is all about defence, but the Port Adelaide Football Club has a long history supporting and promoting the work of personnel in the Defence industry.

PORT ADELAIDE & OUR DEFENCE

Established in 1870 the club has survived two world wars and many other challenges on the way to collecting 36 premierships in the SA National Football League, and one AFL Premiership in 2004.

The spirit of the club is perhaps best demonstrated by Robert Berrima Quinn who played for his beloved Port Adelaide from 1933 to 1947.

The incomparable Quinn, or Bob as he is known, has an extraordinary list of achievements and honours which make him an undisputed legend of Australian football.

Bob grew up just metres from the Port River and would row twice weekly to train at Alberton Oval. He played 186 games for Port Adelaide winning three premierships (1936, 1937, 1939), four Best and Fairest awards (1937, 1938, 1945, 1947) and two Magarey Medals (1938, 1945). He was captain-coach of Port Adelaide from 1939-40 and 1945-47 and represented South Australia on 15 occasions where he was also captain-coach from 1945-47.

His remarkable list of achievements saw him admitted into both the Port Adelaide and South Australian Football Hall of Fames and culminated with his induction into the Australian Football Hall of Fame in 1996.

Beyond his great feats on the football field, Quinn was also a war hero earning a Military

Medal for "courage, leadership and devotion" at Tobruk on August 3, 1941 where he took command of the 10th platoon and against all odds, fought the Germans and ultimately stood in their way from invading Egypt and taking control of the Suez Canal.

His never-say-die attitude is typical of a man whose bravery and determination as a footballer and soldier enabled him to win a Magarey Medal in 1938, earn a Military Medal in 1941 and then come back to win a second Magarey Medal in 1945 after being wounded at war.

Bob passed away peacefully on Friday, 12 September 2008 at the War Veterans Home, after battling ill health for a long period. He is survived by sons Robert and Greg, daughters Pam and Margaret, 8 grandchildren and 12 great grandchildren. His wife Maysie died in 1995.

One of two grandstands at Alberton Oval is acknowledged as the Robert B. Quinn MM Grandstand, and sits proudly next to the Fos Williams Family Stand. The SANFL also acknowledge Bob every year as part of their



Port Adelaide coach Matthew Primus with Defence Force personnel

ANZAC Round, with the best player awarded the Bob Quinn Medal.

At AFL level the Port Adelaide Football Club has hosted AFL ANZAC Round for the last four years and considers Anzac Day as the most important day on the Australian calendar. The club is honoured to commemorate the sacrifice of our servicemen and women across the generations.

Senior Coach Matthew Primus coached his first ANZAC Round this year and stated that “as a nation, we owe much to those who have fought for our country and our freedom. Thousands have died in the name of that freedom, and at Port Adelaide it is our duty and our honour to mark that sacrifice. What we do on the sporting field doesn’t compare to the battle field, but we are proud to be able to mark our respect in this way. At Port Adelaide, respect is an enormous part of our culture, respect for others, respect for each other and our opponents, and respect for history and tradition”.

With Robert Quinn recognised by the SANFL, the AFL club has chosen the Badcoe Medal to be presented to the player who best exemplifies the ANZAC spirit, showing skill, courage in adversity, self-sacrifice, teamwork and fair play. The medal is named after Peter Badcoe who was the last South Australian to be awarded the Victoria Cross, the military’s highest honour for bravery. Major Badcoe was honoured for three extraordinary acts during the Vietnam War, including one which cost him his life.

The AFL ANZAC Round, continues to grow every year and this year the club welcomed

Defence Reserves Support (DRS) as the game day sponsor. DRS provides a link between Australia’s 45,000 Army, Navy and Air Force Reservists, their employers and the community. Australia relies heavily on this dedicated part-time force, but the Reservists can only make their contribution with the cooperation of their full-time employers. DRS assists Reservists and their employers to make the most of every individual’s commitment.

The club also nominates the RSL as the official charity for ANZAC Round which allows them to collect at the gates before the Power game.

In addition to acknowledging ANZAC Round each year the Port Adelaide Football Club has developed a strong synergy with the Defence industry which is growing quickly from its base at Edinburgh.

Through the newly-established entity Power Community Limited, the Club plans and delivers community programs which engage over 110,000 people every year.

Power Community Ltd Manager Darren Adamson says “We are based in the Port and deliver many programs in the north of Adelaide where families of Defence personnel are living. We met 7RAR staff in Darwin last year and were involved in welcome events when they relocated to Adelaide this year. We have recently delivered a program on resilience and positive mental strength for families of ADF personnel living in Adelaide.”

Darren added that “we see many synergies between soldiers and athletes, in particular the commitment to physical conditioning and the importance of communication, leadership and team work. We look forward to our players and coaches spending time with the 7RAR and other units to share ideas. We also think we have a role to play in welcoming families to Adelaide and supporting families with ticketing and other activities during times of deployment”

IN ADDITION TO ACKNOWLEDGING ANZAC ROUND EACH YEAR THE PORT ADELAIDE FOOTBALL CLUB HAS DEVELOPED A STRONG SYNERGY WITH THE DEFENCE INDUSTRY WHICH IS GROWING QUICKLY FROM ITS BASE AT EDINBURGH.



Denise Scott

As career breakthroughs go, this one took a while for the Melbourne-based stand-up comedian, actor and radio personality.

Denise has been treading the boards for longer than she cares to think but it goes back nearly thirty years when she first started working as a professional actor and comedian. It has been in the last five years though that Scotty has been selling out theatres and finding her books creeping towards best seller status. Scotty's wealth of experience has helped her to now be recognised as one of the country's strongest live comic performers. As Melbourne's Sunday Herald-Sun says, "she only has to look as if she's going to say something and everybody laughs".

She has appeared frequently on Australian television since her regular slot on ABC TV's 'The Big Gig' in 1990 and a weekly segment on 'Tonight Live with Steve Vizard'. In 2004, Scotty received a Barry Award nomination for Best Show at the Melbourne Comedy Festival for her sold out festival hit, *Scotty and Son*, which featured her 19 year-old son. She also penned a book, *All That Happened at Number 26*, a memoir tracing life in Denise's house with her husband, his circus equipment, a king-sized futon sans base, a Ventolin inhaler (to cope with stress-induced asthma), no savings and a couple of kids.

In 2009, Scotty brought *All That Happened at Number 26* to the stage in a brand new solo show that became another sell out hit with seasons in the Melbourne Comedy Festival and the Sydney Opera House. It was, reprised in 2010 with two sold out shows at Melbourne's Comedy Theatre.

Scotty is a favourite guest on many of Australia's favourite TV shows, including Spicks and Specks, The 7PM Project and Talkin' 'bout Your Generation, The Circle, The Melbourne Comedy Festival Gala and Good News Week. She is now a regular co-host on 7PM Project.

Now Scotty is focussing on her second book, a novel and a return to the stage in 2011. She is recording her first comedy DVD and a TV special for ABC TV.

"SHE ONLY HAS TO LOOK AS IF SHE'S GOING TO SAY SOMETHING AND EVERYBODY LAUGHS".

Shoalhaven Heads

RSL Sub-Branch

All over Australia, RSL branches and sub-branches exist with help from a dedicated list of varying membership numbers. From the large city branches to the smaller rural and outer suburban sub-branches they continue the good work started by members with the formation of the RSL back in 1916.

Shoalhaven Heads is quiet village on the NSW coast about 2km's east of Nowra ,with a permanent population of about 2700. This obviously swells during the summer and school holidays.

The RSL Sub-Branch was granted its charter on 25th February 1996 and its membership now stands at 55.,starting from the dozen that attended the first meeting. The Sub-Branch was formed by some dedicated RSL members who had moved into this idyllic area and wished to continue an active participation in the League and pursue the Leagues ideals .The Sub-Branch though small is active in the community in charity work and by ensuring that commemorative days are conducted.

The Anzac Dawn Service now attracts over 1000 people ,Remembrance Day



some 250 and Vietnam Veterans Day about 150. The Shoalhaven Heads Bowling Club provides breakfast on Anzac Day and space for the office and meetings.

Members participate in the traditional badge selling for Anzac Day and Remembrance Day and each year conduct a Charity Bowls Day in aid of Legacy in which is raised in excess of \$3000 .

Ever aware of the moving on of older members, the Sub-Branch is very aware of the need to create other sensible means of membership.

The Sub-Branch takes a great deal of pride in their Memorial Park , located in the centre of the village, with the main memorial ,25pdr gun, anchor ,propeller and a memorial

stone dedicated to National Servicemen and Reservists. The seats in the park are dedicated to areas of conflict that Australia served in. The park is maintained by members with very grateful assistance from the Shoalhaven City Council in Mowing and Tree maintenance Each day members raise and lower the Australian Flag at the memorial flag pole.

This year the Sub-Branch was very proud to have seen Treasurer Frank Ashby presented with the Leagues Meritorious Service Medal.

Whilst comparatively small in number the Shoalhaven Heads Sub-Branch is very active in the support of members and the Ideas of the League.





&

Anzac Day the NRL

Annually, rugby league fans join Australians around the world to remember and honour those who have served our nation in a special pre-match ceremony at the ANZAC Day blockbuster.

The Sydney Football Stadium has become a gathering point for war veterans and current service personnel who, after the city's ANZAC Day march, join thousands of Rugby League fans to again honour and commemorate all of Australian servicemen and women, past and present, and to remember those who made the ultimate sacrifice for our nation.

The traditional ANZAC Day match has become one of the most exciting events of the Telstra Premiership season and this year's contest will carry even more significance as it marked the first meeting between two of the game's fiercest rivals since their historic Grand Final clash last October.

Each year a pre-match ceremony developed in consultation with RSL NSW and the Australian Defence Force provides an inspiring yet solemn tribute to Australian and New Zealand service personnel, past and present, many of whom have sacrificed their lives in service of their country.

This year's ceremony again featured the Australian Army's elite Parachute Display Team, The Red Berets, the Australian Army Band, the Federation Guard, a flag parade displaying the bond between Australia and New Zealand and a formal ceremony involving former Dragons and Roosters servicemen and representatives of the Fuzzy Wuzzy Angels, known for their compassion and care of Australian troops injured in Papua New Guinea during World War II.

The game also included a special post-match ceremony including the presentation of the perpetual ANZAC Cup which an Australian Army Blackhawk helicopter delivers to the centre of the field prior to kick-off – to the winning team and the Spirit of ANZAC Award to the Man of the Match.

The traditional ANZAC Day match is one of the most moving days on the Rugby League calendar, NRL Chief Executive, Mr. David Gallop, says.

Rugby League has always had strong ties to the ANZAC tradition and this match provides a stage for the game's fans in Sydney to come together and pay tribute to the courage, determination, mateship and character of those service men and women, both past and present, who dedicate their lives to the service of their nation.

Rugby League boasts a proud history in honouring Australia's service personnel.

It's a tradition that dates back to 1926 when, on the first ANZAC Day holiday Monday, Easts and Balmain played in front of 20,000 fans at the Sydney Cricket Ground and Newtown and Sydney University played at Glebe's Wentworth Park.

The first match on ANZAC Day was in 1927, when Glebe met Western Suburbs at the SCG and a tradition of ANZAC Day matches, or



WE CAN NEVER FORGET THE SACRIFICE OUR SERVICE PERSONNEL CONTINUE TO MAKE AROUND THE WORLD AND AT HOME AND HOPEFULLY THIS MATCH CAN HONOUR THAT LEGACY IN SOME SMALL WAY.

matches on the Monday holiday, was quickly established.

Through the 1930s ANZAC Day in Sydney also signalled the opening round of the Premiership seasons club matches and in the decades that followed, club or representative matches were played almost every year on ANZAC Day or the Monday holiday.

The Sydney Football Stadium held its first ANZAC Day match in 1989 and since 2002 the Dragons and Roosters have featured each ANZAC Day in a match that continues to capture the hearts of all Rugby League supporters.

There has always been a great rivalry between our two clubs but this match has a special atmosphere unlike any other, Dragons Premiership-winning captain Ben Hornby says.

“Everyone knows what the ANZAC tradition means and it is important that as a game we continue to pay tribute to the significant place it holds in our nation.”

Roosters skipper Braith Anasta says the ANZAC Day game provides an important stage for Rugby League to pay tribute to Australian and New Zealanders who have served in all wars, conflicts and in peacetime,

“For me, to be standing there as part of a ceremony dedicated to our troops both past and present is a very humbling experience,” Anasta says.

We can never forget the sacrifice our service personnel continue to make around the world and at home and hopefully this match can honour that legacy in some small way.





Whatever Happened to The Echomen?

by Greg T Ross

In a house outside of Cairns, amongst the cane fields, apprentice watchmaker Peter Rappolt lived. It was 1957 and during the cane cutting seasons Peter was treated to music from the local Italian labourers.

Those same cane cutters often held house party's during the season, playing banjo and accordion music for anyone who cared to drop in for a listen and some vino. Popular music was played as well as traditional European tunes.

Around the same time, Peter met the Pitt and Reading families in Cairns. Their singing and musical abilities was, just like the Italian cane cutting singers, a revelation to the young Rappolt. It inspired him to take up music. It was a hobby but he kept his hand in long enough, and with enough detail to what was happening on the charts as well, to form the

first version of The Echomen after completing his apprenticeship.

Back then The Echomen was Peter, with Cairns friends Rod Rumble (vocals and guitar) and Ken Lennon on drums. As Roy Orbison, Bobby Vinton and Acker Bilk shared chart success in a country with still less than 11 million inhabitants and with St. George the dominant rugby team, Sydney welcomed The Echomen in 1962.

Peter's brother Charles was living in Sydney and soon joined his brothers group, playing bass. Peter landed a job in the jewellery business until 1963 when The Echomen secured residency at Chatswood's Charles Hotel. Peter and his bandmates belted out their tunes six nights a week as well as Saturday afternoons at the popular pub that recorded the Southern hemisphere's highest beer sales during the bands residency, which lasted from '63 through to 1968. The band proved very popular at The Charles and secured a cult following and respect that led to them also backing artists like The Bee Gees, Johnny Farnham, Rob EG, The Delltones, Sandy Scott and others at The Charles. It was in that first year at The Charles that they wrote and recorded their hit single, 'Ski Run'/'Snowbound' with aborigine, Johnny Forrester. Johnny has received limited acknowledgement as the first aborigine involved in the writing and recording of 'surf music' in Australia. The Rappolt brothers remained grateful for Johnny's contribution





and involvement in the history and evolution of 60's popular music in Australia. The group were signed to HMV (a label that also housed artists like Little Pattie, The Denvermen and The Dave Bridge Trio) and recorded out of EMI's 301 studio.

After more singles ('Boardwalkin', 'Easter Bunny', 'The Bee', 'The End of The Beginning') Rod Rumble and Ken Lennon left the group in '66. New personnel included Anne Reilly, who sang on the bands classic 'Lonely Sixteen', Griff Beale (noted session drummer), Lee Saunders, John Spence, Doug Gallagher (session drummer) and Des Gibson.

The Echomen were one of the pioneers of surf music in Australia and remain the subject of surf band cults in Europe. A six-page documentary on the band can be found in the British magazine, 'The New Gaudy Dancer' (Dec, 2003 Edition). 'Ski Run' itself was re-released with a compilation of Australian surf hits by popular Sydney guitarist Kim Humphries.



THE ECHOMEN WERE ONE OF THE PIONEERS OF SURF MUSIC IN AUSTRALIA AND REMAIN THE SUBJECT OF SURF BAND CULTS IN EUROPE.



*Help us unravel the problem
of heart disease.*

The Heart Research Institute leads the way in unravelling
the many complexities of this silent killer.
It's a massive task, so we greatly rely on the generosity of donors.
If you can help with a donation or a bequest, please visit
www.hri.org.au or call 1800 651 373.

The Heart Research Institute
7 Eliza Street, Newtown NSW 2042

New research provides clues about how we age

Recent findings from The Heart Research Institute (HRI) provide clues about how our cells die as we age and how this might contribute to age-related conditions like heart disease, Parkinson's and Alzheimer's.

Many diseases associated with ageing including heart disease, have a common link – a build-up of damaged proteins. Proteins are the building blocks of muscles, cells and tissues, and perform a critical role in keeping our body functioning.

"Normally our bodies recognise when proteins are damaged beyond repair and send them for recycling or disposal. But in some age-related conditions such as heart disease, this does not happen effectively," HRI Researcher, Dr Rachael Dunlop said.

In examining how our bodies' process these damaged proteins, Dr Dunlop found they were not effectively removed.

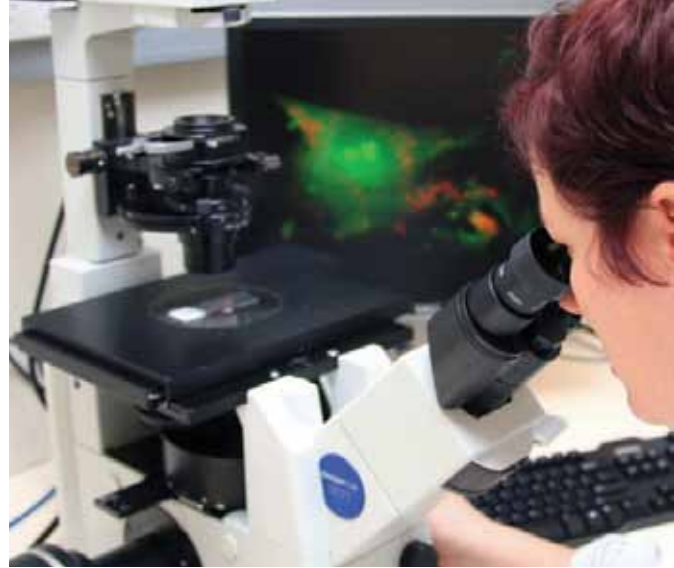
"It has been known for many years that these proteins build-up, but we didn't understand the significant way they contribute to the advancement of the disease and perhaps even the ageing process itself."

The research revealed that cells respond to the build-up of proteins with a process known as "apoptosis" (cell suicide) as a way of protecting nearby tissue from damage.

"This is the first time we've been able to follow the fate of these damaged proteins and measure the impact they ultimately have on cells.

"Damaged proteins like these occur in a wide variety of age-related conditions including Parkinson's, Alzheimer's and heart disease, therefore our findings might provide clues for potential therapies for a wide range of age-related conditions".

" THIS IS THE FIRST TIME WE'VE BEEN ABLE TO FOLLOW THE FATE OF THESE DAMAGED PROTEINS AND MEASURE THE IMPACT THEY ULTIMATELY HAVE ON CELLS"



Australian breakthrough provides better outcomes for heart patients

In a significant breakthrough for patients with coronary heart disease, The Heart Research Institute (HRI) has developed a revolutionary coating for coronary artery stents which is likely to improve the outcome for many patients undergoing treatment for heart disease, the most common cause of morbidity and mortality worldwide.

A stent is an artificial tube that is inserted into the arteries and used open up blockages in the heart. The new coating, developed by Heart Research Institute Group Leader and Cardiologist, Dr Martin Ng, will help the body to accept the implant more successfully and improve outcomes for the patient. "This remarkable coating technology achieves a 10-

fold reduction in clotting and enhances blood vessel healing after the stent is placed, thereby improving the outcomes of patients undergoing stenting procedures," Dr Ng said.

"This result has profound implications for the development of next generation stents with much better clinical outcomes for patients."

More than 2 million stents are implanted every year to treat heart disease. A major problem with stents has been a tendency to clot or thrombose, leading to serious complications such as heart attacks.

Dr Ng and his team have successfully developed a coating for metal alloys that aids the body's ability to accept the stents by allowing it to mimic the vessel wall.

THIS RESULT HAS PROFOUND IMPLICATIONS FOR THE DEVELOPMENT OF NEXT GENERATION STENTS WITH MUCH BETTER CLINICAL OUTCOMES FOR PATIENTS."

How you can help?

The Heart Research Institute would like to encourage you to consider supporting the search for answers by including us in your Will. A bequest to The Heart Research Institute is one way you can continue the fight against heart disease and benefit future generations.

To receive information or our free booklet *Time to Reflect*, which outlines how you can make a bequest, please contact The Heart Research Institute on 1800 651 373, visit www.hri.org.au or email fundraising@hri.org.au

When you make a donation to The Heart Research Institute, be assured your gift is used to directly support scientific research that will make a difference.

Scarborough RSL Sub-Branch

The Sub-Branch was formed on December 8th 1944, a Hall was built and an Obelisk of Granite installed.

These premises served the Sub-Branch well until 1965 when, with negotiations with the then Stirling Council, the Doubleview Bowling Club was formed and the Sub-Branch was relocated to the Clubhouse.

A Memorial Garden was established on the present site on the corner of Shearn Crescent and Millcrest Street, adjoining the Bowling Club.

The obelisk was moved from the original site to this site and a Wall of Remembrance was erected. The Obelisk was dedicated on 24th April 1966.

The Sub-Branch provides Welfare and comradeship to it's members.

Meetings are held on the second Monday of the Month. Activities include bus trips and Guest Speakers, an annual anniversary Luncheon, Anzac Day and Remembrance Day services.

Our Anzac Day service features local Councillors, State and Federal Politicians, Students from Doubleview Primary School, Wembley Downs Scouts, Catafalque Party, representatives from all branches of the ADF, and Challenge Brass Band. We have a great attendance from the Local community, 400 people in attendance.

Remembrance Day service is growing each year and we are confident this will also be a successful annual event.

The Sub-Branch donated a Lone Pine to the Doubleview Primary School. This tree was propagated from the Original Lone Pine in Gallipoli. The School constructed limestone surrounds, the Sub-Branch provided a Memorial Plaque and a Dedication Ceremony was held on 25th April 2011.



EXHIBITION HIGHLIGHTS IMPACT OF WAR ON NORTHERN AUSTRALIA

A permanent display of 'Nackeroo' wartime and NORFORCE memorabilia was officially opened earlier this year at the Darwin Military Museum by the Minister for Veterans' Affairs, Warren Snowdon.

"This display recognises the work of the 2/1st North Australia Observation Unit – nicknamed the Nackeroos – which patrolled large areas of northern Australia during the Second World War," Mr Snowdon said.

"Like NORFORCE today, the Nackeroos had a strategic as well as a tactical role that involved reconnaissance, scouting and surveillance across the Kimberley and the Northern Territory.

"In small groups and often on horseback, they patrolled vast coastal areas seeking signs of enemy activity. They also manned fixed coastwatch stations and ran a signals network," he said.

At its peak the unit consisted of some 550 men and employed 59 Indigenous workers as guides and labourers. Nackeroo operations were scaled back as the Japanese threat receded and the unit was disbanded in 1945.

When NORFORCE was established in 1981 it acknowledged the link to its wartime counterpart by incorporating the Nackeroo's orange and green 'double diamond' into its own colour patch.

A further link between the Nackeroos and NORFORCE was the heavy reliance on the commitment and local knowledge of Indigenous Australians to fulfil its role. Some 60 per cent of NORFORCE personnel have an Indigenous background.

The collection includes photographs, saddles, jeeps, memorabilia and communication devices used by the Nackeroos during the war. Funding towards the permanent display was provided through the Department of Veterans' Affairs Saluting Their Service grants program.

"The Australian Government recognises and appreciates the contribution of the Nackeroos to the defence of Australia during the Second World War, this exhibition will provide a

lasting display for the generations that have followed," he said.

Today's exhibit opening marks the conclusion of a week of celebrations for the 30th Anniversary of NORFORCE.

Celebrations commenced on the 25th June with a moving remembrance service at the Darwin Cenotaph and an anniversary dinner at Larrakeyah Officer's Mess.

For more information on grants and funding available from the Department of Veterans' Affairs visit www.dva.gov.au/grants

Darwin
Military Museum

5434 Alec Fong Lim Dr.
East Point, Darwin

9:30 am – 5 pm, 7 days
After hours by appt.

08 8981 9702

www.darwinmilitarymuseum.com.au



A SPECIAL PLACE FOR ALL AUSTRALIANS

The Australian War Memorial is a special place for all Australians.

It commemorates the sacrifice of Australian servicemen and women who have died in conflict. It is also the premier archive and research centre for Australia's involvement in war and ranks among the world's great museums.

In recent years the Memorial's galleries and grounds have undergone a major redevelopment. The recently opened Hall of Valour houses the national treasure of Victoria Crosses. The upgraded Second World War galleries present the experiences of Australians on the battlefield and home front, and the massive ANZAC Hall is home to some of the world's rarest wartime aircraft

ANZAC Hall houses the famous "G for George" Lancaster Bomber which is the centrepiece of the Striking by night exhibition. This mixes objects, light and sound to evoke the atmosphere of a night operation over Berlin in December 1943. Alongside "G for George" are historic First World War aircraft in the multimedia *Over the front: the Great War in the air* exhibition. Other popular areas include *The Conflicts 1945 to today* galleries telling the stories of Australia's military operations over the past 65 years and the First World War dioramas which count among the Memorial's greatest treasures.

The Memorial has special exhibitions throughout the year. *The Rats of Tobruk 1941* exhibition which runs until 16 November 2011 recounts the deeds of the Australians who fought at the North African port of Tobruk 70 years ago. Uniforms, photos, artworks, weaponry and personal mementoes tell the stories of their courage and determination and show why they earned a place in history. It is followed in December 2011 by an exhibition tracing the history of Australia's military nurses in conflicts from Zululand over a century ago to Afghanistan today.

There is so much to see and do at the Australian War Memorial. Visitors should plan on spending at least a half day during their next stay in Canberra, and there are special family programs during the holidays.

Australian War Memorial

Treloar Crescent
Campbell ACT 2612

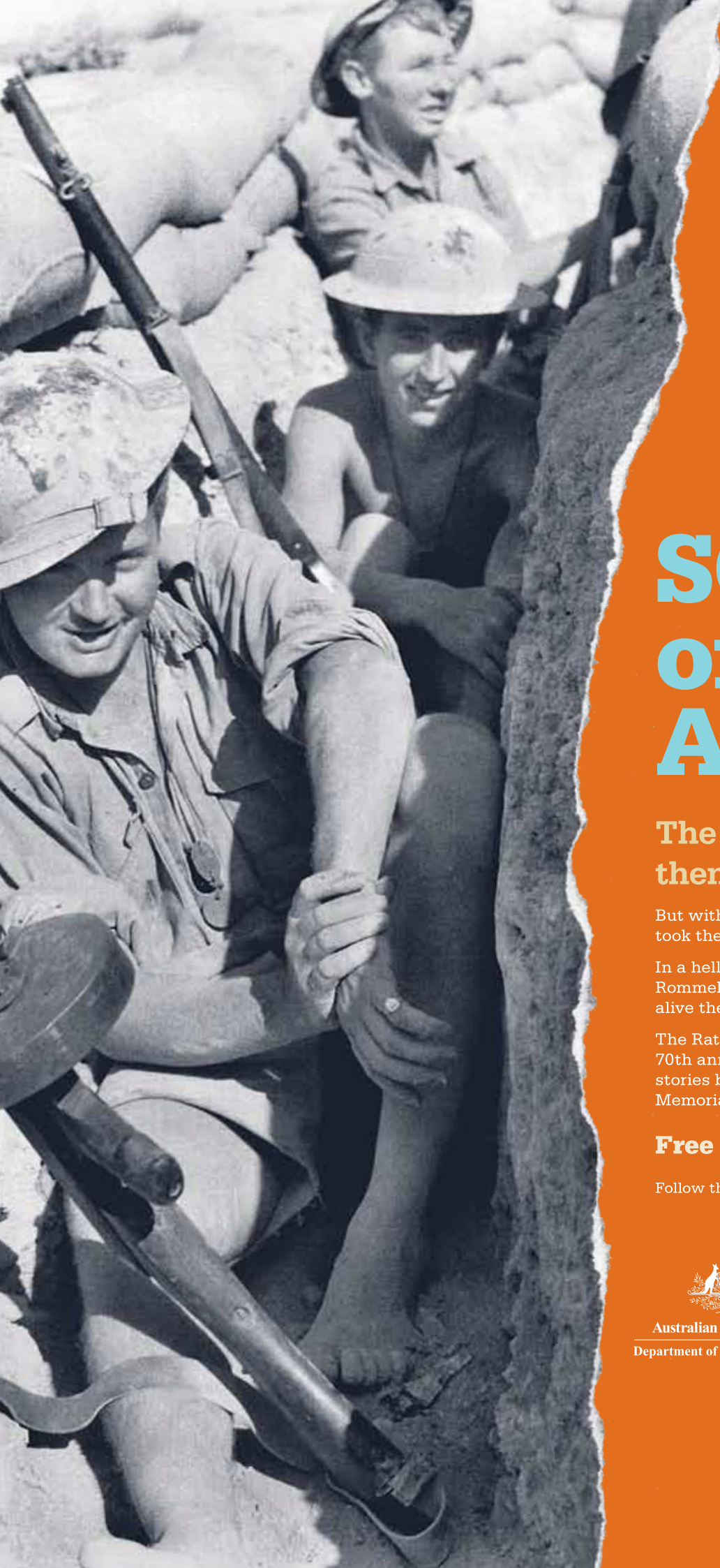
Daily from 10 am – 5 pm
Free entry

6243 4211
www.awm.gov.au



Images courtesy of the Australian War Memorial





RATS of TOBRUK 1941

SONS of the ANZACS

**The Germans sneered at
them for living like rats.**

But with Aussie humour, the defenders of Tobruk
took the name to heart.

In a hell of heat, dust, blood and flies, they halted
Rommel's advance across North Africa and kept
alive the spirit of the ANZACS.

The Rats of Tobruk exhibition commemorates the
70th anniversary of their historic stand. See the
stories behind the legend at the Australian War
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Australian Government
Department of Veterans' Affairs



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LAMBERTVINEYARDS

RON IS A LEADING LIGHT IN THE COMMUNITY FOR PEOPLE WITH A DISABILITY, WORKING FOR EQUALITY AMONG ALL AUSTRALIANS.



*Professor
Ron McCallum AO*

The Senior Australian of the Year
2011 is equal rights campaigner
Professor Ron McCallum AO of
Artarmon, NSW.

Professor McCallum is the first totally blind person to have been appointed to a full professorship at an Australian university.

Professor McCallum was the foundation Professor in Industrial Law at the University of Sydney, and from 2002, he served five years as Dean of Law.

He has fervently pursued equal rights for working people across the globe and was the inaugural President of the Australian Labour Law Association from 2001 to 2009.

He is currently Chair of Radio for the Print Handicapped of New South Wales Co-operative. The organisation operates radio 2RPH, which reads out newspapers and magazines over the air for blind and other print handicapped listeners.

He is also one of two Deputy Chairs of Vision Australia, and one of 12 members of the first monitoring committee for the United Nations Convention on the Rights of Persons with Disabilities.

He was appointed inaugural Rapporteur of this committee and is now the Chair. Ron has also recently been appointed to the Federal Government's National People with Disabilities and Carers Council.

Ron is a leading light in the community for people with a disability, working for equality among all Australians.

Elly Hoyt is a truly gifted jazz vocalist who has an intoxicating love for music and life – even saying, “music means so much that it slightly rules my existence”. The Tasmanian-born, 24 year-old has just released her debut self-titled album, which is sure to be the first of many that shows-off her smooth, seductive and versatile voice.



Elly Hoyt

From the time she stood on stage as a five-year-old and overwhelmed parents and staff – even bringing some to tears - at a primary school performance with a solo rendition of Silent Night, Elly Hoyt has been on stage wowing audiences ever since.

She grew up in the scrub in north-western Tasmania where she often listened to her father's collection of jazz greats, including Ella Fitzgerald, Billie Holiday, Sarah Vaughan and Carmen McRae.

At 13, she decided jazz was the road she would travel after auditioning for the Tattersall's Youth Big Band. Subsequently she joined them and for three years enjoyed valuable experience and learning including performances with the band's patron, Don Burrows and support act for James Morrison.

Born to be a soloist, it was clear at a young age that Elly's sultry tones and natural ability to learn quickly would take her to the world stage in no time. By 14, she was singing the national anthem at the Australia v New Zealand cricket match, making her the youngest vocalist in Australian history to sing before the cricket board. Returning the following year for the Australian v England match, the slender teen continued to amaze audiences with her impressive voice.

Throughout school-life, Elly was well-known by other students for her big voice and the humble confidence she'd exude when performing. School assemblies became more enjoyable when she'd appear on stage to sing.

In 2006, Elly moved to Brisbane to attain a Bachelor of Music, majoring in jazz voice, at the

Queensland Conservatorium Griffith University. A year later, Elly was making waves when she became a finalist in the ABC 612 Jazz Singers competition, judged by Vince Jones.

Winning the renowned Generation in Jazz vocal scholarship, judged by James Morrison in 2008, projected Elly into the Australian jazz scene where she has sung alongside a long list of top Australian and international jazz musicians and vocalists such as, James Morrison, Tim Firth, Phil Stack, Matt McMahon, John Morrison, Steve Newcomb, Mat Jodrell, Chris McNulty, Jim Pugh, John Hoffman, James Muller, Sam Anning, Tony Gould, David Jones, Mark Fitzgibbon to name a few.

James Morrison: “From the moment I first heard Elly sing, I knew she had that classic, indefinable thing that makes one a jazz singer. It's not just a sound, or a choice of notes but a way of approaching a song that lets the listener know - this is the real thing”.

Elly has sung her way around the country performing at the Melbourne Women's International Jazz Festival (VIC), Magnetic Island Jazz Festival (QLD), Broadbeach Blends of Jazz Festival (QLD), Generations in Jazz

(S.A), Rockhampton Big River Jazz Festival (QLD), Thredbo Jazz Festival (NSW), Clarence Jazz Festival (TAS), Noosa Jazz Festival (QLD) and the Devonport Jazz Festival (TAS). Most notably, Elly has returned from a trip to China in 2010 where she performed at the Shanghai World Expo, Australian Pavilion.

In late 2010, Elly launched her debut self-titled album featuring sensational original works and sophisticated arrangements of standard jazz tunes, backed by a Stella cast of seasoned professionals, including: Phil Stack, Tim Firth, Matt McMahon, James Sherlock and John Hoffman. The album won an Australian Jazz Bell Award in 2011 in the category of Best Australian Jazz Vocal Album.

John Hoffman: “She is a brilliant young musician who is already singing like someone beyond her years... I feel that Elly has a very sensitive spirit-an artistic sensitivity that not everyone has. It's rare.”

The album, Elly Hoyt, is a heavily anticipated sample of the smooth and freshly inspiring tones of a new and important vocalist of the Australian jazz scene.

“SHE SOUNDS AS IF SHE BELONGS
IN A JAZZ BAR IN MANHATTAN”
- STEPHEN MATCHETT
(THE AUSTRALIAN)

Brisbane Jazz Agency

www.brisbanejazzagency.com



The MCG: *Sport and War*

by Patrick Watt

To associate sport with war is seemingly to undermine the sheer grotesqueness of the latter, but for many soldiers it was sport that helped build camaraderie, convey a sense of home and provide a time to relax and escape the horrors of war.

But the connections between sport and war range far beyond the theatres of war. One example is provided by the Melbourne Cricket Ground and the role it played during wars.

Every day hundreds of visitors tour the famous Long Room, the change rooms, the media centre, the ground and the many other exciting parts that make up the magnificent MCG, with special attention to 'behind the scenes' in the Northern stand. Now the MCG is offering a new themed tour focusing on the MCG and its many links to sport and war. This article shares some of the information that underpins this tour.

On December 10, 1917 a pro-conscription rally attracted at least 75,000 people to the MCG. The key-note speaker was the Prime Minister W.M. "Billy" Hughes. As there was no public address system, speakers were scheduled to appear on four small stages erected around the ground. Disrupted by violence and the efforts of anti-conscriptionists, the rally became the one of the rowdiest gatherings ever at the MCG.

Sir Hubert Opperman, cycling champion and a R.A.A.F commissioned officer during World War II, was later a successful politician and diplomat. He competed in the 1940 Athletic Track Championships of the Australian Fighting Forces at the MCG.

On April 3, 1942, the MCG was taken over by the Commonwealth Government for what Prime Minister John Curtin called "the purposes of war". The MCG housed the 11th Replacement Control Depot, a staging point where personnel of the United States Army's Fifth Air Force waited until their particular skills were required elsewhere. By mid-1942, the Depot held the largest single concentration of USAAF personnel in Australia and by October 1945, the Ground had been used to house more than 200,000 Australian

and American servicemen.

To the men of the US Army's Fifth Air Force, who were a mix of untried recruits and survivors from Java, the Philippines and the SW Pacific, the MCG was known as "Camp Murphy", in honour of Colonel William H Murphy, a communications expert killed in Java.

From November 3, 1943, the MCG became No.1 Embarkation Depot of the Royal Australian Air Force. From May 1944, it was known as No.1 Personnel Depot. In honour of MCC secretary Vernon Ransford, the site of the Depot was named "RAAF Ransford". However, Mr. Ransford was reluctant to use the term.

Like the US Army's Fifth Air Force, the RAAF used the MCG to house personnel as they moved "to and from their battle stations". By the time the ground was vacated on October 29, 1945 about 200,000 RAAF servicemen had been quartered there.

It took many months to restore the MCG to its pre-war condition. Football did not resume until August 1946, when Melbourne played Hawthorn. First-class cricket resumed on October 31 of the same year, when Victoria took the field against the touring Marylebone Cricket Club team.

Signs, uniforms, medals, flags, honour rolls, plaques and photographs can be seen as the MCG Sport and War tour commences in the MCG exhibition in the National Sports Museum and moves through the MCC Museum and into the MCG.

The *MCG, Sport and War Tour* departs every Wednesday at 12 noon and takes about 75 minutes. Cost: \$20 or \$16 concession. For more information visit www.nsm.org.au or phone (03) 9657 8879.



SOURCES:
Megan Gitsham (National Sports Museum)
Alf Batchelder (Melbourne Cricket Club Museum/
Melbourne Cricket Club Library)

The Perfect Day Out

Visiting the Melbourne Cricket Ground (MCG) and the National Sports Museum (NSM) is a senior social group's perfect day out, offering lunch and tour packages to suit your budget.

Tour the MCG, have lunch and then discover the NSM. The meals range from a light buffet of sandwich selections through to a two-course hot meal.

The MCG is the home of Australian sport, where you will be welcomed by many other retirees who volunteer day after day at the MCG. Your MCG Guide will take your group for a 90-minute tour of the world-class facilities, including player change rooms, cricket viewing room, Long Room, Cricket Victoria's indoor cricket training centre and a walk on the arena (subject to availability).

The NSM will be your pièce de résistance: A visit the museum is self-guided, allowing you to enjoy the rich and historic displays at your leisure. Take in the exhibitions about the Olympic Games, Australian football, cricket, thoroughbred racing and much more. With so much to see, including the two 3D theatrettes featuring Shane Warne and James Hird discussing their own trials and tribulations, a trip to the NSM will be well worth it.

Your visit can include a great value lunch, with all inclusive packages available ranging from \$30 - \$38 per person throughout the year.

Enquiries and bookings:

Phone: **03 9657 8879** or

email contactus@nsm.org.au .

More information with booking forms and menus are available at

www.nsm.org.au



**TOUR THE MCG,
VISIT THE NATIONAL SPORTS MUSEUM AND
HAVE LUNCH IN THE EXCLUSIVE MEMBERS PAVILION
FROM ONLY \$30.00 PER PERSON**

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The National Sports Museum at the MCG is world class and offers a wonderful experience for any seniors social club. Enjoy the rich and historic displays at your leisure and an informative guided tour of the Melbourne Cricket Ground.*

And, of course, the experience wouldn't be complete without lunch. A magnificent meal, served in the Hugh Trumble Café inside the MCC Members Pavilion.

*Tours not available on match days

moments that made us

OPEN DAILY AT THE MCG.
Enter via Gate 3, Olympic Stand

GROUP BOOKINGS & INFORMATION
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www.nsm.org.au



A conversation with



Frank Holden

TLP: Hello Frank. Welcome to The Last Post. How are things with you at the moment?

Frank Holden: Couldn't be better Greg. I'm sitting on my deck down here on the Sapphire Coast. It's warm enough, there's not a cloud in the sky.....I've got my shirt off, not that you probably want to think about that. Things couldn't be better.

TLP: So it's heaven without having to die to get there?

Frank: Yes, it is. I've actually got friends from overseas staying with us at the moment and they ask if we ever take it for granted and I was recounting to them the locals always remind each other how lucky we are and the longer they've been here, the more they realize it and how much we've got in ways of natural beauty. When you're able to say, "Another day in paradise" and really mean it, wow.

TLP: With your singing and acting you've had a big input into Australia yourself. Geez, you came onto the scene when, in the mid seventies and it must seem like a long way back.

Frank: It is! 36 years ago....'Take It Greasy' (the album) came out.....4th July, 1975, I think, 'OI 55 did their first gig. That album came out thenYou'd think I'd be better at it by now (laughs)!

TLP: Acting? I constantly talk to people who hold you in high regard as an actor. One of the movies you did was 'Cathy's Child'....

Frank: Yes, now.....Dick Wordley...he was the journo it was based on. Yep. Vague memories, Allan Cassell was in it, how that happened, how I got involved in acting and it's a bit of a reflection on what's happened in Australian entertainment, back then, in the mid-70's if you were in a successful rock 'n roll band there

were lots of other ways for you to get exposure, there was lots of live variety television shows on.....there were lots of music shows.

Countdown was in it's infancy, there was GTK and Flashez, as I recall and Sounds Unlimited with Donny Sutherland and film clips were just being made as well as other live shows like The Don Lane Show and the Paul Hogan Show, the Midday Show with Mike Walsh and Hey, Hey It's Saturday, which was on in the morning then. So I would go onto those shows as lead singer of 'OI 55 and a couple of times the producers would come up and say, 'Look we're doing a comedy sketch, would you like to be in it?' So, I said 'yeah, why not, whatever' and I did a few of those things and an agent, Jane Cameron, saw those and got in touch with me and asked if I'd like to do any acting, of course I said, "yes, sure". I mean, your 23 or 24 and someone says, "Would you like to be in movies?", you say, "yes" and so I started with small roles in some Australian movies.....there was 'Cathy's Child' as you mentioned, there was 'The Odd Angry Shot', there was a thing called 'The Journalist' with Jack Thompson and Sam Neill, I did something with Steve Bisley and Mel Gibson, I can't remember what that was but that's how it got started and from there I started going through the Crawford Productions apprenticeship, as you did back then and doing little guest roles in all those shows back then, that's how it operated.

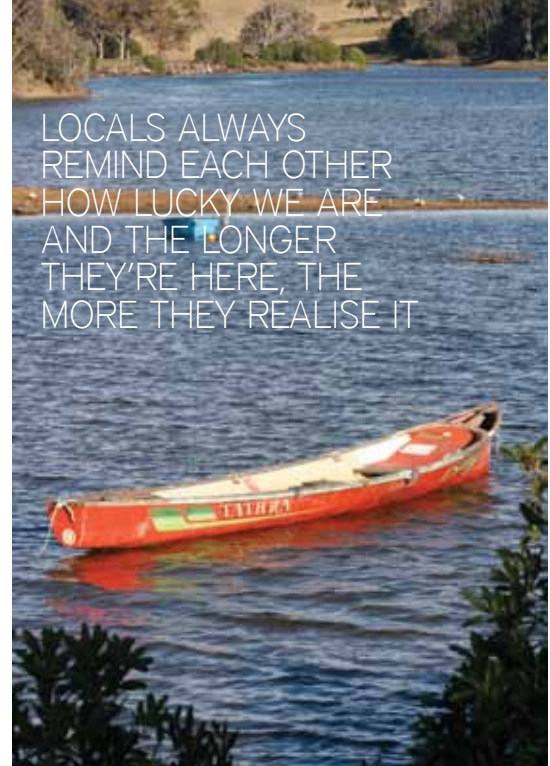
TLP: Wonderful stuff. You're with Michelle now and Michelle had been in 'A Country Practice', two peas in a pod?

Frank: Ah, yes and that's how I first met Michelle, on the set of 'A Country Practice'. I came in to do a month in a guest role but I

didn't have much to do with Michelle, didn't have many scenes together in the show and when we re-met many years later I remembered meeting her on the set but she didn't remember meeting me. Ha. Anyhow, that's how I met her and we crossed paths again in 1997 and romance blossomed and here we are twelve years later.

TLP: You're here on the lovely Sapphire Coast. Tell us a little bit about the Park here. I think it's been called 'the little park with the big heart'.

Frank: Yes, that's how we style it. It's the Tathra Beach Family Park at Tathra, about half an hour north of where we live and it's part of the Sapphire Coast. We ended up here.....a roundabout the year 2000 I started to get the feeling for a sea change. I'd lived a lot of my life on or near the beach and surfed for a lot of my life and when I moved to Melbourne in 1980 I gave a lot of that away. Around about 2000 I got an itch to get back to the coast. I really thought it would be on the north coast of NSW because that's where I had a lot of fond memories from my surfing days from my youth but I started to come to the Sapphire Coast because Michelle's parents are here. So we'd come to visit Mum and Dad and the thing that appeals to me about the Sapphire Coast is because in many ways it's like the north coast used to be all those years ago. There's not too many people, it's not developed. There's a lack of malls and freeways. It's got beautiful coast line with surfing and fishing and a lovely hinterland, the Bega valley where the cheese comes from.....rolling hills and dairy country and it's halfway between Melbourne and Sydney which suits me with family in both places. We moved here in 2004.....another great thing



LOCALS ALWAYS
REMINDEACH OTHER
HOW LUCKY WE ARE
AND THE LONGER
THEY'RE HERE, THE
MORE THEY REALISE IT

about this part of the world is that there's an airport ten minutes away in Merimbula, we're at Pambula Beach.....anyhow the airport allowed me easy access to get to work, you know, by leaving the area but I got tired of that and I started to think of getting a business in the area and we thought about a caravan park because of our involvement in the television series, 'What's Up, DownUnder' which is on Channel 7, 4.30 on a Saturday afternoon and it's a travel show based on camping and caravanning and that had opened our eyes to the whole thing and then the opportunity came up to get involved with the park at Tathra and so I jumped at that, so far so good. We've had control of the park since last October and had the hectic Christmas rush and survived it so I'm really excited about the future. There's a lot of work involved but much of it is work that I enjoy. Interacting with the guests is something I really enjoy along with other people in the industry and once we get the park renovations done it's a matter of kicking back and helping people have a fun holiday.

TLP: All good and the bonus for Frank Holden is that you're still able to ply your trade at the Royal Willows Hotel. Do you get much of a chance to sing there much?

Frank: Now, where did you get that from? No, I just did a gig there to raise funds for a group of local gymnast's to get to Sydney for a competition. I do gigs down here but they're nearly all for free to support some worthy cause.

TLP: It's a wonderful area. You've got something happening all the time at the Tathra Beach Family Park. There's no reason not to be doing something and you cater for all sorts..... you've got the Tapas and Wine Bar in the local area and there's walks and bowls.

Frank: One of the things I discovered, which surprises many of my old mates in Melbourne, is that there's really nothing that you miss. There's good cafes and restaurants.....there's good food in the pubs and` clubs and if you

scratch the surface there's people with skills and knowledge in all areas. Many people here and around similar areas had made decisions to leave the rat race and come to this beautiful part of the world and they can still keep their business running. There's all sorts of people here that do all sorts of things so it's stimulating company as well as all the natural attributes and you can do something different each day, if you choose to. For me on most days, it's getting to the beach early, then the paper takes up from about eleven to twelve-thirty with a coffee on the deck and then a little bite to eat, maybe a couple of emails and then it'd be time to think about dinner so you wander down to the local food co-op and get some fresh organic vegies and go to the local butcher for some local produce and then cook that up and get to bed reasonably early because it'll be another big day tomorrow.

TLP: It sounds wonderful. You've got a good retention rate there too Frank, according to people I know, people that go to the Tathra Beach Family Park come back.

Frank: Yes, we have a very high return booking rate and that's another thing to love about the place. When people come into the park, a lot of them have a history with coming here. Some couples and groups of friends that come here first met here as teenagers and they bring their teenage kids back here and that's a wonderful thing to be a positive part of people's lives like that. It's the same for the area, having changed very little over the years and what changes there have been have been positive ones. I call it a 'Bare foot and keyless holiday'.....so you throw your shoes away, your car keys away, not too far away, and you walk to everywhere you need to go. It's an old fashioned holiday like that. We're unashamed about that. It's not cutting-edge or state of the art. It's an old fashioned holiday like that and it's still got

all of that old charm that is sadly being chipped away from a lot of other places.

TLP: Whether you want to throw the Frisbee around or go to the markets or have a look at the marine life or the Tapas and Wine Bar.....

Frank: You've mentioned that a couple of times, you seem pretty eager yourself.

TLP: You're not wrong.

Frank: It's all here and it's all within half an hour of where you'd want to go. Beautiful hinterland, beautiful scenery and what better way to have a holiday than to take your picnic basket down to a secluded bay where you and your chosen can have some privacy in beautiful surroundings and to enjoy the great outdoors. Then you come back for dinner and have some Tathra oysters, the best and cleanest in the land. There's everything in this area that you could possibly wat.

TLP: Plus, the opportunity to see Frank J Holden topless!

Frank: Exactly. Put a price on that, ha.

TLP: Look out, the phones will be red-hot.

Frank: Right.

TLP: How do readers get to your bit of paradise?

Frank: Tathra itself is on the coast from Bega....on the coast between Bermagui and Merimbula, that's the Sapphire Coast as we call it.....six hour drive from Sydney and maybe seven hour drive from Melbourne. It's only two and a half hours from Canberra. Once you get to Tathra, to find our Park, you just look for the big surfboard, you'll see that when you come into Tathra and.....I'll see them here!

IT COULDN'T BE BETTER. I'M SITTING ON MY DECK HERE ON THE SAPPHIRE COAST...IT'S WARM, THERE'S NOT A CLOUD IN THE SKY



Welcome to our Wilderness Wonderland come and discover the

Sapphire Coast

Whether you're looking for relaxation, adventure, fun or excitement, the Sapphire Coast offers something for everyone. Immerse yourself and experience our natural theme park of untouched coastlines, pristine beaches and waterways, sparkling seas, leafy National Parks and amazing marine wildlife.

Forget the daily grind and escape to the Sapphire Coast and enjoy a slower pace of life and wide variety of recreational activities on offer.

With so much diversity to choose from you really are spoilt for choice. Touring down the coast will take in the coastal towns of Bermagui, Tathra, Merimbula, Pambula and Eden. The southern gateway of the Sapphire Coast starts with the spectacular port of Eden, surrounded by the Ben Boyd National Park. The history of Eden is steeped in the tradition of the sea, famed for its abundant supply of fresh seafood. The deep sea port offers bay cruising, fishing charters and diving year round and fresh mussels can be purchased straight off the boats as they come into port. The history of Eden's heritage in the whaling industry has been captured and recreated at the Eden Killer Whale Museum with 'Old Tom's' whale skeleton on display. Twofold Bay in Eden offers a close up opportunity with these amazing

marine wildlife each year as the whales make their annual migration to and from the long the southern coastline during springtime. Take the Light to Light walk from Ben Boyd's Tower to Green Cape Light Station or discover the Sapphire Coast Marine Discovery Centre. Just beyond Eden hidden away amongst the tranquillity is Wonboyn, which is noted for its oysters and its fine lake, beach and game based fishing.

The next town along the coast is the heritage village of Pambula and the beautiful Pambula Beach. The village of Pambula is nestled between the waters of Pambula and Merimbula Lake with the name Pambula derived from a Yuin Aboriginal word meaning 'two waters'. Enjoy the birdlife at Panboola wetlands or for those more adventurous, the famous surf break where the river meets the sea. Wander around the country markets and olde-world buildings of the village that house a variety of arts, crafts and shopping options – all adding to the unique personality and appeal of the area.

Magical Merimbula is known as the heart of the Sapphire Coast and is surrounded by golden beaches and National Parks. The coastline, beaches and squeaky clean sand inspires water activities of all kinds. Swim, surf, sailboard, kite-surf or dive these amazing clear blue waters, or take a charter boat to tour, fish, dive, dolphin or whale watch (when in season). Experience and explore the Aquarium in the old wharf building and enjoy the variety of local restaurants, cosmopolitan cafes and attractions on offer. Enjoy the peace and tranquillity of the town on its own or as a central base to discover more of the Sapphire Coast.

Merimbula is also renowned as a golfing mecca and a golfer's paradise with 5 different courses in one great location. The Tura Beach



THE COASTAL WILDERNESS, GOLDEN BEACHES, SPARKLING BLUE WATERS AND RURAL COUNTRYSIDE ARE ALL HERE WAITING FOR YOU TO DISCOVER.

greens offer million dollar views and the Pambula-Merimbula Golf Course boasts a 27-hole course. Also located throughout the Sapphire Coast are the Eden Gardens, Bega and Bermagui Country Clubs - so you really are spoilt for choice with five 18 hole courses within 1 hours drive from Merimbula.

Further along the coast is Tathra which is set in unspoilt surrounds, boasting the best rock oysters in Australia. The Tathra Wharf is a National Trust classified building and a popular fishing spot amongst the locals. Dive sites and snorkelling in and around Tathra are spectacular with striking coral and underwater caves. The mighty Tasman is home to fur seals and fairy penguins while the coastal lagoons, rugged coastlines and secluded beaches of Bournda and Mimosa National Parks provide accessible coastal wilderness for exploring. Beyond Tathra is the arts, food and wine trail through Tanja and the serenity of Wapengo Lake.

At the top end of the Sapphire Coast is Bermagui with Mount Dromedary watching over the harbour. The fishing paradise of Bermagui was made famous by American novelist and avid game fisherman Zane Grey in the 1930's but is more recently known for the filming of 'The Man Who Sued God' starring Billy Connolly. Warm coastal currents and sweeping reefs provide ideal conditions for fishing or diving while the sheltered beaches

compliment wetlands and coastal lagoons. Take a charter boat deep sea fishing to experience the mighty marlin and chase a yellowfin tuna or dine on an array of fresh seafood delights.

Inland from Bermagui is the working town of Cobargo with a genuine historic past. Its streetscape features many turn of the century buildings, filled with artists working on their crafts. Step back in time, stop for lunch in the tea-rooms and visit local craftspeople at work who will offer a range of unique woodcrafts, local pottery, leather, art and craft works.

Set amongst green pastures, rolling hills and the towering eucalyptus is the tranquillity of the Brogo Dam, full of bass waiting to be caught or ideal for a leisurely canoe, while the regional centre of the Sapphire Coast is Bega, with its prime dairy countryside home to the internationally famous Bega Cheese. The Bega Heritage Centre is set amongst the history of cheese making and the lifestyle remains unobtrusive as the rural way of life, where local cheese and produce is celebrated. South-west of Bega is Candelo, which still retains its rustic charm of yesteryear and provides a colourful country market on the first Sunday of every month full of local produce and country atmosphere. While the far west holds the small town of Bemboka famous for its pies, with the bold backdrop of the Bemboka National Park. The views from Piper's Lookout from Brown

Mountain on a clear day amongst the rainforest trails are both breathtaking and spectacular.

The coastal wilderness, golden beaches, sparkling blue waters and rural countryside are all here waiting for you to discover. So too is our heritage and culture, our history and our arts. Our temperate climate warmer weather, local and regional produce, including our fresh and famous seafood, and wide variety of experiences and attractions can offer something for everyone.

Located on the Far South Coast of NSW, the Sapphire Coast is only 3.5hr drive from Canberra via Cooma or a 6-7 hour drive from Melbourne and Sydney. If driving isn't your thing then there are also regular daily flights from Melbourne or Sydney via REX Airlines into Merimbula Airport, and regular inter-city bus services.

With such a diversity of relaxation and recreational activities on offer, the Sapphire Coast offers value for money with a variety of holiday packages and affordable accommodation available. The Sapphire Coast is wonderful holiday destination for your escape to come and enjoy.

For all your holiday and accommodation inquiries please visit www.sapphirecoast.com.au or save time and book online, or Freecall on 1800 150 457.

Beautiful blue skies and sunny days abound on the Sapphire Coast.

Explore golden beaches, sparkling blue seas, leafy national parks and amazing marine wildlife or relax and enjoy art galleries, local markets, fresh seafood and regional produce.

From Eden to Merimbula, Bega, Tathra and Bermagui, discover the Sapphire Coast - **only 3hrs drive from Canberra via Cooma.** 'Play & Stay' packages & holiday deals online.

www.sapphirecoast.com.au
or freecall 1800 150 457

Sapphire Coast
TOURISM

* Subject to availability

The Neighbours' Generosity

The generosity of one person can do so much. This is doubly true for the generosity of a husband and wife team, John and Shirley Sarks, who donated their 122.2-hectare property to the Foundation for National Parks & Wildlife in 2010.

The Foundation facilitates the transfer of high conservation value land donations to the national reserve system, liaising with the relevant government departments and ministers to turn private property into protected land.

“John and Shirley have cared for their land for many years and wish to pass on its natural beauty to the public, so that it can be enjoyed by future generations,” said Ms Leonie Gale, CEO of the Foundation for National Parks & Wildlife.

On 13th October 2010 the Sarks' property 'Yellow Rock, a parcel of pristine Blue Mountains bush, became part of Yellomundee Regional Park. This land donation increased the size of Yellomundee by an amazing 25%.

“I'm certain that future generations will continue to be grateful for this endowment of land, which will be fully protected under the *National Parks and Wildlife Act 1974* as part of the Regional Park,” said Mr Alistair Henchman, Acting Deputy Director General, Parks and Wildlife Group.

“With extensive views of Penrith Lakes, the land also protects the Fitzgerald Creek

catchment for the Sydney Basin, acts as a buffer for adjoining land uses that may affect the park's viability and makes a contribution to the effective and efficient management of the reserve.” Ms Gale emphasised.

78-year-old Mr Sarks said, “We bought the land as a purely recreational block,” he said. “We didn't develop it because it's on the escarpment and it has had a couple of bushfires. It was purely for walking and rolling down the gullies. But we are getting too old to make much use of it.”

Mr Sarks said the couple had made some interesting tracks and found a rockpool. He said that their decision came down to the “question of selling or donating”. Naturalists from Lamington National Park in Queensland advised the Sarks to donate the land.

The Sarks wanted the land protected for future generations. “I was worried that if we sold it, it might be turned into a trail bike area,” Mr Sarks said.

The Sarks are thrilled that their land will be preserved, and that members of the public will be able to enjoy the natural beauty of the area just as they did.

Even without their own private national park, the Sarks still have leisure at their feet. “We still go for walks, just a little closer to home now,” Mr Sarks said.

Yellomundee Regional Park is on the eastern escarpment of the New South Wales Blue Mountains, north-west of Penrith. It extends from Yarramundi to Mount Riverview and Emu Heights. It protects over 165 species of native birds and many other native animals.

The Park is very special as it contains sites of cultural and historic significance, such as the

oldest known archaeological site within the Cumberland Plain.

The Foundation for National Parks & Wildlife is the only organisation in Australia whose philanthropy is an investment in our public estate, for all to enjoy. There are tax incentives for landholders donating land but the real value is the growth of our national parks and the protection this gives to our many plants and animals cared for under their management.

Give back to Australia

When you think of giving to a good cause, your first thought might be to dig down into your pocket—but this isn't the only way you can help.

Donating a piece of land that can become part of a national park or nature reserve is one of the most meaningful ways you can assist environmental conservation in Australia.

Adding land to the national reserve system creates an incredibly honourable living legacy.

Protected land helps preserve air and water quality, acts as a carbon sink, preserves the habitats of native plants and animal species found nowhere else in the world, and offers a space to enjoy natural beauty to present and future generations.

By adding your piece of land to Australia's national reserve system, you are investing in a brighter, cleaner, greener future for our nation. You are giving a valuable gift back to the country that offers us so much.

You might donate land of conservation value because you wish for it to be preserved and protected for future generations.

Donating your land is an act of wonderful generosity on your part. Donating your land could also offer you an ideal solution to some issues you've been facing – you might donate simply because you don't use the property anymore, or to reduce your tax burdens.



Grows a National Park

View from the ridgetop

Tax benefits for Property Donations

The Income Tax Assessment Act allows an income tax deduction in relation to gifts of property including land valued at more than \$5000 by the Taxation Commissioner to eligible charities, regardless of when and how the property was acquired.

This act also allows spread of deductions over five years in relation to these property donations. The act provides a capital gains tax exemption for gifts of property made through a will or bequest.

Bequests

A land donation can occur during your lifetime. However, if you prefer to continue to own and control your own land, you may prefer to leave a bequest to the Foundation for National Parks & Wildlife which will assure that your land is protected after your passing. To arrange this, a solicitor can help you bequeath the land to the Foundation for National Parks & Wildlife in your Will.

Please don't hesitate to contact the Foundation

- If you would like to donate land with conservation value, or you are considering making a bequest or would like to discuss any aspect of land donation to the Foundation for National Parks & Wildlife, please contact the CEO of the Foundation, Leonie Gale on 02 9221 1949 or email lgale@fnpw.org.au
- If you would like more information on leaving a Bequest to the Foundation please contact Cathy Bray, Philanthropy Manager on 02 9221 1949 or email her on cbray@fnpw.org.au

We will be delighted to talk to you or to send you any fact sheets or brochures which you request. Please visit our website www.fnpw.org.au to find out more about how your property can be forever protected as part of Australia's national parks estate.

Alistair Henchman, Office of Environment and Heritage, land donors Shirley and John Sarkis and Foundation President, Peter Janssen at the Official Handover



Generous land donors, John and Shirley Sarkis.

Final honours for fallen grandfather

by Bridie Smith

John Sheridan had four lines to play with when considering the epitaph that would be etched on to his grandfather's headstone. But in the end he opted to keep it simple. The inscription reads: "Though death divides, his memory lives on."

Mr. Sheridan's grandfather, Captain Thomas Francis Sheridan, was killed 95 years ago but it was only last year that he was buried in a single grave. In July his headstone was unveiled at an evening dedication ceremony held in a small farming village in northern France.

Captain Sheridan was killed at the Battle of Fromelles in 1916. In April this year John Sheridan heard his grandfather's remains had been identified. One of 250 British and Australian soldiers buried by the Germans following an overnight battle. Captain Sheridan is among 110 Diggers science has been able to identify by name.

Mr. Sheridan made the trip from his home in Melbourne's Blackburn South to the compact one-church village in northern France to attend last month's ceremony.

"The reason I want to do this is because my father always wanted to know what happened to his father and he can't – but I can do it for him," Mr. Sheridan, 67 said before he left Melbourne.

"I also want to go on behalf of my grandmother, too," he added. "It's going to be quite overwhelming, I think."

In his luggage will be some of the postcards his grandfather wrote to his wife Teresa and five-year old son Jack – including one army – issue card written the day before he was shot in a German trench after making it across enemy lines. By the time the postcard was franked "July 20, 1916" at the field post office, Captain Sheridan was almost certainly dead.

Mr. Sheridan said he was keen to donate some of the photographs to a new museum, being built as part of a wider project to develop the Western Front Remembrance Trail to which the Australian Government will contribute \$10 million over four years with local authorities.

July 19th this year marked the 95th anniversary of the Battle of Fromelles, considered the worst 24 hours in Australian military history. More than 5530 Australians were killed, wounded or missing in one overnight battle that failed to gain any territory or strategic advantage.

Of 250 soldiers found in the mass graves, 140 are unidentified – but testing will continue until 2014.

The Australian Army's Major Jason Kerr, who is in charge of reinterments for the joint Australian – British project, said several DNA test swabs were sent to London for analysis early in July ahead of the next identification board meeting in March. "We'll keep going with it," he said.

Major Kerr said anyone who believes they may be related to an Australian soldier buried at Fromelles should visit www.army.gov.au/fromelles or call 1800 019 090 (Thanks to Fairfax)



Do you have something to celebrate?

The Hampton RSL has a large members bar which also serves as our function room. It is often put to great use by both our club members, as well as members of the community.

This versatile space is ideal for presentation nights, engagement parties, music nights, fundraisers, sporting events, birthday parties, wakes, and that's just the beginning.

It can comfortably seat up to 100 people, or can accommodate up to 150 people with a combination of sitting and standing room. Fully serviced by its own private bar and fully catered by our bistro you can rest easy and enjoy your night knowing your guests needs will be catered for. Additionally, it has access to our pleasant outdoor bowling green and patio, and has a single entrance ideal for greeting guests or collecting entry fees for your night.

If you think you might be interested in hosting an event with us, contact us as soon as possible to confirm availability.



www.hamptonrsl.com.au